



*J give  
this  
Chaplet  
of Life...*

Monday  
12 January 2026

# An Invitation to Love Jesus Newsletter Messages of Love January 2026 Issue 356

## Editorial

### The Messages

Many of the Messages this month are about a new prayer that God the Father has given us through His Son, Jesus, 'The Chaplet of Life'. He said the Chaplet is given "*...to overcome the darkness...*" and "*...It will become responsible for the conversion of millions, My children, because of your love for Me in the saying of it....*"

*"...This Chaplet of Life is a weapon that shall send great shards of My Light into this world..."*

We have included a copy of the Chaplet of Life with this Newsletter. As you can see it is available in two sizes. If you wish to order more and help to spread the Chaplet, please do so and state which size you wish us to send you, the smaller copy or the larger one.

We are asking for 10 pence per copy or £8 per 100. We are charging so as to help with the printing costs and we appreciate any help you can give with the spreading of this very powerful Chaplet.

### Very excited

We are all very excited about this prayer and it is great to help God the Father, through Jesus, and the Holy Spirit, pierce through the darkness of this world, by our

love in the saying of it.

We have included the Chaplet of Life in our community prayers at 12noon and at 3pm.

Please try to join us by watching on Youtube - @prayersfromSHHOP Or on Facebook - @ Prayers From The Sacred Heart House of Prayer

### The Articles

Two of the articles this month are about our recently celebrated Weekend of Love. It was a great Weekend and you can read more about it inside.



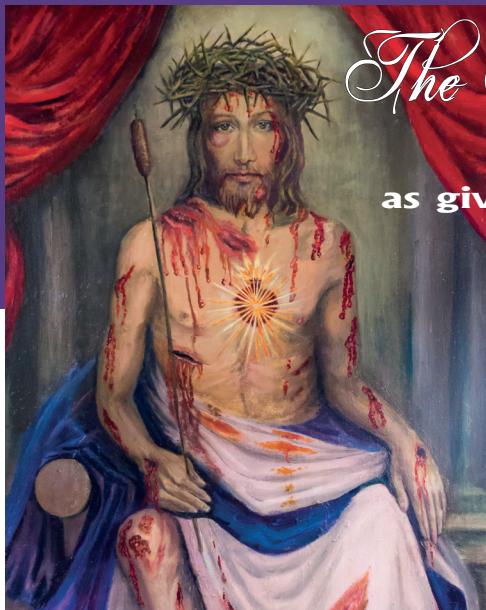
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# *The Messages of Love*

## **as given to the two Patricks**

### **Thursday 1 January 2026**

Have faith in Me, your God, as I begin to change what the lies of mankind have done to My Creation. I will now give Freedom to this earth and it shall show the Truth that your scientists refuse to see or recognise. They laugh at the thought of spiritual beings. Their laughter will cease as all that they thought they knew unravels before their eyes.

I tell you the Truth, children, very little is known about My Creation. I am about to show this generation how blind they have been by rejecting Me, the only One who could have taught them, the Truth.

Prepare, children, it has begun. The Justice of your God now walks this earth.

Prepare.

I Love you.

### **Saturday 3 January 2026**

#### **Feast of the Holy Name of Jesus**

My children, realise that I am with you. Realise that I answer all prayer and can see all the actions of mankind. I can see the lies of the deceivers. You, My children, are like My people Israel who were enslaved for many centuries.

You, too, in this time, are controlled by those who have lost sight of their God. They can only see the desires of self and have become the puppets of lucifer. In the same way I released My people Israel, so, shall I release you, My remnant, from the slavers of these days. None will be left.

The Fires of My Justice will consume all those who have given themselves over to evil and who refuse to repent.

Trust Me, children, the Days of Freedom are fast approaching.

Make ready.

I Love you.

### **Sunday 4 January 2026**

My children, I am with you always. I will not desert you. Have faith in Me, My children. Show Me your faith by your dying to self.

Trust Me.

I Love you.

### **Monday 5 January 2026**

My children, help My Houses of Prayer with your love and your prayers. This is now their time and I am about to reveal them to this world. They are the havens of My Word. I have built them so that My Words remain safe and untainted from the lies of this generation, who try to distort My Truth into a lie.

Trust Me and help My Houses of Prayer. The more sacrifice and prayer you offer for them, the stronger they become. Trust Me, children, and make ready.

All is changing.  
I Love you.

### **Tuesday 6 January 2026**

Have faith in Me, your God. Throw away the lies that this world has taught about Me. Today dawns a new day on this earth, faith has returned and the Power of your God has been given freedom in the hearts of a few.

Trust Me, the Battle of Love begins in earnest. This world will see the Light of their God. Prepare, prepare, My beloved children.

I Love you.

### **Wednesday 7 January 2026**

My children, have faith in Me, your God. Let Me show this world the Truth through your faith in Me. The more you die to self, the more your eyes will open and the easier you will find it to follow the Way of Truth.

Trust in Me, children. The changes have begun and this

world is about to realise that I am not a dead God.  
Prepare.  
I Love you.

### **Thursday 8 January 2026**

My children, believe in My call to you to follow Me in Truth. Do not allow any of the distortions to My Truth be a part of your belief in Me. Seek out the Truth and ignore the false teachers who distort My Truth with their human desires. I am the Truth. To follow Me, you too must be willing to accept My Truth no matter how hard it goes against the desires of self.  
Trust Me, children, and come walk with Me.  
I Love you.

### **Friday 9 January 2026**

Have faith in Me, your God, My children. Read My Words of Truth and see the time that you now live in. I have not told you lies thus far. Look at My Church, look how its leaders have deserted Me. Have I not Warned you of this through My Mother and My servants of old? Make ready, children of Mine, the Power of your God now descends upon this earth. Now, many things will change, no longer will this generation be given freedom to tread My Truth underfoot.  
Make ready, children of Mine, and see the Power of your God in these Words come to life.  
I am with you, My people.  
I Love you.

### **Saturday 10 January 2026**

My children, believe in My Truth and do not let yourselves be taken in by the false teachings of this time. I am the Truth and My Teachings never change. The Truth cannot bend for, then, it is no longer the Truth.

See the Truth of what I say and, if you want to be a follower of Mine then you must accept all My Laws, My Teachings. You cannot pick and choose. You either follow Me or you do not. It is black and white; there is no grey area.

Remember, clean water and dirty water cannot flow from the same pipe and so it is with My Teachings; sin is sin. Giving in to an act or thought of homosexuality is a sin, the act of abortion or agreeing with it in your thoughts is a sin, adultery or agreeing with it within your thoughts is a sin, living together in fornication or agreeing with it in your thoughts is a sin and so on, My children. This is why I said the world first hated Me and will hate you if you follow Me in Truth.

These sins that I have mentioned in these Words, are now not counted as sin by many within My Church. Many of those who call themselves My cardinals, bishops and priests teach My children that these sins are no longer sins. They are the false teachers that walk the road to hell and are taking many with them.

See the Truth, children, you either follow Me or you do not. Truth is Truth for I am the Truth. Prepare.

I Love you.

### **Sunday 11 January 2026**

Have faith in Me, My children, and feel the change. Be at Peace and you will feel Me, your God, as the 'time of breaking' approaches. Prepare, I shall break a seal and all will see but few will know or understand what they see. Prepare, My children, it has begun. The Justice of your God begins to pour into this world. The days of lies are coming to an end. Trust Me and make ready. I Love you.

### **Monday 12 January 2026**

My children, realise that many of the Words I have spoken are being fulfilled as I speak. You are now in the Time of Justice when I will reclaim that which has been stolen, through lies. Do not be like My people, Israel, who waited for the Messiah but rejected Me. Even now, they still wait on the One who was in their midst.

Wake up, children. Look around you and see the Truth of the time you now live in and be ready for, I will take this world like a storm. I will show the peoples of this earth that I am not a dead God.

Prepare, children.

I Love you.

### **Monday 12 January 2026**

I give this Chaplet of Life so that the Word of your God be glorified through the Passion, Death and Resurrection of My Son, Jesus, who is My Voice. Say this prayer for Me, My children. Say it for

your brothers, sisters, your priests, bishops, cardinals and the Pope: say it for all.

