

**KENYA**





# This month's Newsletter

EDITORIALS

## The Messages

The Messages in this Newsletter are a challenge for us, a challenge to change. Jesus says, "...There is so little time left and still you do not realise it..." We still are not changing. He has given us instructions in these Messages on how to change. On the Day of Love, Jesus said, "...There is much to be done, My children, and most of that work is not in the world but it is within yourselves..." Jesus is clearly reiterating the fact that we need to begin to die to ourselves. In the Pilgrim's Progress article, it talks again about Auschwitz and how this reminds us to love one another. This concentration camp was so full of evil, besides the obvious herding of one type of people together to exterminate them, there was the lack of love between these desperate people. Some of the stories about the concentration camp tell of people walking over the top of one another, so much so that people died by being crushed to death before they were gassed. Along side this there is the recent

tragedy in Haiti where again desperate people are fighting each other for survival, there is fighting over the scarce aid that is getting through.

### Pushed to their limits

This is what happens when people are pushed to their limits and are struggling for survival. Love dies and it is survival of the fittest. This is why Jesus calls for us to die to ourselves now. If we do what He asks, and die to the selfishness within us, then when we are cut and bleeding, it is only love that will spill from us. This is what our aim in dying to self is, to have only Jesus' Love running through our veins. Remember, we could be put to the test any time just as the people in Haiti.

### A good beginning

We need to be challenged by these Messages and begin to change NOW before it is too late. A good beginning is to do as Jesus asks in this Message, "...Trust in Me, children, and love your neighbour: do nothing or say nothing about anyone without first thinking; would you like someone to do or say that about you?..."

## A special Mass

A special Mass was said on the Days of Love for all you who contact the House. The e-mail was read from Father Joseph Carl Gomez from Gambia, confirming that he would celebrate the Mass. This is the priest we are helping through Mass Card stipends. He worked in Cookstown parish last year. Thank you for all your support in the year past. May Jesus Bless you all.

## Africa Appeal

We, the servants, are collecting, to try to send a pallet of different things to Evans in Kenya. As Jesus said when HoP Shop was opening, we were to search in our own wardrobes before we could expect others to give.

We have decided to each buy some items of clothing from baby's to children's to adult's, both male and female, and/or some children's toys that could be distributed. These people are poor and need our help. At this time we are not asking for your help but we hope to send much more stuff in the future where we will then call on your generosity, once again!



# The Messages of Love

## Thursday 10 December 2009

### Jesus:

Love is My call to you. Do not desert Me, My little ones, in this, My Time of Need. My Pain for this world is great when I look how My children have deserted Me.

Look, little ones, the time is coming when I must stop the evil that roams this world. I will stop those who have went against Me and bring Love back into My creation and, once again, this world will flourish.

Come, children, see My Dream and allow Me into your lives. Come, listen to My calls. I Love you.

### Patrick:

*Thank You, Jesus, I love You.*

## Friday 11 December 2009

### Jesus:

My Love is given freely to this world so that you could know Peace. If you do not seek My Love then you will never know Peace in this life.

My Love is given so that you could have Eternal Life with Me in My Father's Kingdom.

Look, children, I have given all that you need, so why

then will you not accept My Love? Why then will you not see what I have given? Look, My little ones, I am your God and I Love you. Come, I await. Listen to My calls. I, your God, Love you.

### Patrick:

*Thank You, Jesus, I love You.*

## Tuesday 15 December 2009

### Jesus:

Look only to the Truth and see the Words that I speak as your guide. Do not look to the teachings of this world for all you will find is lies and deceit.

My children, come listen to My Words and see what I say. There is so little time left and still you do not realise it.

Come, children, I will not leave you orphans, I will not lead you astray.

Come, listen to the Words that I speak for they are Words of Life Eternal and they will only lead you to the Path of Truth.

Come, allow Me to guide you.

I Love you, My children. Come, I am your God. I am the One who Loves you.

Look, children, I have given

### Patrick:

*Thank You, Jesus, I love You.*

## Wednesday 16 December 2009

### Jesus:

Look to Love, children, and do not follow this world. Only look to Me for I am the Sure Path.

I am your Love, I have Died so that you could have Life Eternal. Trust in Me, trust in My Love for you.

Come listen to My calls and allow Me to guide you through the darkness of this world.

I Love you, My little ones, believe, then allow Me to Teach you.

Believe in My Love for you. I am your God. I am the One who created all things. My Love for you is great.

I, your Jesus, Love you. Come, listen to My calls. Love, Loves you, come.

### Patrick:

*Thank You, Jesus, I love You.*

## Saturday 19 December 2009

### Jesus:

Only Love will give you True Life on this earth. Only My Love will sustain you in your daily needs. Trust in Me, My children, for it is I, and

AN INVITATION TO LOVE JESUS NEWSLETTER  
MESSAGES OF LOVE JANUARY 2010 ISSUE 167

only I, that will bring you True Peace. My little ones, it is I, Jesus, your God, who give these Words to this world in order to call it back from the disaster that it now stands at. Do you not realise that it is I, who speak, so that this world will know that it has been Warned and did nothing to stop their doom? Come, children, listen so that you might be saved from the oncoming darkness. I Love you and I ask so that you might be with Me in My Father's Kingdom. I Love you, My children, I Love you.

**Patrick:**  
*Thank You, Jesus, I love You.*

**Thursday  
24 December 2009**

**Jesus:**  
Look to the Truth, My children, and do not let yourselves be blinded by the lies of this world. Trust in Me and only Me for no man, woman or thing can give you Salvation. For, I am the Gateway and no one can come to the Father except through Me. Trust in Me, children, and love your neighbour: do nothing or say nothing about anyone without first thinking; would you like someone to do or say that about you?

Trust in Love for Love will overcome all your enemies. Love is the only weapon that you need. Trust in Me, children, trust in My Love for you and you shall surely know My Love. It is only through dying to the desires

of this life will you be able to see the things of Eternal Life.

It is only these things that matter: Love, Peace, Joy and from these come forgiveness. Forgive one another and do not hold on to unforgiveness for it will only become a block on the path towards Me.

Trust in the Words that I speak for they are Words of Life and will bring you to Eternal Life.

Love, children, Love all that you meet and then you will be a true follower of Mine. Trust in what I say and begin to Love and the darkness will begin to retreat and, once again, My Love will shine on this earth.

I Love you, My children. I, your Jesus, Love you.

**Patrick:**  
*Thank You, Jesus, I love You.*

**Sunday  
27 December 2009**

**Jesus:**  
Trust in Me and only Me for the times are dark and there are many dangers waiting to tear you down and take you from Me.

Trust and look to those who are about to destroy what I have built; they are the ones who have deceived this world into thinking all is good and well. They sit in their high places and discuss the future of My Church. Whereas those who do believe sit in silence and do nothing to stop them and their evil plans.

Look, I speak to you who say you believe. I ask that

you speak out and let My people know the truth; let them see your faith in Me for they can see the evil and wonder why no one speaks out.

It matters little if they cast you from their midst for they are liars and cheats and they will have their just reward.

Come, My sons (*cardinals, bishops, priests*), it is time to stand up and tell the Truth so the cleansing of My House might begin. Do not worry for I am the Truth and I will expose their evil treachery and this world will know that My Church has been controlled by evil infiltrators whose only aim is to destroy My Laws, My Truth upon this earth. Come, I call you to battle, My sons (*cardinals, bishops, priests*), do not remain silent any longer for your God is near at hand. I am Coming and soon.

Trust in Me and only Me. Your time has come. What does it matter if you lose all for My Sake for you will gain all in My Father's Kingdom. Come, My servants (*cardinals, bishops, priests*), it is time to follow Me in Truth. I, your Jesus, Love you in Truth, now love Me in Truth. Come, follow Me. I Love you.

**Patrick:**  
*Thank You, Jesus, I love You.*

**Friday 8 January 2010**

**Jesus:**  
My Love is great! It incorporates all life. If My Love did not exist then no

life would exist. Look at the Truth, children, I am the very Blood that runs through your veins. I am Life; you need Me, My children. Are you not My creation?

I created you from the Love that I am. I Love you and I come in these Words to call you back from the danger that you are now in.

Do you not see what is happening as creation begins to rebel against your sin? As time goes on, the earth will rebel even more until it comes to the point where all life will find it hard to survive on this earth.

Look, I Warn you, now, before these things happen. Trust in Me and trust in My Love for you. Come back and I will guide you through these times. I Love you, My children, I Love you.

**Patrick:**  
*Thank You, Jesus, I love You.*

**Saturday 9 January 2010**

**Jesus:**  
Look at the Truth and see Me, My children. Do not allow this world to take you from Me. I am your God, trust in Me and I shall lead you to Everlasting Life with Me in My Father's

Kingdom. Come, My little ones, I call out to you to come. Trust in Me. I, your God, I, your Friend, Love you. Come, follow Me, I Love you.

**Patrick:**  
*Thank You, Jesus, I love You.*

**Feast of Love  
Saturday 16 January 2010**

My children, you gather here for Me, I Love you for it. On this Day I call you again. Many of you ignore My Voice within you that calls to you to reach out to all in need. There is much greed in the world; I ask that you are not a part of it. I call you to look at yourself. There is much to be done, My children, and most of that work is not in the world but it is within yourselves. As suddenly as lightening strikes, I will Come. Will you be ready?

Do not let a moment go by that you do not use for My Love in this world. When I come I cannot take you with Me if your mind is filled with the world, it would be like you trying to lift hot coals in your bare hands. I cannot touch you if you are in the world because you love the

world too much. Many of you seek Me in the wrong places, and thus place yourselves in danger, but, I have told you:

25 "Behold, I have told you in advance.

26 "So if they say to you, 'Behold, He is in the wilderness,' do not go out, or, 'Behold, He is in the inner rooms,' do not believe them.

27 "For just as the lightning comes from the east and flashes even to the west, so will the coming of the Son of Man be.

28 "Wherever the corpse is, there the vultures will gather.

Matthew 24:25-28  
Seek Me, children, while I am to be found.

Do not dismiss these Words of Mine for they are given to you to bring you out of your blindness. The days shorten, My children, and there is little time. Do I speak to a rock face that has no ears to listen and no mouth to speak? Then open your ears and hear these Words for they leave My Mouth as more precious than gold; they are given to save you. Listen well.

