

*"...If you could see with spiritual eyes when you look upon the Host, you would see My Beating Heart as I hang upon the Cross of My Love..."*

*Saturday 16 May 2026*

# An Invitation to Love Jesus Newsletter Messages of Love May 2026 Issue 360

## Editorial

### **The Messages**

The Messages this month explain a great deal about the Blessed Sacrament. We are told of how the Host is Jesus' "Beating Heart as I hang upon the Cross of My Love". God is trying to open our spiritual eyes so that we can understand and see what this Great Gift to mankind is. We are encouraged to go and sit with Jesus in His churches, to sit before Him in the Tabernacles, where He waits and waits and waits for us to come to Him. He asks us to allow Him to touch our little hearts. The Messages are also calling us deeper into Him. He tells us to come to Him through faith and prayer and to "begin our Journey of depth by beholding Me on the Cross, that Sacrificial Table." He explains to us that our "part in this Sacrifice is to die to the things in you, the anger, the lust, the hatred, that hold you earthbound, the things in you that are not Mine and hold you at enmity with one another. See the Sacrifice, see the sin." Friday 8 May 2026

### **The Patricks Writings**

The two Patricks have written two articles and an explanation on a Letter to Diognetus for this month's Newsletter. These are, "Behold the Face of Jesus in Me", "The Christian in the world" and "Jesus

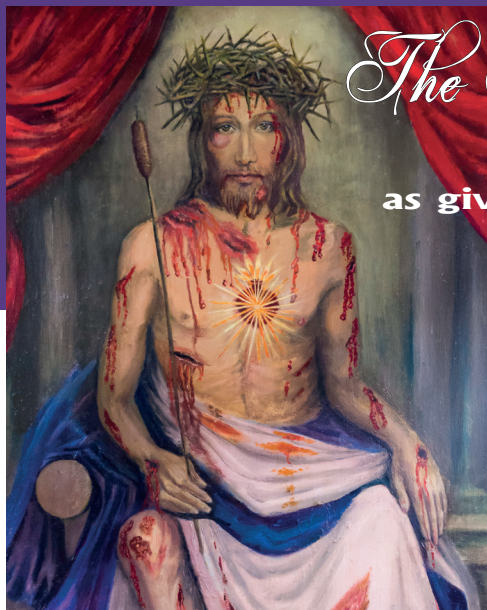
Teaching me about Fear". They are three very different articles which explore different aspects of our faith.

### **June**

This Newsletter will reach you in the beginning of June. From previous Messages we know that June is special to Jesus as it is the Month when we celebrate His Sacred Heart, a Month where He wants Love to be shared and celebrated. Given all His Words in these latest Messages about the Eucharist, would it not be a lovely gift to Him if we all tried to take some time to visit Him in His churches during this Month?

*"...I Love you, My servant. I give you My Heart this day at the beginning of the Month of My Heart. This should be a Month of Love and dedication to My Heart. Say My Consecration Prayer within My House and over the world each day of this month. Say it at each prayer time within My House. The same promises that I gave to My daughter, Margaret Mary, I give to the world again as it prepares for what is to come..." Thursday 1 June 2006*

The Consecration Prayer that we say here in the House of Prayer in June is the one given by Saint Margaret Mary.



# The Messages of Love

as given to the two Patricks

## Friday 1 May 2026

My children, have faith in the Words I speak. Do not doubt but know, I hear your prayers. Say My Chaplet of Life and see your prayers come to life.

Children, pray, for, I am at Work changing the things that are blocking My Truth from being seen.

Trust Me, children, and have faith. I Love you.

## Saturday 2 May 2026

My children, I, the Lord, your God, am calling you to listen to My Words of Truth. I tell you, children, I am Coming with My Winnowing Fan to separate the wheat from the chaff, the good from the bad. Can you not read the signs of your times? Can you not see the Truth of My Words when you look at what mankind has become?

Love has grown cold. A tide of

greed now sweeps this earth, a tide that is driving so many onto the path that only leads to hell. Pray, children, that My Words are accepted, pray that many will allow them to penetrate their hearts. Trust Me, children, now, is the 'Time of Justice' and, now, I prepare to release these, My Words, to this world.

Trust Me.

I Love you.

## Monday 4 May 2026

My children, come to Me, let Me fill you with My Love so that you can go into this world and share it with all those you meet. Trust Me and let My Words of Truth penetrate your hearts so that you begin to see.

See the Truth, see how I lived and Died for you. See how I paid the Price for the Forgiveness of your sins. See the Truth of My Words. Meditate upon the Words of My Chaplet of Life and you will be filled with the true understanding of the Life of your God.

Trust Me, children, and see the Truth of these, My Words.

I Love you.

## Friday 8 May 2026

Come deeper into Me, My children, through prayer and faith

in Me. I came on earth to bring you to Me, to bring you from your sin. You must begin this Journey of depth by beholding Me on the Cross, that Sacrificial Table. I was the Lamb that was slain for the sins of mankind, for you, who read this. Look into the depth of that Cross, see its meaning, see its depth that stretches all the way to the Father who sent Me; then, see Me.

See the Love bleed from Me as I Die, as I make the way to be reconciled to the Father; see the Love of the Father in Me for Me and, you; see the Love in Me for the Father for Him and, for you. See the Sacrifice, see the endless Love, endless because My Spirit is in the Love of the Father for Me and, My Love of the Father for Him and, ultimately, for you.

So much has been placed within that Sacrifice and, even now, the same Sacrifice is with you in the Mass, the Sacrifice Eternal, that you behold every day. Do not take it for granted but look deeply into it.

Your part in this Sacrifice is to die to the things in you, the anger, the lust, the hatred, that hold you earthbound, the things in you that are not Mine and hold you at enmity with one another. See the Sacrifice, see the sin. Which, My children, is more important to you?

26... Take, eat; this is My Body.

27 Then He took the cup, and gave thanks, and gave it to them, saying, "Drink from it, all of you.

28 For this is My blood of the new

covenant, which is shed for many for the remission of sins.

*Matthew 26:26-28*

Come deeper into Me by the shedding of your sins, by the dying to self, by seeing My Sacrifice for what it is. There comes a point in this Journey of depth, when the Word of the Father enters you through the Word I speak and, the Spirit gives rise to the understanding of that Word.

### **Friday 8 May 2026**

Come to Me often, children. If you take the time to find Me, then you will surely find Me. I will come to you and guide your every footstep if, you are willing to die to self and come walk with Me, your God.

Trust in Me, begin now to walk this Path for I wait on your moving towards Me.

I Love you.

### **Saturday 9 May 2026**

My children, believe in the Words I speak and help My Houses of Prayer, help them with your prayers, your sacrifices. Strengthen them, children, for I am about to reveal them to this world. My Words will sweep across this world like a great fire storm. All who are willing to listen will be Saved. All who refuse to listen will be removed.

I will cleanse this earth of all evil so that the generations to come will have a chance to, once again, decide if they want to follow Me in free will. All will change; no one will be forced to walk away from Me; so many are forced in these

days to walk away from My Truth through the lies of the leaders of this world.

Trust Me, children, and prepare.  
I Love you.

### **Monday 11 May 2026**

My children, I ask you to help My Houses of Prayer. I ask you to help them in ways that go against self. I am Teaching you to look at the Truth so that your offerings, your sacrifices, to Me are true offerings, true sacrifices, that go against self. When you go against self and its desires, then you are truly walking the Path of your God.

Look at the Truth of what I say. Look within yourself and see if you have the willingness to die to self. See the Truth of My Words and use My Truth in all that you do and say.

Trust Me, children.

I Love you.

#### **Patrick:**

Jesus is asking us to go against self in these Words. He is asking us for help with His Houses of Prayer but, He wants us to look within ourselves and offer something that goes against self. Self will always take the easy path. For instance, many of us would rather send a donation to help rather than taking the time out of our day to go and offer a Mass or, a rosary or, a Chaplet of Life or, some other prayer. Whereas, some of us would rather offer a prayer rather than offering time or, a donation.

We, ourselves, must decide what we are willing to offer to Him by

looking within ourselves. We must always look to the Path that goes against self. Jesus is Teaching us in these Messages to die to self for, as we know, the more we go against self, the more the scales will fall from our eyes and the more of His Truth will become clear to us.

### **Monday 11 May 2026**

My children, My Love for you is great and I will overcome the evil that has been allowed in through the sin of this generation. My children, watch and see as I bring life back into My followers. I will show this world that I am Alive and My followers shall be given a voice.

No longer will the followers of self be allowed to silence My people with their lies. Yes, when you look at this world it is controlled by the rich and powerful who control the governments, who control the media and so they spew the lies of lucifer and think it is they who are in control.

How blind they are! They are all the puppets of lucifer, it is he who pulls their strings. These strings are about to be cut and they shall be left in great confusion.

Trust Me, children, all My Words will be fulfilled and this generation will be given a chance to return. Trust Me and pray for all those who are caught in the darkness of sin. Believe in the Words that I speak. Pray My Chaplet of Life and, New Life I shall Breathe into this world through you, My remnant.

**The Father:**

Trust in Me, trust in My Son and trust in the Holy Spirit for We are One, We are your God. Pray to Us through what We have given to you. Pray through the Passion, Death and Resurrection of Jesus, My Son, He who Lived, Died and Rose again so that you could have Life with Me in the Kingdom of Heaven.

Trust Me, My children.

I Love you.

**Tuesday 12 May 2026**

We are the Trinity; We are Three in One God. We are the Father, Son and Holy Spirit. We are your God.

