

"...Come and simply tell Me of your day..."

Tuesday 14 October 2025



# An Invitation to Love Jesus Newsletter

## Messages of Love October 2025 Issue 353

### Editorial

#### Messages from Jesus

Overwhelmingly, the tone of the Messages this month is urgency. Remember last year, Jesus was telling us that The Father walks this earth? Well now, The Father has walked this earth and has looked into the heart of every man and woman. The events have begun and "...The Father of All will now speak the Words of Justice..." *Thursday 16 October 2025*

Great emphasis is also placed on our preparation for these times. Jesus has told us, many times, to prepare and how to prepare. Jesus Warns us "...Only those who have prepared will have the power to overcome the call of self and so be able to help their brothers and sisters return to the Truth of their God. Prepare..." *Wednesday 8 October 2025*

During this month, Jesus asked Patrick to visit the Shrines of Our Lady in Ireland and that She would speak. Mary has spoken several Messages this month and these, too, tell us to prepare and remind us that She has spoken at many places throughout the world. Another bit of advice that She gives us is to look to the Message rather than the Messenger. Many times we are too quick to judge

and we miss the importance of the Words from Heaven.

#### The two Patricks Articles

The two Patricks have written five articles this month. These are "Preparedness," "Forgiveness and True Repentance," "Forgiveness and the Crimes against God," "Chastisements," and "The Wearing of a Habit."

These articles are about following Jesus, they are about the Path to Him. They talk about many obstacles that we may meet on our Journey including the dying to self, forgiveness and the lack of it, blindness, true repentance, love and sacrifice among other things. They are, most certainly, wisdom to help any of us who are trying to follow Jesus.

"The Wearing of a Habit" was primarily written for the habit members of the Way of the Sacred Heart but, we felt that everyone could learn from this writing. There is a short explanation about why we are sharing it before the article.

These articles take up the most of the Newsletter so our other monthly articles such as "Song of the Carpenter," "The Plight of Others" and "The Wisdom of John Paul" will be continued next month.



# The Messages of Love

as given to the two Patricks

THE FOLLOWING MESSAGE WAS  
MISSED FROM LAST MONTH

**Tuesday 23 September 2025**

**Feast of Saint Pio**

My children, you are in the Time of Justice. Now, I will be forced to intervene for the leaders of mankind are but the puppets of lucifer and will soon fully give in to his wishes.

Trust Me, children. I will look after My own. Trust Me, children. Make haste and prepare.  
I Love you.

**Wednesday 1 October 2025**

**Feast of**

**Saint Thérèse of Lisieux**

Come, children of Mine. Stay close to Me. Do not let yourselves be drawn by the glitter of this world for it only fades, decays and disappears. The Life that I offer is Eternal. All who call upon Me, in Truth shall have Eternal Life with Me in the Kingdom of Our Father

in Heaven. Trust Me, avoid sin, die to self and Eternal Life will be yours.

Trust Me.  
I Love you.

**Thursday 2 October 2025**

**Feast of the Guardian Angels**

Have faith in Me and My Words. If you have eyes to see what is happening, then you will know that you must be ready. The onslaught of darkness grows ever more rapidly. It is time for Me to show this world how blind it has become by freely following the lies of lucifer. Your modern thinking is coming to an end. The Return will begin when mankind finally sees the path of lies that he has freely walked. Stay close to Me, children. Let Me be your Guide.

Trust Me.  
I Love you.

**Friday 3 October 2025**

My children, come to Me often and spend time with Me, your God. I call out to you many times in a day to come and sit with Me. Answer My calls and you will come to know Me. You will find Peace.

Trust Me, children. I need your love. Come follow Me.  
I Love you.

**Saturday 4 October 2025**

**Feast of Saint Francis of Assisi**

My children, it is I, Jesus, who speak to you in these Words. So many Words I have spoken to this world so that you, My people, would be consoled in this time of darkness that the people of this world have plunged themselves into in their free will. I give you Light in the darkness through My Words. I will release My Words to this world so that those, who wish to read them and see, will have a chance to do so. Trust Me, children. All is not lost. I cleanse My Church and this world, of the lies that mankind now follow. All that has been hidden is coming into the light. Soon, I shall cut the head from the serpent and My Church will shine, once again. All is in My Hands. I will cleanse this earth of the cancer that grows rapidly. Trust Me, children. I Love you.

**Monday 6 October 2025**

My children, I Love you. Come to Me, little ones, and say many Rosaries, many Chaplets, in order that those in need have a chance to renew their faith in Me. So many who say they follow Me only follow a shadow of the truth, which is a lie. Pray, children, for your brothers and sisters that they will see the Light of My Kingdom. Trust Me, children. I Love you.

**Tuesday 7 October 2025**

Have faith in Me, My children. Do not think that your God cannot see what is happening on this earth. I

see all that is done in secret.

I see the lies of your governments and My Church. I see all their plans, that were inspired by lucifer and taken on by greedy men and women. I will put an end to their plans. I will put an end to the deceit of those within My Church, who are only following the lies of lucifer. I will cleanse all this earth. The lies will come to an end and My Light will shine, once again. Trust Me and prepare. I Love you.

**Wednesday 8 October 2025**

I am Coming, children, and so few have prepared. I have Warned you for many centuries that My Return is imminent but you have ignored My Prophets that I have sent to you. I sent My Mother and She, too, you have ignored. It is time, children. I shall put an end to the lies. I will now show this world the Truth. All that has been hidden will be revealed and the anger of mankind will be great. Only those who have prepared will have the power to overcome the call of self and so be able to help their brothers and sisters return to the Truth of their God. Prepare. I Love you.

**Thursday 9 October 2025**

Children, come to Me often. Let Me fill you with My Strength. The more you come to Me, the easier you will find it to overcome the trials of this world. Trust Me, children. Let Me Love you. Let Me show you the Truth

so that you will be able to help your brothers and sisters overcome the trials that this life casts at them. Trust Me, children. I will guide you, if you let Me. I Love you.

**Friday 10 October 2025**

Children, have faith in Me, your God. Make ready, children. All these, My Words, will come to an end and this world will finally realise what it has done but, it will be too late for many. Trust Me, children, and prepare. The events have already begun. Soon, I will have to intervene so that My remnant will have what I have Promised. Trust Me, children. I Love you.

**Saturday 11 October 2025**

My children, My Love for you is great. I will not let the darkness of this world claim those who wish to be saved by Me. Trust Me, children. I shall put an end to the tide of lies, anger, greed and lust that now surrounds this world. I will put an end to the lies within My Church. Children, I have told you to prepare. Time is up. The events have begun and all will proceed rapidly. I will give all a chance to return. Trust Me. I Love you.

**Monday 13 October 2025**

Come, children. Listen to My Words. All that I have said is now coming to pass. This world will

be in shock at the events that will now take place. Trust Me and stay close to Me, children. I am your God and you are My children. Trust Me and do as I say. Prepare. I Love you.

