



"...Now you will come to understand the Power  
of your God through the Sacrifice of My Son.  
You have forgotten what He has done for you..."

*Tuesday 28 July 2026, from the Father*

# An Invitation to Love Jesus Newsletter

## Messages of Love July 2026 Issue 362

# Editorial

### The Messages

The Messages this month bring a sense of excitement as the Father says "Have faith, children, and believe. What you have waited upon is now among you..."

*Tuesday 28 July 2026*

The Father, Jesus and Our Lady reassure us they have not forgotten about us and to stay strong in dying to self.

Jesus also tells us that the more we die to the sin within us, the more we will be able to see the things that are unfolding around us.

Many times, again, this month, Heaven tells us to come and spend time before Jesus in the Blessed Sacrament. We are also told to pray the Chaplet of Life and we will begin to discover the Treasure that is to be found in the Holy Sacrifice of the Mass.

### The Articles

There is a recurrent theme running throughout this month's Newsletter. Over the past few months, Jesus has been asking us to visit Him in His lonely Tabernacles and to acknowledge His Presence in the Blessed Sacrament. From the articles this month, it is apparent that even Marian Apparition sites all point to Jesus and His Sacrifice for us. How is it that we often think of Him second and not first

despite Our Lady and the Saints all pointing to Him?

### SonLight

SonLight were invited to provide music on the parish pilgrimage to Fatima this year. They went in early July. You can read more about this inside. You can also read a little about this years 'Beyond the Song' event.



This Newsletter has been published by:

An Invitation to Love Jesus,  
The Sacred Heart House of Prayer,  
46 James Street,

Cookstown, Co. Tyrone,  
BT80 8LT Northern Ireland.

Tel: 0044 (0) 28 867 66377

Text or WhatsApp:

0044(0)7934854773

Charity Registration Number: NIC 101422

E-mail: [goodnews@thetwopatricks.org](mailto:goodnews@thetwopatricks.org)

[newsletterteam@thetwopatricks.org](mailto:newsletterteam@thetwopatricks.org)

Websites: [www.thetwopatricks.org](http://www.thetwopatricks.org)

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# *The Messages of Love*

**as given to the two Patricks**

Trust Me, children, and come find Me.

I Love you.

**Tuesday 30 June 2026**

## **The Father**

Come, children of Mine, and listen to the Words I speak and, believe the Justice of your God is on this earth. It slowly seeps into all the dark places and will soon make itself known to all.

Trust Me, children, trust in the Blood that My Son, Jesus, shed for the Forgiveness of your sins on the Cross of His Love. See Him and believe that He will guide you through this chastisement that mankind has created through his sin.

Believe in My Words and come follow Me in Truth. These Words have been given so that the Path be made simple. Trust in the Word and visit Him in His Lonely Churches and you will find Him.

Believe, children, My Son has given His All so that you could have Eternal Life with Me in the Kingdom of Heaven.

Trust, children.

I Love you.

**Wednesday 1 July 2026**

My children, come see Me in My Blessed Sacrament. I wait on your

**Sunday 28 June 2026**

My children, I call you to listen to My Words for, by the Blood of the Lamb, you have been Redeemed. If you believe and try to live My Words, Heaven will be your home. See the Truth and come follow Me.

I Love you.

**Monday 29 June 2026**

## **Feast of Saints Peter and Paul**

Come to Me often in prayer, children. When you begin to answer My calls, then you will begin to see what I am telling you. You will begin to recognise the Presence of your God. I draw all My children but, so few answer My calls.

Trust Me, children. Say My Chaplet of Life and you will begin to understand what I have done for you. You will begin to recognise the Treasure that is to be found in the Holy Sacrifice of the Mass.



visit. My Heart pulses with joy as I see you enter the doors of My Church. You do not truly realise that I am Truly Present within all My Churches.

Trust Me. Come get to know Me for, now, you will see the Power of your God, if you have the eyes to see.

Trust Me, children, and live these, My Words.

I Love you.

### **Thursday 2 July 2026**

Come, children, to Me. Meditate upon My Crucifixion and see the Truth of what I did for you and all mankind. Trust in these, My Words of Love, and see the Prayer of Life that I have given to you.

Say it with love in your heart and your eyes will open to the Truth and your life will change. Trust Me, children, and come walk this Path with Me.

I Love you.

### **Friday 3 July 2026**

Come, children of Mine, and believe in these Gifts that I have given to you. Believe in the Words of Life that I speak through these, My two. I have not led you astray thus far, nor will I for I do not bring you a new Message but, rather, I speak the same Words as I have already spoken within My Scriptures. Have faith and believe and miracles will abound.

Trust Me.

I Love you.

### **Monday 6 July 2026**

My children, it is your God who

speaks. Are you willing to listen for, already, My Justice has passed the point, that it cannot be stopped for the sin of mankind draws My Justice like a moth to a flame.

Trust Me, children, and listen to My Words for it is only through a willingness to seek Me that you will see this time through. Believe, children, it has begun and, you are fast running out of time.

Prepare.

I Love you.

### **Tuesday 7 July 2026**

My children, I say again and again, prepare. You cannot see what the sin of this generation is doing but, if I do not intervene then no life would survive the evil that has been released.

Trust Me, My children, and believe in the Words I have given to you. Walk the Path of dying to self and you will remain safe.

Trust Me, children, and prepare.

I Love you.

### **Wednesday 8 July 2026**

My children, I, your God, am with you. I have not forgotten you. My Hand is at work as I pour My Justice into the darkness of this world. I hear you as you call out to Me. I hear your prayers. Say My Chaplet of Life for all your brothers and sisters who are in need and, through your little acts of love, I will hear and come to their aid.

Trust Me, children, and answer My call.

I Love you.



### **Thursday 9 July 2026**

My children, look at these, My Words of Truth and see the Path that I place before you. See the Truth of My Words and know that I, your God, am in control and that I will not lose one of you who has a true desire to follow Me.

Trust Me, My children, and come walk with Me.

I Love you.

### **Friday 10 July 2026**

My children, believe in the Words I give and see Me in My Blessed Sacrament. See Me on the Altars of My Love. See Me as I hang upon the Cross of My Love for you, as you read these, My Words. I am real, children, I am not a dead God.

Already, the spark begins to smoulder and will ignite into the Fire of Love that I have Promised this world.

Prepare, children.

I Love you.

### **Saturday 11 July 2026**

Have faith in Me, your God, and do not doubt these, My Words. All that I have spoken is being fulfilled around you. These, My Words, hold many Warnings and many secrets that are yet to be revealed.

Wake up, children of Mine, and see the Truth of these, My Words. You are about out of time. The Justice of your God has almost penetrated all that that has been hidden and is about to reveal the Truth of the lies of lucifer that have been freely accepted by the rich, the powerful and, their

followers: those who think they are in control.

Children, see the Truth and make ready.

I Love you.

### **Sunday 12 July 2026**

Come, children, walk this Path I set before you. I will show you the Truth if you are willing to listen. All is changing, children, all that you think you know is changing. Wait and see, children, but, be ready.

Trust Me.

I Love you.

### **Tuesday 14 July 2026**

Have faith in Me, children of Mine, and see the Signs of the Coming of your Lord. Prepare the banquet by dying to the desires of self that leads you onto the path of sin. Soon, you will see and know the Truth of these, My Words, as the things of this world change in ways that the knowledge of mankind will not be able to explain.

Oh, mankind! You do not know what you have unleashed with your sin.

Prepare, children.

I Love you.

### **Wednesday 15 July 2026**

Come, children, look at the Words I speak and see the Truth. Move close to Me so that you will be kept safe in the storm that is about to unfold. I am about to take this world to its knees in ways that will baffle the learned of this generation.



All have forgotten that it was I who Created everything and it is only I, who understand how to change Creation. I will show mankind the Truth about his knowledge and how little he truly knows. Trust Me, children, and make ready; times are changing. You will begin to see the Truth of My Words.  
I Love you.

**Thursday 16 July 2026**  
**Feast of**

**Our Lady of Mount Carmel**

Trust in the Truth contained in these, My Words of Love, that I have given to guide this generation through the Great Chastisement that mankind has called down upon himself with his unwillingness to repent or see his sin.

Trust Me, children, I am about to release My Words into this world

and then all will have a chance to return before this earth is cleansed of all those who refuse to repent of their evil ways.  
Trust Me, children, and prepare.  
I Love you.