When you come to know Jesus in Truth then We, Three, will come to you as One God. Trust in Us and walk the Path that Jesus Died for. Read the Gospels so that you come to know the Life, Death and Resurrection of the One who Died for the Forgiveness of all your sins.

**Jesus:**

Trust in Me, your God, and get to know Me. I am the Gate, no one can come to the Father except through Me, children. Many think that My Mother, the Angels or Saints can bring you to the Father. No, children! I, Jesus, Son of the Father, am the Gate.

My Mother will bring you to Me as do the Angels and the Saints. It is I, your God, who has sent My Mother to call you to Me but, so many misinterpret Her Words and place Her above Me, your God. See the Truth and read My

Mother's Words. She is calling you back to Me, Her Son. See the Truth and see Me, your God. Ask Me for help for so few think of We, the Trinity but, rather, they look to those We have sent into this world to gather the harvest.

I am your God, see Me in the Blessed Sacrament, see Me Truly Present, Body, Blood, Soul and Divinity within every Tabernacle. Come to Me, see Me and ask Me for help and help you will have.

Do not insult My Mother by placing Her above Me, your God, for this is one of Her greatest Sorrows when She sees Her precious Words being misinterpreted. She is My Joy. See the Truth of Her Mission as She tries to bring the lost sheep back to the safety of Her God and your God.

See Me, children, and I will bring you to Our Father and your joy will be complete.

I Love you.

**The Truth that we blind ourselves to!**

We have come across this so many times when people put Our Lady above or, in front of Jesus. Mary is the Queen of all Prophets, She has been sent by God into this world with a Message that says, return to My Son, Jesus.

We must remember the Words Our Lady spoke at the wedding feast of Cana, "Whatever He says to you, do it." John 2:5. If we listen to the Message of Mary, then She will present us to Jesus and Jesus will present us to the Father and the Holy Spirit.

When Jesus was asked, how do we pray? He gave us the Our Father prayer. It is time to see the Truth. Our God is truly Present in every Tabernacle of this world. Yet, He sits alone in His empty churches. Where are we, the people who say we believe?

Jesus wants us to open our eyes and see the Truth. If we need help, He wants us to visit Him in His lonely churches. He wants us to ask Him for help and, He will help us. Our Father in Heaven wants to help us through His Son, Jesus, but, so few ask the Father, Son or Holy Spirit because of our lack of faith.

We must go to Jesus in order to enter the Kingdom of Heaven, as Jesus said, "...I am the Way, the Truth, and the Life. No one comes to the Father except through Me." John 14:6. When we receive the Blessed Sacrament, we receive Jesus, our God, and we can ask Him for whatever we need and He will help us. It is time for us to see the Truth of how blind we are. We run around looking for new prayers yet, our God is Truly Present within every Tabernacle of every church. Yet, when we walk into most churches, they are empty!

### **Wednesday 13 May 2026**

See the Truth of these, My Words. Turn away from sin and come follow Me in Truth. Time is short, children, and so few have taken on My Words, so few are willing to help in this Mission of Love. The time is near upon you when I will reveal these Words to this

world and the Words I have spoken through My other Prophets. My Houses of Prayer will become great beacons that will call My people back. So few are ready to help in this Work for so few have taken on the Words of Truth, so few have given of themselves to walk this Journey of dying to self. See the Truth of My Words and prepare, children. I say prepare, prepare, prepare, and your joy shall be complete.

Trust Me, your God.

I Love you.

Time is short.

### **Saturday 16 May 2026**

My children, I call you to be one as the Father and I are One. I call you to live in this Oneness with Us. As you live your life in Oneness, in your hearts, with Us, so, We are One.

In Scripture it says:

12 For as the body is one and has many members but all the members of that one body, being many, are one body, so also is Christ.

13 For by one Spirit we were all baptized into one body - whether Jews or Greeks, whether slaves or free - and have all been made to drink into one Spirit.

14 For in fact the body is not one member but many.

1 Corinthians 12:12-14

This is the Oneness I call you into, One in Me. For a body and heart and a mind work together in one body for the good of that body; the hand does not rebel and tell the mind, "I will not obey you,

let the other hand put food in the mouth.”

So, the Holy Spirit, who binds Us into Oneness, draws forth that Oneness from Me, from the obedience to My Word, all I have said, this, is what makes the Oneness. When I say:

12 This is My commandment, that you love one another as I have loved you.

*John 15:12,*

by obeying that Commandment, We become One. As Love is the binding force between Us, by Loving, as I have Commanded you, We become One. It is the obedience to My Word that binds all of Us as One. For, when all obey the Words I have spoken, all do the same thing, thus, all are One with Us.

My Word is the Word of the Father and His Word is Mine and, so, it should be the Word of those who follow Me so that Oneness might be complete in all of Us, together. This is the Kingdom, that all might live as one body, moving as one, obeying as one, as it is in Heaven,

10 Your kingdom come. Your will be done on earth as it is in heaven.

*Matthew 6:10.*

This is why you should have no resentment in your hearts towards anyone for, that resentment cannot make you One with Me: it is not Love, it is not obedience to the Word, it is not living in the Kingdom. That resentment must be died to by forgiveness, which My Death on the Cross has given you power to forgive, because I

Forgive, you are no longer a slave to that resentment:

1 What shall we say then? Shall we continue in sin that grace may abound?

2 Certainly not! How shall we who died to sin live any longer in it?

3 Or do you not know that as many of us as were baptized into Christ Jesus were baptized into His death?

4 Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life.

5 For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection,

6 knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.

7 For he who has died has been freed from sin.

*Romans 6:1-7*

So, it is Oneness that I call you to in these days of much darkness, days without My Word being the Light to guide you for, without the obedience to My Word, so that ALL My followers may live as one, helping one another, by that obedience to My Word, how can you follow Me?

6 If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth.

7 But if we walk in the light as He

is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.

*1 John 1:6-7.*

I Love you and I call you to walk with Me in Oneness.

### **Saturday 16 May 2026**

My children, it is your God who speaks. Listen to these, My Words, and see the Truth. See that I am Truly Present in the Host. If you could see with spiritual eyes when you look upon the Host, you would see My Beating Heart as I hang upon the Cross of My Love. See the Truth. This life is a trial where you decide, by your actions, whether you want to be with Me in the Kingdom of Heaven or not. Come spend time with Me, sit in front of My Tabernacle and allow Me to Touch your little heart. I am Breathing Life back into this world, children.

We are One God and these Words are Our Voice, spoken through Jesus, the Son of the Eternal Father. We are here with you as you read these Words. Spend time with Us.

Trust Me, My children, I gave My All so that you could have Eternal Life. Reach out and take the Gift that I offer to you. Believe, children, and see these, My Words, come to life in your life.

Trust Me, children.

I Love you.

### **Sunday 17 May 2026**

Look to My Son, Jesus, and see what He has done for all mankind.

No greater love has a man than to lay down his life for his friends: you are Our friends. See the Truth, children, Jesus laid His Life down for you.

Go to your churches and there, He waits on you. He is Truly Present, Body, Blood, Soul and Divinity. See the Truth of My Words and wake up to the Truth, children. Yes, children, I await your visits; I wait to hear your voice greet Me in prayer. Come to Me.

Many of My Churches sit empty every minute, of every hour, of every day yet, still I wait on you.

Come take on the Gift of My Body and realise you truly are in the Presence of your God when you sit before My Tabernacle. See the Truth of My Words and your faith will become real, your life will change in ways that you would not believe possible.

Trust Me and take on these Words. I Love you.

### **Monday 18 May 2026**

My children, be with Me. Come find Me. I am Truly Present in the Blessed Sacrament; this is My Gift to you, My children, so that you could come and sit with Me, your God. See the Truth of My Gift. Sit with Me and show Me that you believe and your life will change.

My Spirit will fill you with My Truth and your Journey of discovery will begin and you will become a true instrument of Me, your God. See who I truly am and you will do great things, greater than you could ever imagine, in My Name.

Trust Me and watch as the Age of Miracles unfolds in this world. Trust Me. See Me in the Host and your true faith in Me, Jesus, Son of the Father, Our God, will unfold. See the Truth of My Words for We are the Trinity and We wait on you taking the time to find Us, through dying to self. Trust in My Life, Death and Resurrection through the Sacrifice of the Mass and your Treasure will unfold before you.  
Believe, children.  
I Love you.

### **Tuesday 19 May 2026**

See the Truth, children. Look at My Eternal Sacrifice of the Mass. See the Truth. The Eternal Sacrifice of the Mass is, that I hang upon the Cross, every second of every day of your life, so that I can take on all your sins and pay the Price, so that you can have entry into the Kingdom of Our Father.

When you enter My Church and sit before My Tabernacle, you enter into the Presence of the Eternal Sacrifice of your God. If you could see with spiritual eyes, you would see that the Blessed Sacrament is My Beating Heart as I hang upon the Cross of My Love for you. I hang upon the Cross so that you can have Eternal Life with Me, with My Father and, with the Holy Spirit, in the Kingdom of Heaven.

See the Truth and begin to believe and I will use you to bring My lost sheep back to the safety of My Fold. Trust Me and come visit

Me; say My Chaplet of Life for in its Words, you will find the Path to Eternal Life with Me.

Trust Me and become a part of My Kingdom.  
I Love you.

### **Friday 22 May 2026**

Children, come spend time with Me. See the Truth of My Words of Life. See what I have spoken through My Prophets; they are the Words of Eternal Life given to guide you away from the flames of hell.

Trust Me. Read these Words and you will come to understand, if you have the willingness to die to self.

Believe, children.  
I Love you.