**Monday 13 October 2025**

**Kerrytown Grotto,  
County Donegal  
From Mary**

Believe in the Words that My Son, Jesus, speaks through His two. Soon, now, you will see these Words come to life as they begin to sweep through every country of this world like wildfire. Prepare, children. Fight the sin in your lives and say many Rosaries for your priests, families and friends. Remember who your friends are. All are as one in the sight of your God and so should be the same in your sight. All the children of God are your friends. Trust Me, children. Make ready, as I have told you, through many Visionaries, Prophets and Seers throughout this world. It is time. All has culminated and the Great Cleansing has begun. Prepare, children. Call upon Me and I will help but, most of all, see the Gifts the Father of All has given you in these Words through My Son, Jesus. Trust and be ready. I Love you. Come.

**Tuesday 14 October 2025**

My children, come to Me and let Me be your Guide. Let Me show

you the Truth of My Ways.  
Come to Me, children, and you  
will find the Peace that surpasses  
all understanding.

Trust Me, children. Prayer is the  
key to getting to know Me. Come  
and simply tell Me of your day.  
Get to know the Peace of My  
Presence. Get to know the Peace  
of both verbal and silent prayer.

Trust Me, children. A life with Me  
is not boring as this world would  
tell you. This world does not want  
you to experience the Peace of  
your God. Trust Me and come  
follow Me. Find the Treasure of  
your God.

Trust.

I Love you.

**Tuesday 14 October 2025**  
**Knock Shrine, County Mayo**

I am the Lamb who laid His Life  
down for all mankind so that all  
could have Eternal Life with Me,  
in the Kingdom of Our Father in  
Heaven. So few days are left to the  
peoples of this world before I am  
forced to intervene because of the  
blindness of mankind and his sin  
that he has accepted freely into his  
life.

Trust only in Me, children. Do  
not be taken in by the lies that

are promoted in My Name. The  
deceiver is at work, children. It  
is he who has blinded the leaders  
of My Church. They now try to  
lead My Flock to hell, in their  
blindness and their lies. I will  
put a stop to the lies. My Truth  
will reign, once again. I shed My  
Blood so that all could enter the  
Kingdom of their God but, the  
lies of this generation try to stop  
many from entering.

See what I have done. Come walk  
with Me, in Truth, children.  
Trust in My Words. Trust in My  
Gospels. Trust that I reach out to  
the people of this world through  
both My Words and My Mother's  
Apparition sites, which are now  
the Shrines of this world. Feel the  
Presence of your God as you enter  
these places of worship.

Love, children.

Love all.

I Love you.

**Tuesday 14 October 2025**  
**Our Lady Queen of Peace**  
**House of Prayer,**  
**Achill, County Mayo**  
**From Mary**

My children, look to the Truth  
always. See the Light of My Son,  
Jesus, as it shines out into this  
world through many Words that  
have been spoken through the  
Prophets, Visionaries and Seers of  
this world.

Trust in Jesus. He will guide you  
to the Father of All.

Believe, children, in the Houses  
of Prayer the Father has given to  
this world, through My Son and  
Myself. They need your prayers,



your help and support.  
Believe, children.  
I Love you.

**Tuesday 14 October 2025**  
**Saint John Paul II House of**  
**Prayer, Belmullet, County Mayo**

Have faith in Me, children. Believe in the Words I speak. I have told you of the dangers of this time yet, so few of those I have chosen to read My Words, have taken the time to look and see the Truth of what I say.

My children, I say, again, the events are unfolding. So few are ready to work in the Vineyard of Love. My children, look around, what do you see? Scripture is being fulfilled. These Words are being fulfilled. My Mother's Words are being fulfilled. Children, make haste. The door is all but closed.  
I Love you.

**Wednesday 15 October 2025**  
**Resurrection House of Prayer,**  
**Attymass, County Mayo**  
**Feast of Saint Teresa of Avila**

My children, what can I say? How can I convince you of the danger you are now in? The deceiver fills your airwaves with his lies. Your governments and the leaders of My Church are but puppets of the lies of lucifer.

Look around you, children, see the Truth of My Words. Look. This world is filled with anger, which is fuelled by the lies of lucifer. What you call your social media, your internet and your televisions are what lucifer uses to promulgate his lies to all the peoples of this

world. Can you not see, children, or, do you choose not to see?  
It has begun.  
I Love you.

**Wednesday 15 October 2025**  
**Immaculate Heart House of**  
**Prayer, Doon, County Limerick**  
**Feast of Saint Teresa of Avila**  
**From Mary**

Trust, children. Look at My Son's Words and see how many times He says trust. If you trust in Him, He will guide you through this time of great danger. So many are falling to the lies that are being promoted in the name of Truth.

Trust and stay close to My Son and Me. Call and We will hear and come to your aid. Walk in the Truth. Use My Rosary as a weapon to defeat the darkness of this time. Pray for the Houses of Prayer that the Father of All has given this world, through My Son and Myself. Believe, for they are about to be seen by this world. Their Light shall become a great weapon against the darkness.

Trust, children. Make ready. It is time.

I Love you.

**Thursday 16 October 2025**  
**Immaculate Heart House of**  
**Prayer, Doon, County Limerick**  
**Feast of Saint Margaret Mary**

Have faith in the Gifts the Father of All has given to you through these, My Prophets. I, and My Mother, have given many Words that have been ignored by the greater part of those who have read them. Now I shall reveal

these, and My Mother's Words, to this world. Many will return.

Trust Me, children, it has begun. I will bring all those who want to be saved into the Light.

Trust Me, children. I will not desert you. All My Words will be fulfilled and My Houses of Prayer will begin to grow, in size and number. I will reclaim those who are willing to listen.

Trust Me. I Love you.

**Thursday 16 October 2025**  
**Immaculate Heart House of Prayer, Doon, County Limerick**  
**Feast of Saint Margaret Mary**

My children, I am with you. I am your God and I tell you, the events have begun. The Father of All will now speak the Words of Justice. He has walked this earth and seen what mankind has become. He has seen the lies that are hidden. He has seen what is done and prepared in secret. He has seen the hearts of all men and women and all has been placed on the scales of justice.

What mankind has created, by their sin, will now be poured out on to this earth. You, who are willing to listen, do not fear the Justice of your God for it is holy and will seek out only those who choose to reject the Truth.

Prepare, mankind. Repent. Turn away from sin.

Come follow Me, in Truth.

I Love you.

**Saturday 18 October 2025**  
Children, have faith in Me and My Words. I will not desert you

in this, your time of need. I have told you, many times, of world events to come and have asked you to prepare.

Children, time has moved on. All is set in motion. I will put an end to the evil. Many will die in this time because they will refuse to turn away from the evil they have allowed into their lives. I will no longer allow this generation to destroy life in their lust for greed and power. Enough! It is time.

Repent.

I Love you.

**Saturday 18 October 2025**  
**Weekend with the Patricks**

My children, you sit and wait for Me to move, to fulfil all that I have said. But, I tell you, these will not be fulfilled until the appointed time and, neither day nor night, nor snow nor rain, nor any other living thing, can make it happen, least of all you, My children.

While you wait, you must seek out the lost ones, as I did. Seek them out and bring them to Me. What worth is it for you to only love yourselves? What worth to seek out something as little value as self?