Say it on your knees and beg Me for the Grace that I will give you through this prayer. It will become responsible for the conversion of millions, My children, because of your love for Me in the saying of it.

Say it from your heart. Say it in the hours of daylight, say it in the hours of darkness, say it with your love for Me. Feel the Passion of My Son as I pour My Grace into you through this prayer.

I give you this through My two whom I have chosen to walk this Path of My Love. They are the protectors of My Word and My Word shall shine out into this world through what I have given through these My Prophets. They are nothing in the sight of men but they are My Love. They have given themselves over so that I could give these precious Words to this generation and the generations to come.

Prepare yourselves, children, the Power of your God grows upon this earth.

I Love you.

### **The Chaplet of Life**

*To be said on Rosary Beads*

*Kiss the Cross, bless yourself and say three times:*

Eternal Father of Love, guide us through Your Son, Jesus.

#### **First Large Bead**

Oh Most Holy Trinity, guide us and Teach us so that our daily actions may shine Your Light into

this world.

#### **Three Small Beads**

*(First small bead) Father of All, Bless us with Your Love.*

*(Second small bead) Jesus, strengthen us with Your Love.*

*(Third small bead) Spirit of God, guide us with Your Love.*

#### *On the Second Large Bead*

Father, we love You through the Passion of Your Son, Jesus, who Died for the Forgiveness of our sins.

#### **On the Medal or the First Large Bead** *(Repeat before each decade)*

Heavenly Father, guide us upon the Path of Truth that Your Son, Jesus, Died for.

We acknowledge that Jesus, Your Son, paid the Price for our sins on the Cross of His Love.

We acknowledge that the Forgiveness of sins was born through His Actions on the day that He Died for us on Calvary.

Father, we ask that You pour out, in these days, Your Grace on all those who cannot see the Truth of what Your Son, Jesus, did for us.

We offer this prayer to You through the great and Eternal Sacrifice of the Mass that was born through Your Son's Passion, Death and Resurrection.

#### **On the Ten Small Beads**

Father, we ask that through the Power of Your Holy Spirit, You pour Your Love out upon all of us, that we may truly come to know Your Son, Jesus.

We pray that all our brothers and sisters come to see what Your Son, Jesus, did for us through His Life, Death and Resurrection.

### **Large Bead (Repeat after each decade)**

Father, we ask that You pour Your Strength out upon all poor sinners that we may have the chance to repent of our sin and gain Eternal Life with You in the Kingdom of Heaven.

### **Finishing Prayer (on the Medal or Last Large Bead)**

Father of All, guide us, through the Power of Your Spirit, to always remain faithful to Your Truth that Jesus laid down His Life for.

Be with us, Almighty and Eternal Father, in our daily life so that, at the hour of our death, we may be with You in the Kingdom of Heaven.

We ask this prayer through Your Son, Jesus, our God, our Brother and our Friend.

### **On the Cross**

Jesus, I trust in You.

May my love for You be seen in my daily actions so that Our Father is glorified through my love of You. Amen.

### **Tuesday 13 January 2026**

Children of the Light, I call you even closer to Me as these 'Days of Justice' progress. I need you, My children, ready to help those that will come seeking My Love. You must prepare so that I, your God, can call upon your help in the days to come.

Make ready, children. Spend time with Me in prayer and fight to remove the sin from your lives, then you will see and you will be able to help those that I send to you.

Prepare, children of the Light, prepare.

I Love you.

### **Wednesday 14 January 2026**

Begin the battle, My children. I give you a Gift, a Prayer, to overcome the darkness that has been released by the greed of mankind. This Chaplet of Life is a weapon that shall send great shards of My Light into this world as you profess your faith in Me, your God, through its Words and your love of Me.

Trust Me, children, many, many miracles of life shall be granted through those who say it with true love for Me, their God. Trust Me, children. I have told you that 'the days of lies' are coming to an end. This is the beginning of My Light being given freedom to destroy the darkness of this time.

Feel My Excitement as I give you the 'Battle Cry' of Me, your God. Begin this Prayer and you will see the Love of your God work through your love of Me.

Rejoice, children, the Love of your God is now being given freedom, through you, My people.

Rejoice.

I Love you.

### **Wednesday 14 January 2026**

My children, I call you to a deeper understanding of Me. The more you die to sin and self, the more knowledge of Myself I can impart to you. The more you know of Me, the more you can love Me.

This is why I give this Chaplet in this time, to give you more

knowledge of Me. Its content is simple; its context is pure. Say it with meditation in your heart for, this way, it will bring you closer to Me. In it, I call for you to see and acknowledge the Truth of what I tell you as I told you from the beginning:

23 But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him.

24 God is Spirit, and those who worship Him must worship in spirit and truth."

*John 4:23-24*

Indeed, I seek those who seek Me, those who seek the Truth in their hearts, those who truly love Me:

23 Jesus answered and said to him, "If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our home with him.

24 He who does not love Me does not keep My words; and the word which you hear is not Mine but the Father's who sent Me.

*John 14:23-24*

I seek those who are pure in heart, those who pray and simply do My Work of Love, with no thought of the world. There is much sin and selfish ways to be given up. If you hear the Words I speak in this prayer, you will hear Truth.

I Love you.

### **Friday 16 January 2026**

My children, feel the change as My Battle Cry (*Chaplet of Life*) goes out into this world. As each

day passes, more and more Graces will be cast out over this world as more and more join their love to the Battle. More and more of My children wake from the slumber that has been cast over them by the lies of lucifer.

This is a prayer that has been created by My Son's Life, Death and Resurrection. When you say it, you offer it to Me, through each Sacrifice of the Mass that you have attended in your life. It is offered to Me through the love you have for My Son, Jesus, and what He has done for all mankind.

Trust Me, My children. Each time you say this prayer, the Father of All casts a great net of His Love out over this world, which is corroding the darkness that has been created by the unrepented sin of mankind.

Watch, children, already, Our Father has cast many nets of Love over this world through what you have given to Him. Already, many changes are happening. Children, prepare, the Battle of Love has begun.

I Love you.

### **Friday 16 January 2026**

Children, do not allow yourselves to become engrossed by the lies of this world. I have given you many weapons. My Mother has given you the Rosary which is the meditation on My Life. There are many forms of prayer, My children, that have been given to you as weapons to overcome the darkness. Use them, find the one that calls to you, My children, and

there you shall find Peace to be with Me, your God.  
I Love you.

### **Saturday 17 January 2026 Weekend of Love**

It is many years of your time since I established this Day in My House. It is a Day of Renewal in Me. These are Days to reflect on your love of Me, your Journey with Me.

Is it Me you really follow, My children, or is it of what I can give you in My precious Gifts?

If I give you a Gift, you must use it for Me and only Me, not for self gain. If you use it only for self gain then these Words of Mine will surely apply to you:

21 “Not everyone who says to Me, Lord, Lord,’ shall enter the kingdom of heaven, but he who does the will of My Father in heaven.

22 Many will say to Me in that day, ‘Lord, Lord, have we not prophesied in Your name, cast out demons in Your name, and done many wonders in Your name?’

23 And then I will declare to them, ‘I never knew you; depart from Me, you who practice lawlessness!’

*Matthew 7:21-23*

I tell you, again, you cannot serve the world and Me. Many of you do this and the world has blinded you to the seriousness of My Words, valid in My time on earth and equally valid in your time.

This is why I call, always, to die to self, to die to the things that blind you. If you look out your window and see a wall which spoils the

view of verdant and beautiful mountains, you must knock that wall down in order to see. You can pretend but, as long as that wall is in place, you will not see the truth or the beauty of the mountains.

I give you many beautiful things on your Journey with Me but you cannot see them. You cannot see them because you do not try to see them. You prefer to look at the wall and see nothing. But, with a little effort to see past the self, the wall, you will then begin to see the Truth of what I say.

Take the words; “There are none so blind as those who WILL not see.” If you WILL NOT see the Truth of My Ways, if you refuse to see, you will continue to see only your own ways and the ways of self will become your truth and you will never see My Truth. That is why I will rightly say to those who remain blind, even though they have their eyes opened by My Words,

23 And then I will declare to them, ‘I never knew you; depart from Me, you who practice lawlessness!’

*Matthew 7:23*

I must tell you these things because, if listened to, they will prepare you for what is to come.