### **Saturday 23 May 2026**

Have faith in the Words I speak. I will fulfil all My Words and all will see and understand the Truth that I have spoken, if they have the willingness to see. My children, all is changing and this world will suddenly begin to realise that all that they thought they understood has changed.

Children, mankind thinks he understands the technology that all use but, what you do not understand is, your technology uses the power of the spirit to sustain itself.

Look at your radios, televisions, internet, your phones, you cannot see or hear this technology without a receiver yet, they are in the air all around you.

See the Truth of My Words,

children. I will not allow the darkness that your technology promotes to continue.

Prepare.

I Love you.

### **Saturday 23 May 2026**

Children, your science has entered the realm of the spirit yet, your scientists say they do not believe in the spirit. You do not realise, children, but this earth and, all above and below the earth, is all connected to the Realm of your God. If I remove My Spirit from this earth, it will cease to exist. So blind has man become.

The Truth is, children, I am about to change all that you think you know and understand.

Trust in Me, My children, and do not be afraid.

I Love you.

### **Pentecost Sunday 24 May 2026**

Have faith in My Truth. Look at Me, children, I have allowed mankind this time so that the Truth would come out. My Church has sunk into a pit of lies, a place where money and power

matter more than the safety of My children.

As you can see when you look at the leaders of My Church and this world, they are not afraid to tell the peoples of this world that they agree with sin being promoted as Truth. This has been a time of freedom to allow the darkness to be seen but, now, it comes to an end; the final sifting begins where all are given a final chance to decide to repent or walk deeper into the darkness of their sin.

Believe, now, children, you have been Warned! My Mother came to many places on this earth to Warn mankind to turn away from sin and repent or their actions would call a Great Chastisement down upon all mankind. Your Warnings come to an end and it is now the time where you must decide.

I will reveal all My Words that I have spoken through My Prophets to this world. My Houses of Prayer, they will help many to return. They will become great Beacons that will draw My children to safe refuge within the Words of My Truth. Trust Me, children, spend much time before Me in My Tabernacle and you will gain much strength.

Trust Me.

I Love you.

### **Monday 25 May 2026**

My children, you live on a spiritual planet in a spiritual universe. Look up into the night sky, you are looking into the spiritual realm. All that you see has been Created so that you could live on My



Creation.

Children, do you not realise that I Created all this for you so that you could prove to Me that you would be worthy of entering the Kingdom of your God? Look at how short your lives are. You live and die every day but, still, you look to your earthly lives as being all important.

When you die, then your life truly begins, whether that is with Me in My Kingdom or, in hell. It is your decision. In other Words, your true lives will be in Eternal Joy with Me or, eternal anger in hell. You make the decision by the way you live your life on this earth.

Look and see what I say: you live on what I Created, which is part of the spirit world, the world that science says does not exist. How are you going to believe in what I say, if you look to the words of your scientists and your blind leaders?

Look to My Truth and find the True Path.

I Love you.

### **Monday 25 May 2026**

My children, look to Me, your God, and see the Truth of My Words. See what I have done for you through My Life, Death and Resurrection. When I Died, I Died for each individual person that has ever lived and ever will live upon this earth.

Yes, children, I Died for you so that you could be with Me in the Kingdom of Our Father in Heaven. See Me and come sit with Me within My Churches. Do not look at the sinners who lead or

enter My Church but, see Me, your God, and what I did for you. Believe in Me, My children, believe.

I Love you.

### **Wednesday 27 May 2026**

My children, trusting in Me is trusting the Path that I lead you upon, not the path you think I should lead you upon. When I do not lead you upon the path that you think I should, then you lose trust in Me. You think I have not heard or answered your prayers.

Trusting Me is placing yourself in My Hands and accepting the Path that lies ahead, no matter what obstacle you meet, should they be obstacles of fear, pain or, hardship, you simply must trust in Me.

When you truly trust Me, you simply know that I will guide you on the Path that will lead you and, those that you pray for, to Eternal Life with Me in the Kingdom of Heaven. All I want is that you, your family, your friends, be with Me in My Kingdom.

When you pray, pray to Our Father, reminding Him of My Sacrifice and the Blood that I have spilt for you or, those that you pray for. In His Compassion for Me, His Son, and the Sacrifice I offer Him for you, He will hear and answer your prayer.

Trust in the Words I speak, children, and do not fear the events that come before you, simply know that you belong to Me, your God, and that I will guide you through them.

This is truly trusting in Me, your God.

I Love you.

**Thursday 28 May 2026**

**The Father:**

Have faith in Me, My children, and see the Truth of My Words. Do not allow self to have control for self will take you away from Me, your God. My children, you do not realise the Love I have for each one of you.

Look to the Cross of My Son and see His Sacrifice. He hangs upon the Cross of His Love for Love of you, as you read these Words. See the Truth of My Son's Love; He did not hang upon His Cross for three hours; He hangs upon it now. He reached out through time, both forwards and back, so that He could take on all the sins, of all the peoples of every generation, in order to pay the Price for all sin. Look at the Truth of the Mass, the Great and Eternal Sacrifice, where My Son hangs upon the Cross of His Love for you, child. See Him and return His Love by loving Him in all those that you meet.

**Jesus:**

You are My children and I am your God. I Died for the Forgiveness of your sins. See Me, children, for who I Am.

**The Trinity:**

We Three are One God and, now, We will reclaim all those who are willing to try and follow Us in Truth, all who are willing to try will be Saved. All who are willing will come to know the Truth of their God through the Sacrifice of My Son, Jesus.

Trust, children.

I Love you.

**Friday 29 May 2026**

My children, I Love you. Look at the Words I speak and begin this Journey with Me, your God. I have given you many Words of Teaching so that, if you are willing, you will find it easy to follow Me.

Come, children, see Me in My Tabernacle and know that you truly sit in the Presence of your God.

Trust Me, children.

I Love you.

**Saturday 30 May 2026**

My children, have faith in Me, your God, I have not left you orphans. Look in Truth, you have deserted Me, your God. I wait in My lonely Tabernacle; I wait on your visit. How many times do you take the time to visit Me?

I hear you say that I am a God that does not care about His people. I have told you: I Created you to have free will and, so, if you block Me, in your free will, then how can I help you? Open your eyes and see the Truth, I have not deserted you, I call out to you and all My children every day to return but, so few listen.

So few allow themselves to turn back to Me because of their busy lives and selfish needs that blind you to My Truth. Wake up, My children, and see Me, your God, I will help you return, if you ask Me in Truth.

Trust Me. Come to Me, I wait on you.

I Love you.

**Saturday 30 May 2026**

My children, look at the Gift I give to you through these, My Words of Love. I have given these Words to guide you and the generations to come.

Trust Me, My children, and walk this Path of dying to self. Come to Me often in prayer so that you can learn My Ways. Trust Me, children, and be obedient to My Words. The only True Path to Me is through dying to self for self is the block that you must overcome in order to walk the Path of Truth that I set before you. If you come to Me and do not walk the Path of dying to self, then you are only deceiving yourselves and those who listen to you. You can see this as you look at those within My Church who preach false doctrine that they learn through not dying to self.

Remember, the evil one is there to convince you to take the easy path that does not lead to Me for it is the path of lies. Trust Me, children, and come walk with Me and I will Teach you the Truth, if you are willing to go against self. Trust Me and come begin this Journey of Love with Me, your God.

Believe, children.

I Love you.

**Sunday 31 May 2026**

My children, have faith in the Sacrifice of the Mass. The more you believe in Me, then the more you will begin to see My Power. See Me, children, in the Blessed

Sacrament; see My Sacrifice and this world will change around you. As one begins to believe, so shall others around them, just like a falling domino, when one falls against another, the cascade begins. When one has faith they will affect those around them and so, faith shall, once again, flood this earth. This is the power of the spark that ignites a great forest fire.

Trust Me and see My Beating Heart as I hang upon the Cross of My Love for you.

Believe.

I Love you.

**Sunday 31 May 2026**

I am with you, My children. If you are willing to take the time to be with Me and begin this Journey of Truth, I will lead you. You will begin to feel the True Presence of Me, your God. I will make Myself known to you, if you are willing to move towards Me, then I will move towards you and you will know the Truth of My Gospels, you will see Me come to Life in your life.

Believe, My children. See the Truth of My Words, come visit Me in My lonely churches. See Me Truly Present within the Tabernacle.

Say My Chaplet of Life and you will begin to see the Truth for, within its Words, you will find the true meaning of Life.

Believe, My children, I Love you.

*We came across the following Message recently and realised that it has not been released so we are*

printing it now.

**Friday 12 November 2010**

Look for Me, children, while I am still to be found. The longer you leave it, the more My Truth will be distorted. This I must allow so that Scripture may be fulfilled. The day will come when they will kill you and believe that they follow Me.

Yes, children, My Truth will be distorted so far that all My Commandments will be broken, in that they shall believe that they are doing Me a service. Look now before it is too late. Trust only in Me and My Words, do not listen to those who change and distort My Word for they are not My servants, they serve the evil one, the father of lies. Come, children, listen to My Word. I Love you. Come trust in what I tell you for time is short.  
I, your Jesus, Love you.



This Newsletter has been published by:

An Invitation to Love Jesus,  
The Sacred Heart House of Prayer,  
46 James Street,  
Cookstown, Co. Tyrone,  
BT80 8LT Northern Ireland.  
Tel: 0044 (0) 28 867 66377

Text or WhatsApp:  
0044(0)7934854773

Charity Registration Number: NIC 101422

E-mail: [goodnews@thetwopatricks.org](mailto:goodnews@thetwopatricks.org)  
[newsletterteam@thetwopatricks.org](mailto:newsletterteam@thetwopatricks.org)

Websites: [www.thetwopatricks.org](http://www.thetwopatricks.org)  
[www.youtube.com/user/invitationlovejesus](http://www.youtube.com/user/invitationlovejesus)  
[www.youtube.com/@prayersfromSHHOP](http://www.youtube.com/@prayersfromSHHOP)  
[www.sonlightmusic.org.uk](http://www.sonlightmusic.org.uk)

We continue to rely on your help for the running of the Houses.

