

"...Unless you take My Commandments
into your hearts and live them,
I cannot bring you back from the brink..."

Friday 12 June 2026, The Feast of the Sacred Heart of Jesus

An Invitation to Love Jesus Newsletter Messages of Love June 2026 Issue 361

Editorial

The Messages

Jesus continues to call us to His lonely prison Tabernacle, where He will Teach us about His Love and how to become love and, a part of His Kingdom.

He explains to us that there is no love in the world and how He needs us, His followers, to put Love in the world. He tells us that by coming to Him before His Tabernacle, in His Churches, He will Teach us how to do this. He also, plainly, tells us that we need to die to ourselves before He can place His Love in us and then we can put that Love into this world.

Jesus also Teaches us about His True Presence and the Power of the Blessed Sacrament:

"...Children, if you could see through time, you would see Me hanging upon the Cross of My Love for you at every Mass that you attend. It is through My Blood, the Blood of the Lamb, that My remnant will be saved. When you receive Me in Truth, it is as if you mark the lintels and frames of your doors with the Blood of the Lamb and the Angel of Justice will, once again, pass over those who have been marked with the Blood of the Lamb..."

As we enter July, the Month of His Precious Blood, let us hold these

Words as precious gems in our hearts.

Silence in Prayer

The two Patricks have written an article, 'Silence in Prayer'. It was written in response to the questions that people have asked about this subject. It is an inspiring article and speaks of many of the difficulties some of us find when trying to achieve silence. It also leaves us with a sense of calm, not to worry should we think we are getting nowhere or not doing it right. Our God KNOWS us, intimately and understands us.

Work on the Other Houses

Some servants and workers went over to the Houses of Prayer in Germany and Poland last month. They found there was a lot of work needing done and more needed organised. They got on really well and you can read about this inside and see some of the pictures.

June

June was an absolutely beautiful month here at the House of Prayer. There were many Prayer Days, celebrations, talks from the Patricks and Messages from Jesus. We hope to bring you some of the highlights of June in our next Newsletter.



The Messages of Love

as given to the two Patricks

Look deeply into these Words of Scripture for they tell you much about My Love and, how My Heart thinks. It thinks, not of Itself, but of you, My children. My Heart wishes to give and give yet more to bring My children to Me. Its Love knows no end, It leaves no stone unturned even, to giving Itself completely but, never exhausting Itself in doing more, if it is needed, *11 "I am the good shepherd. The good shepherd gives His life for the sheep. John 10:11.*

Behold this Heart before you! Behold Its Love! Behold the very depths to which It has taken Itself to, in order to bring you to Me! My Heart, all aflame for you, calls out to you to turn away from the world's anger that you have allowed yourselves to be caught up in. Step away and live inside My Heart.

Tuesday 2 June 2026

Have faith, children, and see the reality that I, your God, am with you, My people. Look around you; I sit within every Tabernacle, in every city, town and village, yet, I sit alone. So few believe that I am Truly Present and so self is given control.

Remember, self will always listen to the inspirations of lucifer, who

Monday 1 June 2026

My children, see Me, your God, as you enter My Church. Do not allow self to control you into thinking that I am not Truly Present.

Trust Me, children, feel and let your heart find Me.

Trust Me and begin to learn.

I Love you.

Tuesday 2 June 2026

My Flock, I call to you as the Shepherd whose Heart is only Good, only True. The Words I speak to you are the same. My Heart is an Abyss of Love for My children, that Love has no end. My Heart is in My Tabernacle. If My Body, My Blood, My Soul and My Divinity are there, as I have Taught you, then how can My Heart not be there? How can It not Love? How can It not go out to: ...go after the one which is lost until he finds it? *Luke 15:4.*

will take you away from Me. See Me, children, and be a part of the Revolution of Love that begins now in this world. Our Father now allows His Justice to seep slowly into everything, in every part of this world.

All is changing but, still, so few believe. It will be too late for many when all finally realise the Truth, many will refuse to repent and, anger will consume them as they try to justify and blame Me for their sin. Watch, children, and do not be one of these.

Prepare, children.

I Love you.

Thursday 4 June 2026

My children, have faith in the One who Died for the Forgiveness of your sins. Trust in Me, My children, and let Me guide you upon this Path of Love I set before you. Believe in these, My Words for they are My Gift to you, they will open doors that you could not believe. They will guide you upon the Path of Miracles if you are willing to die to self and walk the Path of Truth.

Trust Me, children, and believe.

I Love you.

Friday 5 June 2026

My children, have faith in Me and see the Truth of My Words. Come to Me; visit Me in My lonely Churches and you will find the strength that you seek. Trust Me, My children, I am a real God and you have now entered a time when all will begin to see that they have been lied to by those who think

they control My Church and the countries of this world.

Trust Me and prepare so that you will see and understand.

Trust Me.

I Love you.

Saturday 6 June 2026

The Father:

Look to the Truth and see what I am saying. This world has forgotten what My Son, Jesus, has done for you, His people. You have forgotten that He Suffered and Died for the Forgiveness of your sin. The sin, that you yourself, are guilty of committing in your lifetime.

Yes, you say that My Son Died for you but, if you truly believed He did, then My Power would flow out through that faith that you hold within your heart. See the Truth; learn to trust in these Words I speak. Say My Chaplet of Life and, through its Words, you will begin to learn the Truth of what My Son, Jesus, did for you.

Jesus:

Come sit before Me; I am Truly Present in every Tabernacle. I Am the Bread of Life; believe when you receive Me and I will fill you with My Strength.

Trust Me, children.

I Love you.

Sunday 7 June 2026

Feast of Corpus Christi

Have faith, children, and take up your cross every day and come, follow Me, your God. I gave My All so you could have Eternal Life with Me in the Kingdom of Our

Father in Heaven. Trust Me and follow the Path I set before you. It is a Path of Discovery where you will come to know and understand Me, your God, in a way that will bring New Life to you and those around you.

Trust Me and come walk with Me. I Love you.

Monday 8 June 2026

Have faith in Me. Have faith in the Words I speak. Have faith in what I have done for this world. Already, many of the Seals have been broken, unlocking the Justice that mankind has created through his sin. I have broken the Seals of Truth that will cut through the lies of this generation so all might see what has been hidden.

Trust Me for as I have said, all is changing and this generation now walks blindly into the Justice that has been created by the evil deeds of mankind. Prepare, children, it has begun.

Trust Me.

I Love you.

Tuesday 9 June 2026

My children, come sit with Me, spend a little time with Me in My lonely Churches. I sit within all My Churches waiting on you, My children. I wait on you to realise the Gift I have given to you in My Blessed Sacrament.

When you walk into My Church, it is like walking into the throne room of a great king who sits upon his throne. So many enter My Churches and do not realise that they ignore Me; they do

not realise that they are in the Presence of their God.

Come and sit with Me. If you take the time to be with Me, I will reveal Myself to you. I will Teach you to recognise Me, your God. Trust Me. Come to Me with an open and truthful heart and you will find Me.

Trust Me, children.

I Love you.

Wednesday 10 June 2026

I am your God, children, and, yes, I am Truly Present within every Tabernacle, within every church and I wait on you visiting Me. I am the Bread of Life. The Words that I have spoken within My Gospels are Truth. The Life that I lived upon this earth was lived for you. If you do not read My Gospels, then how will you know what I did for you?

Look at My Churches; they are empty of My children. This generation has forgotten their God. Have I not already foretold this within My Scriptures? Do not listen to those who say that My Scriptures are not Truth. It was I who used the hands of those who wrote them down. The learned and wise have forgotten the Truth through their blindness. In their own knowledge they cannot see that I am Truly Present within the Bread of Life, Body, Blood, Soul and Divinity, at every Mass across this earth.

You cannot understand Me, children, with your human thinking. I am an immense God. I hear every thought, every word.