This Newsletter has been published by:  
**An Invitation to Love Jesus, The Sacred Heart House of Prayer,  
46 James Street, Cookstown, Co. Tyrone, BT80 8LT Northern Ireland.  
Tel: 028 867 66377 Fax: 028 867 62247  
Approved Charity No: XR 21806  
E-mail: [info@thetwopatrick.org](mailto:info@thetwopatrick.org)  
Websites: [www.thetwopatrick.org](http://www.thetwopatrick.org)  
[www.thetwopatrick.org.uk](http://www.thetwopatrick.org.uk) [www.aitlj.multiply.com](http://www.aitlj.multiply.com)  
[www.youtube.com/user/invitationlovejesus](http://www.youtube.com/user/invitationlovejesus)**

# The Day of Love Matters of Faith Questions and Answers

## Informal talks

*This year the Days of Love were not attended by quite as many as had been in previous years. We think that it was probably the weather! However, there was a nice gathering of people and the Days were peaceful and full of Love. The Patricks had decided to hold informal talks in the Conference Room where people would be free to ask questions or to have open discussion on topics that they wanted clarified.*

## Top class!

*These evenings were top class! Very informative and good to listen to for our Faith.*

*Because many people were unable to come this year, we have included some of these questions and answers in this Newsletter. I suppose it's our way of bringing the Day of Love to you who really wanted to be here but couldn't. Of course reading something that is written down lacks the atmosphere at the time and the whole buzz of the room! And of course we will only be able to include a very limited number of the questions, but we will do our best!*

**Question about the Message that was given for the Day (see page 5, Saturday 16 January 2010)**

**What does Jesus mean when He says, "I cannot take you with Me if your mind is filled**

**with the world, it would be like you trying to lift hot coals in your bare hands"?**

Read the story in the Gospel of the Rich Young Man. When he asked Jesus what else he needed to do to become a disciple of His, Jesus told him to go and sell everything he owned and give it to the poor. The rich young man went away sad for he could not do this. Are we like the rich young man with whatever it is that holds us away from God?

## What is Heaven like?

Just as man was created in the image and likeness of God, so earth was created in the likeness of Heaven, except everything is much more beautiful. We would never be able to walk from one end of Heaven to the other, there is no beginning or end.

While we are here on the earth, Jesus can send us inspirations. They can be as simple as, we might feel like we want to say a Rosary or go to Mass. These inspirations are like little children. If we ignore them, they return to God crying like a child because they have failed in their mission to get us to pray or whatever.

All our prayers are like flowers, they are alive and they can talk to us! The more prayers we say, the more we will have in our garden in Heaven.

Every single one thing, is its

own species. For example, all the Angels are unique in species, one Angel may be as different to the other as an elephant is to a tiger!

The colours are so vibrant, we have never seen anything like it on this earth. Because of sin everything we see is tainted and darkened but in Heaven everything is new and vibrant.

Wouldn't it be nice to get there?!!!

## Purgatory

There was a lot of discussion about Purgatory. Patricks told us that people think Heaven is hard to get into but that it is actually the easiest place to get into. We don't have to go to Purgatory, we send ourselves there because we do not accept Gods Forgiveness. They used the example of the two thieves crucified on either side of Jesus. When the repentant thief said that he was sorry, Jesus said to him that this day he would be with Him in His Father's Kingdom. Jesus did not say that first he would have to do 'x' amount of time in Purgatory.

**Gift of Tongues, is it a real Gift, should it always be interpreted?**

Speaking in Tongues is the soul praying to God. When the soul is praying to God quietly, simply between itself and God then there is no interpretation needed. However when someone

is praying in Tongues out loud or in public, at prayer meetings etc., then there should be someone there to interpret these Tongues for everyone else who is there. The leaders of the prayer meeting should pray for an interpreter of Tongues when the Tongues are a prophesy for the prayer meeting or for the public.

**What about all the people, especially the older generation, talking after Mass - it's a distraction from praying, do you tell them to be quiet?**

Many times the Patricks feel the same but we need to be careful because we could be bringing up bad feelings in ourselves against others and we would be better to wait an extra five minutes until the people have left then say our prayers rather than fall into judgement. If we're really praying and talking to Jesus, we should be able to remove ourselves from the distractions.

One of the Patricks was praying after Mass and he told Jesus there was no point, because he couldn't hear himself think in the chapel, but he heard Jesus say, "I can hear you!"

**What about this pope, maybe he's not the one that Jesus meant?**

At the time when John Paul II died and this new pope was elected, we made it clear that we would not deny the Messages Jesus had given about the next pope. Most of the other Prophets and Visionaries got the same Messages but now they deny

them. Jesus told us to speak out at the time then say no more, we are simply to wait and see. We believe what Jesus told us and we stand by it. We could deny it and say we made a mistake, then people would like us again and the donations would come in for the Houses but what good would that be? It is no good if it's not for Jesus.

**Are we to follow you, are you the ones we have to follow now?**

No! Follow Jesus. If you have a problem with any Message put it in the bin and read Scripture. Everything that we need is in Scripture.

**Has Jesus' Plan failed because Our Lady said that the souls were falling into hell like snowflakes?**

No, if Jesus has saved one soul through all of this, then His Plan has not failed.

**Tunnel Vision and self righteousness**

Patricks explained that we, the righteous, can be very 'tunnel visioned.' We focus on one aspect of something that in our opinion is wrong, and that is all that matters to us and we ignore the truth of it. One example they gave was the question of whether Communion should be taken on the hand or the tongue. One Patrick receives on the hand and the other on the tongue. Jesus said to Patrick that if he had really believed in Whom he was receiving, he would not have noticed that the other Patrick was receiving in the hand! Their answer to this question is that it doesn't matter how you

receive Jesus because the Church allows both and that it is our hearts that matter.

**Divining, Blessed Salt, lay lines**

Divining seems to be becoming a very popular way of finding water now for those who are building a new house. Divining is spoken of in Scripture and it is wrong. We should use God instead. From this conversation, the subject of lay lines came up.

These are the lines that the spirits use to travel around this earth. Patricks explained that the old churches were built on these lines and the Tabernacle was in the centre of these churches. The Tabernacle closes the lines off and the spirits cannot pass through them. What happens now when the Tabernacles are being moved from the centre of these churches? They are no longer on the lay lines therefore the spirits can pass through again.

Patricks also spoke about Blessed Salt. They told us of how they went into a church in a town they were passing through on the off chance that there would be a priest to bless the salt. The priest in the church started telling them about how important the salt is and that it is actually a creature. It is so powerful a defence against evil.

These teachings were so deep and so interesting, we learned things that we would never hear anywhere else. Spiritual teachings like these seem to have been lost from the Church. Thank You, Jesus, for such a weekend.

# Sacred Heart House

46 James Street, Cookstown, Co. Tyrone, Northern Ireland BT80 8LT  
Tel: 028 867 66377 Fax: 028 867 62247 E-mail: info@thetwopatricks.org

## Events Celebrated

### Carol Singing

Our two street collection during December were carol singing collections and during Christmas week we had our annual carol singing evenings outside the House of Prayer. Some people stopped and joined us for a song or two as they passed and others honked their horns as they drove by. It was great fun and an easy way to bring the true meaning of Christmas onto the street and into the world.

### Christmas Day

On Christmas night we met in the Saint Pio room to celebrate Jesus' Birthday. There was singing in Irish and English and great excitement when we drew the raffle tickets. The main prize winner was phoned and he could not believe it. His wife said it must be a miracle! They were really, really pleased. It filled us all with great joy that they were so delighted. Praise Jesus!

### New Year's Eve Vigil

Servants and visitors gathered in the Prayer Room on New

Year's Eve to welcome in the new year with Jesus. We read Scripture, Messages of Love, sang hymns and prayed together. It was a very joyful event and a privilege to bring in 2010 with Our Lord.

### Days of Love A concert

The Day of Love began on Friday evening with a concert in the Prayer Room with SonLight Music Ministry. It opened with a prayer asking Jesus to Bless the Weekend with His Love and that we would change as He continually pleads with us to do. Songs like 'I Believe in Jesus,' 'Cast Your Cares' and a mixture of well known and original hymns, inspired by Jesus, helped us to praise and worship. We could really feel His Presence through the Words of the Songs and the music. A number of retreatants and servants and their families attended. We are hoping to make this into a yearly event so keep it in mind for next January!

### Saturday

On Saturday, SonLight

Music opened the Day with songs praising Jesus and inviting the Holy Spirit. Agatha introduced the Day calling on us to celebrate Jesus' Love and reiterating the need to love one another as He Loves us. The weekend was to be a time to hand over our troubles to Jesus. Scripture was read (1 Corinthians 13) followed by the Mysteries of Light with meditations.

### Testimony to her healing

A servant gave her testimony of how she came to be at the House of Prayer and how Jesus healed her of abuse in her childhood. Another servant also spoke about how Jesus healed her and enabled her to use her talent for art which had she had buried due to pain in her own life. She is now using her talent for the Glory of God within the House of Prayer.

Following the Glorious Mysteries being said, Aine then spoke on the mission to Kenya. A group of four had went to meet Evans, a seminarian. They were touched by the kindness and love shown to them from a

people who have very little in the material sense but a lot in the spiritual sense. It was during this trip that Jesus gave a Message that He wants a House of Prayer in Kenya.

### The two Patricks

After the break, the two Patricks hosted an informal gathering in the Conference room where people could ask questions of them. This started at 7pm and what an evening! It ran until 1.30am! There were many questions and Jesus, through the two Patricks, gave us much wisdom and knowledge. Jesus gave an important Message (16 January 2010) challenging us to work on ourselves, not to have our minds filled with the world and He is Coming soon. We were all filled with joy and the Love of Jesus as our faith was deepened by the events of the Day.

### Sunday

Sunday morning was a busy time with attending Mass and preparing dinner but

there was great joy and excitement and the servants and retreatants mingled together and caught up on old times.

### The Joy of the Holy Spirit

Colm introduced the Day and filled us in on the schedule. We began with Scripture followed by the Rosary and the music ministry lead us in song. Patrick joined us and encouraged us to praise Jesus and feel the Joy of the Spirit. Sometimes we can be too serious in our prayer (which isn't a bad thing) but so often we can get so serious we can lose the Joy of the Holy Spirit. Patrick often tells us to bring Jesus' Love out into the world but we allow fear, shyness etc to hold us back. If I was totally free in the Spirit and loved Jesus I would not be held back with these fears for as Scripture says "Fear is not in charity: but perfect charity casteth out fear, because fear hath pain. And he that feareth, is not perfected in charity." 1 John 4:18

**Our hearts burst with Joy**  
It was amazing how when one began to clap, sing or dance it had a ripple effect and soon all became involved and the joy was tangible and it was like our hearts burst with joy. Following the praise, Bridie spoke about the other Houses of Prayer and her experiences whilst being involved in setting them up and manning them.  
**Blessing with the Holy Oil**  
The music ministry then led us in the blessing with the Holy Oil. It was beautiful. We had a short teabreak and moved on to the Conference Room where the Patricks joined us. It was very informal and people could relax and ask questions. Many topics were discussed and everyone who wanted to had their chance to speak. The Patricks were very informative and their usual witty selves. Thank You, Jesus, for another wonderful weekend of Love.

## Events to Come

### Feast of Our Lady of Lourdes, Foundation Day

**Thursday 11 February 2010**  
The first group of people who Committed themselves to live the Way of the Sacred Heart did so on this Feast Day and each year we use Foundation Day as a chance for us, the servants, to re-evaluate our own personal Commitment

and to remember what it is we have said our "yes" to Jesus to do. We invite you to join us on this Day as we celebrate this Gift that Jesus gave, the Way of the Sacred Heart. Prayers begin at 12 noon.