**Sunday 19 July 2026**

Come to Me often, children, and let Me be your Guide. Let Me be the One who shows you how to live in Truth. I am your God and I am Truly Present in all My Churches. I wait on your visit. Show Me that you care, by taking the time to visit Me in My Church. Trust Me, children. Walk with Me and you will find Me.  
I Love you.

**Monday 20 July 2026**

Have faith, children, and know your God is at work in this world that has rebelled against Me. Believe, children, and see the Truth. Repent of your sin and come follow Me, your God.  
Trust Me.  
I Love you.

**Tuesday 21 July 2026**

My children, I ask that you help My Houses through your prayers and sacrifices. Children, realise it is through you that I build the Foundations of the Way of My Sacred Heart contained in these, My Houses of Prayer. It is I who call you to help.

Each prayer that you offer, each penny that you donate, each sacrifice that you offer to Me, I Lovingly place into the Foundations of this, My Order

of Love. The more you go against self in order to answer My calls to help, then the stronger your offering to Me is.

Children, you cannot see what you have been building with your earthly eyes but, when you come to Me, as you leave this earthly life behind, you will gaze with wonder and joy at what you have been invited by Me to be a part of. So, remember, each prayer, each denial of self, is so important to Me for they are the building blocks that I use to build My Houses into a mighty fortress that will stand throughout the centuries to come. Believe, children, and help Me build this, My Gift to you, and the generations to come. I Love you, My children, and I thank you for all the help that you have already given. It is soon time that I will begin to build this Order of Love into something that this world has not seen since the time of My Apostles.

Trust Me, children, I will fulfil all My Words. I will cast My net to every nation through these, My Words of Love. This earth will not be lost to the darkness. My Church will shine bright, once again. Through you, I build these Weapons of Truth that I use to smash the darkness, the lies of lucifer.

Trust Me.

I Love you.

**Patrick**

*As this Message was coming, Jesus showed me that every sacrifice that is offered and, it doesn't matter how small or how big the sacrifice*

*is, all are equally important. It could be denying ourselves by not eating a sweet, giving a donation, saying a Hail Mary or, fasting from something, giving of time. Jesus accepts everything as the building blocks that He Lovingly lays into the Foundations of the new Orders that He is building all over this world.*

When we offer prayer, we offer of our time; when we offer money, we are going against self for self never wants to give anything away. It doesn't matter what we are willing to offer, Jesus will accept and Lovingly place the offering into the Foundations of the Way of the Sacred Heart that He is building through the Houses of Prayer, that He has given through these Messages.

Jesus showed me He is planting new seeds that will become the new Orders right across the earth. He is doing this through His Prophets, Visionaries and Seers. The new Orders will become the monasteries and convents of the future. So, as the old orders are dying, Jesus is planting new seeds. As He says, I will not leave My people orphans.

### **Wednesday 22 July 2026**

My children, I am your God. I am the One who Died for you upon the Cross of My Love.

I am the One who gave His All so that you could have Eternal Life with Me in the Kingdom of Heaven.

I say: trust in Me but, so few do and so few accept what I have done.



So few now enter the Kingdom of Heaven for so few will take on My Words. They are the ones who cannot see their own sin but can see the sin of all those around them. Open your eyes and see what you are, see what I am and, together, We will walk into My Kingdom. Remember, I will force no one to enter My Kingdom. Wake up, children, it is time. I Love you.

### **Saturday 25 July 2026**

Come to Me, children, know I wait on your visit. I sit within My Lonely Churches waiting on My children to take the time to come to Me.

See Me in My Tabernacle.

See Me as I Suffer and Die for the Forgiveness of sin.

Trust Me, children, and do not reject My calls to your heart.

Trust Me, children, and see Me, your God.

See My Love for you.

See Me as I hang upon the Cross of My Love for you, My child.

Trust Me and prepare.

I Love you.

### **Saturday 25 July 2026**

My children, have faith in Me, your God and know I will guide you if you turn towards Me. Believe in Me, your God, and know that I Died for you upon the Cross of My Love.

This is how important you are to Me, children. I gave My All so that you could be with Me in the Kingdom of Our Father in Heaven.

Come to Me, children. Get to know Me, read My Gospels and your eyes will begin to open.

Trust Me.

I Love you.

### **Sunday 26 July 2026**

Have faith in Me, My children, and do not let self control you. I have given all the strength to fight against the desires of self but, so few ever take on what I have given. Remember, the deeper you go into sin, the blinder you become; the more you fight against the sin in your life, the clearer your sight will become. It is up to you what path you choose.

Trust Me. Come walk this Path I set before you and your vision will clear.

I Love you.

### **Sunday 26 July 2026**

#### **Knock Shrine**

My children, have faith in Me, your God. I have not forgotten My Promises to My Church. Even though all seems lost and dark, as so many of My priests, bishops and cardinals fall to the lies of lucifer, all is not lost. From the ashes, a spark begins to shine and My Church will, once again, begin to acknowledge My Truth and, so, once again, begin to sow the seeds of My Love into this world.

It has begun, children. Trust Me, I have not forgotten. The gates of hell will never prevail against My Church.

Trust Me.

I Love you.

**Monday 27 July 2026**  
**Benamore Grotto, Tipperary**  
**From Mary**

Look only to the Truth of My Son, Jesus. It is time for all My Words to be fulfilled that I have spoken around this world.

Trust in My Son and visit Him often in the Blessed Sacrament. He awaits your visit. Trust in Him and believe.

I Love you.

**Monday 27 July 2026**  
**Mount Melleray Grotto**

Come to Me often in prayer and you will get to know Me. Why do you complain that I am a God of myth when you never try to find Me?

Look at the Truth, if you make an effort I will come to you.

Trust Me, children, I wait on you.  
I Love you.

**Tuesday 28 July 2026**  
**Mount Melleray Grotto**

Have faith in Me, My children. Do not look for signs and wonders that you have invented in your own imagination but, rather, look for Me and I will open your eyes to the Truth. The more sin you dismiss from your life, the more the scales will fall from your eyes and, the more you will be able to recognise the true signs of your times.

Trust Me and come find Me while I am still to be found. Come, children, it is I, your God, who speaks.

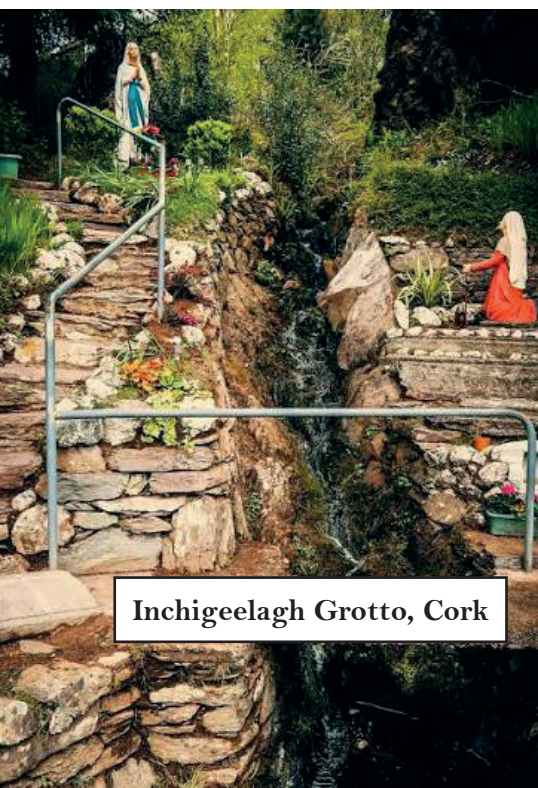
Trust Me.

I Love you.

**Tuesday 28 July 2026**  
**Inchigeelagh Grotto, Cork**  
**The Father**

Have faith, children, and believe. What you have waited upon is now among you. My Hand shall cleanse this world through the Blood that My Son, Jesus, spilt for the children of this world upon the Cross of His Love. Now you will come to understand the Power of your God through the Sacrifice of My Son. You have forgotten what He has done for you.

Believe, children, accept the Truth or lose your eternal lives with Me, in the Kingdom of Heaven. The choice is yours, children, you must decide, by your actions, what you want to do. Only those who are in Truth or, genuinely trying to live



**Inchigeelagh Grotto, Cork**

in Truth, will enter My Kingdom.  
Prepare, children, it is time.  
We are One God.  
We Love you.