The value for you, My children, is to seek the lost and bring them home. Bring them to My Arms. You are with Me always, all I have is yours but they, the little ones that you scorn, are not with Me while you sit and waste time trying to find the dates and times that are not yours to know.

Seek first, before any of these selfish things, the Kingdom of

Heaven. Seek only that that will not rust and tarnish, nor crumble before your eyes. Seek love, My Love.

Much is happening in this world and you cannot see it. Yes, you can see an outer façade but, you cannot see the bones of dead men in sepulchres as I see them. Who are these that I see? They are those who seek self and greed, seek lust and power.

You look and you see the powerful who do these things but, I see you, My children as you pursue your daily lives. You do not strive for Me; you strive for the world.

I tell you these things because I need you to know them, I need you to see where I need you to be. Do not be caught up in the world, otherwise you will sing dirges of nonsense when you pray. Pray for those who are lost and seek them, then, you will sing sweet songs of deliverance and My Father will be happy, you will have served Him, par excellence.

18 “Therefore hear the parable of the Sower:

19 When anyone hears the word of the kingdom, and does not understand it, then the wicked one comes and snatches away what was sown in his heart. This is he who received seed by the wayside.

20 But he who received the seed on stony places, this is he who hears the word and immediately receives it with joy.

21 yet he has no root in himself but endures only for a while. For when tribulation or persecution arises

because of the word, immediately he stumbles.

22 Now he who received seed among the thorns is he who hears the word, and the cares of this world and the deceitfulness of riches choke the word, and he becomes unfruitful.

23 But he who received seed on the good ground is he who hears the word and understands it, who indeed bears fruit and produces: some a hundredfold, some sixty, some thirty.”

*Matthew 13:18-23*

### **Sunday 19 October 2025 Weekend with the Patricks**

I call you to Love. I call you to love, even in the face of great anger for the persecution that comes will be great. Will you betray Me when this time comes?

This persecution will take all of your resolve and beyond. This is why I call you to learn, NOW. It must be strong and it must bring you to the point of giving up but, with My Strength, you will overcome. They will cast you out for loving Me, they will put you to death for uttering My Name, even



in your thoughts. They will accuse you in the wrong, you will have no defence because it is they who will dictate what you will be allowed to say. All you will have is Me.

Your prisons and death chambers will be full of those who follow Me, those who love Me until the end. They will be the martyrs of this time and their deaths will be the joy and the songs of Heaven, forever.

Read and study these important Words that I have already given you:

4 And Jesus answered and said to them: "Take heed that no one deceives you.

5 For many will come in My name, saying, 'I am the Christ,' and will deceive many.

6 And you will hear of wars and rumours of wars. See that you are not troubled; for all these things must come to pass, but the end is not yet.

7 For nation will rise against nation, and kingdom against kingdom. And there will be famines, pestilences, and earthquakes in various places.

8 All these are the beginning of sorrows.

9 "Then they will deliver you up to tribulation and kill you, and you will be hated by all nations for My name's sake.

10 And then many will be offended, will betray one another, and will hate one another.

11 Then many false prophets will rise up and deceive many.

12 And because lawlessness will

abound, the love of many will grow cold.

13 But he who endures to the end shall be saved.

14 And this gospel of the kingdom will be preached in all the world as a witness to all the nations, and then the end will come.

*Matthew 24:4-14*

You must not be deceived by anyone but you must still love as I have Loved you. I tell you these things because I need you to know them, I need you to be informed. You are passed the "beginning of sorrows" and, yet, you do not see it for all your searching. You do not see what is ahead of you, yea, at the very gates. They will search for you because you have uttered My Name, they will search for you because of your acts of kindness and love; they will search for you and outlaw you so that you cannot buy or sell anything because you do not participate in anything evil, anything that is not of Me. You will become like rats in the gutter, hated and feared by many. You will hide but they will find you for My Name's sake.

36 "But of that day and hour no one knows, not even the angels of heaven, but My Father only.

37 But as the days of Noah were, so also will the coming of the Son of Man be.

38 For as in the days before the flood, they were eating and drinking, marrying and giving in marriage, until the day that Noah entered the ark,

39 and did not know until the flood came and took them all away, so also will the coming of the Son of Man be.

40 Then two men will be in the field: one will be taken and the other left.

41 Two women will be grinding at the mill: one will be taken and the other left.

42 Watch therefore, for you do not know what hour your Lord is coming.

43 But know this, that if the master of the house had known what hour the thief would come, he would have watched and not allowed his house to be broken into.

44 Therefore you also be ready, for the Son of Man is coming at an hour you do not expect.

*Matthew 24:36-44*

You must heed My Words so that you are not deceived. Deception will roam the streets like a hungry lion and you will be very hard put to know the Truth. For the Truth must die by the hand of a lie, so that, when it appears again, it will be known as only the Truth and not as a lie. The Truth will stand stark and white against the skyline, it will be Me. I am with you through all these times. I tell you these things, now, because your complacency is great, your vulnerability is great because you will not heed Me. Out of many millions, a small group shall come because many will fall away by deceit. Stay with Me and obey only what I tell you for it will be

only the Truth you shall walk by when you follow Me.

### **Sunday 19 October 2025**

My children, do not look to the future but look to the now. No one knows what tomorrow will bring. I am your God and I say look to the Truth and see what way you stand in My sight. Are you in Truth or, are you justifying the sin in your lives as Truth?

My children, in order for you to survive this time you now live in, you must be willing to die to self. Remove the sin from your lives so that you can see. Children, I do not talk about your physical lives surviving but, your Eternal Life with Me. So, so many go to hell every second of every day. This is because they refuse to see the Truth and try to justify their sin to Me and themselves. They refuse to see their wrongdoing and, so, are cast into hell by their blindness. Do not walk this path. It only leads to hell. Rather, walk the Path of Humility, which leads to Heaven. Look and see the Truth of My Words.

I Love you.

### **Monday 20 October 2025**

My children, have faith in Me. Believe in the Words I speak. I have told you of the events that are about to happen and so few of you have prepared. Children, I will not force you to listen. So few will be able to overcome the darkness because they have not prepared.

I need your help to help those in need. Trust Me, My children.

Trust in My Love for you. Take  
on My Warnings.  
Trust Me.  
I Love you.

**Tuesday 21 October 2025**

Have faith in Me, your God. I will  
guide you through the turmoil of  
this time. I will not let you down,  
children. Trust in Me, your God.  
So much evil has entered the lands  
of this world. So few are willing  
to fight against the sin, that is so  
freely spread in the guise of truth.  
Trust Me, children, I will  
overcome the darkness and My  
people will know Freedom. Come  
to Me often and get to know Me,  
your God.  
Trust Me, children.  
I Love you.