If you wish to donate, please see the details below:

## WAYS TO DONATE

**Our bank details:** *Account Name:* An Invitation to Love Jesus

*Sort Code:* 950282 *Account Number:* 22798727

*Bank:* Danske Bank, P.O. Box 183, Donegall Square West, Belfast BT1 6JS

**For those outside the UK:** *IBAN:* GB27 DABA 9502 8222 7987 27.

*Swift code:* DABAGB2B

**Cheques or Postal Orders please make payable to:**

“An Invitation to Love Jesus”

We also have card facilities at Sacred Heart House of Prayer if you wish to contribute over the phone or via website with your debit or credit card.

Alternatively, if you wish to use **Paypal**, our email is:  
[goodnews@thetwopatricks.org](mailto:goodnews@thetwopatricks.org)

**Sincere thanks for your continued support.**

# Writing from the two Patricks

## “BEHOLD THE FACE OF JESUS IN ME”

### “Behold the Face of Jesus in Me”

In this writing, I do not claim to have the monopoly on the explanation of the Trinity, I merely meditated on the Words given to me by the Father. Each meditation led to another one and I remembered Scripture, songs and quotes along the way and, in the end, I was enriched by the path of ‘enlightenment,’ I seemed to be taken on. I do not claim to understand the Trinity, I believe with faith, without seeing, without understanding until the Lord sees fit to show me His Truth.

When I was asked to tell the

Father something while at Mass, to make a prayer on behalf of someone who could not get to Mass because of illness, these Words, “Behold the Face of Jesus in Me,” in answer to the prayer, came very strongly in my heart. I pondered on this for the rest of the Mass and have been pondering since.

At first, I did not understand the Words and I thought I had made a mistake but, on further reflection and, in order to understand better, I looked up the word ‘Behold’ in this context and its meaning, it began to come a bit clearer.

The word ‘behold,’ according to the dictionary, means: to see, look upon, or gaze at: synonym: see.

I also thought to look up the old meaning of this word because I know that it is not a word we use in these days: *Behold* is an old-fashioned or literary word that means to see or look at something, often with admiration or surprise. It is often used to draw attention to something impressive or noteworthy.

So, ‘Behold’ means, in the older sense, to look at, and, not just look at, for, we can glance at something without really taking in its meaning



or significance but, something to be given our attention. We can look up at the stars at night and see the beauty in their creation. We might miss the wonder of our God, the mystery of His Love because we do not 'Behold' with a sense of awe, that draws us to meditate, contemplate, the Love of the Trinity in Creation. We can look at something without giving it the admiration and attention it deserves. Our eyes can scan the sky without its beauty holding any real significance for us. The word 'Behold' therefore, grabs our attention, makes us look and, not just see but, ponder, grasp for meaning.

In the context of what was said to me, the word 'Behold,' was being used to draw my attention to the words that followed. The use of the word 'Behold,' was drawing me, pulling me in, getting me to pay attention to what was being said. I was reminded of these Words in Scripture:

44 No one can come to Me unless the Father, who sent Me, draws him;

John 6:44

The Work of the Holy Spirit is to draw us to what the Father is giving, to what Jesus is saying. It is His Work to fill us with the Graces that are needed to draw us to the meaning and significance of what is needed to be known. I think, in this drawing of the Holy Spirit and, our response to the drawing, our openness to it, is the prompting of the Holy Spirit to deepen our understanding of

what is being said. The meaning of the statement was a little bit clearer to me.

The Father was, in effect, saying to me: look at this for, its meaning and significance is very important. Ponder and meditate on it.

In pondering on it, I was reminded of the song, although an older hymn, it is one of my many favourites:

### **Transfiguration by Rev. Carey Landry**

#### **Chorus**

We behold the splendour of God,  
shining on the Face of Jesus.

We behold the splendour of God,  
shining on the Face of the Son.

#### **Verse 1**

And oh, how His beauty  
transforms us, the wonder of  
Presence abiding.

Transparent hearts give reflection  
of Tabor's Light within, of  
Tabor's Light within.

#### **Chorus**

#### **Verse 2**

Jesus, Lord of Glory, Jesus,  
Beloved Son, oh, how good to be  
with You;

How good to share Your Light;  
how good to share your Light.

This song is about the  
Transfiguration of Jesus, as we  
are told in Scripture:

2...and He was transfigured before  
them.

3 His clothes became shining,  
exceedingly white, like snow,  
such as no launderer on earth can  
whiten them.

Mark 9:2-3

I began to think about this in  
relation to the Words I heard.

The words of the song are saying: “We behold the splendour of God shining on the Face of Jesus.” The Father’s Words were: “Behold the Face of Jesus in Me.” The two were the same. I thought about the Transfiguration. It seems to me, that Jesus was transformed, before those present, into His Heavenly stature, His Heavenly Presence, in other words, what He looked like in Heaven, before He came to the earth, He was One with the Father: 9 ... He who has seen Me has seen the Father;  
John 14:9



His Humanity was transformed into His Heavenly. At least, He transfigured in a way that human eyes could gaze upon Him, observe Him in this state, without being blinded by the Heavenly Light. I believe that, on that mountain, He took on the likeness of the Father, the Countenance, the Face of the Father according to what Paul tells us in Scripture:

6 For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory

of God in the Face of Jesus Christ.  
2 Corinthians 4:6

The brightest light that we can perceive on this earth is a supernova. It is observed in space and it is the explosion of a massive star. Its light, when the star explodes, can blot out whole galaxies, for a time; it is so powerful a light that we can hardly comprehend it. Think then, what the Light of God must be and, how much the Holy Spirit had to dim down the Light of Heaven on Jesus on the mountain so that the Apostles could observe what was happening with earthly eyes. By dimming down the Light, the Holy Spirit, in the Light that was humanly possible to be observed, was calling the Apostles’ attention to Jesus, Behold, look at, observe. There is that word again. Behold, look at, draw your attention to what I am showing you. I am showing you My Son; look at Him; He is the embodiment of Me; Behold Him and you behold Me! Jesus’ clothes were shining, exceedingly white, like snow, such as no launderer on earth can whiten them.

Thinking about these things, I began to picture the scene on Mount Tabor that day. What must it have been like to see Jesus transforming before their eyes. His clothes becoming white as snow in an instant. His Face also transformed according to Matthew:

...and He was transfigured before them. His face shone like the sun, and His clothes became as white as

the light.

Matthew 17:2

And again in Luke:

29 As He prayed, the appearance of His face was altered, and His robe became white and glistening.

Luke 9:29

What, from the descriptions in Scripture, are we being drawn to, beholden to?

(Beholden; adjective:

1.Owing something, such as gratitude, to another; indebted.

2.Obliged; bound in gratitude; indebted.)

What was I being reminded of, that I owed attention to, that I was indebted to, in the statement of the Father: Behold the Face of Jesus in Me? Am I to understand that the Father and Jesus are One? It says in the Scripture: His Face was altered. It was changed, made different in their seeing, in their beholding. The Holy Spirit was in the beholding, in the seeing. He was showing them by the Graces, that surely abounded that day, the Oneness of God.

Saint Augustine says of the Trinity: I speak of these three: to be, to know, and to will. It seems to me that, on that day, the Father IS, God IS: He always was, is and will be, as we can understand but, He only IS, present always. The following is my understanding of what Saint Augustine said. My mind is far below the mind of Saint Augustine and my explanation is how I grasp, in my capacity, to understand. I think every person has their own grasping of these Truths, that is, when a Truth is

explained to them, it can only be explained, by that person, in the capacity to understand that they possess, unless the Holy Spirit Graces the understanding but, in my understanding, these things, even though given to the heart, have no human words to describe what that understanding is, for:

8 "For My thoughts are not your thoughts, nor are your ways My ways," says the LORD.

9 "For as the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts.

Isaiah 55:8-9

Jesus is the knowledge that God imparts to us, what He wishes us to know about Him, the Word, spoken, imparted, given freely, the knowledge of Him, the Father. Jesus is the Word, the 'speak' of the Father, the verb, the action of the Father, the DOING of the IS. From the IS and the DOING, comes the WILL. The Holy Spirit is the WILL of the IS and, the DOING; He is the bond between the IS and the DOING, He is the LOVE, WILLED.

From Catholic Answers, on the internet.

"In God we see the Father - the "being one" and first principal of life in the Godhead - the Son - the "knowing one" - the Word who proceeds from the Father - and the Holy Spirit - the "willing one" - the bond of love between the Father and Son who proceeds as love from the Father and Son. These "three" do not "equal" one if we are trying to say  $3=1$  mathematically.

These three are distinct realities, relationally speaking, just as my own being, knowing, and willing are three distinct realities in me. Yet, in both God and man these three relationally distinct realities subsist in one being.”

This is the Trinity, the Oneness of the Three. The statement given to me, “Behold the Face of Jesus in Me,” tells me of the Trinity, speaks to me of the Oneness. I see this reflected in these Words:

“Holy Father, keep through Your name those whom You have given Me, that they may be one as We are.”