**Wednesday 29 July 2026**  
**Inchigeelagh Grotto, Cork**

My children, come to Me, spend time with Me in your hearts. I Died for you upon the Cross of My Love. See Me as I Bleed for Love of you, My children. You do not know or understand what approaches but, I will give My people a voice and silence the liars who have worked to destroy the faith of My people.

Prepare, children. I will show you the Truth and your faith will increase if, you are willing to give up the belief in the lies that have been promoted by the deceivers and their followers.

Prepare, children.  
I Love you.

**Thursday 30 July 2026**  
**Immaculate Heart House of**  
**Prayer, Doon, Limerick**

My children, see My Hand at work as this world begins to wake up from the slumber that it has been placed in, by the lies of lucifer. All will, once again, begin to recognise the Truth as the Father of All dissolves the lies that have hidden the Truth from My people.

Prepare yourselves, children. When the dam breaks, many of the peoples of this earth will become angry when they realise what the rich and powerful have been doing.

Stay close to Me, children, and love your enemy, love your neighbour and, do not become caught in the snares of the evil one.

Trust Me.  
I Love you.

We continue to rely on your help for the running of the Houses.  
If you wish to donate, please see the details below:

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Alternatively, if you wish to use **Paypal**, our email is:  
[goodnews@thetwopatrickss.org](mailto:goodnews@thetwopatrickss.org)

**Sincere thanks for your continued support.**

# Beyond the Song



## Annual Beyond the Song

We held our annual Beyond the Song event on Sunday 28 June this year.

As you know, this started during Covid, as an outdoor worship event, where we could gather within the restrictions that were placed upon all people at that sad time. We had wanted to keep public prayer going as our Prayer Meetings were 'illegal'.

We decided to keep the event going after Covid and to try and make a Day of worship and praise out in the open where all could attend.

Each year we try and learn from the previous and endeavour to

improve the event, hopefully learning and growing as we go.

## Mass

This year we had the altar where Mass was being celebrated inside the stable, like the first Christmas! This was to avoid interference from the weather as it can be very unpredictable here in Ireland! The Mass was beautiful and felt very free, out in the open.

## Wired Worship

After Mass, Wired Worship led us in praise and worship. As always they were fantastic and there were many tangible moments of prayer, of being with God.

After Wired Worship, SonLight were up. We praised and prayed through our set and we can only hope that God was pleased.

## Family day out

There was a coffee trailer there on the day serving tea, coffee, sandwiches, sausage rolls and other light bites.

We also had a bouncy castle for the children. It really is a nice family day out where we be with Jesus and worship Him.

## Praising God

I would say that attendance this year wasn't great but, no matter if there is only one person there, praising God is always a good and holy thing!





An unexpected thing that came out of Beyond the Song this year was that Shalom TV, who were live streaming the event, said that they found our music very lively and great and asked SonLight if we would consider doing a TV show for them called Heart of Worship!



# Visiting Knock Shrine

## Visiting Knock

I have been a servant in the Way of the Sacred Heart for thirteen years and, until Friday 24 July 2026, I had never visited any Apparition sites. I have always wanted to visit certain ones but something always clashed with the dates when I considered visiting them. I have always been big into knowing that Jesus and Our Lady are with us, no matter where we are in the world and, truthfully, I did not see the real need for Apparition sites when Jesus is present in every Tabernacle in every parish. However, visiting Knock that weekend in July taught me so much.

### Personal God moments

As a youth minister, I was asked to help this weekend, bringing twenty-four young people from the diocese of Dromore to be VAKS (Volunteers at Knock Shrine). Upon arrival, the young people were taught about Knock and were trained to help in the Masses throughout the weekend (including a beautiful sensory Mass), the Sacrament of the Sick, giving people information throughout the grounds about the various prayer services, Confessionals and even making rosary beads with younger

children. My heart has never been so full from seeing these young people wanting to actively serve and be excited to do it! At the end of each day, the young people are asked to reflect upon a high moment, a God moment and a low moment (which, other than tiredness from their late nights doing karaoke, didn't exist). Hearing these high moments and their personal God moments was truly one of many of my God moments. There was even a young man who plays the organ and his highlight was playing the organ at the Basilica on the Saturday evening vigil Mass. They are not my children but I couldn't help but feel so overjoyed with them and think how Jesus must be too having them serve Him with such a want.

### A Eucharistic shrine

When chatting to the youth ministers at Knock, I found it fascinating that Knock only became recognised as a Eucharistic shrine on 19 March 2021 (The Feast of Saint Joseph). And that it was after this time that the youth ministry really took off and has started to thrive! The youth ministers there encourage Confessions and private prayer to the extent that, when a young person wants to go, they





just inform a leader that they are going and they are relieved of their duties until they come back. At the prayer centre in Knock, there are prayers led by retired sisters twice a day. We got a private one on the Saturday morning and, for a lot of young people, this was their highlight! The sisters set up a centre prayer space for each prayer service and there are a choice of images they choose from to display at the centre. Our image was one we also have on one of the Way of the Sacred Heart booklets! For me, personally, this felt very special!

### **A silent Apparition**

One of the things we were informed on arrival about the Apparition was about how it was a silent Apparition, which is unusual because Our Lady normally appears around the world to tell the people to fast or pray. But at the time of the Apparition, the people of Ireland were recovering from the famine and they would have prayed a lot so the silence speaks volumes! When sitting in

the basilica with the young people, I pondered on the central image of the Apparition. We were also informed that the artist decided to include nineteen witnesses because it is unsure how many were actually present because some are said to have moved away. Therefore he decided to choose a number between the official fifteen known witnesses and the possible twenty five. I noticed that all nineteen witnesses in this image were facing towards Our Lady, Saint Joseph and Saint John the evangelist's direction and none towards Jesus, the Lamb on the altar. This made me think of the latest Messages of Love and how Jesus is calling us to go to Mass, to pay attention to Him in the Mass and to recognise His Presence in His lonely Tabernacles! Today, so many in our faith are fuelled by the Church (which, to me can be illustrated by Saint Joseph, who is recognised as the Patron of and protector of the Church), Our Lady or the teachings of others like Saint John the Evangelist or modern-day theologians. However, how many of us are



driven with a centre focus on the Lamb of God, Jesus, and His Sacrifice of the Mass?

To me, this image silently portrayed how we currently disregard the significance of the Lamb of God.

### **Willing to hear His Words**

Jesus was silent in His Love when He suffered on Calvary, He was silent in this Apparition at Knock still. Was His silence an acknowledgment to the people of Ireland that He sees us? Was His choosing of the two Patricks from Ireland an acknowledgment to the prayers and petitions prayed and cried for? Are the Messages of Love the Words He wishes He could have spoken sooner but waited until the appointed time! Are we, who read the Messages of Love, willing to hear His Words and live what He calls us to do?

### **Called a house of prayer**

Father Patrick O'Grady chose the inscription "My house shall be called a house of prayer for all nations" for the parish church in Knock and it certainly has become that! Jesus said on Saturday 15 January 1994 (For the Feast of the Day of Love):

"...I have asked My servants to procure a House which shall be called a House of Prayer, a House of Love. In it will be the centre of My Word. In it many shall come and be healed. From it shall My Word go forth. From it will many more Refuges be made. I ask your help in this, My children. I ask you to help to procure this House. I will help if you ask Me. It shall

be a House where prayer is taken seriously, where My Message groups shall meet and many will come..."

### **Ponder our faith more**

Seeing what Knock Shrine has become on a man's aspiration is beautiful but I can't wait to see Jesus' Words come into fruition about the Way of the Sacred Heart and His Houses of Prayer!

It's safe to say that I now realise that Apparition sites are not only places people go to for healing but places where we get to ponder our faith more, talk to God and be renewed in what He has called us to in our lives! Thank You, Jesus, and Our Lady of Knock for everything!







### **The King of Love**

We celebrated the Feast of the King of Love on Sunday 19 July 2026, and I took the opportunity to read through the Messages Jesus gave on previous Feasts in the schedule booklet.

Jesus has given Himself wholly and entirely in His Passion and, at every Mass, He gives Himself again, and again, and again. The image of the King of Love captures that Love, that Giving, beautifully. We have had our beautiful, sacred painting of the King of Love for nearly thirty years now. I could gaze upon His Face all day in this image. His Eyes pour out so much Love. The more I look into His Eyes, the more I feel His Love, His pulling my heart towards Him and He even seems delighted that I, a sinner like me, looks at Him. How could anyone not adore Him!