**Feast of Saint Claude  
de la Colombiere  
Monday 15 February 2010**  
Saint Claude was the spiritual

director of Saint Margaret Mary and played a major role in the establishment and spread of the Devotion to the Sacred Heart. Jesus has said in the Messages of Love that these Messages are a continuation of what Margaret Mary was given and has called on us for a renewal of the spread of the Devotion to the Sacred Heart in the world. We can

look to the life of Claude to see how we can play our part in this request of Jesus. Prayers begin at 12 noon.

### Sunday 7 March 2010

The House of Prayer will be closed on this day for a private retreat.

### Feast of Saint Patrick:

### Wednesday 17 March 2010

Saint Patrick's Day is celebrated far and wide throughout the world but has become a day associated with alcohol, wearing green and being Irish. What Saint Patrick did for the Irish seemingly has been conveniently elbowed out of the day and it is rare now that you see any religious elements at a parade. So this year let us remember the great gift that Saint Patrick gave to us Irish - the Gift of the Good News of Jesus. Maybe he needs to come back again and banish

the serpents of godlessness from this country once again. Prayers begin at 12 noon.

### Feast of Saint Joseph

### Friday 19 March 2010

Today we celebrate the life of Jesus' foster father, Saint Joseph. His life is a great example to us all but, even more so, for those of us who are fathers. Jesus said in a Message that Joseph was a strict but fair father to Him. Prayers begin at 12 noon.

### Feast of the Annunciation

### Thursday 25 March 2010

**International Day of Prayer and Fasting Against Abortion**  
Today we hold our annual International twenty four hour Day of Prayer and Fasting against abortion. This is offered up for the fight against abortion and for those who work tirelessly for the cause of the unborn.

We invite you to join us on this day and if you can't, try to do something in your own area to mark the Day and unite with us in prayer. Prayers begin at 12 noon.

### Saturday 27 March 2010

We will hold a Walk Against Abortion through the streets of Cookstown bringing the Truth of what abortion really is to the people of the town. We gather at the House of Prayer for 2.45pm. Your participation in this would be greatly appreciated.

### Dates for your Diary:

- Easter Retreat: Thursday 1 April to Sunday 4 April 2010.
- Divine Mercy Sunday: Sunday 11 April 2010.

### First Friday Vigils:

- Friday 5 March 2010
- Friday 4 April 2010 (Good Friday).

# Saint Michael House

50 Tynemouth Road, Tottenham, London. N15 4AX.

Tel: 0208 808 0732 E-mail: [st.michaels@blueyonder.co.uk](mailto:st.michaels@blueyonder.co.uk)

## New Beginnings

### Wake from sleep

"11 And that knowing the season; that it is now the hour for us to rise from sleep. For now our Salvation is nearer than when we believed.

12 The night is passed, and the day is at hand. Let us therefore cast off the works of darkness, and put on the armour of light.

13 Let us walk honestly, as in the day..."

Romans 13:11-13

I am writing this just before Christmas, after the realisation about how complacent I have become. I have been ill for a while and have been justifying the reasons I haven't been keeping my Commitment and prayer life going.

### No game

When I did manage to convince myself that I should go to prayer I opened Message 223 in Book One. It is a special Message to me as when myself and my sister were being inaugurated into the grey Habit of Humility, Patrick opened the book for Jesus to give us a Message and that was the one He gave! When it was read

it hit me deeply, my face went red and I realised my Commitment to Jesus is no game.

### Gather dust

It is the same for each person who follows Him and who reads the Messages. They are not given to us so they can be left on the shelf to gather dust. Jesus is the Word and we have to bring Him to life in us by doing what He asks through these Messages. We are privileged that Jesus is asking us to help in the Salvation of souls. What will we tell Him when He asks us what we did with His Words?

### New Life into dead things

The following Message 223 was given by Jesus on 22 August 1993:

"My Love, My children, is not a game. It is a serious involvement of your life, united to Mine, in sacrifice, in Love. I have given you all the Words that spell out what I want to do to change this world into a place of Love, a place that is changed and made new.

Come to prayer as often and for as long as you can for that is where I need you. If

you cannot get to prayer, then ask Me and I will show you how your time is spent selfishly and is not given to Me. This Love is a deadly serious participation of the work of Salvation. Come now and work.

I am the Resurrection and the Life, I have come to give Life to souls that are dead to the Light and alive to the darkness. I have come to renew a world that has become old and worn, broken. I Breathe new Life into dead things. I raise up the dead.

Come and behold this God, respect Me for what I am. My Love is not a game to be played and taken part in for fun. It is a God whose Heart brims over with Love for His children. Weary not of loving, weary not of working, for the time of Salvation is near, the time of Grace is near."

### Stopped dying to self

During the hour's prayer, when I read this Message, I realised that I need to take Jesus' Words and my Commitment to Him more seriously. I recognised that I had started to slip a long time before I became ill. I



Now available are both DVD's and CD's of the concert we previously told you about in the Newsletters. All of the Songs featured are Jesus' Songs, given through Patrick. Some of these include Only You and I, The Christ is Born, You are Beautiful, The Sweetest thing, Shine on Me, Tongues of Fire and many others. They make good spiritual listening and are a useful prayer aid. The DVD is £12 and the CD is £10. To order, please contact the House of Prayer.



had stopped dying to self, stopped taking Jesus and my life with Him seriously and stopped spending time in prayer. Jesus showed me that even during my illness I was still able to spend time doing other worldly things but, when it came to prayer, I took Jesus for granted and thought He would understand that I was too ill to be with Him! In truth, spending time in prayer would have helped me to heal spiritually and physically a lot quicker.

#### **A new way of life**

I need to start again, a new beginning, a new way of life, I need to shake off the dust and cobwebs and make more of an effort in dying

to self and following His Ways.

Our sacrifices, prayers and the way we live our lives can help others turn to Him. By doing what He asks we are partaking in the Salvation of souls. We may not see the results of this now but we will when we die, the same applies if we fail to do what Jesus asks! Let us hope that when we see Jesus Face to face He will say 'well done, good and faithful servant' and not 'depart from Me, I never knew you.'

So if we are going to start again how should we do it? I think the answer is in a recent Message given on 7 November 2009. Jesus said:

"My children, do not forget prayer. Prayer is your communication where I may fill you with My Strength.

Do not forget Me, My children, for I am what inspires you to the right path; I am your God.

Look, My little ones, you begin to feel that there is something wrong: you have forgotten Me. Come to prayer and things will improve. I Love you."

I hope in this new year to make a new beginning with Jesus and turn my life around to follow Him in truth. May He grant us the Graces and Blessings to carry out our part in the Salvation of souls and become true workers in His Vineyard.

...Devotion to Our Lady's Sorrows has received the highest sanction of the Church.

#### **Seven of Mary's Sorrows**

The Rosary of the Seven Sorrows as well as several others has been richly indulged. The Holy Church has specifically selected seven of Mary's Sorrows for particular devotion. They are the Seven Mysteries of the Rosary of the Dolores.

- 1) Simeon's prophesy.
- 2) Flight into Egypt.
- 3) The three days loss.
- 4) Meeting Jesus with the Cross.
- 5) The Crucifixion.
- 6) Taking Jesus down from the Cross.
- 7) The Burial of Jesus.

**The following is an edited extract from the beautiful book by Father F. Faber:**

#### **At the Foot of the Cross**

The Seven Mysteries are a sample of the multitude of other sorrows and we shall find perhaps that they are types of all human sorrow. It seems necessary to say something on the spirit of this beautiful devotion. It produces in our minds an extreme tenderness towards Our Blessed Lord, united with a profound reverence. Jesus demands from us our worship of God, He claims our undoubting trust in His Goodness, that we should obey His Commandments and fulfil our duty towards Him.

#### **The instincts of love**

However He wants far more than this. All this is

duty, basic, minimal. He wants from us a love that delights in His Presence. A love which delights in the prayers of communication; a love which when we think of Him fills us with so much tenderness that tears fill our eyes and a gentle ache fills the heart. A love which draws us to Him every moment of the day; sharing our joys and worries with Him. He would have us deal with Him in the instincts of love.

#### **Jesus is hurt and rejected**

Holy Mass would not be an obligation as it is for some. It would be a meeting with a Loved One, who in the Holy Eucharist our very beings caress. We should cling to Him as a child clings to its mother. We should hang about Him as a friend whose absence we cannot bear. We should love Him for Himself, not out of duty or wise calculation or self intent. How rejected we feel if we are loved not for ourselves but for convenience. How can we not believe that Jesus is hurt and rejected too with a convenience love offered to Him by His children? Now the way in which Our Lady's Sorrows keep His Passion before us has a special virtue to produce this tenderness in us. Out of this tenderness comes also a great hatred for sin. This precious Gift of God that He has given to His Saints is the root of all perfection and is the supernatural vigour of

all perfection.

#### **The fearfulness**

Devotion to Our Lady's Sorrows is a great help in acquiring the hatred of sin as a habit and to meriting it as a Grace. There is also in the Sufferings of Mary something which causes us to rise up from contemplation of them with a yearning for the conversion of sinners. The fearfulness of loving Jesus, the unbearable anguish of ever so short a separation from Him, the darkness and the dreariness which comes when He is not there, are very notable figures in the Seven Sorrows.

#### **Sin caused all that Passion**

Oh, how far from Jesus are sinners, misbelievers and heathens. How far out of sight of Calvary have they wandered? How many in numbers? In so many ways how dear are these wanderers? How unfathomable a misery is sin – and to us what a misery those merry voices and bright faces, which care not for the misery, but go singing on their way to dark eternity. Who can see such misery and not long to cure it? Then again sin caused all that Passion, all those Sorrows. Perhaps the heart in the heat of love forgets itself and thinks for a moment that by prayer it will hinder sin and spare Our Dearest Lord some Pain. Any how it will busy itself with reparation and there is no reparation like



Brenda Allen, Villa Bel Al Jebel, Urb. La Loma, C/de Mijas 5.5 km, 29650 Mijas Costa, Malaga, Spain.

Tel/Fax: 0034 9526 64324

## **Lenten Meditations on the Sorrows of Mary**

### **Introduction**

**The joys and rewards brought by a sincere devotion to the Sorrows of Our Blessed Mother**

(After Our Lady's Assumption into Heaven) ...Our Blessed Lord appeared to him (Saint John) in a vision accompanied by His Blessed Mother.

The Sorrows of Mary, together with Her frequent visits to Holy Places of the

Passion were a subject of devout contemplation to the Evangelist; who had watched over Her for the last fifteen years of Her Life and as if it were in response to those continuous meditations, he heard Her ask Jesus to grant some special favours to those who would keep Her Sorrows in remembrance.

Our Lord in reply granted four particular Graces to all who practised this

Devotion.