**Wednesday 22 October 2025**  
**Carns Grotto, County Sligo**  
**Feast of Saint John Paul II**  
**From Mary**

My children, listen to the Voice  
of My Son, as He cries out to this  
world to listen to the Truth. The  
leaders of this world have silenced  
the Words of our God. They use  
the internet and television to  
promote their lies into this world.  
They hide the Truth, in their lust  
for power and wealth. It is coming  
to an end.  
This world is about to see the  
Power of its God as He tears the  
knowledge of this generation  
apart. He will show this world the  
Truth. Mankind will finally realise  
how he was deceived by the lies of  
the rich and powerful.  
Trust, My children, trust in My

Son, Jesus. He will guide you to  
the Father of All. Trust and be  
obedient. Die to self and you will  
see the Truth open before you.  
Trust, children.  
I Love you.

**Thursday 23 October 2025**  
**From Mary**

Have faith in My Son, Jesus, and  
be obedient to His Words and  
you will see the Path of Truth  
open before you. I have spoken in  
many, many parts of this world  
through many different Prophets,  
Visionaries and Seers.  
Yes, many Messengers have  
drifted onto their own path but, I  
do not ask you to look at the path  
of the Messenger, I ask you to  
look at the Message that has been  
given to you by Our God.  
Open your eyes and see the Truth.  
You, mankind, are in great danger  
of losing your eternal souls in  
this time. The Eternal Father has  
sent both My Son and Me out into  
this world to call you back from  
the danger you are in but you  
have laughed and scorned at the  
Words We have given. All that is  
left is a remnant that have taken  
on the Words and prepared. This  
remnant will be looked after and  
guided through this time.  
It is up to you, children, whether  
you choose to become a part of  
the remnant. We have given the  
Warnings of the Eternal Father  
to this generation. It is up to you  
whether you listen or not.  
We Love you.

**Thursday 23 October 2025**

Prepare, children of Mine. I am calling out to you in these Words. I have asked My Mother to speak to you in these Words. It is time, children. This world is tearing itself apart through the evil of this generation. I do not talk of your earthly weapons but I talk about the sin of this generation, that is tearing Creation apart. If I was not holding Creation together, children, everything would vanish into dust.

How blind mankind has become in such a short period of time. Lucifer laughs with great joy, at how easy it has been to turn mankind onto the path of darkness and away from their God. Mankind has freely given himself over to sin and now justifies sin as being truth. The Father of All has spoken the Words of Justice. The scales have been balanced. The Justice of your God shall be poured out upon this generation. I have spoken Truth, children, and I will reclaim all those who wish to return, not one shall be lost.

Prepare, My children, prepare.  
I Love you.

**Saturday 25 October 2025**

Children, listen to the call of your God deep within your hearts. I call out to you, My children, to listen and repent of your sin. You do not realise what has been set in motion by the Words of the Father. He has weighed the sin of this generation against the good of this generation and the Scales of Justice have fallen heavily

on the side of evil. This, He is rectifying, through the Words of Justice that He has now spoken. All is about to change. The silence that the evil of this generation has placed on the Words of Truth will be lifted and the people of God will be given a voice, once again. The scales will be balanced, once again. All will be given a chance to return to the Truth. All will see through the lies and the Sword of Justice will strike down all those who refuse to listen.

Trust Me, children, listen to these, My Words of Truth. Change your lives, repent of your sin and find Me, your God.

I Love you.

**Tuesday 28 October 2025**

My children, have faith in Me, your God. Take on the Words I have given to you. See the Truth of My Words and change your lives. Avoid all occasions of sin and come follow Me in Truth. Do not listen to the deceivers who promote sin in My Name. They are not of Me even though they believe they are a follower of Mine.

Now, I tell you the Truth:

24 Most assuredly, I say to you, unless a grain of wheat falls into the ground and dies, it remains alone; but if it dies, it produces much grain. It is the same with you. Unless you die to self you cannot produce good fruit.

*John 12:24*

Clean water and dirty water cannot run from the same pipe. In other Words, if you do not try

to remove the sin from your lives, then you cannot see clearly enough to interpret My Scriptures.

The blind deceivers think they do My Work, in their blindness. This is brought about by their unwillingness to remove the sin from their lives. Children, if you want to be a true follower of Mine you must be willing to try to remove the sin from your lives. Trust Me.  
I Love you.

#### **Thursday 30 October 2025**

Children, much is coming that you will not understand. I say to you: simply trust in Me, your God. All is in My Hands. I will keep you safe if you are trying to follow Me in Truth.

Trust Me.

I Love you.

#### **Patrick**

Notice, Jesus says, **try** to follow Him in Truth. This is because we are sinners. We are weak. Even Saint Paul said it:

15 For what I am doing, I do not understand. For what I *will* to do,

that I do not practice; but what I hate, *that* I do.

16 If, then, I do what I will *not* to do, I agree with the law that it is good.

17 But now, it is no longer I who do it, but sin that dwells in me.

18 For I know that in me (that is, in my flesh) nothing good dwells; for *to will* is present with me, but how to perform what is good I do *not* find.

19 For the good that I *will* to do, I do *not* do; but the evil I will *not* to do, that I practice.

20 Now if I do what I will not to do, it is no longer *I* who do it but, sin that dwells in me.

*Romans 7:15-20*

So, Jesus wants us to try to overcome sin. Yes, it is an uphill struggle but, eventually, the sin in our lives will lessen and fall away, the more that we try. Remember, we have the Sacrament of Confession, that Jesus has given us to help us overcome sin.

## **PLEASE HELP IF YOU CAN**

We wish to thank you all for your continued help with the finances of the Houses of Prayer.

At the time of going to print our debts are £12,635.

We rely on your continued support towards the running costs of the Houses of Prayer and the costs associated with the spread of the Messages of Love. Help is also always essential, in working towards, carrying out essential maintenance and renovation works for all the Houses.

We will really appreciate any help you give to further Jesus' Mission through An Invitation to Love Jesus.

As well as essential financial help, we ask that you please keep the Houses of Prayer in your prayers.

Thank you all so much for your much appreciated support.

### **Tuesday 8 July 2025**

My children, once again, I call you to help provide for My Houses. My Houses of Prayer are in need both spiritually and physically. So few are left now to help, children.

You are My remnant. You are the ones who have survived the great sifting. You have been those who have built the great siege engines that will overcome the darkness that mankind has allowed in through their sin.

Trust Me, children, and help provide for My Houses. Your offerings are what I use to build My Houses. All your offerings are important, both spiritual and physical. Yes, your physical offerings are important to provide for the material day to day running of My Houses but, your prayers, your sacrifices, are equally important for they are the lifeblood of My Houses.

Trust Me and help build My Houses, in whatever way you choose, to help Me. In your free will, all your offerings are important.

Trust Me.

I Love you.

## **WAYS TO DONATE**

**Our bank details:** *Account Name:* An Invitation to Love Jesus

*Sort Code:* 950282 *Account Number:* 22798727

*Bank:* Danske Bank, P.O. Box 183, Donegall Square West, Belfast BT1 6JS

**For those outside the UK:** *IBAN:* GB27 DABA 9502 8222 7987 27.

*Swift code:* DABAGB2B

**Cheques or Postal Orders please make payable to:**

*"An Invitation to Love Jesus"*

We also have card facilities at Sacred Heart House of Prayer if you wish to contribute over the phone or via website with your debit or credit card.