John 17:11

In this reflection or, even, journey, I have been led to understand that the Father wishes me to see and know Jesus and the Holy Spirit in Him, the Father. I believe He wants us to look at Jesus with the reverence He deserves. After all, Jesus has come to us to make us One with the Father, through what He has spoken on earth, through the miracles He has wrought, through the bringing of Gods Will, Gods Way, Gods Light. The Father, in saying: “Behold the Face of Jesus in Me,” puts the emphasis on Jesus and what Jesus is DOING:

35 And a voice came out of the cloud, saying, “This is My beloved Son. Hear Him!” (Luke 9:35) and the word in the sentence is HEAR, listen, take in, absorb, what He is saying, what He is DOING. Take on the Words that Jesus has spoken in Scripture for they are the Father’s Being, they are the Holy Spirit’s Willing and Jesus’

Doing.

We all need to answer with Peter: 68 But Simon Peter answered Him, “Lord, to whom shall we go? You have the words of eternal life.

69 Also we have come to believe and know that You are the Christ, the Son of the living God.”

John 6:68-69

The Holy Spirit is often associated with Fire, which is Light, which is knowledge, which is Grace. The Grace was clearly given to the Apostles to see this by the Holy Spirit. On Tabor, they were beholding the Face of the Father in Jesus.

When Phillip asks Jesus to show them the Father. Jesus replies:

...He who has seen Me, has seen the Father;

John 14:9

Saint Augustine writes:

I speak of these three: to be, to know, and to will. For I am, and I know, and I will: I am a knowing and a willing being, and I know that I am and that I will, and I will to be and to know. Therefore, in these three, let him who can do so perceive how inseparable a life there is, one life and one mind and one essence, and finally how inseparable a distinction there is, and yet there is a distinction. Surely a man stands face to face with himself. Let him take heed of himself, and look there, and tell me. But when he has discovered any of these and is ready to speak, let him not think that he has found that immutable being which is above all these, which is

immutably, and knows immutably, and wills immutably.

The word Immutable means:  
adjective

1. Not subject or susceptible to change.

2. Not mutable; not capable or susceptible of change; unchangeable; unalterable.

Similar: unchangeable, unalterable

3. Unable to be changed without exception.

These are my ponderings,

meditations, on what the Father said to me: Behold the Face of Jesus in Me. Put simply: Jesus came on the earth to bring the Trinity to Life on the earth. Jesus has said and done everything that is needed for us to understand what is needed. Listen to Him and DO as He says: die to self and be alive to what He is saying. The Father is saying, look to Jesus for He holds the Words of Eternal Life, look to Him for it is Me.

# The Christian in the world

## FROM THE LETTER TO DIOGNETUS WITH AN EXPLANATION FROM THE TWO PATRICKS

### From the Letter to Diognetus The Christian in the world

The following is an interesting Letter sent to a person called Diognetus in the late second or early third century. In it, the author is describing to Diognetus the Christian way of life as they lived it at that time. Here is a way of life that seems so different from the way we live our Christian lives today, yet, it is the very essence of how we should be living. It speaks, in one part, about the hope of Heaven, as though it were a forgone conclusion, as though they were prisoners in the world and were awaiting, like one imprisoned, for their freedom, which is Heaven. Were it that we, today, could have

that much faith! The Letter is taken from the Laudate, the Prayer of the Church.

### ***Explanation from the Internet***

*Author of the Epistle to Diognetus*  
The Epistle to Diognetus is an early Christian apologetic work, but its author remains unknown. The writer refers to himself as a "student of the Apostles," which has led to various theories about his identity.

### *Possible Authors*

Several scholars have proposed potential authors, but none have been definitively confirmed. Here are some of the suggested names: Clement of Rome, Apollos, Quadratus, Marcion, Pantaenus, Theophilus of Antioch.

### **Context of the Epistle**

*The epistle is addressed to a figure named Diognetus, whose identity is also uncertain. Some believe he may have been an Alexandrian procurator, while others suggest he could be a fictional character. The text itself does not provide clear details about either the author or the recipient, leaving much to speculation.*

*In summary, while the Epistle to Diognetus is attributed to an anonymous author who claims to be a disciple of the Apostles, the true identity of both the author and the recipient remains a mystery in early Christian literature.*

### **Second Reading**

#### **From the Letter to Diognetus**

##### **THE CHRISTIAN IN THE WORLD**

Christians are indistinguishable from other men either by nationality, language or customs. They do not inhabit separate cities of their own, or speak a strange dialect, or follow some outlandish way of life. Their teaching is not based upon reveries inspired by the curiosity of men. Unlike some other people, they champion no purely human doctrine.

With regard to dress, food and manner of life in general, they follow the customs of whatever city they happen to be living in, whether it is Greek or foreign. And, yet, there is something extraordinary about their lives. They live in their own countries as though they were only passing through. They play their full role as citizens, but labour under all the

disabilities of aliens (foreigners). Any country can be their homeland but for them their homeland, wherever it may be, is a foreign country. Like others, they marry and have children, but they do not expose them. They share their meals, but not their wives. They live in the flesh, but they are not governed by the desires of the flesh. They pass their days upon earth, but they are citizens of Heaven. Obedient to the laws, they yet live on a level that transcends the law.

Christians love all men, but all men persecute them. Condemned because they are not understood, they are put to death but raised to life again. They live in poverty but enrich many; they are totally destitute but possess an abundance of everything. They suffer dishonour, but that is their glory. They are defamed, but vindicated. A blessing is their answer to abuse, deference their response to insult. For the good they do they receive the punishment of malefactors, but even then they rejoice, as though receiving the gift of life. They are attacked by the Jews as aliens, they are persecuted by the Greeks, yet no one can explain the reason for this hatred.

To speak in general terms, we may say that the Christian is to the world what the soul is to the body. As the soul is present in every part of the body, while remaining distinct from it, so Christians are found in all the cities of the world but cannot be identified with the world. As the visible body contains

the invisible soul, so Christians are seen living in the world, but their religious life remains unseen. The body hates the soul and wars against it, not because of any injury the soul has done it, but because of the restriction the soul places on its pleasures. Similarly, the world hates the Christians, not because they have done it any wrong, but because they are opposed to its enjoyments.



Christians love those who hate them just as the soul loves the body and all its members despite the body's hatred. It is by the soul, enclosed within the body, that the body is held together, and similarly, it is by the Christians, detained in the world as in a prison, that the world is held together.

The soul, though immortal, has a mortal dwelling place; and Christians also live for a time amidst perishable things, while awaiting the freedom from change and decay that will be theirs in Heaven. As the soul benefits from the deprivation of food and drink (fasting), so Christians flourish under persecution. Such is the Christian's lofty and divinely appointed function, from which he is not permitted to excuse himself.

# Writing from the two Patricks

## JESUS TEACHING ME ABOUT FEAR

Jesus has been Teaching me about fear for many years now. What I have learned is, that we humans do not realise it but, we allow our lives to be totally controlled, through fear. In order to let God into our lives, we must learn to overcome fear, by dying to self. Then, we can truly say 'Jesus, I trust in You.' About twelve years ago, my son said that he was going to learn to ride a motorbike. This immediately

brought fear up in me because, as we all know, motorbikes are very dangerous. I rode a motorbike when I was younger and had a few falls, so I knew what I was talking about. To hide my fear, I said to my wife that I should learn to ride again so that I could go out with him and surprise him. We both laughed because we both knew I was only joking. Later, when I went down to the

House of Prayer and went to my little prayer room, Jesus said to me,

“When are you going to book the lessons?”

I said, “What lessons?”

He said, “To learn to ride a motorbike?”

I said, “I don’t want to learn to ride a motorbike again.”

He asked me was I letting fear control me? I knew I was, so, I began learning to ride again. I passed the test and got the full licence. I got a bike and rode it on and off for a few years. I told myself that I had overcome my fears but, looking back, I now know I was telling myself lies. I stopped riding it. Jesus never said anything to me about the motorbike again for several years. I knew inside myself I still had the fear.

The bike sat in storage for about four or five years and I never got on it. I was walking past it one day when Jesus said to me, “Are you going to ride the bike?”

I said, “I don’t want to ride the bike”.

Jesus asked me, “Are you afraid?”

I said “Yes.”

Jesus asked me would I ride the motorbike for Him. I said yes to Jesus but, if truth be told, inside, I hated riding the bike. I was terrified of it; I was not a biker.

One day I was in a motorbike shop getting a pair of gloves. I stopped and was looking at a less powerful motorbike than I had.

Jesus said to me, “You should buy that bike, it will give you

confidence.”

I began to ride the new bike but, this time, I asked Jesus if He would Teach me and so, He began to Teach me. He told me that I must always stay within the law and, so, I would be under His protection. In other words, do not break the speed limit but, also, do not hold people up by driving too slowly. He had me driving on B roads, at the speed limit, which is 60 miles per hour, which terrified me.

Jesus said to me, when I was riding the motorcycle, “Look around you, My son, all you see is danger and all you have to protect you is Me. I am Teaching you to trust in Me, your God!”

I found it very boring going out for spins on the motorcycle but then Jesus got me to visit Him in His Tabernacle, in churches all over the country. I began to look forward to going out to spend time with Him. Whenever I thought of going out on the motorbike, my stomach would knot but, when I was on the bike, the fear and anxiety would leave. No matter what the weather conditions were, He would ask me to go out. It was only when the roads were icy that Jesus would not ask me to take the bike out. I rode through Spring, Summer, Autumn and Winter



and, in that year of riding, I was approaching 10,000 miles on the bike and I said to my wife, Pauline, I feel as though something is going to change when I reach 10,000 miles." I passed the 10,000-mile mark on the Sunday and, on the Tuesday, I came off the bike.