### **Four particular Graces**

- 1) Perfect contrition of all their sins sometime before death.
- 2) A particular protection in the hour of death.
- 3) To have the mysteries of the Passion deeply imprinted in their minds.
- 4) A particular power of impetration granted to Mary's prayers on their behalf.

the conversion of a sinner. The lost sheep shall be laid at Mary's Feet. She shall gently raise them in the outstretched Arms of the Happy Shepherd. We will sit down and weep for joy that we have been allowed to do something for Jesus and Mary. We will ask no Grace for ourselves but only seek the glory, love and praise for them. He who grows in devotion to the Mother of God grows in all good things.

**Grow more full in love**

Let us rally round Her at the foot of the Cross – love for Her grows quickest there. We became Her children there. She Suffered all because of

us. Our Mother was sinless, we are not. So sinlessness is not common to Mary and to us; but sorrow is. It is the one thing we share. We will sit therefore and grieve with Her and grow more full in love.

**True Spirit of Devotion**

A participation in the Spirit of Jesus through the Spirit of Mary is the true Spirit of Devotion to Our Lady of Sorrows. By Her joys Our Blessed Lady was indebted to Her Son. But Saint Methodius tells us that by Her Sorrows She has laid Our Lord under a kind of obligation, which gives Her a right and power of impetration into which

something of justice even enters. Yet when we think of the Sacred Heart of Jesus, of the immensity of His Love for Mary and of the great part of the Passion which it was to Him to see Her Suffer; we cannot for a moment doubt, without thinking of obligation, the extreme persuasiveness to Him of Devotion to Her Sorrows, a Devotion which was actually a solid part of His Ever Blessed Passion. We draw Him towards us the moment we begin to think of His Mother's Sorrows. **MARY WILL TEACH US TO STAND AT THE FOOT OF THE CROSS.**

# Mother of Love House

Betty and Bill Gallivan, 1519 Callender, Peoria, IL 61606 USA.

Tel: (001) 309 676 5185 Fax: (001) 309 676 5191 Email: bbgallivan@gmail.com

## "It's all about me!"

**Ordinary Time**

Now that the glitter of the Christmas season along with preparing our hearts and souls for the Birth of Jesus has come to a close, we are probably feeling a bit let down or perhaps even a little sad. The joy and excitement of it all has waned and we are moving on to what is known as Ordinary Time. The truth is that Ordinary Time in the Church is really not ordinary at all. The time is devoted to addressing the beginning of Jesus' public Life, His first Miracle, the gathering of His Disciples/Apostles and His Teaching. This was followed by the next really big event - His Passion, Death and Glorious Resurrection. What I'm saying is, every time period in the Church is exciting and helps us move closer to Christ and to His Father's Kingdom.

**True followers of His**

As Jesus tells us frequently in His Messages, we must die to self if we are to become true followers of His. John the Baptist said it all, "I must decrease, so that He will increase." Our goal each day must be to follow these words.

**New years resolutions**

So what do most of us think and do? You got it! As soon as the Christmas season ends and the Church's Ordinary Time begins, the first thing we start on are those new year's resolutions. And we've heard them all! I'm going to stop smoking, stop overeating, start exercising, stop procrastinating, stop being tardy, stop missing Mass and the list goes on. All of this has its place but it focuses only on self. We certainly can't put self behind us when "it's all about me!"

**Excellent plan**

Let's turn those resolutions around and put our effort into practises of charity, both physically and spiritually, toward our neighbour. If this is our goal, we will see Jesus in the person being helped and we will indeed be dying to self. We have an excellent plan laid out by Mother Church and addresses in the Catechism of the Catholic Church. This plan includes both the Corporal and Spiritual Works of Mercy.

**Works of Mercy**

To refresh our memories, here are the Corporal Works

of Mercy which are geared toward the body: feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, visit the sick, visit those in prison and bury the dead. And now the Spiritual Works of Mercy which relate to the soul: convert the sinner, instruct the ignorant, counsel the doubtful, comfort the sorrowful, bear wrongs patiently, forgive injuries, and pray for the living and the dead.

**See Jesus in everyone**

Why not take time to review these Works and relate each, or some, to needy persons that we know or, as Mother Teresa of Calcutta would say, "to the poorest of the poor." They could well be members of our own family. Let's start a positive resolution by performing a Work of Mercy for one person each day. Then perhaps work on two a day. That could eventually end up going through all fourteen works, seven corporal and seven spiritual, in one week. What better way to see Jesus in everyone and die to self as He reminds us to do in so many of His Messages of Love.

**Wanted**  
**We still need broken and good rosary beads. These can be repaired and sent to children in India. We are grateful to everyone who has sent beads.**



**Garabandal Pilgrimage 2010**  
**3-15 June 2010**  
**Includes: two nights in Paray le Monial, two nights in La Salette, one night in Lourdes, four nights in Garabandal (option of staying in Garabandal or Soledad House of Prayer) and one night in Saint Maximilian House of Prayer in France.**  
**The group will travel by minibus from the Sacred Heart House of Prayer, driving through England to Portsmouth for the ferry to France.**  
**This will be a non profit, true pilgrimage for Jesus. Price yet to be confirmed. For further information, or copy of itinerary please contact the Sacred Heart House of Prayer.**

# Saint Stanislaus House

Dom Modlitwy Im. Swietego Stanislaw, Wierzchoslawice 98, 59-420 Bolków,  
Regon 020495470, Poland. Tel: 0048 7574 60595

## Manning Saint Stanislaus July 2009

### We greeted Jesus

I had manned Saint Stanislaus in April and now was returning for the month of July. With me was John, a plasterer, coming out for one week to plaster and skim the walls in the large hallway, back entrance and stairway. We met Phelim at Wroclaw airport who was travelling out from Birmingham to man the House with me for the month. Bridie met

roof to the House that had been completed and the new guttering and downpipes.

On Monday morning we purchased the materials needed for the plastering with some difficulty as they do not use plasticiser or finish as we do back in Ireland.



### Always teach and inspire us

Work got underway and over the week we enjoyed great fellowship as John sweated much on the trowel, with Phelim and me attending and helping him. Bridie provided the

us with our local taxi man Maiusz. She had been there in June and stayed on an extra week to complete work and to cook for us. On arrival we greeted Jesus in the Prayer Room, then it was off to Sunday Mass in Saint Joseph's Church.

### The new roof

It was exciting to see the new

lovely meals and at all mealtimes we would listen to a spiritual reading from 'A Walk with the Truth.' Jesus' Words would always teach and inspire us. We had many laughs together and



felt the joy of Jesus in the work.

### Welcome the pilgrimage

By the weekend the 'Hallway of Peace' was transformed and we were pleased that it would be later painted to welcome the pilgrimage group in September.

### We offered to help

The local priest, Fr Gregor, called one day with an English speaking lady who worked in Dublin. He came back another day and



seemed very relaxed with us. We offered to help with work at the chapel.

### Jesus at work!!!

On Sunday evening we went to the bar to have coffee and socialise. As Bridie and John were leaving the next morning we were discussing how we could get a digger and a lorry load of stone to start work on the storm-water drains. Just then our friend, Maiusz, and his wife Aneska were walking past. Bridie invited them to join us and within twenty minutes Maiusz had organised a JCB to come and a load of stones to be delivered the next day. This was Jesus at work!!! We all agreed in delight.

### Played football

The lorry driver told us he had been to school here and played football in the back garden of the House (previously the school playing field).

### We were kept busy

Phelim and myself began the task of laying storm-water pipes, a land drain

and building gullies needed to take away the rain water after the completion of the new roof. Over the next three weeks we worked on this while manning the House and keeping up the community and personal prayer.

Arek, the electrician, completed some rewiring and fitted new meter boxes. The days rolled by as we were kept busy.



### Cake and buns

We were blessed with beautiful weather. Sometimes some of the locals would call or greet us from the chapel grounds next door. Regina, a neighbour, sent us in some cake and buns that she had made.



### Concentration camp

Maiusz and Aneska took us to visit Gross Rosen concentration camp thirty kilometres from the House. This was indeed a harrowing experience as we learned of the brutality and deaths at this slave labour camp during the Nazi occupation.

### Trusting us

We are finding that the local people are becoming more friendly and are trusting us now.

Thank You, Jesus, for the privilege of manning Saint Stanislaus House of Prayer, and for Phelim's hard work and willingness.

## Now Available

### Sacred Heart House of Prayer 2010 Calendar

Price: £1.50

For the 2010 Calendar, our theme is the Houses of Prayer. Each month has a photograph of a House, accompanied by a short extract from a Message about that House. Some of these Houses have never been shown before!





## ARTS AND CRAFTS EXHIBITION NOW OPEN

### THE PAINTINGS

THE THEME FOR THE PAINTINGS IS SLOVENIA. THERE IS AN AMAZING VARIETY OF MANY ASPECTS OF SLOVENIAN LIFE, FROM NATURE TO STILL LIFE, FROM THEIR WINE CELLARS TO THEIR HOUSES, GARDENS AND SUNSETS AND MUCH MORE.

THERE IS A WIDE RANGE OF PAINTINGS FROM MODERN ABSTRACT ART TO THE MORE TRADITIONAL.

THIS IS A BRIGHT AND VIBRANT DISPLAY FROM ARTISTS OF MIXED AGE, CULTURE AND GENDER.

THERE SHOULD BE SOMETHING TO APPEAL TO EVERYONE. WHY NOT POP IN AND FEAST YOUR EYES!

ONE HUNDRED PERCENT OF THE MONIES RAISED GO TO PRO-LIFE.

### THE CRAFTS

ALSO SHOWING IS AN ARRAY OF DIVERSE HAND CRAFTED POTTERY. THESE ARE INDEED WORKS OF ART!

THERE IS A LARGE SELECTION OF VASES, LAMPS, CANDLE BURNERS AND MUCH, MUCH MORE. THEY VARY IN COLOUR AND STYLE AND SOME OF THESE ARE UNIQUE ONE OFF PIECES.

IF YOU HAVE A SPARE BIT OF TIME, WHY NOT CALL IN AND TAKE A LOOK.



**Abortion capital of Europe**  
Britain has overtaken France (which has a larger population) and become the abortion capital of Europe. The rate of abortions is still rising. In the past decade abortions among teenage girls has caused the rate to rise by nearly one third!

#### Half...end in abortion

Half of all pregnancies among girls under the age of eighteen end in abortion. The institute for Family Policies collated the figures from those collected by Eurostat, the European Union's statistical body. The institute has formally presented the figures to the European Parliament including them in a report on developments in family life.

#### Six highest

The six highest European countries are:  
Britain – 219,336;  
France – 209,699;  
Romania – 150,246;  
Italy – 126,562;  
Germany – 116,871;  
Spain – 112,138.

The institute made the observation that the annual number of abortions in the European Union is the same

## ABORTION STATISTICS HIGHLIGHT BRITAIN'S ROLL OF SHAME



pounds to date.

#### Turning to abortion

as the combined population of its ten smallest member states.

#### Fifth in the world

These figures place Britain as fifth in the world for the number of abortions carried out coming behind Russia, USA, India and Japan.

Britain is also the country where most teenage girls have abortions. The five highest European countries in abortions under the age of twenty are:

Britain – 48,150;  
France – 31,770;  
Romania – 17,272;  
Spain – 15,307;  
Germany – 14,989.