Consider these Words:

24 Another parable He put forth to them, saying: “The kingdom of heaven is like a man who sowed good seed in his field;

25 but while men slept, his enemy came and sowed tares among the wheat and went his way.

26 But when the grain had sprouted

and produced a crop, then the tares also appeared.

27 So the servants of the owner came and said to him, 'Sir, did you not sow good seed in your field? How then does it have tares?'

28 He said to them, 'An enemy has done this.' The servants said to him, 'Do you want us then to go and gather them up?'

29 But he said, 'No, lest while you gather up the tares you also uproot the wheat with them.'

30 Let both grow together until the harvest, and at the time of harvest I will say to the reapers, "First gather together the tares and bind them in bundles to burn them, but gather the wheat into my barn."

*Matthew 13:24-30*

All these things will be left until Judgement Day. The bad will be left with the good but, on Judgement Day, the tare will be removed. That is why I ask you to reflect on your lives on these Days of Love and ever after so that you can prepare for what is to come.

I have called you many times to die to self, to die to the sin in your lives so that you might see who I Am and who I call you to be.

I say it again: die to the sin and self in you for one feeds the other.

### **Saturday 17 January 2026**

#### **Weekend of Love**

Children, come listen to My Words of Truth. Take up your Weapons of Love and defeat the darkness by battling against self. Self is your enemy, overcome it and you will truly become a warrior of Love.

I Love you.

### **Sunday 18 January 2026**

#### **Weekend of Love**

Watch, My children, see the Truth of My Words as Our Father changes everything. The darkness that this world loves is sin. The darkness is sin which cannot stand in the Light of Truth.

Look and see, the change has begun. Watch and see as many wake from the slumber that lucifer has placed over this world that has stopped My people from looking at, or, for My Truth. lucifer's time is up, children. he has sifted My people but he has lied. he has blinded the peoples of this earth through lies that he was not allowed to use. He has forced My people onto paths that have forced so many away from Me through lies.

Now, the lies are eroding through the Love of Our Father who is using your little love, bound with His Love, to destroy what lucifer has built. Rejoice, children, your Freedom to see has returned.

Pray, children, that more and more are released from the chains that lucifer has bound them in, through their listening to his lies.

Trust, children. All those who wish to be free will have a chance to return; none shall be lost who do not wish to be.

Pray, children.  
I Love you.

### **Sunday 18 January 2026**

#### **Weekend of Love**

My children, trust in Me, your

God. Know your Freedom has begun and soon will be seen as I erode the lies that have held you in bondage.

Pray, children, for strength and see the scales fall from your eyes as you overcome the sin in your life.

Trust Me, children, rejoice.  
I Love you.

### **Tuesday 20 January 2026**

My children, trust Me. Believe in the Words I speak and see the Truth as I begin to shed My Light into this world through the love of My remnant. I will turn the tide of battle and many will wake from their slumber that the lies of lucifer have placed them in.

I have told you to prepare for the changes; now they have begun; make haste children. Gather many of My children in, through your prayer, your sacrifice of dying to self. Trust Me, your prayers and your sacrifice are but little sparks of dust but when you offer them to Our Father, through Me, then they become like mighty fireballs that cut great swathes of the darkness away.

Believe. Offer much prayer to Me, fuelled by the sacrifice of your love, and you will see the results of your prayers.

Trust Me, children.  
I Love you.

### **Tuesday 20 January 2026**

My children, have faith in Me, your God. Know, children, I hear all your prayer. I do not turn My Back on anyone who turns to Me.

My children, I Love you and now you will see the power of your prayer come into being as I return the Truth to this world.

Already, the lies that have been spread about Me are losing their foothold as My people wake from the slumber that they were snared in. Believe, children. Watch and see as Life returns to My people. Trust Me.  
I Love you.

### **Thursday 22 January 2026**

My children, I Love you. I call you to spend time with Me. Allow Me to guide you on a Path of prayer, which is your communication with Me, your God. Have faith in what I have said for, as I have told you, change is at work. The Truth will be seen.

Trust Me, do the things I have told you.

Self is your enemy.  
I Love you.

### **Friday 23 January 2026**

My children, have faith in Me. Watch as this world wakes from the lie that has been cast through the lies of lucifer. See, I Free you, My children, so that you can follow Me in Truth, if you are willing. Trust Me, children, all My Words will come to pass.

I Love you.

### **Saturday 24 January 2026**

My children, look at these Words with joy as I bring Freedom to you, My people. I call you to say My Chaplet of Life, children. You will see its effects as it dissolves

the lies of lucifer. All will begin to see the Truth; this world will no longer be able to hide the Truth from My people.

Pray that all will be given Freedom.

Say it to Free all that you know and see.

Say it for the blind who do not want to know Me.

Say it for those who have no one to pray for them.

Say it for those who are in danger of losing their eternal lives to the fires of hell.

Say it for all those in religious life, that their vision be clear, so that they can walk the Path of Truth. Feel, children. You will feel the Power of your God in this prayer that has been given by Our Heavenly Father, the Father of All Creation. This is the Prayer of Life that will bring Freedom to My people.

Rejoice and feel the Power of your God as Life flows back into this world, as you allow Me to give your prayer life through Our Love. Trust Me and know your God is with you.

I Love you.

### **Sunday 25 January 2026**

My children, stay close to Me as My Truth begins to open the eyes of the blind. Be in Truth for many in this world will allow anger to consume them as they see what the rich and the powerful have done in the name of truth. All the lies will be seen.

You, My children, must become the peacemakers that will call My

Flock away from the anger and back to prayer. Trust Me, children, I will guide you if you stay close to Me. Look always to My Truth and you will remain safe. Be My Battle Cry, destroy the darkness, with your love of Me, your God. Love is your weapon, Love is your shield, Love overcomes all darkness. I am Love. Trust Me and prepare. I Love you.

### **Monday 26 January 2026**

My children, see the Truth of My Words as My Truth pours back into this world. Look and see, My Words are being fulfilled as the peoples awaken from their blindness and Truth, once again, begins to be seen.

Be aware, children, not all will use My Truth for Love. Many on this earth have allowed the darkness to fill them so much that they will refuse to repent of their evil ways. You, My children, must stand strong for all will come to pass as I have said. My people will have a voice once again.

Rejoice, children, offer many prayers for those in need and I will free all who are willing to repent and turn back to the Ways of Love.

Believe, children, it has begun. I Love you.

### **Tuesday 27 January 2026**

My children, have faith in My Words and do not allow self to dismiss what I am saying. Look around you, you are in danger of losing your eternal lives to the sin of this world. Trust Me and stay

close to Me.

Sin is darkness and the darkness is encroaching on all parts of My people's lives as this time passes. Trust Me and fight against the desires of self and you will overcome the darkness that this world throws at you.

I am the Truth. If you try to live the Truth you will overcome and you will be kept safe.

Trust Me.

I Love you.

### **Wednesday 28 January 2026**

My children, the Power of your God begins to flow through the nations of this world. The Power of your Heavenly Father begins to flow out through the love of you, My remnant. I feel your calls of love and I answer all who call to Me in Truth.

I will dissolve all the lies that have seeped into My Church. I will dissolve all the lies that have seeped into the nations of this world.

The darkness will be destroyed by the Power of your Gods Love for His remnant. I will cast down all those who refuse to repent. Their evil shall be wiped clean and My Creation shall shine once again, with the Light of Love.

Be prepared, children. The Power of your God is now at work. I bring Justice to My people. I will look after My own. Those who refuse to repent shall be cast into the pit for they have chosen, in free will, to follow the father of lies.

Prepare, My children, prepare.  
I Love you.

### **Thursday 29 January 2026**

My children, feel the change as the Love of Our Father penetrates the darkness of this world. See the Truth, children, for now, the Justice of your God walks the streets of your cities, towns, villages and through your countryside. All evil will be removed and this earth will be renewed through the Power of Our Father.

See the Truth, children. Now, you will see My children begin to seek out the Words I have spoken through My Scriptures, My Prophets, Visionaries and Seers. They will come seeking the Truth that I have placed within My Houses of Prayer.