I see every deed of every man, woman and child on this earth. I can speak to and hear every man, woman and child on this earth at the same time, listening and speaking to each as if they were the only person alive. This is something that mankind cannot understand. In their arrogance and lies they have forgotten Me, their God, and that I Created everything.

Prepare, children, for these Words are Truth and everything that I have said within these Words will be fulfilled. Once again, mankind will realise the Truth and see what I have done through My Life, Death and Resurrection.

Children, if you could see through time, you would see Me hanging upon the Cross of My Love for you at every Mass that you attend. It is through My Blood, the Blood of the Lamb, that My remnant will be Saved. When you receive Me in Truth, it is as if you mark the lintels and frames of your doors with the Blood of the Lamb and the Angel of Justice will, once again, pass over those who have been marked with the Blood of the Lamb.

See the Truth of My Words and find Me within the Blessed Sacrament. It is Me, children, your God. I have humbled Myself to sit before you and wait on you in every church on this earth. Wake up and see the Truth of My Words. You stand on the brink of your own destruction and you are not accepting the Hand that is outstretched to you. Come find



Me, visit Me, get to know Me. When I see you are in Truth then I will come to you and you shall recognise Me, your God. Trust Me, children. I Love you.

Wednesday 10 June 2026

Look at the Truth, children, I am not a cruel God, I have given you free will. So, everything on this earth is measured in free will. The Justice of your God has been measured out against the deeds that mankind have committed in his free will. All has been placed on the Scales of Justice and, so, the Scales must balance.

At this time, the evil deeds of mankind have left the Scales heavily weighed down on the side of evil but, Our Father now will begin to rebalance the Scales and Truth will, once again, be seen as free will is rebalanced.

Prepare, My remnant, for your Freedom now fast approaches. Visit Me, spend time with Me in My Churches. I am Truly Present. I am the Bread of Life, gain your strength from Me. Say My Chaplet of Life, meditate upon its Words and see the Truth of Me, your God.

I Love you.

Thursday 11 June 2026

My children, see Me, your God. It is time to wake up from your slumber and see the Truth. I am truly Present within all My Churches but, this Truth has been forgotten by this generation. Yes, you say you believe but do you truly?

Look at what you believe and then come to Me and let your heart find Me in Truth, let My Strength, My Power, touch you and you will begin to truly believe. Trust Me and do as I say and you will see the Truth of these, My Words.

Trust Me.

I Love you.

Friday 12 June 2026

The Feast of the Sacred Heart of Jesus

My children, My Heart welcomes all into Its vast domain of pure Love. My Heart is open to all by way of the Wound It sustained for Love of you. That Wound is open to all who wish to pass through.

9 I am the door. If anyone enters by Me, he will be saved and will go in and out and find pasture.

10 The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

John 10:9-10

Come to Me, all of you who are heavily laden, by the means of the Beatitudes that I have spoken to you about in Scripture for, there

lies the means in which to purify yourselves and make thy heart like unto Mine. Come to Me by means of My Body, My Blood, My Soul and My Divinity, where you will learn much of My Divine Heart that holds much Mercy and Forgiveness for you.

My children, My Heart is an Abyss of Love and Pain for you, Its Love knows no end in Loving you. My Heart weeps for what mankind does to himself in these days for, the result of that will be seen not many days from now, not much time from now. Unless you take My Commandments into your hearts and live them, I cannot bring you back from the brink:

41 Now as He drew near, He saw the city and wept over it,

42 saying, "If you had known, even you, especially in this your day, the things that make for your peace! But now they are hidden from your eyes.

43 For days will come upon you when your enemies will build an embankment around you, surround you and close you in on every side, 44 and level you, and your children within you, to the ground; and they will not leave in you one stone upon another, because you did not know the time of your visitation."

Luke 19:41-44

You would do well, My children, to study these Words of Mine for, these Words are a prophesy in your time, a telling, allowing you to see what you cannot see in your blindness as you live in a world without Me, as did My people,

Israel, in the days I first spoke this prophecy. Your churches are in ruins for few footfalls are heard on their thresholds; footfalls that speak of a loving heart, coming to Me in My Prison. My Body, My Blood, My Soul and My Divinity are the signs for the future, the signs that draw you ahead. But, you must come before Me with an open heart, like Mine, a heart willing to learn the Ways that I Teach you about the Kingdom of God.

In My Kingdom, Love is the currency, there is no darkness of unforgiveness, no light except that that ever shines from the Countenance of My Father for His Love is Light and Knowledge and Truth. Pay heed to the following Words:

27 All things have been delivered to Me by My Father, and no one knows the Son except the Father. Nor does anyone know the Father except the Son, and the one to whom the Son wills to reveal Him.
28 Come to Me, all you who labour and are heavy laden, and I will give you rest.

29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.

30 For My yoke is easy and My burden is light."

Matthew 11:27-30

Friday 12 June 2026

Feast of the Sacred Heart

My children, I am with you. I have not forgotten you or deserted you.

I am the Truth and My Way is simple Love. Love one another as I have said in My Gospels.

Follow the Ways of Love and you will truly follow Me, your God. Self will always try to block the Ways of Love and, so, when you listen to self, My Way becomes complicated because you taint it with self. Die to self and see how simple My Way is.

Trust Me. Come walk with Me and find the Freedom you seek.

I Love you.

Sunday 14 June 2026

My children, see Me in the Bread and Wine that the priest holds up upon the Altar of My Love. See Me, children, I am the Bread of Life. Anyone who eats My Body and drinks My Blood will have Eternal Life for, I am Life. Without Me, you will have no Life.

My children, see the Truth and come visit Me and believe and your life will begin to change as I reveal Myself to you. I am not a dead God.

Trust Me. Faith, once again, begins to awaken.

I Love you.

Sunday 14 June 2026

My children, look to the Cross of My Love and you will see your Salvation. That Person who hangs upon the Cross is Me, children. I hang there for you; I pay the Price for your sin with My Life. I do this to show you the Price I am willing to pay for Love of you.

Can you not see how much I Love you? I gave My Life for you. No

greater love has a man than to lay down his life for his friends. You are My friends, My children.

I Love you.

Monday 15 June 2026

My children, My Love for you is infinite and I do not reject anyone who turns to Me in Truth. When I say, 'turns to Me in Truth,' I mean that you try to get to know Me and, that you are not becoming a follower of fashion or, turning to Me because your friends follow Me or, you turn to Me because of the influence of others. If you want to be a follower of Mine, it must be for love of Me.

So many say they are My followers but, in truth, they are not; they never think of Me but think of themselves and those around them.

Trust Me and get to know Me. Come visit Me in My Tabernacle, sit with Me and I will guide you.

Trust Me.

I Love you.

Tuesday 16 June 2026

My children, come to Me and believe in the Words I speak. It is I who call you to be with Me. Have faith, children, it is I, your God, who speaks. All is changing, children, even though you cannot see what I speak of at this time, simply know these Words will be seen as Truth before very little time has passed.

Mankind does not realise what he has released through his sin.

Prepare, children.

I Love you.

Thursday 18 June 2026

Kerrytown Grotto

My children, have faith in the Words I speak and begin to believe. Say My Chaplet of Life and get to know the Truth of My Words.

Believe, children.

I Love you.

Friday 19 June 2026

My children, look at these, My Words. It is your God who speaks, I am the Triune God. We speak as One in these Words through the One who Suffered and Died for the Forgiveness of sin. Look at what He did for all mankind. He has opened the Gates of Heaven to all those who are willing to see and accept what He did on the Cross of His Love.

See the Truth of these Words and come follow Us in Truth. Read the Words of Life given through the Life, Death and Resurrection of Jesus, Son of the Living God. Come, open your eyes and spend time in front of the Tabernacle and find the One who waits on you.

My children, trust in the Words We give to you and you will find Eternal Life with Me in the Kingdom of Heaven.

Trust Me.

I Love you.