I was riding to Our Lady's Shrine, Kerrytown, County Donegal. I was riding along a mountain road. There were two white vans travelling towards me, on the opposite side of the road. Suddenly, a black car shot out from behind the two vans on to my side of the road, in order to overtake the vans. I had to avoid him or there would have been a head-on collision.

I felt totally at peace throughout the whole episode. I knew Jesus was with me. I avoided the car and had managed to slow down, nevertheless, I knew I was coming off the bike. I had to steer to the rough edge with loose gravel, at the side of the road. I came off the bike. I knew I had broken my ribs as I felt the crunch. I could feel them moving about when I moved but, I still felt at peace.

Then a man behind me said to me that I would be okay.

For some reason, I knew this man was a Traveller and that Jesus had sent him. I heard another voice say, "I need to get the holy water!" The other voice was the man's wife and, her saying this, confirmed to me that Jesus had indeed sent them. I felt totally at peace as I knew then that even though I had come off the bike, my God was still looking

after me.

The man told me that my bike was okay and asked me where I lived. When I told him he said that he only lived nine miles away from me. He told me that he was a biker himself and on his way to a meeting but, he would cancel the meeting and ride my bike back to his house, which was nearly a two hour journey. I felt totally at ease with this because I knew Jesus had sent him and his wife. I thanked him and said that was okay.

The young man, who had been overtaking, was apologising to me and he was totally devastated. I felt that Jesus was telling me to forgive him and to reassure him that he need not worry as we can all make mistakes and everything would be alright.

An ambulance arrived and I was taken to hospital. Whilst in the hospital, so many said to me, you will never see your bike again; you gave your keys to a Traveller! I knew I had nothing to worry about. Jesus was showing me that He picks who He wills and that we have no right to judge anyone. There are good and bad in all parts of society and we should not be so quick to condemn or make assumptions. I knew that Jesus had sent Martin and Mary, His Travellers, to help me and I trusted totally in Jesus.

I understood Jesus needed this little suffering for something and that everything was in His Hands. When I went to the hospital, I had five broken ribs. One of the ribs was broken in two places and I

had a punctured lung. I remained in hospital for seven days.

I was only out of the hospital fifteen minutes when I got a phone call from Martin, the Traveller, asking me how I was and was I at home. I told him I was on my way home. He said, "I will bring your bike over this evening." When Martin and Mary came over, they told me that they were not supposed to be on that particular road. They honestly didn't know why or how they had decided to take that road but, I knew Jesus had sent them.

After being out of hospital a few weeks now, I am well on the mend. I asked Jesus about the accident and He simply said, "Trust!" I knew I did not need an answer. I knew I was being looked after by my God.

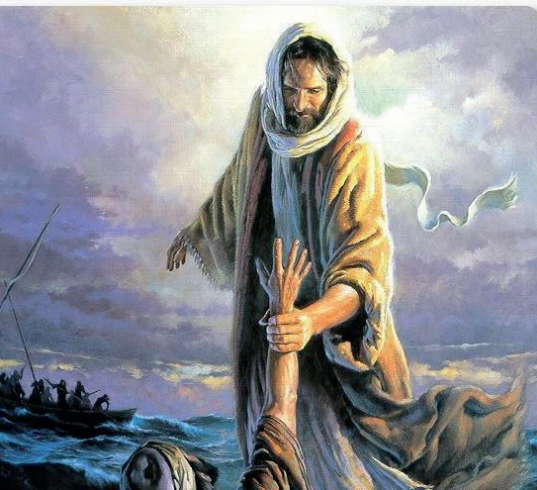
I know He wants me to continue to ride the motorbike and, I have realised, as I am writing this, the fear and anxiety have gone. All I want now is to get back out on it and spend time with Jesus in His churches. I now realise, I ride the motorbike with my God and I am looking forward to going back out

with Him.

During my time of going out on the bike, I have discovered so many small, lovely churches in the middle of nowhere, where I can spend time with Him. In truth, I cannot say that I have suffered in this time. I believe that Jesus took the greater part of my suffering onto Himself and I thank our Father, Jesus and Holy Spirit for all that They have done for me and Their people, through this Teaching.

Following the accident, lots of people kept saying I should put in a claim against the young driver. The motorbike was practically undamaged and his car was undamaged. Okay, I had broken ribs but, I know I will be fully recovered in five or six weeks. As Jesus would say, I accepted the young driver's apology and I forgave him, how could I then turn round and put in a claim which would drive his insurance costs through the roof, when I and the motorbike are okay?

I do understand that it is sometimes necessary for people to claim for damaged vehicles or when they sustained a life changing injury that affects their future health and ability to work. Insurance is there to protect our vehicles or our ability to work, it is not there to fulfil the greed of self. We are in a society where everyone is now afraid of someone putting a false claim against them and so has spread fear, which is not Jesus' Way. We must always try to be in truth if we want to be true followers of Jesus.



# Wisdom

## John Paul II

### THE REDEMPTION OF THE BODY AND SACRAMENTALITY OF MARRIAGE (THEOLOGY OF THE BODY)

From the Weekly Audiences of His Holiness John Paul II  
from 5 September 1974 - 28 November 1984

*continued from last month*

In the first chapter, the narrative of the creation of man affirms directly, right from the beginning, that man was created in the image of God as male and female. The narrative of the second chapter, on the other hand, does not speak of the "image of God." But in its own way it reveals that the complete and definitive creation of "man" (subjected first to the experience of original solitude) is expressed in giving life to that communion personarum that man and woman form. In this way, the Yahwist narrative agrees with the content of the first narrative.

If, vice versa, we wish to draw also from the narrative of the Yahwist text the concept of "image of God," we can then deduce that man became the "image and likeness" of God not only through his own humanity, but also through the communion of persons which man and woman form right from the beginning. The function of the image is to reflect the one who is the model, to reproduce its own prototype. Man becomes the image of God not so much in the moment

of solitude as in the moment of communion. Right "from the beginning," he is not only an image in which the solitude of a person who rules the world is reflected, but also, and essentially, an image of an inscrutable divine communion of persons.

In this way, the second narrative could also be a preparation for understanding the Trinitarian concept of the "image of God," even if the latter appears only in the first narrative. Obviously, that is not without significance for the theology of the body. Perhaps it even constitutes the deepest theological aspect of all that can be said about man. In the mystery of creation - on the basis of the original and constituent "solitude" of his being - man was endowed with a deep unity between what is, humanly and through the body, male in him and what is, equally humanly and through the body, female in him. On all this, right from the beginning, the blessing of fertility descended, linked with human procreation (*cf. Gn 1:28*).

In this way, we find ourselves almost at the heart of the anthropological

reality that has the name "body." The words of Genesis 2:23 speak of it directly and for the first time in the following terms: "bone of my bones and flesh of my flesh." The man uttered these words, as if it were only at the sight of the woman that he was able to identify and call by name what makes them visibly similar to each other, and at the same time what manifests humanity.

In the light of the preceding analysis of all the "bodies" which man has come into contact with and which he has defined, conceptually giving them their name (*animalia*), the expression "flesh of my flesh" takes on precisely this meaning: the body reveals man. This concise formula already contains everything that human science could ever say about the structure of the body as organism, about its vitality, and its particular sexual physiology, etc. This first expression of the man, "flesh of my flesh," also contains a reference to what makes that body truly human. Therefore it referred to what determines man as a person, that is, as a being who, even in all his corporality, is similar to God.

We find ourselves, therefore, almost at the very core of the anthropological reality, the name of which is "body," the human body. However, as can easily be seen, this core is not only anthropological, but also essentially theological. Right from the beginning, the theology of the body is bound up with the creation of man in the image of God. It becomes, in a way, also the theology of sex, or rather the theology of masculinity and

femininity, which has its starting point here in Genesis.

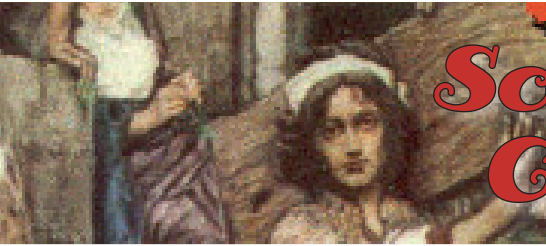
The words of Genesis 2:24 bear witness to the original meaning of unity, which will have in the revelation of God an ample and distant perspective. This unity through the body - "and the two will be one flesh" possesses a multiform dimension. It possesses an ethical dimension, as is confirmed by Christ's answer to the Pharisees in Matthew 19 (*cf. Mk 10*). It also has a sacramental dimension, a strictly theological one, as is proved by St. Paul's words to the Ephesians<sup>11</sup> which refer also to the tradition of the prophets (*Hosea, Isaiah, Ezekiel*). This is so because, right from the beginning, that unity which is realized through the body indicates not only the "body," but also the "incarnate" communion of persons - *communio personarum* - and calls for this communion.

Masculinity and femininity express the dual aspect of man's somatic constitution. "This at last is bone of my bones and flesh of my flesh." Furthermore, through the same words of Genesis 2:23, they indicate the new consciousness of the sense of one's own body. It can be said that this sense consists in a mutual enrichment. Precisely this consciousness, through which humanity is formed again as the communion of persons, seems to be the layer which in the narrative of the creation of man (and in the revelation of the body contained in it) is deeper than his somatic structure as male and female. In any case, this structure is presented right from the beginning with

a deep consciousness of human corporality and sexuality, and that establishes an inalienable norm for

the understanding of man on the theological plane.