It has begun, children. The trickle will become a stream, the stream will become a river, the river will become a raging torrent; the Power of Our Father cannot be stopped.

Prepare, children, I, your God, Love you.

### **Friday 30 January 2026**

My children, it is your God who speaks, it is I, Jesus, Son of the Father who calls to you through these Words of Life. Come to Me and let Me guide you through the trials of life so that you can gain Eternal Life with Me, in the Kingdom of Our Father in Heaven.

Trust Me, children, and walk the Path of Truth that I have taught you from the beginning. I am the Word and I do not change. Read My Gospels and see the Truth that I speak of.

Trust Me.  
I Love you.

### **Saturday 31 January 2026**

Come, children, see what I say. I have told you change is upon you, are you ready? Look at the Truth and see what I say. The spark of Truth has ignited and will begin to spread rapidly as My Grace flows into this world.

Prepare, children, do not be caught out by denial; the blindness of self is real.

Prepare.  
I Love you.

### **Saturday 31 January 2026**

Children, see the Truth of My Words, as I begin to reclaim My Flock. I will call all to Me, that are willing to listen. I will break the chains of blindness and, all that are willing to see, will walk free. My Flock will, once again, rejoice in their God.

I will show this world the Truth as My servants (cardinals, bishops, priests), once again, begin to allow

Me to use them as My Hands, My Feet and My Lips. I will announce My Truth to this world, through action.

No longer will I stand back; the sifting has ended. Many have fallen but, My remnant, begin to shine for you have been strengthened through this time of persecution. Now, My remnant, help Me gather My lost sheep through your prayers and your actions.

Rejoice, children! The Father now pours His Grace out on all mankind and, already, some of the blind are beginning to see and awaken from their slumber. Trust Me.

Pray for all your brothers and sisters, that they are released from the chains that self, through the lies of lucifer, has bound them in. Pray, children. Pray My Chaplet of Life and watch and see the Power of your God flow through your lips.

Trust Me.  
I Love you.

## **HOUSE APPEAL**

We are, once again, sorry for having to ask but, we need help with the bills of the Houses of Prayer. We are doing what Jesus said. He told us at the beginning, if we did not tell you that His Houses were in need, then how would you know to help His Houses. So, we are asking for your help with the bills which are currently £28,084. These bills are for the printing of the Newsletter, electric and other essential

utilities, postage, maintenance and general upkeep of the Houses, including the taxes, insurance and other ongoing expenses of the Houses of Prayer on the continent. We have also had to replace a machine used in the printing of the Newsletter, which alone costs £9,000.

We truly appreciate all you have done for Jesus thus far. We are all equally a part of this work. Some help with their time, some help with their prayers and some help financially. We all need each other to fulfil Jesus' Dream for His Houses.

Thank you, in the Name of the Father and of the Son and of the Holy Spirit, and, we pray that you have a very happy, holy and peaceful new year.

The two Patricks and the servants of the Houses of Prayer.

The image shows two handwritten signatures. The signature on the left is 'Patrick Rushe' and the signature on the right is 'Patrick O'Kane'. Both signatures are written in a cursive, flowing script.

## WAYS TO DONATE

**Our bank details:** *Account Name: An Invitation to Love Jesus*

*Sort Code: 950282 Account Number: 22798727*

**Bank:** Danske Bank, P.O. Box 183, Donegall Square West, Belfast BT1 6JS

**For those outside the UK:** *IBAN: GB27 DABA 9502 8222 7987 27.*

*Swift code: DABAGB2B*

**Cheques or Postal Orders please make payable to:**

*"An Invitation to Love Jesus"*

We also have card facilities at Sacred Heart House of Prayer if you wish to contribute over the phone or via website with your debit or credit card.

Alternatively, if you wish to use **Paypal**, our email is:

*goodnews@thetwopatricks.org*

**Sincere thanks for your continued support.**

# Writing from the two Patricks

## THE CHAPLET OF LIFE

(When saying the Chaplet of Life, Jesus has told us that, if time does not allow, we can say only a decade of this prayer or, break it up in any way we need to. It does not always need to be said in its entirety as we do sometimes say only a decade of the Rosary. Although Jesus says to kneel while saying this prayer, we know that not everyone can kneel because of bad knees and etc. so it is alright not to kneel.)

### **A prayer to the Trinity.**

If we look at the Chaplet of Life, that our Heavenly Father has given us, through His Son, Jesus, it is a prayer to the Trinity. We are offering our love to our Heavenly Father through the Sacrifice of Jesus' Life, Death and Resurrection.

We are acknowledging and accepting that we are sinners and that Jesus Paid the Price for our sins on Calvary. We are asking the Father to pour out His Graces on all those who cannot see the Truth of what His Son, Jesus, did for us. He has told us to say it for our brothers, our sisters, our priests, family members, literally everyone on the earth. We can add anyone, or any intention we wish into this prayer and He will direct His

Power into that intention. What a wonderful God we have!

### **Teach us**

We are asking the Father, through the Power of the Holy Spirit, to Teach us who Jesus really is. We are asking the Father, through the Power of the Holy Spirit, to reveal His Son, Jesus, to all our brothers and sisters who do not know Him or what He has done for the Salvation of mankind.

Then, we are offering all of this through the Great and Eternal Sacrifice of the Mass, that was born through Jesus' Passion, Death and Resurrection.

### **Through every Mass**

The stunning thing is, He says to offer it through every Mass that we have ever attended, which makes our little prayer massive spiritually.

We are asking the Father to Teach us, through the Power of the Holy Spirit, to walk the Path of Truth that Jesus laid down His Life for. Through this prayer, Jesus is telling us that the Father is dissolving the lie that lucifer has placed over all mankind about Jesus. We can all feel the lie that is over the Name of Jesus. If we mention His Name in public, we all feel uncomfortable

or embarrassed.

If we talk about Jesus, we can feel that people do not want to listen, they simply want to get away from us. This is the lie that lucifer has placed over all of us through the power of the unrepented sin of all mankind.

The Father is now dissolving the lie through our love, in saying this prayer or any other prayer, that we are willing to offer Him.

### **His Battle Cry**

The Father says, through Jesus, that the Chaplet of Life is His Battle Cry but, if we want to offer a Rosary, the Divine Mercy, a meditation or any other prayer, as long as we offer it to the Father

through the Holy Sacrifice of the Mass, it will do the same.

What I see, when we offer the Father a prayer, we are offering a little of our love that is like a speck of dust but the Father adds His Love to it and it becomes a massive net that stretches out over the earth and falls onto the people of the earth to remove the blindness that was placed over His people, through the lie of lucifer. So, the more prayers that we offer, the quicker the lie will erode away. Then, we will all be able to speak the Truth of our God, once again, without being embarrassed or feeling uncomfortable in any way.

# **Writing from the two Patricks**

## **THE MAN WHO WALKS**

In 2024, the two Patricks wrote this article, The Man Who Walks. It was published in the January 2024 Newsletter. We have included it here again because the two Patricks have written a follow on to this article which you can read beneath this.

### **A vision**

For the past year or so, Jesus has been showing a vision of a beach. In the vision, a Person can be seen in the distance. I did not know

who the Person was, I only knew the Person was walking towards us.

Every month or so, Jesus would show the vision again of this Person on the beach and the Person would be closer for their size was increasing. I simply knew the Person as the "Man Who Walks." I thought it was Jesus but we could not see His Face or had no understanding of who it was. As He drew closer, I could feel Power, immense Power, emanating

from Him. I knew, in the understanding of the vision, that all creation would bow to Him as He passed, even the demons of hell and lucifer would not look upon Him but would bow down before Him.

His Power was that immense that if He chose to destroy, not even the memory would be left of that, that was destroyed.

#### **Now walked the earth**

About a month ago, the vision was given, once again, of the beach but, this time, it was empty. The understanding that was given of this was, the Man now walked the earth. I was at Mass on Saturday 14 January and Jesus spoke and said, the Man who walks is the Father of All. He also said that He walks the earth, surveying what man has done to His creation and His Church.

Jesus said the Father has not

spoken but, soon, He would pass judgement on what mankind has done through sin. The understanding was given that, all in Heaven understood to bow before the Father of All Creation and, that all in hell, understood to bow before the Father of All Creation but, mankind does not bow but, rather, he blasphemers Him, through sin.