*"...Whoever looks with love upon this image, I will return that love*

# ***The King of Love***

a hundredfold and they shall not be left wanting in the time of Grace..." Friday 17 April 1998

### **The Chaplet**

The Chaplet to the King of Love takes only a few minutes to say yet look at the amazing promises He gives those who pray it:

*"...I tell you that in these Words to Me I shall move hardened hearts to love Me..."*

*"...It has pleased My Father in Heaven to hear these Words spoken and they shall be sweet and sublime to His Ears. My Father shall never abandon anyone in life or in death who would say these Words to honour Me as King of Heaven and Earth..."*

*"...The Words are given so that many would become souls that are on fire with My Love..."*

Who wouldn't want to be on fire with the Love of Jesus?!?

### **Think of the Passion of Jesus**

In Our Lady's Message to the children of Garabandal, She told us to "think of the Passion of Jesus." There is so much wisdom in that! Jesus' Pain is ongoing, eternal, the more we meditate upon each moment in His Passion, the more we see His Love, His Giving and then, when we look back at our own short-lived sufferings, our little inconveniences, we realise

they are so petty in comparison to His great Pain. But we can unite our little pain to His Great Pain and amass a great vessel of love to the Father, for all poor sinners, our brothers and sisters in this world who do not know Him.

### **The Wounds of Jesus**

I think it will be a great plan of

love to recite the Chaplet to the King of Love each day to help us to spend more time thinking about the Wounds of Jesus' Passion and give Him more love. I think this is a great tool to lift our hearts to Him. Thank God for it!



## **SonLight in Fatima**

Santarem, the home of the Eucharistic miracle which happened in the thirteenth century and is still visible today. This, too, I was really looking forward to seeing.

We left for Fatima on the morning of 3 July and arrived there by approximately 4pm.

We checked into our hotel and then celebrated our first Mass in a little church beside the Basilica at the Apparition site.

### **Fatima, in Lucia's own words**

In preparation for going to Fatima, I had begun to read the book, 'Fatima, in Lucia's own Words'. I had read this book about twenty years ago but felt like I had forgotten most of it. Reading it again and having the perspective of where certain events happened, brought the book very much

### **Invited to go to Fatima**

Earlier this year, SonLight were invited to go to Fatima with the Parish Pilgrimage to sing at the various Masses. I was excited to go as I have never been to Fatima but have always wanted to go.

The Pilgrimage was to be three days at the Shrine in Fatima, and four days at Estoril, a town near the birthplace of Saint Anthony. While travelling from Fatima to Estoril, we were going to stop at

alive for me. I was struck by the lives these little children lived. Remember, they were only children. Lúcia, the oldest was aged 10; Francisco, her cousin was 9 and Francisco's younger sister, Jacinta was only 7 years old. Yet the sacrifices, mortifications and prayers these children did left me feeling ashamed of my lack of self-dying. These children suffered and were glad to suffer, offering the little prayer many times a day "O my Jesus, I offer this for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary." The example of these children's lives is to live each moment of each day for God and for God alone. They never missed an opportunity to offer some sacrifice up for the conversion of 'poor sinners'. The children had been shown the vision of hell and this had such a profound effect on them, particularly on the youngest, Jacinta, that they didn't want anyone to go there and were willing to sacrifice anything to help Jesus help sinners.

### **The sadness of our Lord**

Little Francisco was deeply moved by the sadness of our Lord when he saw Him and wanted to console and be with Jesus. He often spent whole days before the Tabernacle at his local church while the other children were at school, just being with Jesus. These children LOVED Jesus and they loved the Hidden Jesus in the Eucharist. By their example, we can see that the Message of Fatima is prayer,

sacrifice, atonement and penance.

### **Messages of Love**

I could also clearly see that this is what Jesus is asking from us in the Messages of Love. What was particularly striking to me was the amount of times this year alone Jesus has asked us to visit Him in His lonely Prison Tabernacle, and here we have little Francisco spending many hours every day just sitting with Jesus in the Tabernacle. He told the girls that there was no point in him going to school to learn to read and write because Our Lady was coming soon to take him to Heaven and he just wanted to make Jesus not feel so sad while he was here on earth, so, he would spend the day just sitting with Jesus.

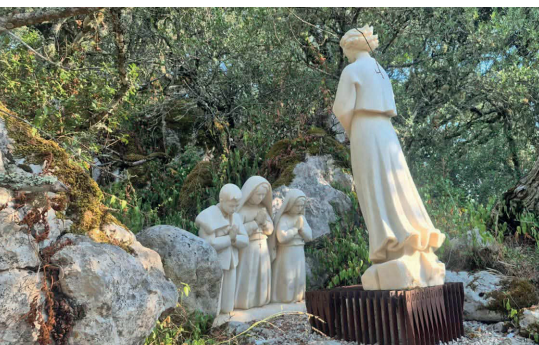
During our time at Fatima we also celebrated Mass in the little church where Jacinta, Francisco and Lucia would have attended Mass. It is a beautiful old church and, as one of the pilgrims commented, it was something special to sit before the very Tabernacle where little Francisco spent many hours keeping Jesus company.

### **Four hours in adoration**

Part of our pilgrimage, was to try to spend at least four hours in adoration of the Blessed Sacrament. What a joy to find that there is perpetual adoration at the Apparition site! You could go and be with Jesus any time of the day or night. Also, Confessions were readily available, in different languages, for people to avail of. On one of the mornings we were there, we did the Stations of the



Cross at seven in the morning. This was because the temperatures were hitting forty degrees during the day and it was cooler in the morning. I couldn't help but think of the times, described in the book I was reading, of the children out watching sheep all day in that blistering heat and of how they decided they would not drink any water so as they had a sacrifice to offer up for souls! These little children really knew how to die to self and understood the value of suffering and offering!



### **A detailed sculpture**

The Stations are a bit of a walk and during them, you can visit the place where the Angel appeared to the children. It is marked with a detailed sculpture of the Angel and the three children.

The tour guide was able to tell us many stories that we otherwise would not have heard. One of them was the story of the sculpture. The artist was having great difficulty in getting little Francisco right, it caused her quite a bit of stress and she prayed much about it. One day she saw a little boy with a football and asked

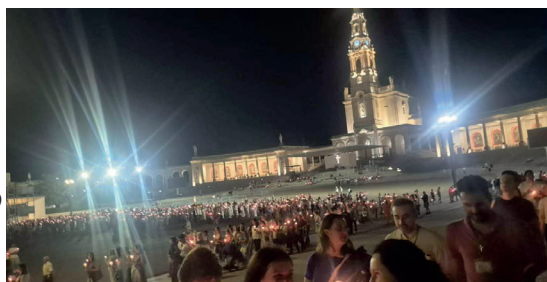
him to pose for her so she had some model to work from. After the sculpture was done, many people said it was exactly like little Francisco. But nobody knew who the boy was who had posed for her, he was never seen again and many believe that little Francisco appeared to help her.

### **A rosary procession**

Each night at the Apparition Site, there was a rosary procession where the statue of Our Lady of Fatima was carried while people followed, praying, singing and holding their lighted candles. It is beautiful to see so many people praying.

### **Eucharistic procession**

On one evening of the week, Sunday, there is a Eucharistic procession. We went to this and walked alongside Jesus. I found this very moving though I don't know why. It felt very emotional and I felt very proud to be walking beside Jesus in the Eucharist. The one thing I would say about this is that this procession was very poorly attended in comparison to the Rosary procession. I found that to be very sad. We turn out in our hundreds for the rosary procession but when we have God, Himself, truly present, we don't turn up. Can we actually say that we believe in the Real Presence of Jesus? It does not make sense to me.





Being at Fatima was a wonderful experience and I am grateful for it. I hope I can live my life a little better in the spirit of the Message of Fatima.

### **Santarem**

As we journeyed from Fatima to Estoril, we stopped at Santarem, at the Church of the Holy Miracle. The story of this miracle is as follows:

#### **Eucharistic Miracle of**

#### **Santarem:**

“The Eucharistic Miracle of Santarem occurred in the 13th century when a woman looked to a sorceress for help dealing with her unfaithful husband. The sorceress assured the woman she could rid their marriage of infidelity in return for a consecrated host. The woman went on to celebrate Mass at the Church of St. Stephen and after receiving communion, took the host out of her mouth and wrapped it in a veil to bring home. Almost immediately following this act of sacrilege, the host began to bleed intensely. The woman stowed the bleeding host in a trunk in her bedroom and in the middle of the night, a bright light began emanating from the trunk that woke the husband and wife. When she explained to him what

she had done, the couple knelt at the trunk and repented. In the morning, they told the Priest at St. Stephens what had happened. The Priest kept the host in a Wax container at the church and soon word spread, bringing many to visit the church to witness. The next time the Priest opened the tabernacle, another miracle was discovered, the wax container was shattered and the host was now enclosed in a crystal pyx. This pyx was placed in a silver monstrance, where Pilgrims can still view it today. After official investigation, the miracle was approved and the church was renamed the Church of the Holy Miracle.”