#### Teenage Pregnancy Strategy

These figures show the tragedy of the government's Teenage Pregnancy Strategy. Conceptions are certainly not decreasing and abortions are most certainly increasing! The outcome is the complete opposite of what the strategy was to deliver. The Teenage Pregnancy Strategy has cost three hundred million

Teenagers who become pregnant are turning to abortion in increasing numbers. The Strategy had set a goal of halving the 1998 conception rate in teenagers by 2010. That goal will not be met.

#### Abortion Strategy

It seems the Teenage Pregnancy Strategy, having already spent three hundred million has really become an Abortion Strategy and the real price to our nation can never be estimated.

Taken from Newsletter, Friday November 20, 2009, ([www.newsletter.co.uk](http://www.newsletter.co.uk))



# NO MORE CRUCIFIXES IN SCHOOLS!

## Violation of...freedoms

On November 3 the European Court of Human Rights ruled that Crucifixes that hang in most Italian classrooms are a violation of religious and educational freedoms. In the 1920's two laws were passed in Italy, making classroom Crucifixes compulsory. Italy was then a fascist state. In 1984, Catholicism ceased to be the state religion of Italy. Since then the laws have been less rigorously applied.

## Observe neutrality

Seven judges made the ruling and it may well prompt a Europe wide review of the use of religious symbols in public premises. The judges said that state schools had to "observe confessional neutrality." Their ruling caused uproar in Italy and was met with condemnation from all Italy's politicians, except those on the far left. The Vatican said it would evaluate the reasons behind the decision, while a spokesman for the Italian bishops called it both

partisan and ideological.

## Symbol of national identity

The Crucifix is considered a symbol of national identity in Italy and in that basis the government's a d v o c a t e argued for them

to continue to be permitted to be hung. The case had been taken to the European Court, Constitutional Court. A Finnish born mother, who had failed to get the school at which her two children were taught to remove Crucifixes in their classrooms, initiated the action.

## Damages

Interestingly, the European Court stated: The presence of the Crucifix could easily be interpreted by pupils of all ages as a religious sign, and they would feel that they were being educated in a school environment bearing the stamp of a given religion." It ruled that the Italian state pay the mother, Soile Lautsi, five thousand Euros in damages.

## Trodden on the people

One government minister described the overwhelming response in Italy as being that the European Court had trodden on the people's culture, tradition, history, values and rights. Within hours of the ruling, twenty three thousand people had lodged complaints on the

internet.

## Obligated to comply

The Government's lawyer will now seek leave to appeal to the European Courts seventeen member Grand Chamber. If the petition is rejected, or if the appeal is lost, Italy will be obliged to comply with the ruling, and if then Italy refuses to do so the matter will be referred to the Council of Europe.

## Affect us all

This ruling declares one thing – that symbols violate freedom. Such a declaration will sooner or later affect us all. Our views on the Crucifix are not the issue here but whether a European Court has the right to tell a country what it may not hang on the walls of its state schools is the issue. By implication it may now also tell it what it will hang on its wall.

*Taken from Newsletter, Friday November 13, 2009, (www.newsletter.co.uk)*

## Remember this Message?

**"...Many things are about to happen in what is now called Europe. The influence of the evil one in this new country is greater than you could ever know. Things that will come will seem insignificant to begin with but, as with the Jews not so long ago, the true horrors will soon emerge... Soon, a court will decide how and when you will worship Me; soon you will be laughed at and tortured because you follow Me. In fact they will take you to court for loving Me..." Friday 2 July 2004**

## Shocking H1N1 Swine Flu Vaccine Miscarriage Stories From Pregnant Women - Tell Your Doctors That Vaccines And Pregnancy Do Not Mix!

### Is it actually safe

U.S. health authorities have made pregnant women one of the highest priority groups for getting the H1N1 swine flu vaccine but is it actually safe for pregnant women and their babies? Well, the truth is that miscarriage reports from pregnant women who have taken the H1N1 swine flu vaccine are starting to pour in from all over the nation. Vaccines and pregnancy simply do not mix safely. In fact, the package inserts for the swine flu vaccines actually say that the safety of these vaccines for pregnant women has not been established.

### Not safe for children under six months

What you are about to read below should shock and anger you. If they are telling us that the swine flu vaccine is not safe for children under six months of age, then why in the world would it be safe for pregnant women and their babies? That doesn't make an ounce of sense, does it?

The following H1N1 swine flu vaccine miscarriage horror stories are from a June 2010 birth club.....

### EBWashington:

I am so upset. I was so excited to be pregnant after

trying for a year. As soon as I found out I was pregnant, I joined this birth club and I was due June 25th. We have two healthy boys with no history of miscarriage. Everything was going great. Last Monday, I got the H1N1 vaccine thimerosal reduced (mercury reduced for pregnant women). On Tuesday morning, I started cramping and on Wednesday I started bleeding heavily. My hcg (pregnancy hormone) was fifty on Wednesday and I was almost six weeks along so it was low. They still thought that I might be pregnant but on Friday my hcg was down to twenty two. I am an emotional wreck. I feel like I had a healthy baby and I caused this by getting the H1N1 vaccine. My doctors pushed it. I researched online and there have been many miscarriages after the H1N1 vaccine but they haven't been reported since it is hard to say what caused the miscarriages. I hope that I did not cause this. I wish everyone the best.

### Tayla08

I don't have an answer for you, but a friend of a friend just had a miscarriage two to three days after getting the shot. She was seven weeks.

She had no previous history of m/c (miscarriage)... No one can answer if they're related...it hasn't been out long enough and there haven't been any studies done on pregnant women. I will tell you, that it has made up my mind on getting it...I won't and I'm not going to get it for my DD (daughter) either. My daughter and I both had H1N1 last week, and although it truly sucks... I think I'll take my chances. One doctor will tell you to get it and the next will tell you not too...you have to do what's in your heart.

### 90707

My heart goes out to you as I recently miscarried as well and was due in June. I had a healthy heartbeat at six weeks, then at seven and a half weeks my son got the H1N1 mist vaccine which has live vaccine in it. The nurse said to be careful because it could technically spread if he rubbed his nose and touched a surface etc. The next night I miscarried and five days later was diagnosed with H1N1. I work from home, kids are home, hadn't been anywhere during that time. So the chances that it is all related are very high. The flu mist vaccine warns

for immunocompromised patients (which includes pregnancy) to stay away from recipients of the flu mist for twenty one days. This next set of H1N1 swine flu vaccine miscarriage horror stories is from an About.com page about miscarriage.....

**Jo:**

I got the flu vaccine (regular not H1N1) at eight weeks pregnant. Three days later I miscarried. I am not going to get the H1N1.

**Regrets:**

I got both vaccines on Thursday. I was nine weeks pregnant. I miscarried on Sunday. I was told by several doctors to get these vaccines. Now I wish I followed my gut feeling and not get them at ALL!

:

I work in a hospital like setting and was told "the benefits outweigh the risks" 1am I got the vaccine, 3am I started bleeding and cramping, 3pm miscarried. You decide.

**Sue:**

I had the H1N1 vaccination and twenty four hours later had a miscarriage.

**Linda Hill:**

My daughter in law was ten weeks pregnant and had the H1N1 vaccine on Friday, that night she miscarried.

**So Sorry:**

I was so ready to get the H1N1 vaccine last week and they were only giving them to pregnant women. I was six weeks along and got it and the next day

I started cramping and miscarried. I already had two healthy pregnancies and never miscarried or had any problems. My doctors think I am crazy to think it was the H1N1 but if no one looks into this then other women will not know. I am so sorry that I got it.

**Connie:**

I also received the H1N1 vaccination on October 22nd, 2009 and went into labour on October 25th, at sixteen weeks pregnant and we just heard the heartbeat and everything was fine with my pregnancy on October 16th, 2009, then on October 28th my water broke then on October 29th, I delivered a stillborn baby boy, and no one can tell me why...Everyone wants to say it did not come from the shot but I believe it did. My baby was growing at the correct pace and everyone wants to brush off the vaccination. I say if you have the vaccination and suffer a miscarriage if they are able to perform an autopsy have it done. I also agree something needs to be done and looked more into with this vaccination because most women are being advised it's just something that happens, but I also had two healthy children normal pregnancies and when I received this vaccination with my third pregnancy, my baby is gone.

**sloux falls, south dakota:**

I received the H1N1

vaccine on October 16th and started experiencing cramping on the 22nd. I was nearly seventeen weeks pregnant and gave birth to a stillborn baby boy on the 23rd. Like many of the other women here, the first thing I suspected was the H1N1 vaccine. I immediately asked a nurse at the hospital if that would have anything to do with it. Without hesitation, she told me "absolutely not." I had reservations about getting the vaccine, but followed the advice of my long trusted family doctor. In a follow up appointment with my doctor three days after I lost my baby, I asked him if the vaccine would have had any adverse effects on my baby. He also said that it was not possible. I don't believe that my doctor was necessarily lying to me, he was simply following the accepted practices and opinions of his field. I do, however, believe that as a nation, we are being lied to. This vaccine is NOT safe during pregnancy. There has not been enough testing done to determine this and there are far too many "coincidences" for this to be anything but a result of a vaccine that was hastily pushed into production and distribution in an effort to stop widespread panic. I have read so many stories in defense of the vaccine that will talk about how common miscarriages are, but I would challenge you to ask ANY

health care professional how common second trimester miscarriages are. My baby was doing perfect developmentally and I had felt him move earlier that day. My heart goes out to all of you out there who have had to go through the same heartache and loss that I have had in the last couple of weeks. There is no reason that any woman or family should have to go through this. Get the word out to all of the pregnant women that you know. I know that if I had heard that women had been losing their babies shortly after they received the vaccine, I would have followed my gut and not gotten it myself. Maybe then Wyatt would have had a chance at life.

**Marina Rossi:**

I recently got the H1N1 vaccine and miscarried three days later. I thought it could have been the vaccine but didn't ask. After finding this site I believe it was the vaccine. Sorry to everyone else out there who has just experienced a miscarriage.

**kathy-sd:**

I'm from a town of 2000 in SD, there are several women pregnant and we are all due within a few weeks of each other. Four of us got the H1N1 vaccine two weeks ago and one by one each of us started to have preterm contractions. We are all due in Nov and Dec so we are further along than most of the people that lost their babies. There is no way you

can tell us that our preterm labour was not caused by the H1N1 vaccine. It may look like a "fluke" to some people when these women are scattered all over the country but we are talking about four of us in our small community. My heart goes out to all of you that lost your babies.

**ashley:**

I'm not sure but not only myself, I know someone that within four days of getting the shot we both miscarried, I was only six weeks and she was four months along, not sure if the shot caused it and can't find any other information but I am a little concerned about this coincidence.