Saturday 20 June 2026

Children of Mine, see this Heart that Loves for what it is. Its Love calls you from the world for, in the world, you cannot see, you are blind. My Heart is an abyss of Love and Pain that Teaches you of

the Ways of the Father, the ways of an inner Journey to Us. This Journey calls you to surrender and change the more that the rays of My Heart calls you deeper. My Heart is a gate, a path through. My Heart, through Scripture, Teaches you how you must fit through that gate.

You have many burdens, children, burdens that hold you earthbound. These are the burdens that are your sins, your attitudes; these are incompatible with the Journey and, so, must be left behind. The gate is narrow because you cannot bring those burdens through. My Heart Teaches you how to leave these burdens and sins behind for, once knowing Me, you will find that you will never need them again; you will find that they were nothing all along.

13 "Enter by the narrow gate; for wide is the gate and broad is the way that leads to destruction, and there are many who go in by it.

14 Because narrow is the gate and difficult is the way which leads to life, and there are few who find it.

Matthew 7:13-14

You cannot think that you can enter the gate without the pain of letting go of these burdens and sins. You cannot think that sin is accepted in Heaven. That is why the gate is narrow. My Teachings, in the learning of them: 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light," *Matthew*

11:29-30, will show you the Path that you must follow. Every Teaching and letting go is painful but, it is through the pain of letting go, through Teaching, that you find Me. When you begin to let go of the self that is in control, you will begin to see these things as Truths in a way you have never seen them before.

When you come to Me in the Blessed Sacrament, find My Heart there, in My Body, My Blood, My Soul and My Divinity and I will Teach you these things.

Monday 22 June 2026

My children, open your hearts to Me so that you can see beyond the world you live in. Look beyond what you can see with your earthly eyes, see the uselessness of pursuing earthly things.

18 while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal.

2 Corinthians 4:18

Everything that you see around you perishes: 30 Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith? *Matthew 6:30*

The grass, My children, as you see it, looks beautiful and it clothes the earth, which otherwise would be barren but, it is a temporary thing, given its time to do what it must and then it dies. You

cannot preserve the things that are temporary, only those that last forever. While you cling to mortal things, you are blind to those that are immortal.

I call you to look beyond what you see. You look around you and you see the world as it is. It is in an arena fighting to the death on many political fronts, its love cold and remaining cold. There is no love unless love is put there by My followers but, My followers cannot love unless they have Love in them and My Love comes when self is died to.

Come to Me and learn of Me; come to Me and I will Teach you many things about My Love and, about how to bring it to the world. You cannot be blind and follow Me; you cannot be blind guides: And if the blind leads the blind, both will fall into a ditch." *Matthew 15:14*

Sunday 21 June 2026

My children, be with Me and see the change as it begins. Trust Me it has begun and soon you will see. Trust Me. I Love you.

Monday 22 June 2026

Children, so it begins. The Truth will now become visible as the Justice of your God penetrates the dark places.

Trust Me, children, and believe in the Words I have spoken. The 'Time of Justice' now descends and all mankind will be tested; all will be given a chance to repent. Trust Me, children, and prepare. I Love you.

Monday 22 June 2026

Children, have faith in the Words I speak. Look at this world. Is it not turned against Me as I said it would? My Mother has also Warned you of this time in so many Apparition sites across this world. You are now living in the last part of the Warnings of your God. You have now entered the 'Time of Justice' and My Justice will consume this entire earth. Justice will be given and felt everywhere. Truth will be brought back as My Justice consumes the evil of this generation.

Wake up, My children, and get to know Me, your God. I am truly Present in the Bread of Life, the Eucharist, the Host, that you see and receive at every Mass.

Yes, children, I took the humblest of things and presented it to you, My people; a piece of bread, a chalice of wine, this is My Body, this is My Blood, given up for you, children, on the Cross of My Love. I Died for each person that has ever lived and will ever live so that all could have Eternal Life with Our Father in the Kingdom of Heaven.

I am the Word, I am the One who speaks to you in these, My Words of Love, that I give to guide this generation back from the brink of its own destruction. All My Words will be fulfilled and you will see the Light of your God burn brightly in all the nations of this world.

Wake up, children, and prepare, you are in danger of losing your eternal lives to the darkness of sin

that is spreading rapidly through every town, village and dwelling on this earth.

Wake up, pay heed to the Warnings of your God.
I Love you.

Tuesday 23 June 2026

Believe in My Words and come sit with Me. See the Truth of My Life, Death and Resurrection and you will begin to change as you walk the Path of dying to self. Then, you will realise the Truth of these, My Words.

I come to bring Hope to this world through My Life, Death and Resurrection. See what I have done and, am still doing, so all can have Eternal Life with Me in the Kingdom of Our Father in Heaven. Trust Me and come walk this Path and you will see.

Trust Me.
I Love you.

Wednesday 24 June 2026

Jesus:

Come, children of Mine, and take on My Words of Warning. I have given you many Words both in these Messages and many other Messages around this world, where I have spoken Myself and I have spoken through My Mother but, so few have listened.

Look, children, already it has begun; the fall of the mighty, those who think that they are in control of this world. Already, they have begun to stumble and lose their foothold and they do not realise it. Pay attention in the weeks and months ahead, children, and you

will see the mighty as they topple from their pedestals, that they have placed themselves on.

My Justice is unstoppable; mankind does not realise the might of his God. I have allowed this world freedom to walk their own path but, most have chosen the path of sin and now walk blindly into the gates of hell. Lucifer asked to sift mankind, mankind chose to walk away from Me in free will, only a remnant is left who are willing to try and follow Me in Truth.

Prepare, children, I speak these Words as a Father to a disobedient child whom I Love so much. I am telling you now, you are in great danger of losing your eternal lives to the lies of Lucifer.

See Me in all the churches across this earth. Look upon My Cross and see Me as I hang there for Love of you, children. No longer can I allow the blood of the innocent to be spilled so freely. So much innocent blood cries out to Me for Justice from this earth; they who have been murdered through the sin of this generation. You try to justify the murder of the unborn but, you cannot murder your own people, and, call it a 'woman's choice'.

The generations to come will look in horror at what you have done. You are a generation where your leaders have brought corrupt laws in so that fathers, mothers, doctors, nurses, and more, murder their own children and those of others and then try to justify their actions by saying they have done nothing wrong. Your leaders send

weapons of destruction out to murder innocent men, women and children and then call it justifiable war. I call it murder! How blind you are, generation, you have called the Justice of your God through your lies, your deceit, your blindness.

The Father:

Look upon the Cross of My Son and take on what He has done for you. Beg for Forgiveness and I will wash you clean in the Blood of My Son, the Lamb, who was Sacrificed for you, that your heinous crimes could be washed clean.

Wake up, generation, it is your God Who Speaks. I did not create you to be creatures of the dark but I created you in My Own Image so that you could love one another as I Love you.

Prepare.
I Love you.



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We also have card facilities at Sacred Heart House of Prayer if you wish to contribute over the phone or via website with your debit or credit card.

Alternatively, if you wish to use **Paypal**, our email is:
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Sincere thanks for your continued support.

Writing from the two Patricks

SILENCE IN PRAYER

This writing is in response to questions that people ask me about silence in prayer.

10 Be still, and know that I am God;
Psalms 46:10

Have you ever sat in a quiet room, listening to the clock ticking? Your thoughts are subdued. You may hear things in the distance but, they do not call to you to gain your attention, your thoughts are free to think. In this state, you are in a silence of sorts. By turning your thoughts to God, a deliberate act on your part, it is a simple step to prayer. God is there in the partial silence; you are in relationship with Him, at that moment. There is no need to think, no need to start or force a conversation for, silence is speaking 'for' you, by its drawing

you in: be drawn, and, if allowed, it invades you. If a thought does seek attention, simply push it back into the hum of other thoughts in the background, no need to panic or worry, just say, "I love You, Jesus," and the thought will go by gentle persuasion. It is not needed to be thought about at this time, it is still there, awaiting its turn.