#### **Left for us to help our faith**

This is another very old and very beautiful church. After we celebrated Mass here, we were led behind the altar, up a staircase to see the Eucharistic miracle. There is a notice saying that the Eucharistic miracle takes place at all Masses around the world and is contained in all Tabernacles but that this is just one left for us to help our faith.

Under Pope John Paul II's direction in 1997, a review by doctors and pathologists was conducted, affirming that the relic consists of real human flesh and type AB blood, the same type that is



in the Shroud and the miracle of Lanciano.

It occurred to me that no one in the world can say that they don't know that the consecrated Host is the Body, Blood, Soul and Divinity of Jesus. All they can say is that they don't believe that it is. Heaven has left us irrefutable evidence on this earth for anyone wishing to see it.

### **Gods Presence lingered**

The birth place of Saint Anthony too, was a lovely visit. It felt very still and peaceful, like Gods Presence lingered here. It made me think of what a pilgrimage is all about. Sometimes I would think that, other than curiosity, what is the point in going away to see various saints places or Apparition sites where Our Lady

appeared and gave Messages, when we have Jesus, Body, Blood, Soul and Divinity in our churches very accessible to us. I mean, what do the Saints teach us except how to follow and worship God? But I realised that on this pilgrimage, my reasons or excuses of not going to prayer or spending time with God, were all taken away. I had no other obligation during this time, no one else depending on me to do things, nothing, only free time to spend with God. It was a blessing and refocused me a little. In our everyday life we have to fight for that time but, we do need to make it a priority because God is the single most important thing in all of our lives whether we realise that or not.



“...The most complete prayer is undoubtedly the Holy Mass.

In it, the greatness of prayer enfolds and fill us, but on the one condition that we learn to participate in it and are not simply "present" in some corner of the church, maybe listening to what the priest has to say and then going on our way.

I assure you that if you make an effort to participate, the Holy Mass, with its prayer, will slowly fill you to overflowing. Then you will not say that you do not know how to pray or that prayer is boring. You will be filled with Christ's prayer, and the precise words and prayer methods you use will become secondary in the face of the real experience of being filled with the prayer of Christ.

I cannot urge you enough to learn to participate in the Holy Mass and not simply to be present. You should participate with your mind, heart, will, and sin. Yes, with your sins, too. At the beginning of the Mass we confess our sins which is like saying, "I have sinned against Thee."...

*Saint Pope John Paul II, The Way to Christ, p68*



# Wisdom

## John Paul II

### THE REDEMPTION OF THE BODY AND SACRAMENTALITY OF MARRIAGE (THEOLOGY OF THE BODY)

From the Weekly Audiences of His Holiness John Paul II  
from 5 September 1974 - 28 November 1984

#### THE MEANING OF ORIGINAL HUMAN EXPERIENCES *December 12, 1979*

The analysis of the first chapters of Genesis forces us, in a way, to reconstruct the elements that constitute man's original experience. In this sense, the character of the Yahwist text makes it a special source. Speaking of original human experiences, we have in mind not so much their distance in time, as rather their basic significance. The important thing is not that these experiences belong to man's prehistory (*to his "theological prehistory"*), but that they are always at the root of every human experience. That is true even if in the evolution of ordinary human existence, little attention is paid to these essential experiences. They are so intermingled with the ordinary things of life that we do not generally notice their extraordinary character.

On the basis of the analyses carried out up to now, we have already realized that what we called at the beginning the "revelation of the body," helps us somehow to

discover the extraordinary side of what is ordinary. That is possible because the revelation (*the original one, expressed first in the Yahwist account of Genesis 2:3, then in the text of Genesis 1*) takes into consideration precisely these primordial experiences. In them, there appears almost completely the absolute originality of what the male-female human being is: as a man, that is, also through his body. As we discover it in the biblical text quoted, man's experience of his body is certainly on the threshold of his whole subsequent "historical" experience. However, it also seems to rest at such an ontological depth that man does not perceive it in his own everyday life. This is so even if at the same time, and in a certain way, he presupposes it and postulates it as part of the process of formation of his own image.

Without this introductory reflection, it would be impossible to define the meaning of original nakedness and tackle the analysis of Genesis 2:25, which runs as follows: "And the man and his

wife were both naked, and were not ashamed." At first sight, the introduction of this detail, apparently a secondary one in the Yahwist account of man's creation, may seem something inadequate or misplaced. One would think that the passage quoted cannot bear comparison with what has been dealt with in the preceding verses and that, in a way, it goes beyond the context. However, this judgment does not stand up to a deeper analysis. Genesis 2:25 presents one of the key elements of the original revelation. It is as decisive as the other texts of Genesis 2:20 and 2:23, which have already enabled us to define the meaning of man's original solitude and original unity. To these is added, as the third element, the meaning of original nakedness, clearly stressed in the context. In the first biblical draft of anthropology, it is not something accidental. On the contrary, it is precisely the key for its full and complete understanding.

This element of the ancient biblical text makes a specific contribution to the theology of the body that absolutely cannot be ignored. Further analyses will confirm this. But before undertaking them, I take the liberty of pointing out that the text of Genesis 2:25 expressly requires that the reflections on the theology of the body should be connected with the dimension of man's personal subjectivity. It is within the latter that consciousness of the meaning of the body develops. Genesis 2:25

speaks about it far more directly than other parts of that Yahwist text, which we have already defined as the first recording of human consciousness.

The sentence, according to which the first human beings, man and woman, "were naked" and yet "were not ashamed," unquestionably describes their state of consciousness, in fact, their mutual experience of the body. It describes the experience on the part of the man of the femininity that is revealed in the nakedness of the body and, reciprocally, the similar experience of masculinity on the part of the woman. By saying that "they were not ashamed," the author tries to describe this mutual experience of the body with the greatest precision possible for him. It can be said that this type of precision reflects a basic experience of man in the "common" and pre-scientific sense. But it also corresponds to the requirements of anthropology and in particular of contemporary anthropology, which likes to refer to so-called fundamental experiences, such as the "experience of shame."

Referring here to the precision of the account, such as was possible for the author of the Yahwist text, we are led to consider the degrees of experience of historical man, laden with the inheritance of sin. However, these degrees methodically start precisely from the state of original innocence. We have already seen that, referring to "the beginning" (*which we*

have subjected here to successive contextual analyses), Christ indirectly established the idea of continuity and connection between those two states. This allows us to move back from the threshold of man's historical sinfulness to his original innocence. Genesis 2:25 makes it especially necessary to cross that threshold.

This passage, together with the meaning of original nakedness inherent in it, takes its place in the contextual setting of the Yahwist narrative. After some verses, the same author writes: "Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made themselves aprons" (Gn 3:7). The adverb "then" indicates a new moment and a new situation following the breaking of the first covenant. This situation follows the failure of the test connected with the tree of the knowledge of good and evil. At the same time that test constituted the first test of "obedience," that is, listening to the Word in all its truth and accepting love, according to the fullness of the demands of the creative Will. This new moment or new situation also implies a new content and a new quality of experience of the body, so that it can no longer be said: "They were naked, but were not ashamed." Here, shame is an experience that is not only original, but a "boundary" one.

The difference of formulations that divides Genesis 2:25 from Genesis 3:7 is significant-in the

first case, "They were naked, but they were not ashamed"; in the second case, "They knew that they were naked." Does that mean that, to begin with, "They did not know that they were naked," or that they did not see the nakedness of each other's body? The significant change testified by the biblical text about the experience of shame (*of which Genesis speaks again, especially in 3:10-12*), takes place at a deeper level than the pure and simple use of the sense of sight.

A comparative analysis of Genesis 2:25 and Genesis 3 leads necessarily to the conclusion that it is not a question here of passing from "not knowing" to "knowing." Rather, it involves a radical change of the meaning of the original nakedness of the woman before the man and of the man before the woman. It emerges from their conscience, as a fruit of the tree of the knowledge of good and evil: "Who told you that you were naked? Have you eaten of the tree of which I commanded you not to eat?" (Gn 3:11).