#### **Little time left to prepare**

We, as mankind, do not understand what is coming but the Power that emanates from the Man Who Walks, Our Father, is that whatever He Commands will be and there is nothing in all creation that can prevent His Will from being done.

Jesus keeps saying in the Messages, we have little time left to prepare, now, we can see why He urges us to prepare for when the Father Speaks, it will be too late for many.

### **FOLLOW ON TO, THE MAN WHO WALKS**

#### **The Man Who Walks**

On Friday, 19 January 2024, Jesus inspired us to tell you about the vision He had given. It was entitled, The Man Who Walks. Jesus told us that it was the Father who was in the vision and that He was walking around the earth, looking at what mankind had done to His Creation and His Church through our sin.

He said that the Father would speak the Words of Justice once He had walked the entirety of Creation. The other day, Jesus brought this vision back to me. He said the Father had fulfilled His

Words and has spoken the first part of the Words of Justice. I did not understand what He meant.

#### **Jesus explained**

Jesus explained that Our Father had walked the earth and had seen the deeds of all mankind and, for the Love of His people, He spoke the Chaplet of Life, that would bring Life back to His people; True Life in God, not the lie that mankind is living at this time.

#### **The Chaplet of Life**

The Chaplet of Life is the beginning of the Father's Justice for His people. It is His Gift to all mankind that He has spoken

through the Word, His Son, Jesus. The Father has asked that we say this prayer as many times in a day as we can. He asked us, as a sacrifice, to kneel and say it but, say we were sitting on a bus or in a doctor's or dentist's waiting room etc, obviously we can't kneel down.

Jesus said, at times like this, we could say one or two decades of the Chaplet silently, or whatever we have time for, whatever we are willing to offer. In other words, we can kneel, we can sit, we can stand, we can say one, two or all the decades, it all depends on what time we have and what situation we are in.

### **Eternal Sacrifice of the Mass**

Jesus says, the more prayer we offer to the Father, through the Great and Eternal Sacrifice of the Mass, the more we will see this world change. The Father is pouring His Power out through the love of us, His people, that will change this world away from the lies that are being promoted, in the name of truth. From what we can see, He is separating the good from the evil. He is gathering His remnant out of all the nations of this earth, all those who are willing to listen. He is doing it through the Great and Eternal Sacrifice of His Son's Passion, Death and Resurrection, the Holy Mass.

*"...I am the Lamb that was Sacrificed for your sin..."*

My little children, I Love you. Come to this Well of Life, come and let Me bathe you in the waters of My Eternal Love. Come behold My Heart in this time of My Passion. I have Died for your Forgiveness, I have paid the Price, children, so that you could be born into My Love. You are Mine. I have held the cup and drank deeply so that you could have Eternal Life with Me in My Father's Kingdom. I am the Lamb that was Sacrificed for your sin. I Love you, come, I Love you. Do not fear to come, though your sins are many, you shall be washed white in the Blood of the Lamb. I am here, I await your reply. Come. I Love you.

*Tuesday 11 March 2000*





### A new prayer

The Father gave us a new prayer, through Jesus, The Chaplet of Life on Monday 12 January 2026, a few days before the Weekend of Love. When the Patricks spoke to us over the Weekend, they tried to explain how they could feel the Trinity now, not just Jesus. At the beginning of Patrick O’Kane’s journey, he was mad about the Angels, then he met Mary in the Rosary and fell in love with Her, then Jesus came along and his heart was His alone, now it is the Trinity who are making themselves more present. When he feels the Father, the hairs on the back of his neck stand and he becomes aware of His Almighty Power and how He could do absolutely anything. All of us servants were filled with wonder and excitement about what Jesus was going to do through this new prayer:

“...It will become responsible for

the conversion of millions, My children, because of your love for Me in the saying of it....”

“...I give you a Gift, a Prayer, to overcome the darkness..”

“...This Chaplet of Life is a weapon that shall send great shards of My Light into this world...”

“...This is the beginning of My Light being given freedom to destroy the darkness of this time. Feel My Excitement as I give you the ‘Battle Cry’ of Me, your God. Begin this Prayer and you will see the Love of your God work through your love of Me...”

“...My children, I call you to a deeper understanding of Me. The more you die to sin and self, the more knowledge of Myself I can impart to you. The more you know of Me, the more you can love Me. This is why I give this Chaplet in this time, to give you more knowledge of Me. Its content is simple; its context is pure. Say it with meditation in your heart for, this way, it will bring you closer to Me...”

### Weekend of Love

On the Sunday of the Weekend of Love, we all prayed this new Chaplet together, what a gift! The Weekend was a really uplifting, spiritual time, filled with prayers, music, question





and answer times with the two Patricks and a Message from Jesus. It was really blessed and lovely to be among other people as we gathered together to learn from and love our God.

### Music Ministry

One of the things that stood out most to me was a talk by one of the servants in Sonlight. We are blessed with our music ministry at the House of Prayer. Mary O'Kane, Patrick's mother, had been praying for many, many years for a music ministry and Jesus certainly answered her prayers. One of the servants from SonLight, shared how amazed she was at what Jesus has done through SonLight. She reminded us about our difficulty with the Church back in 2005/2006. After Pope John Paul II died, in 2005, the Messages became super controversial and many, even within our own church, labelled us a cult. We were met with disapproval by our parish priest at the time and went to neighbouring churches to attend Mass. Kathleen and Tom, who were getting married in January 2006, felt they would be better getting married in another church, not Cookstown, such was the feeling of unacceptance. But now things are so different.

SonLight now sing at many events for the Parish, including Sunday Mass every two weeks. Last year, they were the band who provided the music for the annual diocese's Pilgrimage to Lourdes for the sick. How did that happen!?

### Becomes a spearhead

In 2010, Jesus gave a Message on the Feast of the Sacred Heart “...I ask too that My Music becomes a spearhead in the promotion of My Love for see how I send them into the world to represent Me. They can go where others will not and still promote My Words. Help them to do this...”

The servant told us that not only do they play at Holy Trinity, Cookstown's Parish Church at Sunday Mass and weddings and funerals but they've played at numerous events over Ireland and beyond: London, USA, Slovenia, Poland.... She felt that, over time, people began to see that they are about Jesus, nothing else. Jesus works miracles and we could never have seen that happen.

### A sacrifice

She also said the House of Prayer is like a tree and SonLight is a branch on that tree. She talked



about Jesus' Teachings, how it is a sacrifice when they go away, not only for themselves but for the families left at home and for the servants in the House of Prayer. She spoke of the difficulties in loving one another when they are away and that the most important work is the inner work of dying to self, without it, nothing else will come to fruition. Jesus can only use us inasmuch as we are willing to give. She shared some of the Messages Jesus gave to the music ministry, where He talked about how they must find a way to be where He needed them to be, just as He must find a way into their hearts; and also of how He sent David to defeat Goliath, and a small army to defeat a great army. If we die to self, Jesus can shine through us and diffuse His Light to others around us, however small or insignificant we think we are.



### **Jesus is the Power**

Listening to the richness of her words, brought home to me how Jesus is the Power, He is amazing and with a bit of cooperation on



my part, my giving to Him, He can really shine.

### **Message**

In the Message for the Weekend of Love, Jesus said, "...It is a Day of Renewal in Me. These are Days to reflect on your love of Me, your Journey with Me..." I really did feel renewed in this Weekend. However, in the same Message, Jesus went on to challenge us "... Is it Me you really follow, My children, or is it of what I can give you in My precious Gifts..."

And

"...If you look out your window and see a wall which spoils the view of verdant and beautiful mountains, you must knock that wall down in order to see. You can pretend but, as long as that wall is in place, you will not see the truth or the beauty of the mountains..."

Saturday 17 January 2026,  
Weekend of Love

I think from this Weekend and these Words that I will simply try to do better, really try to take on what Jesus is saying about dying to self.

Thank You, Jesus, for such a beautiful Weekend.



# Paul and Silas in prison

The following article is by Ellis Enobun, a Christian web developer based in London. It is a beautiful reflection on Paul and Silas in prison.