Alternatively, if you wish to use **Paypal**, our email is:

[goodnews@thetwopatrick.org](mailto:goodnews@thetwopatrick.org)

**Sincere thanks for your continued support.**

# Writing from the two Patricks

## PREPAREDNESS

If we are to follow Jesus properly, then we must change. We must begin to follow His Rules impeccably. His Words in Scripture tell us that and, they shout out to be obeyed:

43 “You have heard that it was said, You shall love your neighbour and hate your enemy.’

44 But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you,

45 that you may be sons of your Father in heaven; for He makes His sun rise on the evil and on the good and sends rain on the just and on the unjust.

46 For if you love those who love you, what reward have you? Do not even the tax collectors do the same?

47 And if you greet your brethren only, what do you do more than others? Do not even the tax collectors do so?

48 Therefore you shall be perfect, just as your Father in heaven is perfect.

*Matthew 5:43–48*

Being perfect and obedient calls for a lot of getting rid of things in our lives. What simpler could

there be on this Journey than for someone to say, “Don’t do that”? Or, again, “Do that?” Would that not make it easier to follow? Jesus is telling us what to do and what not to do in every word of Scripture. The line:

44 ...But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you,

45 that you may be sons of your Father in heaven;

says, quite simply, do this and you will be perfect, not only that, but that you may be sons of your Father. The reason, I think He said this is because, when we love our enemies, we do the opposite to what self wants and, we do what God wants. The emphasis is on us to find a way to love our enemy, with His help, and therefore become perfect by overcoming the self that wants to hate and have enemies.

Yes, but, it is hard to do that, I hear you cry! But is it? Is it so hard to think, beyond what self tells us, that the person that you consider your enemy, is of extreme value to the Father as you are?

29 Are not two sparrows sold for a

copper coin? And not one of them falls to the ground apart from your Father's will.

30 But the very hairs of your head are all numbered.

31 Do not fear, therefore, you are of more value than many sparrows. *Matthew 10:29-31*

Is it that hard to understand, by changing your attitude towards that person, you will be saying "yes" to God? By obeying what He said? By changing our attitude, we allow good things to penetrate us about that person. While we hate and be at enmity, no good thoughts about that person can enter us and, that wipes out any change in us. The change in attitude is necessary for our ongoing relationship with God.

Take the line:

46 For if you love those who love you, what reward have you?

This implies to me that, if we only love our friends and family, how does that merit reward, what have we earned in Gods sight? Only that we are not willing to make the effort to change. When we begin to try to make reconciliation

towards a so-called enemy, then we have to be willing to admit that some of the fault, that led to the enmity, must be my fault, and, that fault, must be keeping me from God. I earn nothing. I make no progress towards God. An effort must be wrought in me if I am to change, to earn, to impress God by my willingness to change.

When I have exhausted all trying to be reconciled, and that person still wants to hold a grudge, then there is nothing I can do. By trying, within my capacity, I have earned some merit in Gods Eyes. But my ongoing thoughts and attitude towards that enemy must be of forgiveness for, we can easily fall back into self.

Jesus calls, in the Messages of Love, for us to prepare. The word prepare, in the dictionary means:

**Prepare**

verb

to make or get something or someone ready for something that will happen in the future:

*Have you prepared for your interview?*

*She'll prepare the food ahead of time and freeze it.*

*This course prepares students for middle and senior managerial positions.*

*Are the players mentally and physically prepared to play a tough game?*

*The meal took two hours to prepare.*

The word implies something that will happen in the future, something that needs to be in place, already done. When we



prepare, we put all things in place so that we will be ready. If we are in a play, we must learn our lines in readiness for the day the play is aired. If we do not prepare, we will not know the lines that are expected of us. We will end up being embarrassed, disgraced. Jesus is calling us to prepare. What happens if we don't? What happens if we do not recognise

Jesus because we have not loved our enemy? Or even made the effort to? What if we just lived inside the grudge we feel for that enemy, seething every time that enemy comes into our notice? What will Jesus say to us when He Comes? Or, if He has not Come and we die before that, what will He say?

# Writing from the two Patricks

## FORGIVENESS AND TRUE REPENTANCE

In our preparedness and in our forgiveness of others, we must always remember to ask for Gods Mercy, the Mercy that leads to His Forgiveness of our sins. Asking for forgiveness is not just a rattling off of our sins, getting forgiven and going along our merry way, it is much more than that. If we are not prepared to, or willing to change, what is the point, we are fooling ourselves and trying to pull the wool over Gods Eyes. We become stagnant, we are not basking in the freedom there is in Gods Forgiveness; we continue to sin while breaking all our promises to God. We are fickle, commit our favourite sins and then we run back to God, asking for forgiveness for our new set of sins because we feel guilty. The sad thing is, we know these

things only too well but, thus far, we are not prepared to change it. We are not aware, because of self, the gravity of what we are doing. It's not that God won't Forgive our sins, no, it is our attitude towards His Forgiveness. We do not enter into combat with our sinfulness because we do not allow ourselves to be aware that we are sinners. Self and justification play a big part in this. We justify our need for sin by making light of a sin. We become flawed in not thinking just how grave the sin in our lives is. It is ok to say, "I know that I am a sinner..." But, knowing that I am a sinner and doing something about it are two different things. Saying "I know that I am a sinner..." does nothing to help in the fighting against the sin, it only serves to justify it. Maybe,

just, maybe, if we knew how sorry we should be over a sin, then we might begin to understand what is at stake when we do not combat with our sinfulness, on a moment-to-moment basis.

When we become aware that we are capable of sin against God, if we really want to follow Him, then we become different, our attitude towards offending Him becomes different and we are more likely to enter into the conflict of serving two masters:

24 "No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.

*Matthew 6:24*

If we are aware of something in our lives, that thing will become important to us. If we are a dedicated follower of football, we will be aware of all the matches our team plays and will know the facts. We will do our best to turn up for the matches so as we can support our team to the best of our ability. We will even enter into conflict with others to prove our team's worth. We are aware and it is important to us.

We could be a dedicated follower

of fashion, wearing all the new styles that are available to us. We are willing to spend money on the latest fashion so that people will be aware that we are stylish. I digress for just a moment. This generation has, in my opinion, the worst style in history. This is because of the tightness of women's clothes which can cause sin. The tighter the better, it would seem, the more sin to be wrought.

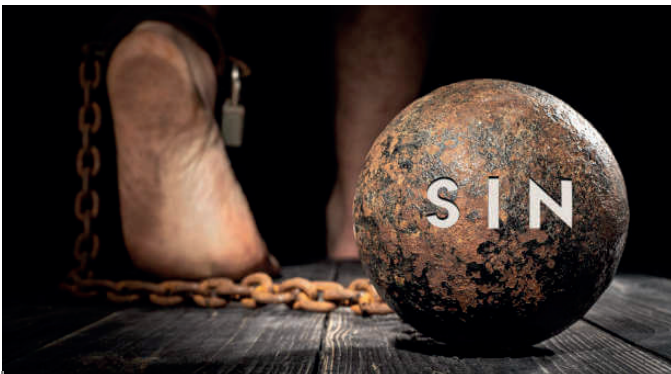
If we are aware of God in these two examples, then we begin to see that we are readily putting God in second place. These, by the way, are only two examples out of many. The main point is that we must become aware of what our conflicts are and where they lie. What do I hold as more important than God? What holds my attention more than God? What will I put first over God?