This change directly concerns the experience of the meaning of one's body before the Creator and creatures. Subsequently, the man's words confirm this: "I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself" (Gn 3:10).

That change, which the Yahwist text portrays so concisely and dramatically, concerns directly - perhaps in the most direct way possible - the man-woman, femininity-masculinity

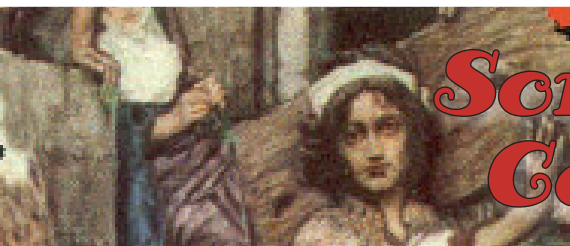


relationship.

We will have to return again to the analysis of this change in other parts of our further reflections. Now, having arrived at that border which crosses the sphere of the "beginning" to which Christ referred, we should ask ourselves if it is possible to reconstruct, in some way, the original meaning of nakedness. In Genesis, nakedness constitutes the immediate context

of the doctrine about the unity of the human being as male and female. That seems possible, if we take as a reference point the experience of shame as it was clearly presented in the ancient biblical text as a "liminal" experience. We shall attempt this reconstruction in our following meditations.

*Continued next month*



## *Song of the Carpenter*

The following is a serialisation of the 'Song of the Carpenter,' a novel inspired by Jesus and written down by the two Patricks. It is about the Life of Jesus and is full of spiritual teachings as well as a simply fantastic read.

If you cannot wait to read it all, then you can order it from the Sacred Heart House of Prayer. It costs £6.99.

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"Little John is growing up very fast," said Tamar now as they sat in the cool of the evening, "he is like his father and I think he is like you a little bit, Elizabeth." Both women were shelling peas in preparation for a meal. John was sitting on the floor helping them. "Just a little bit, Tamar? I thought he was very much like me. Look at his lovely dark eyes; are they not

like my own?" Elizabeth fluttered her eyelids in mock vanity.

"No, he has his father's eyes and is quite handsome at that. He may just have the back of your neck, which is quite safely tucked away so that no one can see it."

Elizabeth raised her eyebrows in mock horror. "And I suppose Zechariah had him all on his own and I had little to do with it? Is that what you are saying?"

"Yes, that's about it," Tamar said.

Elizabeth picked up some peas and threatened to throw them at Tamar.

"He is a beautiful child," said Tamar.

"I wonder how young Mary is getting on with her baby. He should be about six months younger than John. That should leave him about five years old too.

Do you remember when she came to see me? She was very young but Mary has a good head on her shoulders and is very deeply rooted in God. Tamar, she is filled with the Spirit of the Lord and I know that she is blessed among all women."

"From what I can remember of her," said Tamar, "she seemed richly blessed by the Lord."

"I should very much like to see her and Anne again. I have not seen Anne since Joachim died. My mother and Joachim's mother were sisters. He must have died, oh, about seven or eight years ago now. He was a fine strong man. Maybe some day soon we will take the road for Nazareth. Would you like to come, Tamar?"

"Yes, I'll come. Would you be up to the journey?"

"I think so. If we took it slowly, I am sure we could make it. There might be a caravan going soon. I will ask around the village. Some of the oil merchants are bound to know. It would be good to see Mary and Anne again."

Six weeks later Elizabeth, Tamar and the child, John, joined the caravan that was heading for Damascus and beyond. It would go through Nazareth. It would travel by way of Arimathea, Sychar, and Samaria and into Nazareth and would take anything up to a week to allow merchants who travelled with it to sell their wares in the bigger towns. Apparently, the roads around Jerusalem were just too dangerous to travel on and

many robberies had been reported and a few murders had occurred.

While they were waiting in Sychar, the two women brought John to Jacob's Well at the base of Mount Gerizim. The well lay in the fork of two passes, one going west and the other north. It is said that Jacob dug this well when the supplies of water for his flocks were not enough. The well had a narrow opening and Tamar was able to pass through it into the cylindrical shaped chamber to retrieve water from the fabled well. It was about seven feet across. This well is not a spring but depends on its supplies from rainfall and seepage. It acted as a reservoir and held the water in a deep hole. The water dries up at the end of Shebat and remains dry until the rains return. They noticed that the water was light and not like the hard water they had in their own springs. The next day the caravan set out for Samaria.

The hill upon which Samaria is built rises up from the fertile hollow called Wady esh-Sha'ir or 'Valley of Barley'. The hill is some three hundred feet in height and has a level top. The sides of the hill are steep and the greatest length is from east to west. The mountains surrounding the hill of Samaria are verdant with olives and vineyards. From the pinnacles of the lower western hills they saw the stunning view of the Plain of Sharon and beyond it the Great Sea. Its soil of rich loam grows oranges, vines and

olives. When the flowers are in bloom it becomes a place of rare beauty watered perennially by four streams. The white narcissus grows abundantly in its season. On their way was Esdraelon, the valley of Jezreel. It is a depression that lies between Mount Gilboa in the east and Mount Carmel in the

west and was the scene of many long ago battles. It is supplied water by copious springs and growth here is abundant. The caravan route would take the irregular tracks to the foothills of Nazareth.

*Continued next month*

# The Plight of Others

## THE SCOURGE OF ABORTION

**Last month in *The Plight of Others*, we printed 'Elaine's' story on her experience of abortion. We continue *The Plight of Others* this month with Melody's story. These testimonies portray how destructive abortion is not only for the baby but for mum also.**

### Melody

My Name is Melody

I was 16 when I found out I was pregnant. I was scared and desperate. So I agreed with my family and friends to have an abortion. There was no counselling or there were no options presented to me and I thought my life would change forever if I had this child. I believed it was just a clump of tissue. I didn't know until later that my parents were looking into a home for young mothers. I thought abortion was my only

option and I chose it. About a month later, I found myself very depressed; I slept a lot because life was much better in a dream. I didn't care what happened to my body. I remember drinking a lot and using LSD, mushrooms, anything to forget. I had many sexual relationships, just trying to feel some sort of love.

### I saw the jar fill up

I went on a low-dose birth control pill and got pregnant again after missing some pills. I told the father and he said it was up to me. I understood he was saying, I don't care about the baby. So I drank more and did more drugs, not even considering the life inside.

I was three months pregnant when I finally told a family member. I went to a clinic in the states, because I was twelve weeks. I was awake for the whole procedure. I heard the suction and I saw the jar

fill up. The nurse said it was just tissue. But I knew the truth but tried to block it out. I drank so much that night, trying to forget what I had done.

### **Pregnant a third time**

Later I got pregnant a third time, on purpose in the same year. I've learned that many women who experience multiple abortions often do that. I got married and had our baby, but we divorced six months later.

### **My third abortion**

My son was three when I had my third abortion I drove myself because I didn't want to tell anyone I was going to climb onto that table again. The procedure was extremely painful. Afterward, I was weak and bleeding heavily but I didn't want to go back to the hospital. I had to stay at a friend's house because I couldn't drive myself all the way home. Some say how can you do this three times? I don't know, when I look back, it's desperation! But I do know that a lot of women do use this as a form of birth control and block it out until one day it hits you.

### **I asked God to forgive me**

One day, on TV, I heard the testimony of a woman who had an abortion. I finally knew I wasn't alone. Oh man, did I cry that day and grieve my children and what I did. I asked God to Forgive me. Later I wrote a song for my three aborted children so that others could identify with my pain. It was a love letter to them, filled with my regret. I never talked about my abortions to anyone, I would

only tell doctors one or two, never three. Through years of searching, I found Jesus who would forgive all I had done. He set me free from the shame and healed my pain. I also found Rachel's Vineyard to help me with a deep healing that was needed.

### **Expose the lies about abortion**

God gave me courage to speak out. I wanted to be a voice for my children, to reach women with a message of healing and to expose the lies about abortion. I now had a purpose and so do my children, I gave them a voice!...

I still find myself mourning my unborn children at times and it pains me to imagine what they experienced while they were torn apart by that machine by a doctor. They were destroyed due to my ignorance and a violent form of birth control. I have three beautiful children and now I have eleven grandchildren and one was born premature, thirty four weeks but she is thriving and ALIVE and they are ALL a Gift of GOD. I will always remember my unborn children Cherice, Daniel and Tamara

For them, I am Silent No More...