*continued next month*



## **Song of the Carpenter**

The following is a serialisation of the 'Song of the Carpenter,' a novel inspired by Jesus and written down by the two Patricks. It is about the Life of Jesus and is full of spiritual teachings as well as a simply fantastic read.

If you cannot wait to read it all, then you can order it from the Sacred Heart House of Prayer. It costs £6.99.

\*\*\*\*\*

He was bleeding from a cut on his forehead and the blood was pouring into his eye. He tried to wipe it with his forearm but they yanked his arm to stop him. Inside she could hear children's voices screaming and Sarah protesting, saying that her husband was innocent. Roman soldiers were in the house and from what she could hear they were abusing Sarah and the children as well. It would not be advisable to approach the door as there were two soldiers standing guard outside it, that meant that there were quite a few others inside. There was nothing she could do but wait. She prayed a silent prayer for deliverance out of the situation. Mary stood helpless as they led

Jonathan past her and began to make their way down the street. When the soldiers had done their business then she would see Sarah and find out what was happening. The people around her were enjoying what was going on and were chatting in groups making speculations about what Jonathan was being arrested for. One man in a striped robe was saying that he had probably stole money and would be crucified in the morning. A woman who was near him agreed and said that she had always known that there was a bad streak in Jonathan.

Mary reached out to pull Jesus close to her but he was not there. In sudden panic she shouted his name "Jesus!" Her cry startled the crowd around her. "Jesus!" she called again, the panic in her voice. Mary looked all around and then she noticed that Jesus was a little way ahead and walking after the soldiers who held Jonathan. Her heart raced. If the Romans had no mercy on the children inside that were bigger, then what mercy would they have on a three year old? The blind instinct of a mother

whose child is in peril rose in her. She started forward.

“Jesus!” she shouted again but he did not seem to hear. She could see him as she made her way through the people who stood there. Mary’s panic had risen for the safety of her child. All her motherly instinct was in her heart as her mind prepared for anything to happen. This was her only child and she must protect him. Her heart was sore trying to get through the knots of people who stood there. They did not see her; they did not see what was in her heart.

As she untangled herself from the crowd, she noticed that her son was talking to a centurion and the soldier was on his haunches, listening. As she approached she reached out and touched her son. The centurion’s face was radiant and her own panic melted and ebbed away as she felt the presence of Gabriel bringing the Spirit of the Lord into the scene before her.

The look on the centurion’s face was soft and smiling, his features glowing; he, too, was feeling Heaven touch the earth at this moment. She knew what was taking place inside him. Whatever Jesus had said to him, it had penetrated deep. It had pierced his heart like an arrow and he had felt cleansed and refreshed. She was not to know what the words were but she did not need to know; she could feel them touch the air around her, giving it essence and form. She could feel it emanate from this small boy’s heart and touch the soldier’s heart and the two were one in this moment. She knew that within this foreigner

in her land, was a peace that was breaking all frontiers and barriers; slave and master, occupier and occupied becoming one, becoming one as the sun becomes one with the earth as the sunlight touches it. It was growing and sprouting wings, dancing with the pure joy of a God that was real and whom this soldier did not know. She could see the love that was in his soul in this moment, rise up and fall from every pore in his face. It was hard for him but he tore his face away from this smiling boy and shouted after the soldiers who held Jonathan between them, their short swords drawn.

“Halt! The man is innocent. Let him go!”

The soldiers began to protest to the centurion but he told them that on new evidence, which he had just received, the man was innocent. They let him go. Jonathan was free. “Is this your son, madam?”

“Yes,” Mary said, “he is my son.”

“I do not understand any of this. I was convinced that this was the man that I was searching for but your son came to me and told me that he was innocent. All the evidence that I had seemed to fall apart and I knew that he was not the man that we were looking for. I am telling you that the evidence was overwhelming. He was accused of being a Zealot and surely would have been sent to Jerusalem to be tried and crucified. Your son said to me simply, Jonathan is innocent and for some reason my heart turned over and I knew that he was telling the truth. I could not fight against it. What is it that your son has? What did he touch me with? I feel

like I am clean all over and will never be soiled again.” He did not wait for an answer but went down on his haunches again and smiled at Jesus. Then he got up and walked back to the house. Jonathan was limping back too and the centurion helped

him. The crowd were speechless, their talking had stopped and their faces were questions that they were afraid to ask. Mary could hear the centurion apologise to Jonathan.

*Continued next month*

# The Plight of Others

## **THE GOVERNMENT'S WAR ON ROMANCE**

We recently came across the following article, written by Phil Lawler, and what immediately sprung to mind was *Our Lady at Fatima* saying that the last attack of Satan would be on the family. The family unit as we know it is all but gone now.

### **The nation's fertility rate**

A team of Norwegian social scientists has properly discovered a serious problem, and proposed a truly horrible solution, argues Rob Henderson in the *Wall Street Journal*.

The problem: as more women enter the workforce and earn a good income, they feel less need to find a male partner and provider. So they postpone marriage, or don't marry at all, and the nation's fertility rate drops, bringing on a variety of social problems.

### **With or without husbands**

So far, so good. But the solution proposed by these psychologists is

not more candlelight and poetry, not more romance, not even more good jobs for young men. Quite the contrary; they suggest that the government should encourage women to have babies while they're still young - with or without husbands - and provide them with day-care support so that they can keep those high-paying jobs.

Henderson spots the error:

The children in this scheme are an afterthought, as are the men. So, eventually, are the women, who are being told that the right response to a romantic market they find frustrating is to accept a permanent arrangement with the government in place of a husband.

This wretched proposal is, unfortunately, a logical extension of the social policies that prevail in most Western democracies today. Government programs encourage women to enter the workforce—and stay in it, even if they become mothers. The government acts as

protector and provider, making husbands less necessary, even less desirable. Women are actively encouraged to think they don't need men.

Women still want to have children, the Norwegian researchers found. But when they marry later (if at all) their child-bearing years are over before they have as many children as they want. Meanwhile those children are spending most of their days in (government-sponsored) institutions, rather than cuddling with Mom as both the baby and the mother would prefer.

### **Who really profits**

So who really profits from this system? The government

bureaucracy, which provides what the husbands and fathers once offered. The corporate employers who can keep women on staff through their child-bearing years. But not the women, not the men, not the children. In short, not the people.

Government programs are suppressing romance. That's what the Norwegian study shows. Henderson summarizes nicely: "The researchers are correct that the standard explanations miss it. They're wrong that the way out is to accelerate what the crisis started."

[https://pflawler.substack.com/p/the-governments-war-on-romance?r=jxhdx&utm\\_medium=ios&triedRedirect=true](https://pflawler.substack.com/p/the-governments-war-on-romance?r=jxhdx&utm_medium=ios&triedRedirect=true)

# **Saint Michael House**

**50 Tynemouth Road, Tottenham, London. N15 4AX.**

**Tel: 0208 808 0732 E-mail: [st.michaelshop@outlook.com](mailto:st.michaelshop@outlook.com)**

## **THE FEAST OF CORPUS CHRISTI**

### **The full moon**

We celebrate many beautiful Feast Days throughout June at the House of Prayer. The first of these is the Feast of Corpus Christi.

The introduction of this Feast can be traced back to a vision of Saint Juliana in the early thirteenth century. At the age of sixteen, she began having visions. In one such vision she saw the full moon whose brightness was disfigured by a single dark spot. After mentioning it to her superior and after many

days of prayer, she heard a Heavenly voice render the meaning.

"That which disturbs thee is that a feast is wanting to My Church Militant, which I desire to establish. It is the Feast of the Most High and Most Holy Sacrament of the Altar."

### **Reparation would be made**

Three reasons were then given for this request. First, that faith in this Sacrament would be confirmed by this Feast when future attacks against its validity would be

introduced; second, that the faithful would be strengthened on their way to virtue by a sincere and profound adoration of the Blessed Sacrament; third, that because of this Feast and the loving attention given to it, reparation would be made for the irreverence and impiety shown to the Blessed Sacrament.

It was many years after the vision that the Feast was instituted worldwide by Pope Urban IV in 1264.

### **His True Presence**

Recently, I have been reading a book 'Eucharistic Miracles' by Joan Carroll Cruz and, while reading this book, it just so happened that Jesus was at the same time speaking so much about His True Presence in the Most Holy Sacrament of the altar in the Messages of Love. I am sure it is no coincidence as I believe Jesus is guiding us so much in this time to have a deeper relationship with Him and a greater love for Him in the Eucharist.

Reading about these miracles was awe inspiring but, what made me also impressed, was the absolute love and devotion held by many Saints towards the Holy Eucharist. It made me feel ashamed about my own complacency and the lack of love that I have shown to Jesus who has given us everything in this Sacrament.

### **We are made one body**

Saint John Chrysostom said "To that Lord on whom the Angels even dare not fix their eyes, to Him we unite ourselves and we are made one body, one flesh."

It is said of Saint Francis of Assisi

that "every fiber of his heart was kindled into love for the Sacrament of Christ's Body" He declared that if he was confronted with an Angel and an unworthy priest, he would kiss the hand that had touched the Body of Christ before saluting the Angel.