29 Jesus answered him, "The first of all the commandments is: Hear, O Israel, the LORD our God, the LORD is one.

30 And you shall love the LORD your God with all your heart, with all your soul, with all your mind, and with all your strength.' This is the first commandment.

31 And the second, like it, is this: You shall love your neighbour as yourself.' There is no other commandment greater than these."

32 So the scribe said to Him, "Well said, Teacher. You have spoken the truth, for there is one God, and there is no other but He.



33 And to love Him with all the heart, with all the understanding, with all the soul, and with all the strength, and to love one's neighbour as oneself, is more than all the whole burnt offerings and sacrifices."

34 Now when Jesus saw that he answered wisely, He said to him, "You are not far from the kingdom of God."

*Mark 12:29-34*

And:

3 "You shall have no other gods before Me.

4 "You shall not make for yourself a carved image - any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth;

5 you shall not bow down to them nor serve them. For I, the LORD your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me,

6 but showing mercy to thousands, to those who love Me and keep My commandments.

*Exodus 20:3-6*

Imagine Jesus saying to us: "You are not far from the kingdom of God." Imagine, if we begin to fight against the self in us, what He might go on to say. The scribe, in the quote, obviously pleased Jesus so much that He acknowledged his almost perfect understanding of Scripture. Was this because the scribe had battled enough with self, knocking self out, so as to

move to a deeper meaning of what it means to love God without self to intervene?

Once we begin to enter the conflict of dying to self, we begin to see a deeper meaning to the Words Jesus spoke to us on earth. We begin to see the essence of His Love and we begin to put it into practice in a more meaningful way, a way that puts God first because, through questioning ourselves, we begin to see another side, Gods side. Having self in control in our lives blinds us to seeing the deeper meaning in what He has said. We begin to see the reasons why we must love and to what degree we must love. We can see that, when I say, and, mean it, that I will follow Jesus, that I forfeit all that I have, and, we become, not one of the crowd who listen to Him, but, one of those in the front seats who "hear and understand."

Jesus says it in Scripture:

23 But he who received seed on the good ground is he who hears the word and understands it, who indeed bears fruit and produces: some a hundredfold, some sixty, some thirty."

*Matthew 13:23*

What is the "good ground" that Jesus speaks of? Could it be the ground of battling with self to achieve a better understanding of the Word of God?

Don't forget, in the Parable of the Sower, there were others who did not "hear and understand." Those who allowed the understanding of the Word to be taken away from them, some by allowing lucifer



to take it, others by following the ways of the world and some by allowing self to take it away. Did these not battle enough with the self, or did they make excuses not to battle with self?

I think, that when we begin to be less blinded by self, through the battle with self, then we can understand more about what Jesus means. It is not enough to have the Word of God in us but we must battle with ourselves to make the Word of God supreme in our lives. This is not to say that there are hidden things in Scripture but, if we wear the spectacles of self, we see through them what self dictates. We do not see the true meaning of what is being said by Jesus because self explains it to us in a way that allows us the minimum of effort in doing Gods Work.

14 And in them the prophecy of Isaiah is fulfilled, which says:

Hearing, you will hear and shall not understand,

And, seeing, you will see and not perceive;

For the hearts of this people have grown dull.

Their ears are hard of hearing,

And their eyes they have closed,  
Lest they should see with their eyes  
and hear with their ears,  
Lest they should understand with  
their hearts and turn,  
So that I should heal them.'

*Matthew 13:14-15*

I think, if we are earnest about beginning the battle with self so that we can more clearly see Gods Way for us, it begins when we begin to understand our sinfulness. We need to see that we are sinners and be willing to fight against it, just as we would in a battle with cancer. This battle involves a self-determination to win through. It is the realisation that, when we have cancer, that many things are limited to us. Maybe, if we realised that in following Jesus, many things are limited to us, such as the deliberate committing of sin, we would begin to realise it's time we stopped resisting God and begin the battle in earnest.

Cancer is a journey that involves a fight. It takes a lot of body, and, spiritual strength, to fight through the treatment. It changes one, it makes one more aware of one's own mortality. It makes one more determined to enter into battle with one's own demons or self wants.

To get through the battle, one must be prepared to be different for, chemotherapy changes the body, as sin does to the spirit, or soul, it brings sickness and pain that there is no cure for, only to battle through and offer to God. It helps the follower of Jesus to have a better understanding of others

who are ill, who battle through and one begins to see that others suffering is greater than one's own. Suffering is something to be offered, used, to help others on the Journey to Heaven and to not complain about it. It is a sacrifice, united with Jesus' Sufferings on the Cross when we offer it as such, so that others may be able to see the need for the battle against sin. Not complaining, not even to God, changes our attitude towards many things. Could we battle against self and offer our sufferings of that to God for others who struggle to see the goodness that we possess in having Gods Word within us?

One thing our attitude must change towards is, our attitude towards His Forgiveness. If we realised the value of His Forgiveness then our hearts would be full of gratitude and we would be determined to fight anything that would offend Him. This is where and when the battle begins.

Looking at how we react to His Forgiveness, in the way we are forgiven and go back to our sin, I will break down the Act of Contrition as it may help to see

how grateful we need to be in accepting His Forgiveness and the Price He Paid to give it to us:

### **Act of Contrition**

Oh, my God, I am heartily sorry for having offended Thee

And, I detest my sins above every other evil,

because they displease Thee, my God.

Who, for Thy infinite Goodness, Art, so deserving of all my love

and I firmly resolve never more to offend Thee

and to amend my life, amen.

### **The Act of Contrition**

*Oh, my God,*

We are addressing God, the Father, the Son and the Spirit. Our attitude should be one of deep humility, deep love and, a healthy fear of Him. Fear, in this case, means awe and great respect. We are coming before Him to beg forgiveness because we have deeply offended Him. Our concentration should be on Him, God, Father, Son and Spirit.

*I am heartily sorry for having offended Thee*

If we believe we are before God, the Creator of the Universe and my Creator, we realise how much we have hurt Him by our sinfulness. Just as a child can hurt its parents by something it has done, the child has let the parents down by its behaviour. We have let God down, we have gone our own way, we have hurt Him. Like the Prodigal Son, we should be humbled enough, by our sin, to feel shame that we cannot be accepted



back into a relationship of sonship but, only to be accepted back as the lowest of servants.

*And, I detest my sins above every other evil,*

Now, that we realise, we have seen that our way was wrong, that we cannot live without God as much as we thought we could. we see that our offenses against Him involve, not only a physical consequence, where we have cut ourselves off from God but, a spiritual one too, that we need His Mercy and Forgiveness to return to Him.