This is a moment with God, a moment of great importance, a moment to be given attention to, a moment, caught up in Him, a moment where there is no need of anything else, not even yourself, only Him. The Holy Spirit draws with an intention, a pulling into the deeper parts of us.

Silence is the way God speaks, akin, I think, to understanding, an act of quietening yet, quickening the soul. It is in the silence that we hear Him as we hear anyone who speaks to us and, when we hear, we listen, we understand without understanding, without the need to understand. Silence, I think, or, at least in my experience of it, is a communication, although no words are spoken. When God speaks in the silence, to my experience, it is as if it is 'felt' rather than heard. His Words,

in the silence, in the listening, in the quiet, seem to become part of the bones, the tissue, the DNA, a blending, an awakening. As though all of these were being changed because God, the Creator, was creating something within or, reminding our being of something He once spoke to us in the forming of us, the knitting together of us, created in us, lying dormant, until He brings it out; bringing out the 'Himself' in us, the 'I Am' in us.

7 Deep calls unto deep at the noise of Your waterfalls; all Your waves and billows have gone over me.

8 The LORD will command His loving kindness in the daytime, and in the night His song shall be with me - A prayer to the God of my life.

Psalms 42:7-8

We may have times when we find ourselves in this silence, hearing the clock tick but, this does not always find us or, we may not seek it. We can go to prayer and quieten ourselves. I do not say that vocal or spoken prayer is not to be used as it should always be used if there is need of it. We may want to call out in our prayer to express the feelings in our hearts. Ejaculatory prayers are calls of the heart or, arrows fired towards God, speaking of our love for Him. Jesus, have Mercy! Sacred Heart of Jesus, I place all my trust in Thee! Or, simply, Jesus! I often use these in silent prayer. Silent prayer does not take away from vocal prayer but is another form of prayer that has the same goal; to unite us with God in prayer. In this writing, I speak only of

silent prayer because many people desire to use it. To me, this shows a deeper drawing of the Holy Spirit, a draw to listening rather than speaking. This drawing of the Holy Spirit seemed to come to me the more I sought God, the more I wanted Him. This is not to say that I banished all thoughts from me. I simply pushed back the thoughts that were of no benefit to me. The thoughts of God, who He is; thoughts about Jesus, His Suffering, His Dying on the Cross; thoughts about Our Lady, I allowed through because these were of great benefit to me and I drew from them, I think because they were forming what I believed. Thoughts like these seemed to draw me to a deeper place. I suppose it is meditation and much better than thoughts of being in the supermarket. I saw this as separating the good thoughts for this time and the thoughts that just were not needed.

Silence is not an easy thing to speak of and all one can do is try to explain the partial or full silence that one has achieved through persistence. It seems to me that the secret of this is having one goal, the goal of trying to bring oneself to a place of communication with God, an active loving of God in the heart. Sometimes, we cannot express what we might feel for God, the love we bear Him.

26 Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with



groanings which cannot be uttered.
27 Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God.

Romans 8:26–27

Jesus said, I am the Way. To me, this says there is but ONE Way to get to God and that is Gods Way. These things we must learn through prayer. In prayer, if we are open to God, the Holy Spirit Teaches us the Will of God, what pleases Him, what His attributes are and, how we should live our lives for Him. In the silence, I think, we can hear these things, we can 'know' these things for they are melded into us by the Holy Spirit, forging in us the One way to pray, His Way. In the world, there are many places that we encounter that has rules. If a place, such as a restaurant, has codes or rules for dressing, then we must obey these or we will not gain admittance. Prayer is a place where we can know the reason for silence in prayer and that reason, I think, is that, through prayer, we learn Gods Way of having a proper relationship with Him. The mind wants to race, to tell God how to do things, our own personality placed on God. It is a place, I think, where the will is slowly handed over to God; the heart takes over from the mind until the heart becomes dominant in prayer. This can take many years but, with Gods Help, it is achievable. I think too, that this focus and persistence is prayer

too. It is like seeking, longing, persisting:

7 "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.

Matthew 7:7

This seeking and persistence is not forced or demanded but is a thing that is hoped for:

Hope in God; for I shall yet praise Him,

Psalms 42:11

The time spent in prayer is the persistence and the hope while seeking Him earnestly. Persistence and hope means changing our focus in prayer and outside of it for, if our focus is on God, we must change within ourselves to open our focus more to what we find in God as we focus more of our lives on Him.

16 Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day.

17 For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory,

18 while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal.

2 Corinthians 4:16-18

The being present in prayer or, persistence in prayer is a seeking of God, a wanting to spend time with Him so we can get to know Him to find out, by persistence, who He is and what He desires of us, at least, that is what it

seems like to me. We all have our own unique experience of God through the essentials that the Church teaches us:

This mystery, then, requires that the faithful believe in it, that they celebrate it, and that they live from it in a vital and personal relationship with the living and true God. This relationship is prayer. (Catechism of the Catholic Church, 2558)

Seek a time in our lives that is given solely to God, a time where there will be little interruption and give that time wholeheartedly to God. Seek to honour the time given to God, seek to be there, seek to speak with Him AND, in silence, listen to Him, so that that prayer is His and His alone. Build a good solid house of prayer on the Rock of Him who came to us to be known, loved, respected and who Died for our sake. Never take Him for granted by not showing up to prayer, to dwell in this house, this temple, that we are building or have built to be One with Him.

We do not know who or what God is. We learn who and what He is by the things we know about Him for example, through Scripture, the Church. We know that God is full of mystery and we do not understand because, in our physical body, we are not capable of knowing things that are beyond us. If our prayer is only about saying prayers in order to be saying prayers or to get something, then I think we get nowhere. To me, the asking for things is a secondary thing. In

Psalms it says:

1 O LORD, You have searched me and known me.

2 You know my sitting down and my rising up; You understand my thought afar off.

3 You comprehend my path and my lying down, and are acquainted with all my ways.

4 For there is not a word on my tongue, but behold, O LORD, You know it altogether.

Psalms 139:1-4

Our Lord knows what we need before we even ask it. This is not a reason not to ask. Our Father provides for our needs and we must ask, my point is, that I think, we must give Him what we owe Him first; loyalty, praise, honour, love, before we start asking for things. I think our duty is to be attentive to Him first, before we ask anything of Him; to praise Him, to love Him, to be present to Him as He is Present with us; to tap into that Eternal Presence of Him who deserves all our attention. If prayer is where the focus is on God; that God is sought after, persisted in, I think that, eventually, whether it be a short time or a long time allows one to feel, at least sometimes, that one might be getting somewhere in prayer. I learned that this persistence is all a part of the Journey. I had to learn, over many years, that thoughts come and go in our minds and, every thought we think, does not need the attention that we give it. It is in the conquering of many unimportant thoughts that leads

to the beginning of silence in the heart. At least, that is what it has seemed to me over the years of trying. We give our thoughts a place that they become more important than listening to God. They become what we do because they are given a place of privilege in us. We allow the thoughts in our heads to control us in prayer. I do not say that thoughts are wrong, no, I am simply saying that they must have their place of importance. Needing butter at the shop is not a thought that needs to be in the middle of, 'I love You, Jesus', or in the Hail Mary. These need to be gently persuaded to wait their turn, otherwise they become invasive and put us off prayer. Part of establishing a prayer life is to discipline our minds in this way. I think, too, that what we do outside of prayer influences what goes on in prayer. Outside of prayer, we might fill ourselves with things that catch our attention. We allow our eyes to take in sights and our ears to take in sounds that disturb us or need to be thought about. We allow thoughts or opinions to form in us that, later, demand our attention to be thought about, processed. For instance, if we watch a violent video, our eyes and our minds are in unison trying to take in and work out what we are seeing. The violence might disturb us at the time and the mind tries to process it and it, inconveniently, might decide to need attention when we go to prayer and are trying to quieten our minds.