Saint Teresa of Avila often fell into ecstasy after receiving Holy Communion and had to be guided back to her place by the other sisters. She speaks of one of these incidents: "I assisted at Mass and communicated. I do not know how I did so. I thought I had been there only a short time and I was astounded when the clock struck and I found that I had been in that state of rapture and bliss for two hours..." (from the Autobiography of Saint Terese of Avila, chapter 38)

### **Sit with Me in front of My Tabernacle**

Many times Jesus has asked us to "...*See the Truth and visit Me; sit with Me in front of My Tabernacle, say My Chaplet of Life and I will Teach you of My Sacrifice...*" *Friday 27 March 2026*

And again He says "...*See the Truth and show respect when you enter My Churches. Realise, I am Truly Present in every Tabernacle on this earth. So many now enter My Churches and do not even know that they stand in the Presence of their God...*" *Tuesday 31 March 2026*  
"...*My Tabernacles contain My beating Heart: when you receive Me, you receive My beating Heart into your soul...*" *Wednesday 8 April 2026*

### **Miracle of Lanciano**

The Miracle of Lanciano in Italy in the eighth Century confirms this Truth.

During the Holy Sacrifice of Mass celebrated by a priest who doubted the Real Presence of Jesus, at the words of Consecration, the Host was suddenly turned into a circle of Flesh and the wine was transformed into visible Blood. Scientific testing in the 1970s revealed that the Flesh was identified as striated muscular tissue of the myocardium (heart wall), being of human origin belonging to the blood type AB.

*"...Look at Me on My altars and see My Heart beat for Love of you. Come visit Me in My lonely churches; sit with Me for very few take the time to visit Me in these days..." Wednesday 8 April 2026*

### **Saint Catherine of Sienna**

Several unusual receptions of Holy Communion were recorded in the lives of some saints. Once the prior of Saint Dominic had given orders to the priests to withhold Holy Communion from Saint Catherine of Sienna to avoid any of her mystical experiences occurring that would distract the crowds attending the services. After the second Mass, the Saint, unaware of the priest's orders, resigned herself to the denial of the Blessed Sacrament accepting it as a sign of her unworthiness. However a bright light surrounded the altar and in the midst of it appeared a vision of the Holy Trinity. A hand of fire holding a Host emerged from the vision. The Host was placed upon the tongue of Saint Catherine, now

rapt in ecstasy.

### **A Host was seen**

Another Saint, Saint Mary Frances of the Five Wounds, while in a profound ecstasy during Mass, could not get up to approach the Communion rail to receive Holy Communion. So she prayed earnestly that Our Lord would come to her and a Host was seen to leave the Ciborium and enter her mouth.

### **Jesus in His lonely Tabernacle**

These Saints knew the Real Presence of Jesus in the Blessed Sacrament and they adored Him with great love. We all lead busy lives in these days and rarely give our time to visit Jesus in His lonely Tabernacle.

### **Jesus is calling us**



Jesus reminds us in the Message of 19 April 2026 *"...remember I, your God, am Truly Present in every Consecrated Host in every Tabernacle in this world. If you need healing, if you need help come sit with Me, have faith, believe and you will, once again, begin to see miracles in this world..." Sunday 19 April 2026*

Jesus is calling us. He wants us to sit with Him, to Love us, to heal us and for us to love Him in return. He wants us to know that He is truly with us and has never left us orphans. He wants us to get to know Him and realise that this is the greatest Gift he has given to us, His Real Presence, His Body, Blood, Soul and Divinity in the Most Holy Sacrament of the Altar. Jesus, increase my faith and my love for You in the Blessed Sacrament.

# Sacred Heart House

46 James Street, Cookstown, Co. Tyrone, Northern Ireland BT60 8LT  
Tel: 028 867 66377 Fax: 028 867 62247 E-mail: [goodnews@thetwopatricks.org](mailto:goodnews@thetwopatricks.org)

## Events to Come



**Thursday 11 June  
to Sunday 14 June**  
**WEEKEND RETREAT**  
*celebrating THE FEASTS*  
**OF THE SACRED HEART**  
**AND THE IMMACULATE HEART**  
Beginning on Thursday 11 June with a vigil from 10pm until 2am.  
Prayers on the Feast of the Sacred Heart will be: 12noon, 3pm and at 8pm there will be a prayer meeting. At 11pm there will be an hour spent in silent reparation for the intentions of the Sacred Heart.  
On the Feast of the Immaculate Heart, prayers will be at 12noon, 3pm and 8.30pm. On Sunday we will have prayers at 12noon, 3pm, 6pm and 8.30pm.  
**All Welcome!**

Sunday 21 June  
**OUR LADY OF THE SACRED HEART**  
*Prayers begin at 3pm*

Monday  
29 June 2026  
**FEAST OF SAINTS PETER AND PAUL**  
*Prayers begin at 12 noon*

Wednesday 16 July  
**OUR LADY OF MOUNT CARMEL DAY OF PRAYER**  
*Prayers begin at 12*

Sunday 19 July  
**KING OF LOVE DAY OF PRAYER**  
*Prayers begin at 3pm*

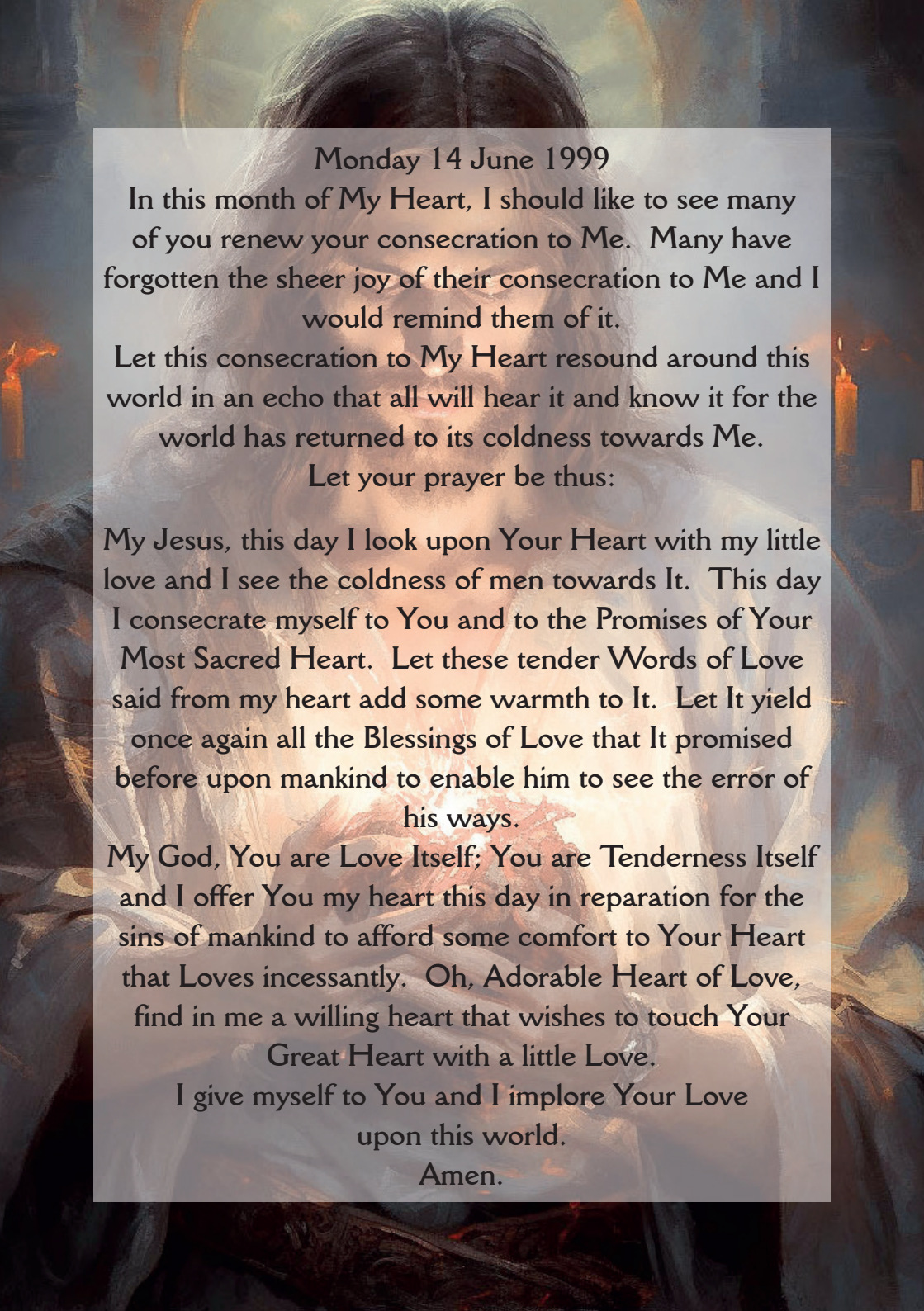


28 June 2026  
At Saint Joseph Equestrian Centre  
Starting at 2pm with Holy Mass

**WORSHIP**  
**BEYOND THE SONG**



**FIRST FRIDAY VIGILS**  
10pm - 2am:  
3 July and  
7 August 2026



Monday 14 June 1999

In this month of My Heart, I should like to see many of you renew your consecration to Me. Many have forgotten the sheer joy of their consecration to Me and I would remind them of it.

Let this consecration to My Heart resound around this world in an echo that all will hear it and know it for the world has returned to its coldness towards Me.

Let your prayer be thus:

My Jesus, this day I look upon Your Heart with my little love and I see the coldness of men towards It. This day I consecrate myself to You and to the Promises of Your Most Sacred Heart. Let these tender Words of Love said from my heart add some warmth to It. Let It yield once again all the Blessings of Love that It promised before upon mankind to enable him to see the error of his ways.

My God, You are Love Itself; You are Tenderness Itself and I offer You my heart this day in reparation for the sins of mankind to afford some comfort to Your Heart that Loves incessantly. Oh, Adorable Heart of Love, find in me a willing heart that wishes to touch Your Great Heart with a little Love.

I give myself to You and I implore Your Love upon this world.

Amen.