*because they displease Thee, my God.*

We have made our promises to God, time and time again. We have said that we would not offend Him, ever again. Look at us now, before Him and ashamed. We know that we have displeased Him. In us is the realisation and the magnitude of our crime, coupled with the thought that if He could Forgive us, we would never commit that sin again. We are displeased with ourselves and we know that God is displeased at us. We have said, so many times, we would not do it again. We failed to fight against that sin from ever happening again. We failed and feel our shame.

*Who, for Thy infinite Goodness,*  
The Goodness of God is what keeps us here, it is what we bathe in by our very breath. His Goodness has carried us through and His Forgiveness comes through His Goodness. The Goodness of God cannot be measured and cannot be taken for granted, that is why we



must fight and be determined to rid ourselves of sin.

*Art, so deserving of all my love*

You, my God, because of Your Goodness to me and Your infinite care of me, are so deserving of all that I am, the best of me, at every moment of every day. You are deserved of my attention, my loyalty, my filial love. I should expect nothing but to serve You with my utmost ability. I can never repay You for Your Kindness to me, nor Your Death on the Cross for me. Please, help me to battle against my sins.

*and I firmly resolve never more to offend Thee and to amend my life,*  
I resolve, I promise, to take up, once again, my battle to fight against my sin. Lead me, as Your servant, into that battle and stay with me, even though I fall again, to help me to get up immediately and take my cross and follow You. Help me make amends to You by battling valiantly in my battles against sin so that I can prove my love for You in my life.

*amen.*

So be it. This is the way it shall be. I will begin my battle against sin again, as I have promised You. I love You.

# Writing from the two Patricks

## FORGIVENESS AND THE CRIMES AGAINST GOD

What is forgiveness? Forgiveness is nothing other than being let off with something that we have done. The forgiver holds no malice towards the person who has wronged him. The “crime” that was committed is now forgotten and, should be forgotten as though it never happened. What good will it do the forgiver or the forgiven to continue to remember the crime? To bring it up, suggests that the forgiver might want to have some hold on the forgiven. What would it be if God did this on us? His Forgiveness is final and, in order to be perfect, we must be the same. Many, many of our own crimes and sins lie at the very bottom of the Sea of Forgetfulness, hidden in the silt and mud, sunk very deep, never to be recalled by God again. This is why we must forgive, just as we are forgiven. We must be like Him as followers of His. We must strive to forgive, even though the crime still hurts us. Think of God, our offences against Him were, and are, many, yet, He welcomes us back each time we are repentant and sorry for crimes against Him. Don't forget that, at the end of every Confession, we promise God faithfully in the Act of Contrition

that we will strive not to sin again. What is that promise to God worth to us?

A decision or a choice must be made on the behalf of the forgiver. It is an act of unselfishness that allows the forgiven one to begin again, to start a new life after the crime.

I think there are many degrees of forgiveness.

In order to deserve forgiveness, in most cases, the one being forgiven must be in a state of repentance, a being sorry that they have committed the crime, a true repentance. There are those who commit the crime and are not sorry but, continue to commit it. There are those who commit the crime and are sorry but keep on committing it. This is like us.

We continue to commit sins even though we have been forgiven for them. Even though we know that we are forgiven and forgiveness means that we can have a fresh start, a new life without the crime or sin, we keep doing it. We even justify the sin that God would not see it as a sin or, we might justify it enough to blind ourselves to the fact that what we do is sinful. I think, this is because we like the

sin and want to commit it, we do not really want to fight to give it up and this makes our repentance flawed and the forgiveness wasted. We want to be forgiven because we feel guilty but, in the secret part of ourselves, we relish in the sin; we want to keep on doing it, whether it be gossip, unlove, lust, theft, anger, the list of our crimes are endless, the list of my sins and offences against God are known only to me and, don't forget, God. We want God to not see our sin as a crime against Him but we want Him to allow us to keep on committing it so that, in our selfishness, we do not have to feel guilty and bad about it.

God wants us to be like Him, which we were born to be. We were born, by our Baptism, to inherit the Kingdom but, we cannot inherit something that we are seemingly against, by our crimes against Him. There are no revolutionaries of sin in the Kingdom of God, that is why lucifer was thrown out. God has made it easy for us; He is willing to Forgive our sins if we stop committing them (as in striving to rid ourselves of them.)

We must strive and fight against the self that wants to keep on offending God. We must realise that even our smallest offences against God will stop us getting into Heaven. You may well say, "There is always P u r g a t o r y ..."

But, by changing the way we act towards, or speak to, our fellow human beings, we could avoid Purgatory. We, as human beings, are capable of change, capable of obeying God, capable of forgiveness, even though the perpetrator has killed our loved ones, has taken our inheritance and etc., we are, by Gods Grace, capable of at least forgiving. I think it is how we can be like God, in His Forgiveness.

I think, in order to receive the fullness of the forgiveness of our sins, we must fight against the crime that keeps us from God, every moment of every day. That is what makes us saints: the striving to be free of sin.

*From the internet on the Catechism of the Church:*

A single baptism for the forgiveness of sins is covered in numbers 977 to 980 of the Catechism.

We can in particular recall that: "Baptism is the first and chief sacrament of forgiveness of sins because it unites us with Christ, who died for our sins and rose for our justification, so that "we too might walk in newness of



life.”(No. 977).

“When we made our first profession of faith while receiving the holy Baptism that cleansed us, the forgiveness we received then was so full and complete that there remained in us absolutely nothing left to efface, neither original sin nor offenses committed by our own will, nor was there left any penalty to suffer in order to expiate them...

Yet the grace of Baptism delivers no one from all the weakness of nature. On the contrary, we must still combat the movements of concupiscence that never cease leading us into evil” (No. 978) The

importance of the Church being able to “forgive all penitents their offenses, even if they should sin until the last moment of their lives.” (No. 979)

So, make it a priority to forgive, no matter how small or great the crime against us. Forgive, even if it hurts. Search our minds and memories and find the moments of unforgiveness of any person in our lives that we hold it back from, and, like God, forgive and remember not the sins of the Prodigal. I, too, stand in need of forgiveness; hold it back from no one as God does not hold back Forgiveness from me.

## Writing from the two Patricks

### CHASTISEMENTS

We must remember, when Jesus speaks of chastisements, saying: “many will die,” He doesn’t necessarily mean the death of our human body for, what does it matter if our body dies, as long as we go to Heaven. Rather, Jesus is talking about our spiritual bodies, our souls.

Many will lead us astray in this time. They will imprison us with their laws, their false teachings, their false theology. There are many cardinals, bishops, priests and teachers of this time that are

teaching a false gospel, a gospel of lies, in which sin is accepted. If we take on their teachings, we are putting ourselves to death because, as we know, sin leads to hell. We cannot accept sin as Truth.

As we know they will try to put us in prison, if we do not accept or, if we speak out against, their teachings. When they force their false teachings upon us, they are putting us to death, spiritually. They are trying to convince us that their teachings are right. Things like abortion, homosexuality,

living together outside marriage and so on. They are trying to wear us down so that we will eventually take on these sins, as Truth. The more that we die to self, the more we will be able to see the truth of what is happening around us.

So many people say they are afraid of Messages, that they are scary. The truth is, they do not want to see the Truth. Jesus' Messages are Messages of Love, which He gives to guide us through the darkness of sin. Do not be afraid of the Words of our God.