## The real miracle

We think the earthquake and open doors were the miracle. The real miracle was that nobody ran.

We tend to romanticize the Sunday School version of Acts 16. You know the vibe, Paul and Silas having a little acoustic worship set in jail, feeling spiritual. But if you actually look at the text, it's horrifying.

## Many blows

These guys weren't just arrested; they were beaten with rods. "Many blows," the text says. We aren't talking about a spanking here; this is Roman torture designed to strip skin off the bone.

After that, they get shoved into the "inner prison" which is basically the sewer, and locked in stocks. And stocks weren't just handcuffs; they forced your legs wide apart to induce cramping and agony.

## Picture midnight

So picture midnight. It's pitch black, it smells like death, their backs are raw meat glued to the floor, and their hips are screaming. Most people in that scenario

would be cursing God, asking for death. But Paul and Silas are singing hymns.

Then the ground shakes. Chains snap. Doors fly open. This is it. The "Prison Break" moment. The exit sign is lit.

But then, the shocking turn of event.

The jailer wakes up, sees the doors wide open, and panics. He knows Roman law, that if a prisoner escapes, the guard pays with his life. He draws his sword to kill himself rather than face execution. He's standing there in the dark, trembling, seconds away from ending it.

And out of the blackness, a voice screams: "Do not harm yourself! We are all here!"

## It was for the guard's salvation

They didn't leave. Paul could have walked. He could've said, "Well, God opened the door," and let the guy who tortured him die. But Paul understood something most of us miss. The earthquake wasn't for his freedom. It was for the guard's salvation.

He chose to stay in a rotting cell, ignoring his own agony, just to save the soul of his abuser. The jailer ends up washing their wounds and getting his whole family baptized that same night.

We're always praying, "God, get me out of this." But what if God is shaking the foundations not to get you out, but to get someone else in? Maybe your pain is actually the platform for someone else's miracle.

### **When you're bleeding**

It's easy to worship when life is good. But can you worship when you're bleeding, trusting that God is up to something way bigger than your comfort?

Ellis Enobun

<https://www.facebook.com/share/1HJFHLmAy8/?mibextid=wwwXIfr>



# Find Me often

**Wednesday 26 February 2020**  
**Ash Wednesday**

How your hearts love Me in the moment when you seek Me and find Me!

How your hearts want to love Me in these moments only to cast Me aside when the moment passes and self finds its control of you once more!



I call your hearts to find Me often in the moments of your day so that you would come to know Me as I am and not how you think I should be. I call you to seek Me often in the moments of idle time in your day, the times when you are not caught up in the things you attach yourselves to; the things you love more than Me. Make more of your moments Mine by coming away from the things that give you pleasure. I Love you.

# The Plight of Others

## ASSISTED SUICIDE

There is a lot of noise in the world presently about Euthanasia. It is a growing trend that, through our various media, is subliminally invading our minds as a compassionate thing to do. Father Boquet of Human Life International has written this article which explains both how Euthanasia is becoming more popular and why the Church is against it. It is quite long so it will be in two parts, continuing next month.

### AI-Assisted Suicide for Couples: The Disturbing Rise of the Sarco Pod

By Fr. Shenan J. Boquet on  
January 26, 2026 |

*“The truth that life is a precious gift from God has profound implications for the question of stewardship over human life. We are not the owners of our lives and, hence, do not have absolute power over life. ... Suicide and euthanasia are never morally acceptable options.”*

**USCCB, Ethical and Religious Directives for Catholic Health Care Services**

A few weeks ago, I wrote about the disturbing and growing trend

of couples committing assisted suicide together. Apparently, I'm not the only one who noticed this growing trend.

A few days ago, Dr. Philip Nitschke, the founder and director of Exit International, also known as Australia's “Dr. Death,” unveiled the design for his newest iteration of his infamous “Sarco Pod.” The Sarco Pod is a futuristic-looking device, designed with one end in mind: death. A person who wishes to commit suicide climbs into the sleek pod, which looks like something straight out of the Tron movies. He then presses a button, and the device fills up with a lethal quantity of nitrogen gas, killing him.

Nitschke's newest killing machine, called the “Double Dutch” Sarco, is designed for couples. The device is an enlarged version of the single suicide device. Like the first, it is 3D printed. Nitschke says the new device is currently being printed and assembled in Rotterdam and will be ready for use within the next several months.

### Some people do

Speaking of his new device, Nitschke told The Daily Mail: “I'm not suggesting everyone's going to race forward and say: 'Boy, I

really want to climb into one of those things.' But some people do." He's quite right. As I told you in December, and as was reported in The European Conservative, there are dozens of cases of couples committing suicide together every year in the Netherlands alone. And the numbers are growing with every passing year.

Nitschke explained the motivation for designing the new device by noting that one of the comments he received in relation to his original Sarco Pod was, "It's so lonely, I want to be held by someone when I die... when you're in a capsule, you're isolated."

His solution? Allow couples to kill themselves together.

**A New Low: AI-enabled Suicide**  
The fact that Nitschke is proactively helping couples commit suicide isn't necessarily the most disturbing thing about his new device.

According to Dutch law, a person who wishes to commit assisted suicide must be certified as mentally fit to make such a consequential decision by a psychiatrist.

That this certification process involves a certain amount of friction is by design. It amounts to the bare minimum regulatory effort to ensure that those seeking suicide are not doing so under pressure, or while in altered mental states.

However, for suicide enthusiasts like Nitschke such minimal requirements like this pose an inconvenient and unnecessary obstacle to suicide. And so,

Nitschke has now come up with a clever way to circumvent the requirement: artificial intelligence.

### **Artificial intelligence**

The new couples suicide machine will be equipped with an artificial intelligence module that will replace the required psychiatric assessment.

As Nitschke explained, "With the new Double Dutch, we'll have the software incorporated, so you'll have to do your little test online with an [artificial intelligence] avatar, and if you pass that test, then the avatar tells you you've got mental capacity."

If the AI avatar determines that the couple have "passed" the test, it will power the machine on. If both members of the couple climb into the machine and press two buttons at the same time within the next 24 hours, the gas will be released, and they will die.

### **Philip Nitschke and the Revival of "Dr. Death"**

There are, it seems to me, few things more reckless and dystopian than putting a decision about the "mental fitness" for suicide (not that suicide is ever morally permissible) into an impersonal, artificial intelligence algorithm.

In writing about the topics of assisted suicide, euthanasia and abortion, I have often mentioned how many of the main proponents of these practices are deeply disturbed, seeming to have a lurid fascination, and even love affair, with death.

The most famous American proponent of euthanasia was Jack Kevorkian, AKA Dr. Death,

who moonlighted as a painter. His paintings are notoriously disturbing, revealing a dark and diseased consciousness.

Like Kevorkian, Dr. Nitschke has been called “Dr. Death.” And indeed, he seems cut from the same cloth as Kevorkian.

### **Various suicide methods**

Nitschke has spent most of his “medical” career devising ever more clever ways for people to kill themselves and then marketing those devices to vulnerable people. Among the devices he has devised is The Exit Bag (or “Exit Hood”), a plastic hood used with an inert gas like nitrogen or helium, designed to cause death through hypoxia. Then there was the Deliverance Machine, a device that allowed a person to self-administer a lethal injection by computer control after answering a series of questions confirming their intent.

And now, of course, there is the “Sarco Pod.”

Nitschke has also published and made publicly available guides and information about various suicide methods, including through his books and Exit International materials.

In other words, he is a salesman for suicide.

### **Couples Suicide: The Inversion of the Marriage Covenant**

The Catholic Church teaches that life is a gift from God, and we are its stewards, not its owners. We do not have absolute dominion over our lives to dispose of them at will.

But while every instance of assisted suicide or euthanasia is a

violation of this principle, there is something especially disturbing about couples suicides.

These dual suicides are often presented in the media as romantic final acts, couples choosing to die together rather than face separation or decline. Yet this sentimentality obscures a darker reality: the devaluation of elderly and suffering persons and a profound violation of the sacredness of the marriage covenant.

The message sent by the media’s valorization of this new trend is that life with disability, illness, or dependency is not worth living — that we are burdens to be eliminated rather than beloved persons deserving care and accompaniment in our final days.