Going to prayer, for me, is going to the reservoir of God. It is a resting place, a replenishing place where I am stilled, quieted and immersed. I step out from myself to behold the God who made me and is very interested in having a relationship with me. As I convey to Him my love for Him, He, too, conveys something of Himself to me in an unwritten, unspoken language that only the soul can even begin to understand. For that silent language to invade me, conquer me, bestow on me the unseen, I need must be open to it, to be an empty vessel, an open heart, a soul, like a field that is willing to be dug up, manured, prepared to receive the seeds of the Sower. I must be the sheep who is willing to be rescued. For me, years of persistence has led me to the silence that I, many times, find in my heart when I go to prayer. I think that persistence, like the woman who lost her coin and searched for it, in the seeking of God has brought me to a silence, an awe. Silence, I think, comes when we learn to focus our attention on God and less on the thoughts that seem to plague us. The thoughts about being in the supermarket buying needed butter or taking the car to the garage, in that place of prayer, are not important for the importance is God. These thoughts are important at other times but, now, in the silence or the Presence of God within us, they need to be gently persuaded to retreat to their own place of

importance. It seems to me that, up to this point, we have allowed our thoughts to become as wild children, without discipline. We should never do ourselves violence trying to get rid of these thoughts but gently persuade them that they are not needed at this time. For me, when I began to notice that my mind was silent, it seemed a bit odd not to be fighting thoughts. The thoughts were still there but, it seemed, more biddable, more controlled. When silence or, maybe control over our thoughts begins to come after a gentle persuasion, over time, it is then that we can begin to allow God to be heard. It may be just that, as it was with me, silence; an absence of the noise of unimportant thoughts, although, it may never be noiseless, it, nevertheless, is more controlled. When I first experienced this, I thought there was something wrong. My mind was far from noiseless but more akin to a quiet hum in the background. Thoughts seemed to be in their place, although, occasionally, one or two will scream, vying for attention but, with gentle persistence went back to its place of importance. My mind was so used to the noise of my thoughts; I was caught up in the noiseless place I was now in and went back and forward between the two until I realised that I was now free to allow the most important thoughts to come through; those thoughts that were in my heart and that I wanted to give to God. Thoughts that,



hitherto, had been lost in all the other thoughts wanting to have that first place of focus. Thoughts that spoke of my desire to love Him, to serve Him, to grow deeper into Him. I was able to place my focus, not in my mind but in my heart. I had to consciously move my focus from my mind to my heart and direct my thoughts from there to God. This was not an easy process but one that, in my opinion, is able to be mastered. The heart, in my opinion, is noiseless. It seemed to me, in the process of persisting, that my heart was more able to hand over my will, bit by bit to God, it was easier to give from the heart.

Quotes from Saint Teresa of Avila on Prayer:

For prayer is nothing else than being on terms of friendship with God.

Teresa of Avila

Prayer is an act of love; words are not needed. Even if sickness distracts from thoughts, all that is needed is the will to love.

Teresa of Avila

Mental prayer in my opinion is nothing else than an intimate sharing between friends; it means taking time frequently to be alone with Him who we know loves us. The important thing is not to think much but to love much and so do that which best stirs you to love. Love is not great delight but desire to please God in everything.

Teresa of Avila

Before prayer, endeavour to realise Whose Presence you are approaching and to Whom you are about to speak, keeping in mind Whom you are addressing. If our lives were a thousand times as long as they are we should never fully understand how we ought to behave towards God, before Whom the very Angels tremble, Who can do all He wills, and with Whom to wish is to accomplish.

Teresa of Avila

Mental prayer is nothing else but being on terms of friendship with God, frequently conversing in secret with Him.

Teresa of Avila

It is of great importance, when we begin to practise prayer, not to let ourselves be frightened by our own thoughts.

Teresa of Avila

Anyone who has the habit of speaking before God's majesty as if he were speaking to a slave, careless about how he is speaking,

and saying whatever comes into his head and whatever he's learned from saying prayers at other times, in my opinion is not praying. Please, God, may no Christian pray in this way.

Teresa of Avila

The most potent and acceptable prayer is the prayer that leaves the best effects. I don't mean it must immediately fill the soul with desire... The best effects are those that are followed up by actions—when the soul not only desires the honour of God but really strives for it.

Teresa of Avila

Jacob did not cease to be a Saint because he had to attend to his flocks.

Teresa of Avila

We are always in the presence of God, yet it seems to me that those who pray are in His presence in a very different sense.

Teresa of Avila

His Majesty knows best what is suitable for us. There's no need for us to be advising Him about what He should give us, for He can rightly tell us that we don't know what we're asking for (*cf. Mt.20:22*). The whole aim of any person who is beginning prayer, and don't forget this, because it's very important, should be that he work and prepare himself with determination and every possible effort to bring his will into conformity with God's will.

Teresa of Avila

RECENT WORK ON THE HOUSES OF PRAYER

Saint Nikolaus House of Prayer

On 7 May, I travelled to Germany with Bridie and John. We went ahead of Jim the builder and two others, who were joining us for a week to help with the work at the House.

I was the designated driver and it was my first time driving in Germany. I had asked Jesus to help, to keep everything right for me, to take control. He did as all went smoothly.

We arrived at Saint Nikolaus House of Prayer late in the afternoon. Bridie had arranged to meet the solicitor to discuss the House and make arrangements for meeting with a roofer, plumber



and electrician. There was a brief meeting with all and arrangements were made, through the help of the translation of the solicitor, to come back and discuss everything with Jim the following week when he arrived.

New roof

At present, the House needs a new roof as it had been badly damaged over the last few years. It currently has a temporary roof on. A gas central heating/hot water system is also being looked at for the House as it is needed.

The kitchen was a disaster when we arrived. There had been a leak from a pipe upstairs that had destroyed the ceiling. There was water in the cupboards, drawers, cups and glasses. Bowls were actually floating in the drawers! A lot of the ceiling was down and over the cupboards, work tops and the floor. Some of the electricity was off in the dining area and the





sockets there didn't work.

We all worked well together

We got the heaters on quickly to dry out the damp and started the clean-up. Everything had to be washed and cleaned. We all worked well together and did what we could to make it a bit more usable.

We arranged a skip hire for the next day and John started removing the remnants of the ceiling in preparation for the new ceiling, plastering and wiring etc. All went out into the skip which was greatly needed. Some of the ceilings upstairs were also prepared for boarding and plastering.

We got an electrician very quickly and he could speak English which was a great bonus! He got the sockets working again and

checked the electrical system in the house, then he arranged to come back to do the wiring needed, the lights and replace some of the damaged sockets. There was also work upstairs for him to do in the bathroom and bedrooms.

Saint Stanislaus House of Prayer

On the Saturday we found out Jim was going to be delayed for a couple of days. We took the opportunity on Sunday to head to Saint Stanislaus House of Prayer in Poland to check it out. We had planned to go to Poland at the end of our trip but Jesus had other plans and it worked out well. It was like a mini retreat for us. We also got to buy a few things we needed to use in Germany and it was much cheaper.

The Prayer Rooms in both Houses were so Peaceful. You could really



feel the silence and the Presence of God. We prayed the Chaplet of Life and the Prayer to the Holy Trinity. It dawned on us that we were the first to pray it in Germany and Poland Houses of Prayer and we said it for all the people there.

There was such a strong Presence of God surrounding us after the Prayer in Poland, it was beautiful and we all felt it. The Holy Trinity was with us!

A lot of hard work

We headed back to Germany on Tuesday morning as Jim, Seán and Bernie were due to arrive in the evening.

We made up beds and prepared for their arrival. They managed to get to the House earlier than expected as they got an earlier train through the tunnel.