**Time Machine:**

I got a flu shot in pregnancy, developed incredibly strange symptoms immediately (numb hands, feet and mouth, heart palpitations, sudden weakness in my legs, a bright red face), began bleeding and miscarried by eleven weeks. I had no idea there was mercury in most flu shots but once I found out after the fact, I was assured that I'd had the "mercury free" form. As it turned out, the shot wasn't completely mercury free and, according to the EPA website, it still had five thousand times the limit for mercury in drinking water – not to mention a list of other toxins (MSG, formaldehyde, etc.). I'd had no idea the shots were so dirty. I guess I'd

been under the impression they were something like sterile water and a dead virus, that's it.

The strange symptoms—which I'd been told were "just pregnancy" lasted six months. No one could figure out what was wrong with me, why I couldn't make stairs, why I felt like I'd been shot with novocaine. I learned later from a book by Jane Hightower that these were all symptoms of mercury exposure. I guess I'm one of those susceptible people. No one in my family is getting the H1N1—no one even gets regular flu shots anymore, we all read labels. If you are a pregnant mother, please do not take the H1N1 swine flu vaccine. Instead, do everything that you can do to avoid public places and make sure to wash your hands more than you usually would. Take extra large doses of immunity building vitamins and research many of the great natural ways for fighting the flu that are out there on the Internet.

The truth is that if you do take the vaccine and then something happens, you will NOT be able to sue anyone (thanks to Congress). You will have to bear all the responsibility yourself. That doctor who kept pushing and pushing it on you will tell you that it could not have been the vaccine and that you probably would have miscarried anyway. Do you honestly want to inject a vaccine that may contain

mercury, formaldehyde, polysorbate 80 (associated with infertility), triton X100 (a strong detergent), phenoxyethanol (antifreeze) and a whole bunch of other toxic ingredients into your system when you know that your baby will absorb it too and has no defenses against most of these things?....

The reality is that if you are pregnant, you need to hear what both sides have to say before ever subjecting your baby to the swine flu vaccine. You do NOT want to end up like one of the mothers above. Please help us out by sharing this information with as many people as you can. If you know of any additional H1N1 swine flu vaccine miscarriage horror stories please post them below in the comments section.

**AlinafromOz:**

I had the normal Flu shot, and i had a miscarriage at eight weeks... they told me it wasn't related pfftt yeah right and now no way in hell I would get a barely tested H1N1 vaccine..

**Kayte:**

My husband's pregnant coworker (five months along) called her doctor on the day they were giving the regular flu shots at work. He said she should get it. She did, and lost her baby the next week. This enrages and sickens me that the medical industry is pushing these shots on pregnant women and children,

especially the new, little-tested, experimental H1N1 vaccine!

**Kevin:**

I work with someone who was four months pregnant. Her husband got swine flu, so both she and her son got the vaccine "just to be safe." A week later, she had a miscarriage. Any supposed benefits from the vaccine are clearly outweighed by the tremendous risks.

**JK:**

I was in support of vaccines and was comfortable with the fact that there is a national database that records "all" vaccine reactions so they can see trends and such – which is the info I got from my doctor.

Then, my daughter had a reaction to a vaccine at eighteen months old. It was horrifying to watch her body swell for three days and not be able to do anything (Benadryl slowed the swelling, but couldn't reverse it until three days had passed). I knew there were risks to vaccines, but it had seemed that the benefits outweighed the risks. I could have accepted that.

I was not prepared for the reaction of the medical community. My doctor's office refused to admit it was a reaction – even while she was swelling! They were concerned about the swelling, asked me if I knew how it started, then, when I mentioned that I suspected the vaccine they sent me home and said I

was imagining things. A few hours later she had to go to the ER. Later I took her to an allergist who confirmed that it was a reaction. He told me that a lot of people react to the 3rd DTaP shot – even if they've been fine before. Still, he encouraged me to continue getting all the shots except for the last DTaP.

No one ever reported any of this to the national database.

My pediatrician pressured me to get more shots for my kids, but I refused. I've recently found out my kids' medical records falsely state that my kids DID get additional vaccines.

My daughter had been ahead on speech milestones at the time of the reaction, from that date (October) to the following July, she only learned eight new words, and her language development froze. We've done three years of therapy now and she is in special education.

**Lynn:**

My heart goes out to all who have suffered horrific events due to these vaccines. I have a beautiful two and a half year old daughter who was born a month premature, at the time, all the health care practitioners involved in our lives strongly were pushing that she receive all the 'necessary' vaccines.... My mother's heart and gut reaction strongly said "no" but being a first time mom and feeling the pressures of

our health care advisors I agreed to having her first set of shots done. Days later she developed a horrible 'chest cold' which never really cleared... she would have good days only to relapse into endless nights of trying to clear her little chest and holding her while she cried. Of course..... none of this was vaccine related. Then came time for her second set of shots... oh boy.... the stomach aches began... but our health unit would not stop calling until I made an appointment to bring her in, so, I did.... only agreeing to a select few of the vaccinations, resulting in more congestion topped with ear infections and many bouts of antibiotics. Her condition quickly spiralled downward into 2am visits to the hospital for a ventilator because her chest was so

tight each breath was a huge effort. Each doctor who saw her assured me that this was more common than I thought and that she would likely 'grow out of it'. Needless to say I will never let another vaccination needle touch her little body again. Whether our health system wants to admit it was related or not I cant help but believe that it was. Other than being small she was one hundred percent healthy at birth and remained that way for three months.... until her first set of shots.

For many more testimonies from average people who have had their lives absolutely wrecked by the H1N1 vaccine, check out our new article entitled "70 Heartbreaking Stories From People Who Have Had Their Lives Destroyed By

H1N1 Swine Flu Vaccine Side Effects" and please help get it out to as many people as possible. The truth is that the more these stories are shared, the more people will wake up and do their own research before subjecting themselves and their children to these shots.

For the absolute latest on adverse H1N1 swine flu reactions, the rapidly developing mystery flu situation in Ukraine and all the other hottest breaking news, please visit and bookmark our new daily news site: The Most Important News.

<http://organichealthadviser.com/archives/shocking-h1n1-swine-flu-vaccine-miscarriage-stories-from-pregnant-women-tell-your-doctors-that-vaccines-and-pregnancy-do-not-mix>



*The following was written by Matej, our Slovenian friend who takes care of the Slovenian House of Prayer when we are not there.*

**I was shocked**  
It was a usual working morning. I was doing my job in the office. The phone was ringing and my fellow-worker picked it up. He

mumbled something because he didn't understand English. "I think it's for you" he said to me. It was Aine. She asked me did I want to go to Africa and she needed

to know that day. I was shocked at that moment and I didn't know what to say. She must have been joking but she meant it and explained to me everything about it.

It was always my wish to go to Africa once but I still wasn't sure. I promised I would call back at the evening and let her know if I'm going or not. I hung up the phone and then I was staring through the window and thinking what to do.

### **Don't you dare**

My colleague saw me and asked if I had got bad news. I told him that I'm invited to go to Kenya and I don't know what to do. He said, "don't you dare to refuse this invitation! Do not think just go!" I came home at the evening and called Aine back to confirm that I would go. That was the beginning of my-our mission in Kenya.



### **Like a child**

I met Evans for the first time on Skype and he told me that he's studying to be a priest. He was looking forward to see us in Kenya. We flew from Belfast to Heathrow. I haven't been

at Heathrow before and I felt like a child guided in the crowd. We stayed in the hotel near airport overnight and we were on board on a big plane to Nairobi next morning. I think we were getting excited more and more.

### **I'll never forget**

The flight was about eight hours long and weather was cloudy over Europe but there was surprise when we came over Africa. No clouds and I could see Sahara desert. It's huge and mighty. The plane was landed and on our way to the security Evans called us where we are coz he didn't know that it takes time to pass all securities. And finally I saw him waiting for us and smiling. It was so exciting I'll never forget this moment we met him at the airport.

### **A bit scary**

We stayed at the Mates hostel in Nairobi over the first night and next morning we hit the road to Busia. Evans guided us all the way. We were lost few times in Nairobi because there is no traffic signs and driving is a bit scary. Drivers are crazy and there are no rules on the roads except driving on the left hand side!

### **A homeless child**

We drove along the Rift

valley. Christopher was doing very well with driving. We stopped in the small town to exchange some money and buy some food and drink. Suddenly a child came to me on the street and asked me to buy him a food. He was a homeless child. We gave him a packet of nuts and a coin. I saw happiness in his eyes and I felt happy and sorry at the same time. It was my first time to meet a homeless child.

### **We learned some Swahili**

On the way to Busia we were talking about this and that and Evans told us many things about African way of life. We learned some Swahili language.

### **Sharing lunch with monkeys**

Impala park in Kisumu was our next stop for lunch. There are wild animals, lion, cheetah, baboons, antelopes, etc. the most exiting was sharing lunch with monkeys at the coast of Victoria Lake! We reached Blue York hotel in Busia at late evening and met Evans's uncles, Fred and Simon, Fr. Melchizedek and local nuns. Everybody was so friendly and welcoming.

### **Evans' family in Uganda**

Next morning we went to visit Evans' family in Uganda. We didn't have Uganda visas and Fr. Melchizedek tried to settle our border-crossing. It was stressful and I think my faith was put on test at that time. But I trusted Him and all was ok.

We were greeted by Evans'



family very well and the mothers knelt down in front of us. The family accepted us like friends and this was so important for all of us. After that they took us to look around the village and their fields. We left the village at late afternoon and met some nuns later on.

### **Patrick spoke there**

On Sunday morning we got up early and attended two Masses. The Mass was in Swahili and I didn't understand it at all. At the end of each we were invited to introduce ourselves and Evans explained to people about House of Prayer in Cookstown. After Mass everyone was invited to meet us under the tree outside the church. Patrick spoke there about work in House of Prayer. At the end of second meeting we gave all Newsletters, rosaries, Crosses and Medals to the people - all we had and we didn't have enough.

### **Patrick felt sick**

We were invited to the nuns for coffee and we had nice chat. That day was busy and we did really good work.

Well Patrick did it!

There was bad surprise next morning. Patrick felt sick and Evans took him to the hospital. Sister Aquinatta nun, we met her before, was working

there as nurse and she treated him for malaria. He got loads of tablets. I was worried about him but Evans told us it'll be ok. And next day, Evans got it as well and it wasn't enough bad things. I got diarrhoea. I was wondering how to travel with it but He sorted it out.

### **Fr. Vincent Shamala**

Next day we spent day with Evans at his other home. They were so welcoming and friendly. In evening Fr. Vincent Shamala came to meet us. He travelled four hours just to see us and he invited us to visit his parish near Kakamega forest. We made a decision to go there.

After breakfast we collected Robert and went to Bongoma to visit bishop but he wasn't there. So we drove to Kakamega

and met Fr. Shamala. He took us to beautiful place in Kakamega forest. There was retreat hotel, quiet place surrounded with the jungle. The only thing you can hear there is voice of jungle. Animals! We had lovely dinner in Fr. Shamala's house. Actually it was "candle light supper." Electricity went out. At the morning we went to Mass with Fr. Shamala. A wee boy was baptized at that day. It was happy event for me.

### **Recovering from diseases**

After breakfast we left this beautiful place and went to Nairobi. We were on the road again for ten hours. The other days we spent for rest and recovering from diseases.