[www.silentnomoreawareness.org](http://www.silentnomoreawareness.org)





# Saint Mary of Magdala

## Feast Day 22 July



...When I first encountered Jesus, I could not understand what had happened to me. Forgiveness was a new way of life to me. It was like a sweet song that filled my soul. It overwhelmed me.

From a proud and sinful woman, its sweetness invaded me and I became as nothing. The Words of the Rabbi took away my breath and I was new - a whole being for the first time in my life. I gave my soul to Him and His Song of Love engulfed me. I left my life and I followed Him. I took off the jewels that I wore as a sign of who I was, and I placed His Words on me and they became my jewels, for His Good News invaded me.

I washed His Feet in my shame and I could feel the Love of a Father burn me with Mercy and Forgiveness, as He looked at me.

Brothers and sisters, do not fear Him who is Love. Do not fear to seek His Forgiveness. Do not fear to listen to His Sweet Song, that is His Gospel.

Many temptations will come to take you away from Him, but fight them with your life. Do not give in. I saw Jesus upon the Cross of Love. I did not - like all of the brothers - understand what was happening. Here He was, my joy, my peace, my Love, here tortured upon the Cross. He was twisted

in Agony, the Agony that was for all of us. His Blood, His Precious Blood, flowed from Him, for His Body was torn. Flesh hung from Him, so badly was He scourged for my sins and yours. He gave His All.

My tears were copious, as I heard Him say His last Words. They burned my soul; they pierced my heart. I have never forgotten them. He now became my sadness; His broken Body, like the sacrificed lamb, had no inch of skin that was not torn. I am an eye-witness to this. O! the shame that He Suffered for me and for all of us. He did not complain; He did not cry out. I loved Him more then than I have ever loved Him. My heart was broken.

That was why I came, to tell you to accept His Love and His Mercy and His Forgiveness, for He paid the Greatest Price that was payable for it. He spared nothing for it. It was for all of us; do not let His Death be in vain in your life; do not let His Pain be Suffered for nothing. Come to Him, even if your sins are like scarlet - then they will be white as snow, as He pours His Precious, Precious Blood over them, so that you might be led out of the pit of darkness, that is sin...

*From Their Robes Washed  
White, Messages of Love*

# PRAYING THE CHAPLET OF LIFE

There have been several testimonies by people who are praying the Chaplet of Life. Here is one from a servant of the Sacred Heart House of Prayer.

## **Called to do so**

I just wanted to give Glory to God, and to thank the Holy Spirit for the beautiful Gift of the Chaplet of Life.

I have been trying to pray it everyday, by listening in to the Prayers from the Sacred Heart House of Prayer on YouTube.

I had told my husband about the Prayer and we prayed a decade together for his family, as I explained to him that I felt called to do so, as none of them are practicing Catholics and there is a lot of brokenness and hurt in his family.

The words stood out to me, "...that all our brothers and sisters come to see what Your Son, Jesus, did for us..." and, also, in the Messages that this prayer will "be responsible for the conversion of millions" so it gave me a lot of hope for the family even though things don't look very hopeful at the moment.

## **Healing**

My husband just recently approached me to share something with me from his childhood about a woundedness that he had been



carrying and keeping to himself for many years and he said that he felt inspired by the Holy Spirit to talk to me about it. Which he did and, just by sharing it, I believe, brought him some healing and shed some light on it all.

## **So exiting!**

I truly believe that this was in some way linked to the Chaplet of Life and we prayed another decade of it together after our discussion.

Thank You, Holy Trinity, for giving us this powerful weapon of prayer! This is just one tiny example and I know that Jesus and the Father and the Holy Spirit are doing and, will do, amazing, unbelievable things through this Chaplet. It is so exciting!

Help us, Lord, to learn of the Power of the Holy Sacrifice of the Mass, Your Passion and Death on the Cross, Lord Jesus, and Teach us to love You well, in that moment, during Mass. Thank You, thank You, thank You, Father, Son and Spirit.

# Saint Michael House

50 Tynemouth Road, Tottenham, London. N15 4AX.

Tel: 0208 808 0732 E-mail: [st.michaelshop@outlook.com](mailto:st.michaelshop@outlook.com)

## OUR LADY OF GUADALUPE

### Our Lady of Guadalupe

Many years ago, while on a holiday in Cancun in Mexico, I couldn't let the opportunity pass by without visiting the famous icon of Our Lady of Guadalupe. I managed, with my husband, to get a flight to Mexico city where a local tour guide helped us navigate our way around.

The image is placed high up and, to stop tourists from standing there for long periods of time, you step onto a moving walkway one way and then the other direction so everyone gets a fair chance to view the image.

Looking back, I feel very blessed that I did get that opportunity to get so close to Our Lady of Guadalupe. I probably didn't realise at the time the full significance of this miracle image.

### Fr Chris Alar

Just last month, me and my sister heard that the American Marian priest, Fr Chris Alar, was visiting London and speaking on the Image of Our Lady of Guadalupe so we were excited to listen to this well known priest and his informative talk on this beautiful miracle.

His talk linked in so much to Jesus' recent Messages on His Real Presence in the Most Holy Eucharist.

At the time of this Miracle in 1531, Mexican natives were very much into human sacrifice to feed and sustain their pagan gods. They would take the beating heart out of the victim and give it to the eagle who could fly the highest of all birds to bring to their sun god. It was the body and blood of sacrificed victims feeding the divinity and sustaining it.

### In a way they could understand

The image of Our Lady of Guadalupe introduced Christianity to the natives in a way they could understand through imagery. Her image was basically telling them that they had got it all wrong; that it was Her Son who was to be the Eternal Sacrifice to be given to us to feed and sustain us. He is the





beating Heart that is given to us in the Most Holy Sacrament of the Altar.

*"...If you could see with spiritual eyes when you look upon the Host, you would see My Beating Heart as I hang upon the Cross of My Love..." Saturday 16 May 2026*

### **She is from Heaven**

The green/blue of Her mantle was significant as that was the colour of someone important, like an Empress. Her hair was worn down in the image which showed them that she was a virgin. The black ribbon worn high on her waist indicated that she was pregnant. She is standing on the moon symbolizing the feathered serpent moon god who she has crushed and defeated. On Her mantle there are stars showing them She is from Heaven.

The natives were terrified of the eclipse but, in this image, Mary is

eclipsing the sun in an educational way. She is more important. The Angel supporting Her in the image, had wings of an eagle which corresponded to the eagles which were used to take the sacrificed hearts of the victims to their gods. Stars on Her mantle appeared as the constellation of stars appeared exactly in position on that day.

Her Eyes were cast down in humility and compassion showing that She was not God. As to them a god looks straight ahead with wide open eyes.

Her Hands were folded in prayer asking for supplication. But the natives saw prayer through dance and they saw that her knee was bent in a position of dancing prayer. The golden brooch under Her Neck to them represented sanctity, showing the people they could trust in Her.

### **Flowers**

The flowers were of great meaning to the people and those printed on Her garment represented new life and truth. The one four petal gold jasmine flower that is located directly over Her Womb symbolized the highest God of all. It meant the Giver of Life. Mary was showing them the God they didn't know existed. A God who is present, loving and reachable. This God is in Her Womb. The solar flower representing a Sun type of god is now replaced by the 'Son' God.

The image is about Jesus as the Centre. Mary is bringing Him to us.

Although She is important, She





is leading us to what is most important, Her Son Jesus. Jesus said: *"...My Mother will bring you to Me as do the Angels and the Saints. It is I, your God, who has sent My Mother to call you to Me but, so many misinterpret Her Words and place Her above Me, your God..."* Tuesday 12 May 2026

### **Eight million natives converted**

Within seven years, eight million natives converted to Christianity. The image on the tilma was able to do what, up to that time, the missionaries were unable to do significantly, which was to explain Christianity clearly to the Indian people.

This beautiful miraculous image of Our Lady of Guadalupe has survived nearly five hundred years on a cactus tilma that should have disintegrated completely within fifty years. It has survived nitric acid being spilt on it, a bomb attack, smoke from fire and has never been affected in any way.