After a good night's sleep they got to work. Labouring, clearing

rubble from the attic space, putting up plasterboard and plastering the ceiling in the kitchen and then eventually moving on to other rooms as the days went on. A lot of hard work was done by all of them and such a lot of work in a short period of time. Seán finished the tiling in the kitchen on Monday before they left for home.

The priority

There were meetings with a local roofer and a plumber with Bridie, Jim, the Solicitor and a translator. There was a lot of discussion about how to move forward with the roof and the heating system. At present we are waiting for a quote for the work to be done.

Getting the roof done is the priority before more work is done inside the House.

There is great potential for four





Bless himself, so John showed him. After saying the Our Father, he spent some time in the Prayer Room looking at the 'Jesus, King of Love' picture before he left. Jesus works wonders and we leave all in His Hands!

Times of joy

There were also times of joy and laughter as well as more serious moments. We got to Mass in Saint Raphael's, the local chapel and also in Grimma a bit further away at Saint Trinitatis chapel. Throughout the two weeks there, Jesus continued to lead us to trust in Him through His Messages and the 'God Calling' book.

Near the end of our time in Germany, we all felt a sadness at different times as we were going to be leaving there. We have to remember the work is spiritual and the Houses of Prayer are spiritual. The Holy Trinity is in the Houses of Prayer. We

more rooms upstairs in the attic space and another bathroom. There are more ceilings to be fixed upstairs and a lot more work to be done before the House is ready. After Jim, Seán and Bernie left, we did what we could to make the House ready for the next people who will come.

Jesus works wonders

Apart from the work we had times of prayer. We did our own personal prayer in the early morning and kept the 3pm prayers in addition to snatching moments to go to the Prayer Room at other times when we could. One day myself and Bridie had to go to a builder's supply shop so we missed the 3pm prayers. However, that day, John was in the Prayer Room and the electrician went in. He told John he didn't know how to pray and asked him to pray with him. He had no idea of how to



do not know or understand the significance of what Jesus will use the Houses for in the future. Thank You, Jesus, for calling us to be part of this Mission and for all who work in and support Your Work in the Houses of Prayer. The following is the Message that Jesus gave for the House in Germany:

**Thursday 12 October 2023
Saint Nikolaus House of
Prayer, Colditz, Germany**

My Heart is with you; My Heart will never fail you. It is your heart that fails Me, My little children, when you let go of My Hand. I will never let you go until you choose to let go of Me.

This House you are in, My servant, is worth everything you can do in it. It is worth much to My Heart. I wish to tell all My children, who listen to My Words, that the wounds of this House, ITS wounds are My Wounds. Like My Church, it is wounded: its roof is fallen like the roof of My

Church. Soon it will be ruined and left for dead. Those who are capable of repairing My Church are destroying it. What will come will not be of Me.

My House here can and will be repaired unlike My Church for those who do not repair it seek to build another church, a church that is full of hypocrisy. You will need to pluck out your eyes in order not to see the lies.

I have made and I am making provisions for what is left of My Bride. She has been severely beaten and parts of her have been removed. I will heal her.

As you bind up the wounds of this House, so I will bind up My Church but I need your help, My children, to bind the wounds of both. Help Me! Help Me to heal by being My people at last.



Wisdom

John Paul II

THE REDEMPTION OF THE BODY AND SACRAMENTALITY OF MARRIAGE (THEOLOGY OF THE BODY)

From the Weekly Audiences of His Holiness John Paul II
from 5 September 1974 - 28 November 1984

In the First Chapters of Genesis, Marriage Is One and Indissoluble

November 21, 1979

Let us recall that when questioned about the unity and indissolubility of marriage, Christ referred to what was "in the beginning." He quoted the words written in the first chapters of Genesis. In the course of these reflections, we are trying to penetrate the specific meaning of these words and these chapters. The meaning of the original unity of man, whom God created "male and female," is obtained (especially in the light of Genesis 2:23) by knowing man in the entire endowment of his being, that is, in all the riches of that mystery of creation, on which theological anthropology is based. This knowledge, that is, the study of the human identity of the one who, at the beginning, is "alone," must always pass through duality, "communion."

Let us recall the passage of Genesis 2:23: "Then the man said, 'This at last is bone of my bones and flesh of my flesh; she shall be called woman, because she was

taken out of man.'" In the light of this text, we understand that knowledge of man passes through masculinity and femininity. These are, as it were, two "incarnations" of the same metaphysical solitude before God and the world. They are two ways of "being a body" and at the same time a man, which complete each other. They are two complementary dimensions of self-consciousness and self-determination and, at the same time, two complementary ways of being conscious of the meaning of the body.

As Genesis 2:23 already shows, femininity finds itself, in a sense, in the presence of masculinity, while masculinity is confirmed through femininity. Precisely the function of sex, which is in a sense, "a constituent part of the person" (not just "an attribute of the person"), proves how deeply man, with all his spiritual solitude, with the never to be repeated uniqueness of his person, is constituted by the body as "he" or "she." The presence of the feminine element, alongside the male element and together with

it, signifies an enrichment for man in the whole perspective of his history, including the history of salvation. All this teaching on unity has already been expressed originally in Genesis 2:23.

The unity of which Genesis 2:24 speaks - "they become one flesh" - is undoubtedly expressed and realized in the conjugal act. The biblical formulation, extremely concise and simple, indicates sex, femininity and masculinity, as that characteristic of man - male and female - which permits them, when they become "one flesh," to submit their whole humanity to the blessing of fertility. However, the whole context of the lapidary formulation does not permit us to stop at the surface of human sexuality. It does not allow us to deal with the body and sex outside the full dimension of man and of the "communion of persons." Right from the beginning it obliges us to see the fullness and depth which are characteristic of this unity, which man and woman must constitute in the light of the revelation of the body.

The perspective expression which says, "a man cleaves to his wife" so intimately that "they become one flesh," always induces us to refer to what the biblical text expresses previously with regard to the union in humanity, which binds the woman and the man in the very mystery of creation. The words of Genesis 2:23, just analyzed, explain this concept in a particular way. Uniting with each other (in the conjugal act) so closely as to become "one flesh,"

man and woman, rediscover, so to speak, every time and in a special way, the mystery of creation. They return in this way to that union in humanity ("bone of my bones and flesh of my flesh") which allows them to recognize each other and, like the first time, to call each other by name.

This means reliving, in a sense, the original virginal value of man, which emerges from the mystery of his solitude before God and in the midst of the world. The fact that they become one flesh is a powerful bond established by the Creator. Through it they discover their own humanity, both in its original unity, and in the duality of a mysterious mutual attraction. However, sex is something more than the mysterious power of human corporality, which acts almost by virtue of instinct. At the level of man and in the mutual relationship of persons, sex expresses an ever new surpassing of the limit of man's solitude that is inherent in the constitution of his body, and determines its original meaning. This surpassing always contains within it a certain assumption of the solitude of the body of the second "self" as one's own.

Therefore, it is bound up with choice. The formulation of Genesis 2:24 indicates that human beings, created as man and woman, were created for unity. It also indicates that precisely this unity, through which they become one flesh, has right from the beginning a character of union derived from a choice. We read: "A man leaves his

father and mother and cleaves to his wife." If the man belongs "by nature" to his father and mother, by virtue of procreation, on the other hand, he cleaves by choice to his wife (or she to her husband).

The text of Genesis 2:24 defines this character of the conjugal bond with reference to the first man and the first woman. At the same time, it does so in the perspective of the whole earthly future of man. Therefore, in his time, Christ will appeal to that text, as equally relevant in his age. Formed in the image of God, also inasmuch as they form a true communion of persons, the first man and the first woman must constitute the beginning and the model of that communion for all men and women, who, in any period, are united so intimately as to be one flesh.

The body, which through its own masculinity or femininity right from the beginning helps both to find themselves in communion of persons, becomes, in a particular way, the constituent element of their union, when they become husband and wife. This takes place, however, through a mutual choice. This choice establishes the conjugal pact between persons, who become one flesh only on this basis.