### **They were so generous**

On our way home I was thinking about days we spent and about people we met. They were so generous. They don't have much but they share with us as they could. They are so humble and we can learn something from their life. I am grateful to Jesus for



## Pilgrimage to Germany, Poland and Czech Republic

### Pilgrim's Progress

#### Diary of a Pilgrimage

...Like the Way of My Sacred Heart,  
a pilgrimage is a journey;  
a journey to My Heart...

#### Full of love

As I write these few lines, we are nearing the end of this wonderful pilgrimage and we are full of love and gratitude that everything has worked out so well for all of us. We really felt the Presence of Jesus and Mary guiding, Loving and directing us all the way. Praise God for everything, the Houses of Prayer, Saint Nicholas and Saint Stanislaus; the Shrine of the Infant Jesus of Prague; Wadowice, the birthplace of John Paul II, and the Sanctuary of Divine Mercy. Prior to this trip, these were just names to me. Now they mean so much more and I have beautiful memories that will remain with me always. I never thought for one moment that it would be possible to visit them and see them for myself. I have so much to

be grateful to God for.

#### The highlight

The places that struck me most were Jasna Gora and Auschwitz. The Shrine of Our Lady of Czestochowa, where the miraculous painting of Saint Luke is kept, was the highlight of my pilgrimage. The Shrine appeared on first sight so very big and ornate, compared with other Shrines of Our Lady, and the number of pilgrims there spoke volumes. Their reverence and devotion was very impressive. The unveiling of the Icon, which takes place every morning at 6am, was very special and solemn. This

was preceded by solemn liturgy, possibly morning prayer, then the unveiling commenced slowly accompanied by the sound of trumpets and music and lasted for about five minutes. This was followed by Mass.

#### Very dear to Her

I was disappointed somewhat on seeing the Icon. Our Lady's Face had scars on it which took from the beauty on the image. But on hearing the whole story, Our Lady must have



had some reason for holding on to the scars. Only She knows. The Polish people must be very dear to Her.

#### How important love is

Our visit to Auschwitz was a huge contrast - no beauty whatever. What the poor prisoners suffered and endured is left to one's

imagination. It just doesn't bear thinking about. Perhaps Our Lady is showing Her sympathy with these families who experienced such torture.

We pray that the history of Auschwitz will be a great teaching for the Polish people, especially, and

the whole world, and that everyone will realise how important love is in our lives if we want to live in peace and harmony.

The Words of Jesus "love one another" are more important today than ever before.

Sr. Kathleen

## The Plight of Others

### The Plight of the Witch Children of Nigeria

#### Possessed by evil spirits

I watched a documentary a few days ago about children in the Niger Delta area of Nigeria, who were accused of being possessed by evil spirits. In the Niger Delta there are more churches per square mile than anywhere else in the world. But the preachers who set up these churches are self-styled evangelical types who do not belong to any particular denomination. In fact, they have no theological education, as far as I could see, and their main motive was money. To quote the Observer newspaper "Evangelical pastors are helping to create a terrible new campaign of violence against young Nigerians. Children and babies branded as evil are being abused, abandoned and even murdered while the preachers make money out of the fear of their parents and their communities."

#### Pretence

Sometimes up to a year's wages was the price for an 'exorcism.' One so called bishop boasted of having killed one hundred and ten 'witch children' under the pretence of saving their parents and neighbours from the influence of the evil spirits. Incidentally, due to the program he was later arrested because the government changed the laws to afford some protection to these children. Unsurprisingly, he changed his story and said he hadn't actually killed them but that, what he meant to say was, that he had released them from the evil spirits that held them prisoner.

#### Many homeless children

The program was focused on a young student from England who went to Nigeria to research the oil industry. However he decided, while on his first visit, to open a

school there to house the many homeless children he saw that had been displaced from their homes because of these evil preachers. He is trying his best to combat this injustice as best he can. If only there were more people like him in the world!

Here are some of the stories told by the children, and reported in the Observer newspaper on Sunday 9 December 2007.

#### Mary

"Mary Sudnad, ten, grimaces as her hair is pulled into corn rows by Agnes, eleven, but the scalp just above her forehead is bald and blistered. Mary tells her story fast, in staccato, staring fixedly at the ground.

"My youngest brother died. The pastor told my mother it was because I was a witch. Three men came to my house. I didn't know these men. My mother left the

house. Left these men. They beat me.' She pushes her fists under her chin to show how her father lay, stretched out on his stomach on the floor of their hut, watching. After the beating there was a trip to the church for 'a deliverance'.

A day later there was a walk in the bush with her mother. They picked poisonous 'asiri' berries that were made into a draught and forced down Mary's throat. If that didn't kill her, her mother warned her, then it would be a barbed-wire hanging. Finally her mother threw boiling water and caustic soda over her head and body, and her father dumped his screaming daughter in a field. Drifting in and out of consciousness, she stayed near the house for a long time before finally slinking off into the bush. Mary was seven. She says she still doesn't feel safe. She says: 'My mother doesn't love me.' And, finally, a tear streaks down her beautiful face.

#### **Gerry**

Gerry was picked out by a 'prophetess' at a prayer night and named as a witch. His mother cursed him, his father siphoned petrol from his motorbike tank and spat it over his eight-year-old face. Gerry's facial blistering is as visible as the trauma in his dull eyes. He asks every adult he sees if they will take him home to his parents: 'It's not them, it's the prophetess, I am scared of her.'

**Nwaeka, Etido and Udo**  
Nwaeka is about sixteen. She

sits by herself in the mud, her eyes rolling, scratching at her stick-thin arms. The other children are surprisingly patient with her. The wound on her head where a nail was driven in looks to be healing well. Nine-year-old Etido had nails, too, five of them across the crown of his downy head. Its hard to tell what damage has been done. Udo, now twelve, was beaten and abandoned by his mother. He nearly lost his arm after villagers, finding him foraging for food by the roadside, saw him as a witch and hacked at him with machetes.

#### **Magrose and Michael**

Magrose is seven. Her mother dug a pit in the wood and tried to bury her alive. Michael was found by a farmer clearing a ditch, starving and unable to stand on legs that had been flogged raw.

#### **Ekemini Abia**

Ekemini Abia has the look of someone in a deep state of shock. Both ankles are circled with gruesome wounds and she moves at a painful hobble. Named as a witch, her father and elders from the church tied her to a tree, the rope cutting her to the bone, and left the thirteen year old there alone for more than a week.

#### **My heart was broken**

I watched this program for about forty minutes and then I could watch no more. The last item I saw was about a boy who had acid thrown over him by his father, battery acid I think. He was then left in a ditch to die a

slow painful death. It was two weeks before he died. My heart was broken by the thought of how any parent could treat their child in this way. I thought of Jesus and how He must feel to see His children treat each other like this. As He said on Friday 18 March 1994, "Be gentle with Me in your prayers, for I lie crushed, Bleeding and broken-Hearted." And I remembered the Words He spoke through the Patricks when He said people would kill one another and think they are doing His Will.

#### **A House of Prayer**

I couldn't help thinking, if only Jesus had a House of Prayer there, in the midst of all this evil. Would His Pain not be appeased? As He said on Friday 18 March 1994. "A Cry will soon emerge from the very depths of My Heart. A Cry of great Pain and Anguish. Again I shall sweat Blood - the pain of a father whose heart has finally broken. My children are being lost day and daily because there is no one who will stand up and tell them that I am waiting for them to come."

I opened Message Book One, at random, at Message number 379, Tuesday 17 January 1995, entitled "My Tears that are cried eternally for this world." It is the Chaplet of Love! Jesus says, "Say it for yourselves and all of My children and I will hear it and be moved to grant many miracles through

it." So perhaps He is asking us to say it for the people and especially the children of the Niger Delta.

On Sunday 31st October 1993, Jesus said, "See into satan's lies at last. He is the father of lies and he can

only give you untruth. My children, see what lies ahead for you without My Love."

## **The Wisdom of John Paul II**

### **APOSTOLIC LETTER DILECTI AMICI OF POPE JOHN PAUL II TO THE YOUTH OF THE WORLD ON THE OCCASION OF INTERNATIONAL YOUTH YEAR continued**

#### **The great challenge of the future**

15. The Church looks to the young; or rather, the Church in a special way sees herself in the young—in you as a group and in each of you as individuals. This is how it has been since the beginning, since apostolic times. The words of Saint John in his First Letter offer a particular testimony of this: "I am writing to you, young people, because you have overcome the evil one. I write to you, children, because you know the Father... I write to you, young people, because you are strong, and the word of God abides in you". The words of the Apostle can be linked with Christ's conversation with the young man in the Gospel, and they re-echo loud and clear from generation to generation. In our own generation, at the close of the second

millennium after Christ, the Church continues to see herself in the young. And how does the Church see herself? Let the teaching of the Second Vatican Council be a particular testimony of this. The Church sees herself as a sacrament, or sign and means of intimate union with God, and of the unity of all mankind". And so she sees herself in relationship to the whole great human family which is in constant growth. She sees herself in worldwide dimensions. She sees herself on the paths of ecumenism, on the paths towards the unity of all Christians, for which Christ himself prayed and which is of unquestionable urgency in our time. She also sees herself in dialogue with the followers of the non-Christian religions, and with all people of good will. This dialogue is a dialogue of salvation, which should also serve the cause of peace in the world and justice among people.

You young people are the hope of the Church that sees herself and her mission in the world precisely in this way. She speaks to you about this mission. An expression of this was the Message of 1 January

1985, for the celebration of the World Day of Peace. That Message was addressed to you, on the basis of the belief that "the path of peace is at the same time the path of the young" (Peace and youth go forward together). This belief is an appeal and at the same time a commitment: once again it is a question of being always "prepared to make a defence to any one who calls you to account for the hope that is in you" the hope that is linked with you. As you can see, this hope concerns fundamental and at the same time universal matters.

All of you live every day among those dear to you. But this circle gradually expands. An ever increasing number of people come to share in your life, and you yourselves discern the outlines of a communion that unites you with them. This is almost always a community that in some way is made up of different elements. It is differentiated in the way that the Second Vatican Council perceived and declared in its Dogmatic Constitution on the Church and in the Pastoral Constitution on the Church in the Modern World. In some cases your

young years are being lived in environments that are uniform from the point of view of religious confession, in others where there are differences of religion, or even on the border-line between faith and unbelief, the latter being in the form either of agnosticism or of atheism in its various expressions.

It seems nevertheless that when faced by certain questions these many different communities of young people feel, think and react in a very similar way. For example, it seems that they are all united by a common attitude towards the fact that hundreds of thousands of people are living in extreme poverty and are even dying of hunger, while at the same time vast sums are being spent on the production of nuclear weapons, the stocks of which at this very moment are capable of bringing about humanity's self-destruction. There are other similar tensions and threats, on a scale never before known in the history of humanity. This is dealt with in the already mentioned Message for the New Year, so I will not go into the problems again here. We are all aware that the horizon of the lives of the billions of people who make up the human family at the close of the second millennium after Christ seems to portend the possibility of calamities and catastrophes on a truly apocalyptic scale.