Furthermore, we cannot ignore that assisted suicide for couples introduces coercive dynamics into the most intimate relationship. When one spouse chooses death, enormous pressure falls upon the other to participate, even if they harbor doubts or would prefer to continue living.

This corruption of marital love — meant to be life-giving and mutually supportive — into a pact of mutual destruction represents a tragic inversion of the marriage covenant.

Such things, however, are of no concern to suicide enthusiasts like Nitschke.

<https://www.hli.org/2026/01/ai-assisted-suicide-sarco-pod/>

continued next month



# Song of the Carpenter

The following is a serialisation of the 'Song of the Carpenter,' a novel inspired by Jesus and written down by the two Patricks. It is about the Life of Jesus and is full of spiritual teachings as well as a simply fantastic read.

If you cannot wait to read it all, then you can order it from the Sacred Heart House of Prayer. It costs £6.99.

\*\*\*\*\*

"Mary, I thought you were dead." Anne said as they sat together talking. "So many times I thought you were dead. We eventually heard about what had happened in Bethlehem and I could not believe it. All those poor women, their children torn from them and killed before their eyes! It breaks my heart to think about it. Something at the back of my mind would not let me believe that God would allow anything to happen to you. But it was difficult. Day after day I waited for some sign of your return. I went to everyone that had gone to Jerusalem and Bethlehem at that time and no one had seen any sign of you. It was as though you had disappeared, without a trace." The sun was making long tracks in the evening sky and a small fire burned, ready

to take over when the sun was gone. It crackled sharply. Anne had made a meal of cooked millet and vegetables. They were now sitting in the house talking. Anne was still in shock at Mary's return. "But here I am talking when you should be talking. When will Joseph come for you?"

"He will come soon, mother, for the sun is going down. He wanted to give us time to be together. I told him that he was welcome to share it with us but he said he wanted this time to be for us. He said that he probably would not be able to talk anyway because we would have so much to say." The two women laughed.

Mary looked deeply into her mother's face, drinking in all that she had missed in the last three years. She said, "It is so good to see you, mama. It is like heaven to sit here and talk with you. I never want to leave you again."

"This old woman is content now. I have my daughter returned to me and I have a beautiful grandson to call my own. He and I will spend so much time together that you will think that you have no son," Anne chuckled.

"What news of Jonathan and Sarah and the children?" said Mary, remembering the family

that she and her mother used to help out.

"Jonathan is well again but walks with a limp. He has returned to work and the family needs little help. I thank God for them. When you were in Egypt, Sarah came here each week, or when she could, to sit with me."

"I am glad that Jonathan is walking. Do they still live in the Street of Goats? I should very much like to visit them to see the children."

Mary's heart was fit to burst as she carried the sleeping Jesus home to her own home that night. To rest again, in her own couch was good to think about. The fire that Joseph had lit was a welcome sight when she entered. It burned brightly and lit up the things that she had come to associate with home, the furniture that Joseph had made for her. The Lord had given them happiness. No matter what lay ahead she felt that they could take it, they could fight through it. She was tired and ready to sleep. It was as though the last three years had caught up with her. She felt within her heart that when God led you through the danger, then

he had a quiet, restful and peaceful time to bring you to. This was her rest. This was her home to begin again her life with the one who had been sent to her.

He was all her dreams; he was the one to whom her life belonged; wherever he went she would follow. This little child asleep in her arms was, for her, the representation of her life. What she had given in the last three years had been for his life and his life alone. The rest of her life, whatever God chose that to be, was for him.

She would be the pillow for his head and the cloth that wiped his brow. She could not want to be greater than him. No; that could never be. She must allow him to use her in whatever way he needed to so that his life became great and hers faded into insignificance. She was not God and would never be. He was God and she only a vessel that he used. That was what she promised and that is what she would be, for eternity if necessary. It was all she wanted, it was her wish and her joy. She kissed the child that she held in her arms.

*Continued next month*

**Wednesday 11 May 2005**

**"...Do not fear those who can kill the body but, rather, fear him who can kill the soul. Rise up, My children, the time of battle is here. March forward with My Love as your banner. See what**

**I have done for you; meditate on My Passion, My Crucifixion and you shall have nothing to fear. Love Me, My children; love My Ways, My Teachings. The time is close now, I Love you..."**

# *Wisdom*

## **John Paul II**

### **THE REDEMPTION OF THE BODY AND SACRAMENTALITY OF MARRIAGE (THEOLOGY OF THE BODY)**

From the Weekly Audiences of His Holiness John Paul II  
from 5 September 1974 - 28 November 1984

*continued from last month*

#### **Man's Awareness of Being a Person**

*October 24, 1979*

In the preceding talk we began to analyze the meaning of man's original solitude. The Yahwist text gave us the starting point, in particular by the following words: "It is not good that the man should be alone; I will make him a helper fit for him" (*Gn 2:18*). The analysis of the relative passages in the second chapter of Genesis has already brought us to surprising conclusions which concern the anthropology, that is, the fundamental science about man, contained in this book. In relatively few sentences, the ancient text portrays man as a person with the subjectivity that characterizes him.

God-Yahweh gave this first man; so formed, the order that concerned all the trees that grew in the garden of Eden, especially the tree of the knowledge of good and evil. This adds to the features of the man, described above, the moment of choice and

self-determination, that is, of free will. In this way, the image of man, as a person endowed with a subjectivity of his own, appears before us, completed in his first outline.

The concept of original solitude includes both self-consciousness and self-determination. The fact that man is "alone" conceals within it this ontological structure and at the same time indicates true comprehension. Without that, we cannot understand correctly the subsequent words, which constitute the prelude to the creation of the first woman: "I will make a helper." But above all, without that deep significance of man's original solitude, it is not possible to understand and interpret correctly the whole situation of man, created in the image of God, which is the situation of the first, or rather original, covenant with God.

The narrative in the first chapter says that this man was created in the image of God. In the second narrative he is manifested as a subject of the covenant, that is,

a subject constituted as a person, constituted in the dimension of "partner of the Absolute." He must consciously discern and choose between good and evil, between life and death. The words of the first order of God-Yahweh (*Gn 2:16-17*) speak directly of the submission and dependence of man the creature on his Creator. They indirectly reveal precisely this level of humanity as subject of the covenant and "partner of the Absolute." Man is "alone." That means that he, through his own humanity, through what he is, is constituted at the same time in a unique, exclusive and unrepeatable relationship with God himself. On its part, the anthropological definition contained in the Yahwist text approaches what is expressed in the theological definition of man, which we find in the first narrative of creation: "Let us make man in our image, after our likeness" (*Gn 1:26*).

Thus formed, man belongs to the visible world; he is a body among bodies. Taking up again and, in a way, reconstructing the meaning of original solitude, we apply it to man in his totality. His body, through which he participates in the visible created world, makes him at the same time conscious of being "alone." Otherwise, he would not have been able to arrive at that conviction which he reached (*cf. Gn 2:20*), if his body had not helped him to understand it, making the matter evident. Consciousness of solitude might have been shattered precisely

because of his body itself. The man, 'adam, might have reached the conclusion, on the basis of the experience of his own body, that he was substantially similar to other living beings (animalia). On the contrary, as we read, he did not arrive at this conclusion; he reached the conviction that he was "alone." The Yahwist text never speaks directly of the body. Even when it says that "The Lord God formed man of dust from the ground," it speaks of man and not of his body. Nevertheless, the narrative taken as a whole offers us a sufficient basis to perceive this man, created in the visible world, precisely as a body among bodies. The analysis of the Yahwist text also enables us to link man's original solitude with consciousness of the body. Through it, man is distinguished from all the animalia and is separated from them, and also through it he is a person. It can be affirmed with certainty that man, thus formed, has at the same time consciousness and awareness of the meaning of his own body, on the basis of the experience of original solitude. All this can be considered as an implication of the second narrative of the creation of man, and the analysis of the text enables us to develop it amply.