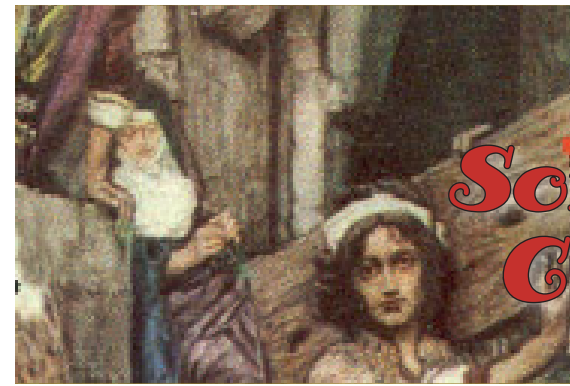
That corresponds to the structure of man's solitude, and in actual fact to the "twofold solitude." As the expression of self-determination, choice rests on the foundation of his self-consciousness. Only on the basis of the structure peculiar to man is he "a body" and, through

the body, also male and female. When they both unite so closely as to become one flesh, their conjugal union presupposes a mature consciousness of the body. In fact, it bears within it a particular consciousness of the meaning of that body in the mutual self-giving of the persons.

In this sense too, Genesis 2:24 is a perspective text. It proves that in every conjugal union of man and woman, the same original consciousness of the unifying significance of the body in its masculinity and femininity is discovered again. At the same time, the biblical text indicates that each of these unions renews, in a way, the mystery of creation in all its original depth and vital power. "Taken out of man" as "flesh of his flesh," woman subsequently becomes, as wife and through her motherhood, mother of the living (*cf. Gn 3:20*), since her motherhood also has its origin in him. Procreation is rooted in creation, and every time, in a sense, reproduces its mystery.

A special reflection on "knowledge and procreation" will be devoted to this subject. In it, it will be necessary to refer further to other elements of the biblical text. The analysis made hitherto of the meaning of the original unity proves in what way that unity of man and woman, inherent in the mystery of creation, is "from the beginning" also given as a commitment in the perspective of all following times.

Continued next month



Song of the Carpenter

The following is a serialisation of the 'Song of the Carpenter,' a novel inspired by Jesus and written down by the two Patricks. It is about the Life of Jesus and is full of spiritual teachings as well as a simply fantastic read.

If you cannot wait to read it all, then you can order it from the Sacred Heart House of Prayer. It costs £6.99.

A little while later the soldiers had all left the house and Mary entered with Jesus firmly by the hand. The door led to a small, dimly lit room. Some of the children were still sobbing in the aftermath of the soldiers.

"Sarah, Jonathan," Mary called as she entered the door, "can I come in?"

"Mary, Mary is that you? Oh it is. Mary, you are welcome. I am sorry that it is not at a better time."

"Sarah!" the two women embraced. "It does not matter, Sarah. Are you all alright, Jonathan?"

"Yes, I think so," said Jonathan. "I think most of it was fear. Those soldiers have been here for two hours, questioning me about some activity in Jerusalem about six months ago. They kept threatening me that I would be tortured and crucified. I did not know what

they were talking about. I do not know what happened but one minute I was being taken and the next I could hear the centurion telling the men to let me go. I could not understand but the same centurion who had hit me," he indicated the cut on his head, "was telling me how sorry he was, that it was all an error and he even helped me into the house again. I do not know what is happening." Mary looked at Jesus. She smiled at him.

In the hill country of Judea, Elizabeth and Tamar were remembering Zechariah. They talked of the happy times that they both had known with the man. Elizabeth still missed Zechariah, even now, five years after his death. If she had seen his body, if it had been brought to her, then she could get rid of the feeling that he might just be still here. Maybe he was still in Jerusalem, maybe he just could not get home to her. These thoughts had helped her to cope for, with them, she could banish grief to the back of her mind for a little while. Her life was with him and for him and sometimes she could barely remember her life before

being married to him. Death was so final, so heart-rending, so cruel. All things must die, she knew; and she would not go against what God has laid down. If it was Zechariah's time to go then so be it. Why did it have to be this way? It was the grief that she could not accept. It was the endless days waiting, for in her heart he was still with her. Even now she still prepared a meal for him or called out to him to show him something that John was doing. She would look at the sun going to its rest in the western sky and praise Yahweh. She would call out her husband's name to come and look and suddenly realise that he was not there anymore. And she would weep. She would weep for just wanting him to be there, to know his presence for a few moments. She tried to imagine him sometimes, standing there in front of her with his hands on his hips the way he did, but his memory was fading from her mind. Sometimes it felt like he was just a figment of her imagination and never really existed. At other times her body would almost surge forward within her just wanting him, needing him; wanting to hear him laugh or scold or just to be there. Grief was merciless. She would find herself crying for what seemed no reason that she could think of and then she would remember again that Zechariah was dead.

Had she been a younger woman, Elizabeth might have thought to prepare herself for marriage

again, but she was an old woman and she would live her life as a widow and bring the child up. Besides she had Tamar, who had been faithful to her for so many years. Elizabeth was reminded of Ruth the Moabite woman and the words of Scripture came to her: *'And Ruth said, Intreat me not to leave thee or to return from following after thee for whither thou goest, I will go and where thou lodgest, I will lodge. Thy people shall be my people and thy God my God. Where thou diest, will I die and there will I be buried. The Lord do so to me, and more also if ought but death part thee and me.'*

Tamar was like that. Elizabeth had told Tamar that if she wanted to go that she could make a life for herself and possibly find a husband.

"And where would I go, mistress. Are you not my family now? My own family are scattered. I would not even know where to begin to look for them. Anyway, I am scarred," she touched her mangled face, "I would be unhappy living with my family now. They would feel obliged to keep me because they could not find a husband who wanted me.

Mistress, if you want me, I will stay here with you. You and Zechariah have been good to me over these years. You have made me feel like a sister, a daughter and never once have you made me feel like a servant. No. I am a part of you now and I will die with you."

The two women had embraced

and wept then and Elizabeth said, "If that is the case, Tamar, then you must stop calling me mistress. I have always hated that. So if you

are going to stay then my name is Elizabeth." It had been a good day for them.

Continued next month

The Plight of Others

THE SCOURGE OF ABORTION

More dangerous

Abortion is, as Our Lady said on Friday 7 July 1995, "...It (abortion) is so evil that it is more dangerous to the earth than all the weapons that have ever been made and will be made..."

Yet here now in Ireland we see a total upsurge, like a war, to make it more quickly available, accessible, to stop anyone trying to fight against it, to stop the truth of what abortion is being spoken and even now taking away the time frame in which a woman may reconsider her decision and not go ahead with an abortion.

This Month

We have seen this month that Pastor Clive Johnson was convicted and fined for holding a Sunday service in a buffer zone. He didn't even mention abortion, just preached on the Gospel of John, "For God so loved the world that He gave His only begotten Son..." For this, because of the buffer zone, he now has a criminal record at the age of 78. God forbid that anyone should hear about the

Love of God before going in to have an abortion.

Also this month, we have seen Sinn Fein proudly exit the Dail in victory, declaring their 'great news' that their bill to end the three day mandatory wait before you can have an abortion has been passed. Apparently, this is great news for women's healthcare and now Sinn Fein will work with other parties to get this 'over the line'.

Not health care

Most of us who read this know that abortion is not health care and indeed wonder how it could ever be seen as such. We know that, as well as killing a baby, it damages women. Below is an account from a woman who was damaged by abortion:

Elaine

My name is Elaine. I chose to have an abortion when I was 19. At that time I was very dysfunctional, alone and confused. My mother had died when I was 14 and, although I lived with my Dad, he was hardly ever home,

depressed and basically unable to parent.