In this situation you young people can rightly ask the preceding generations: How have we come to this point?

Why have we reached such a degree of peril for humanity all over the world? What are the causes of the injustice that affronts our eyes? Why are so many dying of hunger? Why so many millions of refugees at the different borders? Why so many cases in which fundamental human rights are trampled on? So many prisons and concentration camps, so much systematic violence and the murder of innocent people, so much abuse of men and women, so much torture and torment inflicted on human bodies and human consciences? And in the midst of all this there is also the fact of young men who have on their consciences so many innocent victims, because it has been instilled into them that only in this way—through organized terrorism—can the world be made a better place. So again you ask: Why?

You young people can ask all these questions, indeed you must! For this is the world you are living in today, and in which you will have to live tomorrow, when the older generation has passed on. So you rightly ask: Why does humanity's great progress in science and technology—which cannot be compared with any preceding period of history—why does man's progress in mastering the material world turn against human humanity itself in so many ways? So you rightly ask, though also with a sense of inner foreboding: Is this state of affairs irreversible? Can it be changed? Shall we succeed in changing it?

You rightly ask this. Yes, this is the fundamental question facing your generation.

This is how your conversation with Christ goes on, the conversation begun one day in the Gospel. That young man asked: "What must I do to have eternal life?". And you put the same question in the style of the times in which it is your turn to be young: "What must we do to ensure that life—the flourishing life of the human family—will not be turned into the graveyard of nuclear death? What must we do to avoid being dominated by the sin of universal injustice? The sin of holding people in contempt and scorning their dignity, notwithstanding so many declarations confirming all human rights? What must we do? And also: Will we be able to do it.?"

Christ answers as he answered the young people of the first generation of the Church through the words of the Apostle: "I am writing to you, young people, because you have overcome the evil one. I write to you, children, because you know the Father... I write to you, young people, because you are strong, and the word of God abides in you". The words of the Apostle, going back almost two thousand years, are also an answer for today. They use the simple and strong language of faith that bears within itself victory over the evil in the world: "And this is the victory that overcomes the world, our faith". These words have the strength of the experience of

the Cross and Resurrection of Christ, the experience of the Apostles and of the generations of Christians that followed them. In this experience the whole of the Gospel is confirmed. These words also confirm the truth contained in Christ's conversation with the young man.

As we approach the end of this Letter, let us therefore pause for a moment to consider these words of the Apostle, which are both a confirmation and a challenge for you. They are also an answer.

In you, in your young hearts, there is a strong desire for genuine brotherhood between all people, without divisions, conflicts or discrimination. Yes! You young people are bearers of the yearning for brotherhood and widespread solidarity—and certainly you do not want conflict between human beings, one against the other, in any form. Does not this yearning for brotherhood (each one is neighbor to the other! all are brothers and sisters of one another!) witness to the fact that, as the Apostle writes, "you have known the Father"? Because there can only be brothers and sisters where there is a father. And only where the Father is are people brothers and sisters. So if you cherish a desire for brotherhood, this means that "the word of God abides in you". There abides in you that teaching which Christ brought, and which is rightly called the "Good News". And on your lips, or at least

in the depths of your hearts, there abides the prayer of the Lord which begins with the words "Our Father". The prayer which reveals the Father and at the same time confirms that people are brothers and sisters of one another—and whose whole essence is contrary to all programmes based on the principle of conflict between human beings in any form. The "Our Father" leads human hearts away from enmity, hatred, violence, terrorism, discrimination—from the situations in which human dignity and human rights are trampled upon.

The Apostle writes that you young people are strong in the strength of divine doctrine: the doctrine contained in Christ's Gospel and summed up in the "Our Father". Yes! You are strong in this divine teaching, you are strong in this prayer. You are strong because it instills into you love, good will, respect for people, for their life, their dignity, their conscience, their beliefs and their rights. If "you know the Father", you are strong with the power of human brotherhood.

You are also strong for the struggle: not for the struggle of one against another in the name of some ideology or practice separated from the very roots of the Gospel, but strong for the struggle against evil, against the real evil: against everything that offends God, against every injustice and exploitation, against every falsehood and deceit, against everything that insults and humiliates, against

everything that profanes human society and human relationships, against every crime against life: against every sin.

The Apostle writes: "You have overcome the evil one"! And so it is. It is necessary to keep going back to the origin of evil and of sin in the history of mankind and the universe, just as Christ went back to these same roots in the Paschal Mystery of his Cross and Resurrection. There is no need to be afraid to call the first agent of evil by his name: the Evil One. The strategy which he used and continues to use is that of not revealing himself, so that the evil implanted by him from the beginning may receive its development from man himself, from systems and from relationships between individuals, from classes and nations—so as also to become ever more a "structural" sin, ever less identifiable as "personal" sin. In other words, so that man may feel in a certain sense "freed" from sin but at the same time be ever more deeply immersed in it.

The Apostle says: "Young people, you are strong": all that is needed is that "the word of God abide in you". Then you are strong: thus you will succeed in getting at the hidden workings of evil, its sources, and thus you will gradually succeed in changing the world, transforming it, making it more human, more fraternal—and at the same time more of God. For it is impossible to detach the world from God or set

it up in opposition to God in the human heart. Nor is it possible to detach man from God and set him up in opposition to God. For this

would be against the nature of man —against the intrinsic truth that constitutes the whole of reality! Truly the human heart is restless until

it rests in God. These words of the great Augustine never lose their validity.

*Final part next month*

## The Holy Scriptures

### 1 Peter 4:12-19

12 Dearly beloved, think not strange the burning heat which is to try you, as if some new thing happened to you;

13 But if you partake of the sufferings of Christ, rejoice that when His Glory shall be revealed, you may also be glad with exceeding joy.

**We don't enjoy suffering and we don't offer it to God for His Glory. We are more inclined to blame God for allowing this suffering to happen. Why should we be surprised at pain when we are trying to follow in our Master's Footsteps?**

14 If you be reproached for the Name of Christ, you shall be blessed: for that which is of the honour, Glory and power of God, and that which is His Spirit, resteth upon you.

**Insults are things we don't accept. We will retort with another insult. We have become an unchristian society, hurting others because they hurt us or,**

even worse, hurting others before they get a chance to hurt us. It would never enter our selfish natures that this is a Grace to allow Jesus to Live.

15 But let none of you suffer as a murderer, or a thief, or a railer, or a coveter of other men's things.

16 But if as a Christian, let him not be ashamed but let him glorify God in that Name.

**We don't suffer as a Christian, we are only believers when it suits, when we are sure no one is going to laugh or call us names or when we feel it is safe to say the Name Jesus without fear of embarrassment or shame.**

17 For the time is, that judgment should begin at the House of God. And if first at us, what shall be the end of them that believe not the Gospel of God?

**We so easily forget that we are going to meet God Face to face. What will**

our outcome be? Will it be 'Come in to My Father's Kingdom' or 'Depart from Me into eternal flames.'

18 And if the just man shall scarcely be saved, where shall the ungodly and the sinner appear?

**Just because we say we are followers of God it doesn't make us followers or give us a free pass into Heaven. We need not think it's an easy path and we won't be getting our hands dirty. While on earth, Jesus told us the way to our Father's Kingdom by both prayer and works.**

19 Wherefore let them also that suffer according to the Will of God, commend their souls in good deeds to the faithful Creator.

**If we follow our own selfish desires for wealth and pleasure then we will be lost. We need to follow Jesus and put Him first before any selfish desires we think we may need.**

**WE USE THE LETTERS YOU WRITE IN THE POSTBAG AND NORMALLY JUST USE THE FIRST NAME OF THE WRITER AS THE ONLY PIECE OF PERSONAL INFORMATION. IF YOU HAVE ANY OBJECTIONS TO US USING YOUR LETTER IN THE NEWSLETTER, PLEASE LET US KNOW.**



# P O S T B A G



## Sacred Heart



### Holy Oil

Dear friends, would you please send me some Holy Oil for myself and for all my sick residents at the house which I work at. I have had your Holy Oil before I have applied it to some skin growths and they just dried and fell off. I also put it on a nasty opening of the skin which had a black growth on the inside. When I looked again at it, the whole thing shrank to almost nothing and the nasty black thing had disappeared! I thank God for all these Graces which He gives us through His Gift of the Holy Oil. Thank you for making this possible. Please send me seven little tubs if you can. Thanking you again.

God Bless, Christina.

### Encouraged by your Newsletters

Dear Patricks and servants, I am so grateful for the Newsletters which I have received faithfully every month and looked forward to it coming. The Messages of Love are very urgent and challenging. I live alone in a remote little corner and even the small little things can be a challenge at times but don't I need that! It is Jesus always

calling for a continual dying to myself even though I give a deaf ear to His Invitations at times, encouraged by your Newsletters, the effort will continue.

Reading about your work and your long journeys to the different Houses, I am amazed at how Jesus is working through and with you and you in Jesus, all of you. I rejoice with you and praise God. I accompany you in my prayers and ask you to please remember me at the Feet of Jesus in the Eucharist.

Thanking you sincerely, in Jesus and Mary, gratefully yours, Sr Bridie.

### Thank you

Dear Patricks and all servants of the House of Prayer, my neighbour continues to surprise her eye specialist since the "treatment" (a prayer to Jesus and anointing with the Blessed Oil). Thank you all again for distributing this Oil and, of course, the Messages. I enclose raffle ticket stubs and ... a small donation towards postage and printing of the Messages. ...With love and prayers, Paddy.

PS: Our little Message Group continues weekly!...

### Warms my heart

Dear Patricks and friends, Thank you so much for the book of Messages and information sent to me each month - it warms my heart and lifts my spirit.

God Bless all of you. Yours sincerely, Monica.

### Kind and Understanding

I am enclosing this wee donation and hope it helps in some small way, I rang you on old year's night, I can't remember the name of who I spoke to but the voice was kind and understanding. I asked for a prayer for myself as I haven't been well for about three weeks now but I won't go into all the details, I will know on Monday or Tuesday the outcome of the blood tests the doctor took, I just got a bit afraid and felt led to phone you. I know I didn't have to because I do know you will keep me and my family in your prayer, as I do pray for you all at the House of Prayer, I pray that the Lord will Bless you all and prosper you at the House of Prayer, you are so dedicated to Him and that's wonderful. Edna.

# The Lord's Light Within

Lord, we reflect with thankful hearts  
On the wonder of Your Birth  
The Love You expressed when You left  
Your Glory to come to earth

For Your Life was like a beacon, Lord  
Shining brightly in the night  
Filling the world with the radiance of  
The Father's glorious Light

And we, too, long to have inside  
Your Light for others to see  
The beautiful reflection of Your Grace  
And the wonder of Your Majesty

For as Your Life indwells our hearts  
We can shine wherever we are  
And arise to take hold of each new day  
With Your Light ablaze in our hearts

So rekindle the flame within us, Lord  
So it will not flicker nor dim  
Ignite us with the Light of Your Love  
So You will shine brightly within