### **The Most Holy Eucharist**

Fr Alar also spoke about the

importance of Jesus in the Most Holy Eucharist. When we are reciting the Eucharistic Prayer, the priest says "lift up your hearts" and we reply "we lift them up to the Lord," Jesus is preparing us to receive a heart transplant! We are basically saying "Lord, we give our broken, hardened hearts to You and then He gives us His Heart, literally, when we receive Him in Holy Communion. He replaces our stone-cold hearts with His Heart full of Mercy and Love.

*"My children, see Me in the Bread and Wine that the priest holds up upon the Altar of My Love. See Me, children, I am the Bread of Life. Anyone who eats My Body and drinks My Blood will have Eternal Life for, I am Life..."*

Sunday 14 June 2026

What a Great and Loving God we have! Thank You, Mary, our loving Mother, for always teaching us and guiding us to Your Son. Thank You, Jesus, for Your Sacrifice and Your never ending Love for us.



**Weekend with the Patricks**

**Friday 16 to Sunday 18 October 2026**

**Walk Against Abortion**

**On Saturday 17 October, gathering at 2.45pm**

# Sacred Heart House

46 James Street, Cookstown, Co. Tyrone, Northern Ireland BT80 8LT  
Tel: 028 867 66377 Fax: 028 867 62247 E-mail: [goodnews@thetwopatricks.org](mailto:goodnews@thetwopatricks.org)

## Events to Come

**Sunday  
9 August**  
**FEAST OF SAINT  
TERESA BENEDICTA  
OF THE CROSS  
(EDITH STEIN)**  
*Prayers begin  
at 3pm*

**Tuesday 11  
August**  
**FEAST  
OF SAINT  
CLARE OF  
ASSISI**  
*Prayers begin at 12noon*



**Saturday  
5 September**  
**FEAST OF  
SAINT TERESA  
OF CALCUTTA**  
*Prayers begin  
at 12noon*



**Tuesday  
8 September**  
**MARY'S BIRTHDAY**  
*Prayers begin at  
12noon*

**Monday  
14 September**  
**THE EXALTATION  
AND TRIUMPH OF  
THE CROSS**  
*Prayers begin  
at 12noon*

**Wednesday  
23 September**  
**FEAST OF  
SAINT PIO**  
*Prayers begin  
at 12noon*

**Tuesday  
29 September**  
**FEAST OF THE  
ARCHANGELS**  
*Prayers begin  
at 12noon*

**FIRST FRIDAY  
VIGILS**  
from 10pm - 2am:  
4  
September  
and  
2 October  
2026



*Feast of the Assumption*

*Day of Prayer  
Against Abortion*

*Saturday 15 August 2026*

*Prayers begin at 12noon*

*Walk Against Abortion at 2.45pm*



# Letters to the HoP



## EXCELLENT MAGAZINE

Dear friends,

Please find enclosed a cheque in the sum of ... as a subscription to your excellent magazine, "An Invitation to love Jesus".

I was especially pleased to read, in your most recent edition, the article entitled "Respect in Church", a timely reminder to those of us who, like me, just can't maintain that all-important silence all of the time. (People will keep coming up and asking how you are. Why can't we just do this outside, after Holy Mass?) It's a great pity more people can't read this important reminder.

I also enclose a separate cheque for an extra few pound, to thank you

for all the enclosed prayer cards. Sorry it's not more but I'm hoping every little helps.

God Bless you and your work,  
With prayers and thanks, Eileen

## BEAUTIFUL PRAYER CARDS

Dear all,

Just a quick thank you for the Newsletter I've been receiving so many years but appreciate it and the work you do. Also for these beautiful prayer cards, they are so lovely. The Words touch deep, seem more like a conversation with God. So easy to keep as they slip easily into prayer books.

God Bless you all at the House of Prayer and the two Patricks!  
Monica

## CHAPLET OF LIFE AUDIO

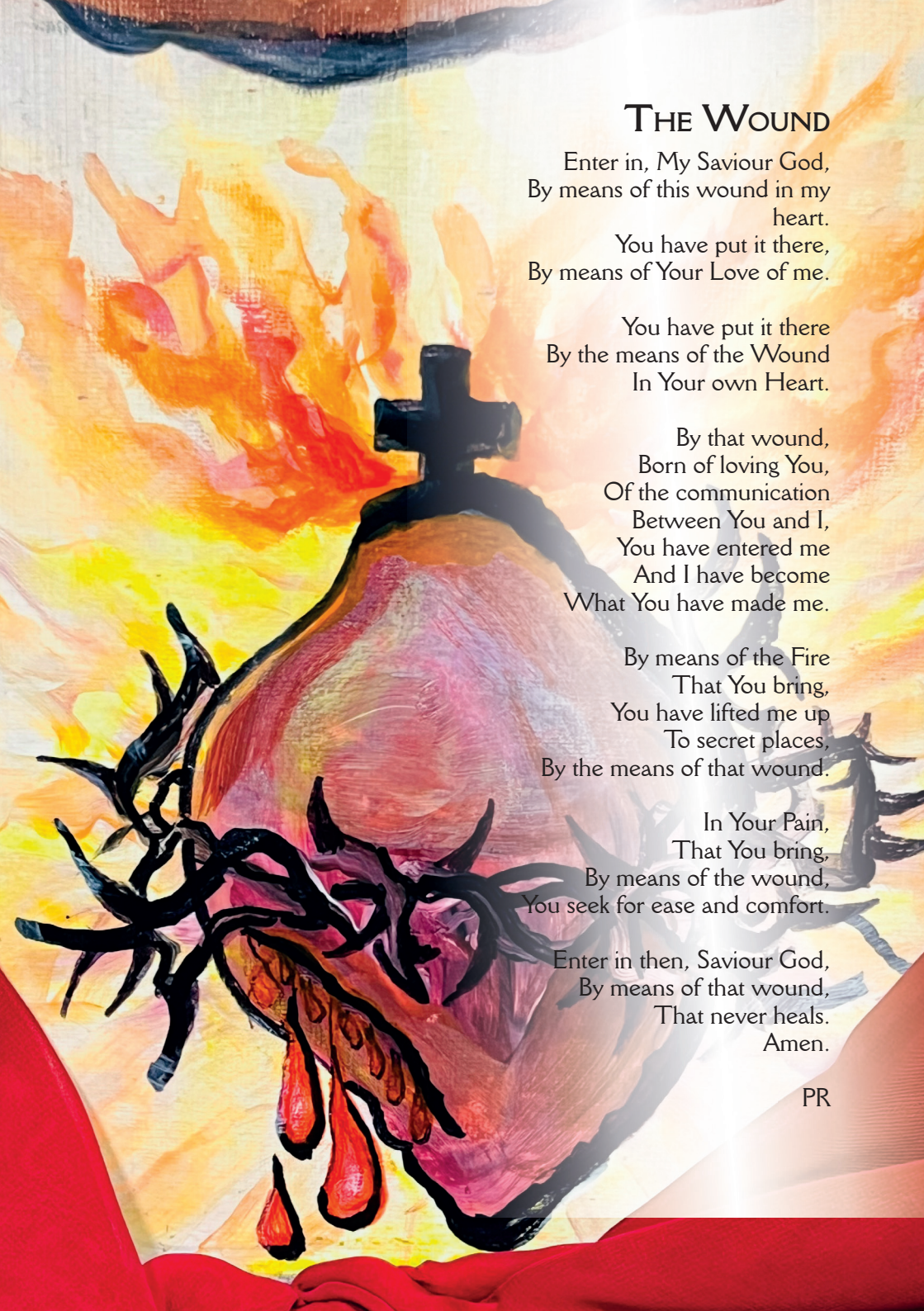
An audio recording of the Chaplet of Life is now available on [thetwopatricks.org](http://thetwopatricks.org) website. To do this, go to the website, click on the tab Prayers and Chaplets. From there you can listen or download.

It is also available to stream on Spotify, iTunes, Amazon music etc.

A CD will also be available soon.







## THE WOUND

Enter in, My Saviour God,  
By means of this wound in my  
heart.

You have put it there,  
By means of Your Love of me.

You have put it there  
By the means of the Wound  
In Your own Heart.

By that wound,  
Born of loving You,  
Of the communication  
Between You and I,  
You have entered me  
And I have become  
What You have made me.

By means of the Fire  
That You bring,  
You have lifted me up  
To secret places,  
By the means of that wound.

In Your Pain,  
That You bring,  
By means of the wound,  
You seek for ease and comfort.

Enter in then, Saviour God,  
By means of that wound,  
That never heals.  
Amen.