When I became pregnant, while using contraceptives, I saw a doctor who was very pro-abortion. She said, "Have an abortion; it's easy." Then she said, "It's not really a baby; more like a little sprouted wheat seed at this stage." What I really needed to know were the true facts of fetal development, and that free love was not freeing or loving. It was only sex, and it comes with responsibility! All choices have consequences.

After the abortion, I felt a strange emptiness. Not only was my child gone, but that special part of me that made me want to be a wife, mother, and even a woman was damaged. I wanted to forget and started to drink harder and do harder drugs. My boyfriend (the father of the aborted child) suggested that we get married! He was equally as confused and mixed up as I was!

We did get married, and our first live child was born a year to the due date of the aborted child. I had a hard time bonding with my child. For 10 years my husband and I struggled in our relationship and with addictions. We never discussed the abortion. What a mess!

We met someone while travelling, who shared their faith with us, and we became Christians. That was the beginning of our healing journey. We attended a Bible study with a couple who shared that they had had nine miscarriages. They desperately wanted a child

and could not understand how a woman could choose abortion.

I got pregnant and had to have an ultrasound at nine weeks of gestation. I still believed the lie that at nine weeks of gestation, a baby is like a sprouted wheat seed. This is when the truth really hit home for my husband and me, as we saw a very alive little human being on the ultrasound screen - not a wheat seed! In 2007, I attended a Rachel's Vineyard retreat. I experienced incredible help and healing from my abortion. I came to realize that I love being a woman, wife, mother and now grandmother. This is why I am silent no more.

www.silentnomoreawareness.org

Never the Answer

Abortion is never an answer to a problem. Our society and Laws do not seek to actually help these women, they just offer a quick fix that actually fixes nothing.

Make no mistake about it, it is lucifer who controls these laws, it is lucifer who is trying to stop women hearing of another way. It is lucifer who is trying to lock God and Love out of these women's lives. So what do we do? Our Lady gave us the answer in the same Message quoted above. She said "...My little ones, I ask that you fight it with prayer, with love. You must fight against this evil.."

We cannot allow ourselves to be silent. Pray the Chaplet of Life and make a stand on our streets. We will not be silent!

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DEEPENING OUR FAITH

The Chaplet of Life

It seems that in the last few months there has been a great outpouring of Graces, Messages, Prayers and Teachings from the Holy Trinity. It feels that through the Chaplet of Life our eyes are being opened to the Truth, 'Lord, that we may see!'

The Father is drawing us back to Him through His Son in the Eternal Sacrifice of the Mass and the Power of the Holy Spirit is guiding us to see and know the Truth.

It is like a renewal or deepening of our faith in the Truth of what Jesus did for us and how much the Holy Trinity Loves us.

True understanding

On 1 May 2026, Jesus said: "...Say My Chaplet of Life and see your prayers come to life.

Children, pray, for, I am at Work changing the things that are blocking My Truth from being seen..."

On 4 May 2026, Jesus asked us to meditate on the Words of the Chaplet of Life:

"...See the Truth, see how I lived and Died for you. See how I paid the Price for the Forgiveness of your sins. See the Truth of My Words.

Meditate upon the Words of My Chaplet of Life and you will be filled with the true understanding of the Life of your God..."

The Holy Trinity is working

The Holy Trinity is working to help us understand more about the Love they have for us and each other through the Holy and Eternal Sacrifice of the Mass, the Sacrifice Jesus made for us on Calvary:

"...You must begin this Journey of depth by beholding Me on the Cross, that Sacrificial Table. I was the Lamb that was slain for the sins of mankind, for you, who read this. Look into the depth of that Cross, see its meaning; see its depth that stretches all the way to the Father who sent Me; then, see Me.

See the Love bleed from Me as I Die, as I make the way to be reconciled to the Father; see the Love of the Father in Me for Me and, you; see the Love in Me for the Father for Him and, for you. See the Sacrifice, see the endless Love, endless because My Spirit is in the Love of the Father for Me and, My Love of the Father for Him and, ultimately, for you.

So much has been placed within

that Sacrifice and, even now, the same Sacrifice is with you in the Mass, the Sacrifice Eternal, that you behold every day. Do not take it for granted but look deeply into it..." Friday 8 May 2026

My Heart is in My Tabernacle

Such beautiful Words and Teachings. We are being shown and reminded of the importance of what Jesus did for us. We have become complacent and many times go to Mass out of habit. Within the Tabernacle is the Beating Heart of Jesus! Yes, His Most Sacred Heart is Truly present and when we receive Him, we are receiving His Sacred Heart. Can we let that sink in? Can we comprehend it?:

"...My Heart is in My Tabernacle. If My Body, My Blood, My Soul and My Divinity are there, as I have Taught you, then how can My Heart not be there? How can It not Love? How can It not go out to: ...go after the one which is lost until he finds it? Luke 15:4..."

Tuesday 2 June 2026

Your part in this Sacrifice

Remember at Garabandal, Our Lady told us that less and less importance is being given to the Eucharist and that we should make many sacrifices, do much penance and think of the Passion of Jesus. On 8 May 2026, Jesus told us what to do:

"...Your part in this Sacrifice is to die to the things in you, the anger, the lust, the hatred, that hold you earthbound, the things in you that are not Mine and hold you at enmity with one another..."

In another Message recently, He also told us to rid ourselves of our resentment and unforgiveness.

We cannot enter Heaven without repenting of these sins and fighting them.

The importance of the Eucharist

The Father has given us the Gift of The Chaplet of Life and within it contains so much. It is rich and beautiful. Each part is a prayer in itself and a meditation, leading us and others to see the Truth of the Sacrifice Jesus made for us on Calvary. It leads us back to open our eyes to see the importance of the Eucharist, Jesus truly Present in the Blessed Sacrament, Body, Blood, Soul and Divinity. If we say it with faith and love:

"...It will become responsible for the conversion of millions..."

Monday 12 January 2026

"...This Chaplet of Life is a weapon that shall send great shards of My Light into this world..."

Wednesday 14 January 2026

In addition to the Chaplet of Life, Jesus has given us many other beautiful prayers and they all lead us back to the same thing, to guide us and Teach us to understand His Teachings and the Holy Sacrifice of the Mass. To help us repent, turn away from sin and become witnesses to His Truth. Lord, increase our faith!

Thank You, Holy Trinity, for this great outpouring of Your Love and guidance in these days. Help us to remain faithful to Your Truth and become Your witnesses of Love in this world.

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Events to Come



Thursday
16 July
FEAST OF
OUR LADY OF
MOUNT CARMEL
Prayers begin
at 12noon



Sunday 19 July
FEAST OF
THE KING
OF LOVE
Prayers begin at 3pm

Sunday
9 August
FEAST OF
SAINT TERESA
BENEDICTA OF
THE CROSS
(EDITH STEIN)
Prayers begin
at 3pm

Tuesday
11 August
FEAST
OF SAINT
CLARE OF
ASSISI
Prayers begin at 12noon

FIRST
FRIDAY
VIGILS
from 10pm
- 2am:
7 August and
4 September
2026

Feast of the Assumption
Day of Prayer
Against Abortion
Saturday 15 August 2026
Prayers begin at 12noon
Walk Against Abortion at 2.45pm

The Beatitudes

20 ...“Blessed are you poor, for yours is the kingdom of God.

21 “Blessed are you that hunger now, for you shall be satisfied. “Blessed are you that weep now, for you shall laugh.

22 “Blessed are you when men hate you, and when they exclude you and revile you, and cast out your name as evil, on account of the Son of man!

23 Rejoice in that day, and leap for joy, for behold, your reward is great in heaven; for so their fathers did to the prophets.

24 “But woe to you that are rich, for you have received your consolation.

“Woe to you that are full now, for you shall hunger.

25 “Woe to you that laugh now, for you shall mourn and weep.

26 “Woe to you, when all men speak well of you, for so their fathers did to the false prophets.

- Luke 6:20-26