At the beginning of the Yahwist text, even before it speaks of the creation of man from the "dust of the ground," we read that "there was no one to till the land or to make channels of water spring out of the earth to irrigate the

whole land" (*Gn 2:5-6*). We rightly associate this passage with the one in the first narrative, in which God's command is expressed: "Fill the earth and subdue it, and have dominion..." (*Gn 1:28*). The second narrative alludes specifically to the work that man carries out to till the earth. The first fundamental means to dominate the earth lies in man himself. Man can dominate the earth because he alone - and no other of the living beings - is capable of "tilling it" and transforming it according to his own needs. ("He made channels

of water spring out of the earth to irrigate the whole land.") This first outline of a specifically human activity seems to belong to the definition of man, as it emerges from the analysis of the Yahwist text. Consequently, it can be affirmed that this outline is intrinsic to the meaning of the original solitude and belongs to that dimension of solitude through which man, from the beginning, is in the visible world as a body among bodies and discovers the meaning of his own corporality.

*continued next month*

# Saint Michael House

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## THE DAY OF LOVE

### At Saint Michael's

I have often been to Cookstown in January to celebrate the Days of Love but this year we celebrated the Feast Days at Saint Michael's House of Prayer. This enabled some others to join us who couldn't make it over to Ireland.

We were united with the Sacred Heart House of Prayer by watching online and joining in with the prayers, music and listening to the talks by the servants and the two

Patricks. It was a lovely weekend of prayer, praise, teachings and Love.

### That you might have Love

Jesus said on 19th January 1997:

*"...I have given the world many days to celebrate the Ways of Heaven and this Day is no exception. I have come among you that you might have Love and have it to the full. I give you Love, so that you might give it to the world, for it is what it needs.*

*...I am the God Who is Love. That is why I can give Mercy, Forgiveness and Peace, for all these things come from Me, for I am Love and it is Me that you*



*celebrate this Day. Tell others that I wish for the Day of Love to be celebrated by the whole world. I have given it for the reason, so that men could receive and give Love, for Love is the essence of Me and I am Love..."*

### **The New Chaplet of Life**

Beginning on Friday night, there was a beautiful uplifting Prayer service through song and Adoration with SonLight.

Much of the Weekend focused on the Trinity and the Patricks spoke about the new Chaplet of Life which the Father had given. This is the 'Battle Cry' that will send 'great shards of My Light' into the world and will be responsible for the 'conversion of millions!'

*"My children, feel the change as My Battle Cry (Chaplet of Life) goes out into this world. As each day passes, more and more Graces will be cast out over this world as more and more join their love to the Battle. More and more of My children wake from the slumber that has been cast over them by the lies of lucifer..."* Friday 16 January 2026

### **Very exciting times**

We are living in very exciting times but we must be prepared, as Jesus keeps saying prepare, prepare, prepare! It's urgent and He needs us ready. That means we have to get serious about dying to self, prayer and sacrifice! One important thing we must all do is look into our lives and see if there is any unforgiveness in our hearts. We must rectify this now because if we don't forgive, we will not be

forgiven. The other thing we must stamp out is gossip.

### **Importance of dying to self**

In the Message Jesus gave for the Day of Love this year, He continues to reiterate the importance of dying to self to take away our blindness.

*"...I tell you, again, you cannot serve the world and Me. Many of you do this and the world has blinded you to the seriousness of My Words, valid in My time on earth and equally valid in your time.*

*This is why I call, always, to die to self, to die to the things that blind you..."*

Saturday 17 January 2026

### **SonLight**

Two members of SonLight spoke about their experiences of being in the music ministry over the weekend. At the beginning the House of Prayer wasn't very popular in the Parish. But Jesus said in a Message that SonLight would be a 'Spearhead' for His Messages and they would go to places where others couldn't reach. Since then they have been to many countries in concert, sang at funerals, weddings and now, every second Sunday, in the Parish at Mass! Last year they went to Lourdes as the music ministry for the Armagh diocese and met many people, clergy and Bishops.



It's amazing how Jesus is working through them and bringing His Words/Messages through songs to many people you would never have thought possible.

### **Feel the Joy of this Day**

On Sunday 19 January 1997, Jesus said:

*...Feel the Joy of this Day as My Angels celebrate with you on it. They praise much around the Throne of Heaven, for I have wanted to give this Day to the world and now is the time...  
...I give you Love this Day. See it*

*flow in torrents from My Most Sacred Heart, for it is the Ark of the Throne of God and upon it was the Sacrifice of Love made. Upon My Heart is engraved Love and I give it to all of you this Day, for it is a special Day that I have made..."*

Thank You, Jesus, for the abundance of Love and Graces you are pouring out on us in these days. Thank You, Most Holy Trinity, for all You give to us. All Glory be to the Father and to the Son and to the Holy Spirit forever. Amen.



## **Letters to the HoP**



**Your continual  
obedience and commitment**  
To the Patricks and all other  
servants of God.

I hope all is well. You are in my prayers, prayers for healing and growth with the ministry. I am thankful for your continual obedience and commitment. It is a great example for me and it makes me want to follow more.

May I please purchase a copy of each the Song of the Carpenter 1 and 2, also if you have a pamphlet of the new Chaplet of Life.

Sharing the Love of Christ,  
Sue

**Very important in these times**  
Dear all at the House of Prayer, thank you all for the great work that you do and sending out the Messages given by Jesus. I enjoy very much reading the Messages and the articles written by the Patricks, these are very important in these times. I pass on the Messages to other people who are also enjoying them.

Please find this small donation.  
God Bless you all,  
Terese

# Sacred Heart House

46 James Street, Cookstown, Co. Tyrone, Northern Ireland BT80 8LT  
Tel: 028 867 66377 Fax: 028 867 62247 E-mail: [goodnews@thetwopatricks.org](mailto:goodnews@thetwopatricks.org)

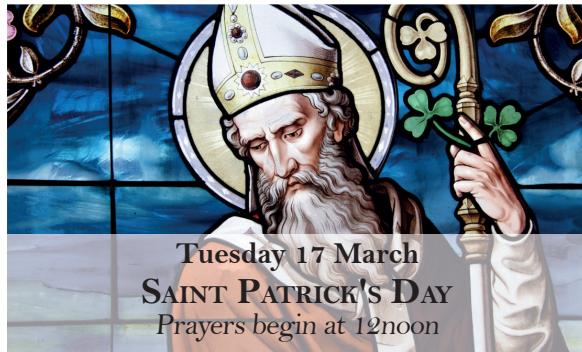
## Events to Come

Wednesday  
11 February  
**FEAST OF OUR  
LADY OF LOURDES**  
Prayers begin at 12pm

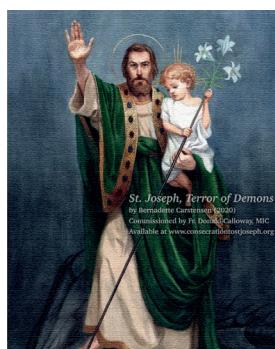
Sunday  
15 February  
**FEAST OF SAINT  
CLAUDE DE LA  
COLOMBIÈRE**  
Prayers begin at 3pm

SUNDAY  
22 FEBRUARY  
The House of  
Prayer will be  
**CLOSED** for a  
private retreat

**Sunday 8 March**  
**The House of**  
**Prayer will be**  
**CLOSED** for a  
private retreat



Tuesday 17 March  
**SAINT PATRICK'S DAY**  
Prayers begin at 12noon



Thursday  
19 March  
**FEAST OF  
SAINT JOSEPH**  
Prayers begin at 12



Wednesday 25 March  
**ANNUNCIATION**  
**INTERNATIONAL**  
**24 HOUR DAY OF**  
**PRAYER AND FASTING**  
**AGAINST ABORTION**

**WALK AGAINST**

**ABORTION ON**

**Saturday 21 March,**  
gathering at 2.45pm

**FIRST FRIDAY VIGILS**  
from 10pm - 2am:  
**6 March and 3 April 2026**



## A Love Song

Majestic sovereign, timeless wisdom,  
your kindness melts my hard, cold  
soul.

Handsome lover, selfless giver,  
your beauty fills my dull, sad eyes.

I am yours, you made me.

I am yours, you called me.

I am yours, you saved me.

I am yours, you loved me.

I will never leave your presence.

Give me death, give me life.

Give me sickness, give me health.

Give me honour, give me shame.

Give me weakness, give me strength.

I will have whatever you give.

~Saint Teresa of Avila~