Remember, He has said that if we are following Him, or, trying

to follow Him, in Truth, then this chastisement, that He speaks of, is not for us. As we know, you do not chastise an innocent child. What Jesus is saying in the Messages is "follow Me and I will look after you." He is saying, "I will guide you to the Kingdom of My Father in Heaven where We will have Eternal Life with Him." So, do not worry, do not fear the Words of our God. They are Holy Words and, they are given to this generation, through Jesus and His Mother to guide us back to the Truth. Love Him, as He Loves us.

# Writing from the two Patricks

## THE WEARING OF A HABIT

**The Wearing of a Habit was written for the habit members of the Way of the Sacred Heart, however, we felt that this article could be open to other people as we can all learn and benefit from it so we put it in this Newsletter. The article is not only about the wearing of the Habit, but about general immodesty and also the following of God.**

*(Please note: anything written in italics was not written by me but are quotes from others.)*

8 I desire therefore that the men pray everywhere, lifting up holy

hands, without wrath and doubting. 9 In like manner also, that the women adorn themselves in modest apparel, with propriety and moderation, not with braided hair or gold or pearls or costly clothing, 10 but, which is proper for women professing godliness, with good works.

*1 Timothy 2:8-10*

I wonder, was this a forerunner of what the wearing of Habits were supposed to be?

I am addressing this writing to both men and women for, both can dress indecently and cause sin

without realising it.

Almost from the beginning, Jesus added to His Rules that we wear the Habit and, that we were to respect it, because it was a Gift from Him, so that we could show our commitment to Him and the outside world. We would be, in His Eyes, and still are, a representative of Him and His Ways, reaching out into the world to draw all men to Him. Drawing them through our daring to be different in the world, thus showing others that it is alright to love God, to be different. Even, wearing a Habit. We accepted this and soon got used to wearing our Habits in public. We were in His service, obedient to Him, following Him and respecting Him. When we don the Habit therefore, each time, we should enter into that respect, filial love and service of Jesus. It is a reminder that we are in His school of learning; *“...as you don this Habit you become as nothing in men’s sight...”*

The Habit is supposed to be a bag, covering us up so that, whilst wearing it, so that we would, all at once, feel the humility, the service and filial Love of Jesus in the wearing of it. It is a garment of His Love, that He called us to wear. We did this and felt good about it. Then: it happened.

The old human got in the way. We, and maybe more the women in this case, started to wear “a wee scarf” around their necks to brighten up the blandness of “the bag” we were wearing. The purpose of the Habit was being *lost with*

*braided hair or gold or pearls or costly clothing.* Now, a scarf is not gold or pearls or anything of the sort but, as I think Timothy was pointing out, it took away from the significance of the wearing of the Habit. It took away something from the humble service of the Habit as did the wearing of braids (I don’t think this is the same as the braids in our day but were likely to be adorned with gold and ornaments. It showed the status in society that they could afford such things. Prostitutes also wore baubles in their hair to show what they did in their status of life. This, in the school of humility, does not show immediately that we are willing to serve but, people seeing us adorned thus, would think of someone above them and not, as is supposed to be thought, this person is here in the service of God.)

Jesus soon pointed out to us that, by this, we were not wearing the Habit as we were supposed to be. Some did, indeed, grumble and point out that they were cold, or that it wasn’t taking away from the Habit that much, thus rendering what Jesus was saying useless, instead of accepting what He said and, being obedient to it. I said before that The Way of the Sacred Heart is a school of learning. Everything that Jesus points out to us, whether through Messages or Teachings, are things that He wants us to learn, needs us to know, in the following of Him. They are not just put there in front of us to decide whether we obey

them or not. They are put before us so that we can learn what it is to follow Him, to be in humility, with the humbling of ourselves in the Teaching and learning; to be in service, with the obedience of learning to obey Him:

10 He who is faithful in what is least is faithful also in much; and he who is unjust in what is least is unjust also in much.

11 Therefore if you have not been faithful in the unrighteous mammon, who will commit to your trust the true riches?

12 And if you have not been faithful in what is another man's, who will give you what is your own?

*Luke 16:10-12*

The line: *who will commit to your trust the true riches?*

*I think this means that, if we are to follow Jesus, who can we trust but Jesus, to give us the Ways of the Kingdom?*

He will not tell us lies for He is the Truth. In Teaching us, and in our learning of it and, in the carrying out of it, in obedience and in filial love, we are so filled with riches, Heavenly riches. These Heavenly riches bring us to where we want to be, a follower of Jesus, a Heaven-bound saint, or, at least, the makings of one.

To be filial: in that parent – child relationship we have with God, we must always be obedient. That filial love is, all at once, I think, the faith, hope and love that Saint Paul teaches us and that:

13 And now abide faith, hope, love, these three; but the greatest of

these is love.

*1 Corinthians 13:13*

These are things that Jesus wishes to Teach us through the wearing of the Habit properly. Firstly, it covers up the sins of the body; we are dressing modestly in the wearing of it, we are not showing naked flesh to cause ourselves and others to sin, we block sin, effectively, in the wearing of it. Secondly, the protruding scarfs and, whatever else we might dream up to cover up the bag we wear for Jesus, shows others that we still have love for the world and may not be willing to serve as much as we purport. We allow the world to protrude from our humility. This says a lot about our commitment to the Habit. We take away the little bit of sacrifice that can be gained in the being cold, the choosing, for Jesus' sake, to not wear braided hair or gold or pearls or costly clothing. Thus, we are learning something, being taught about what it is to do without the need to show anything of ourselves or our own disobedient nature:

### **From the Catechism of the Catholic Church**

1707. *“Man, enticed by the Evil One, abused his freedom at the very beginning of history.” He succumbed to temptation and did what was evil. He still desires the good, but his nature bears the wound of original sin. He is now inclined to evil and subject to error: Man is divided in himself. As a result, the whole life of men, both individual and social,*

*shows itself to be a struggle, and a dramatic one, between good and evil, between light and darkness.*

*1708. By his Passion, Christ delivered us from Satan and from sin. He merited for us the new life in the Holy Spirit. His grace restores what sin had damaged in us.*

*1709. He who believes in Christ becomes a son of God. This filial adoption transforms him by giving him the ability to follow the example of Christ. It makes him capable of acting rightly and doing good. In union with his Savior, the disciple attains the perfection of charity which is holiness. Having matured in grace, the moral life blossoms into eternal life in the glory of heaven.*

So, the wearing of the Habit is a lot more than what first meets the eye. We should take an example from the swan. God created the swan to be a beautiful, graceful creature. We see it gliding through the water, showing the world its gracefulness, obeying God in its loyalty to what He gave to it. Even when we don't see the swan gliding in the water, it STILL does it. It still obeys God in its movements.

God also gave the swan something else; its webbed feet, which, moving in the right directions, pulling together to make all the right movements so as what God gave the swan, would fall into place and, the movement of the webbed feet would not be seen. Our "webbed feet" are the Teachings He gives so that we can be in control of how we follow Him, being what we were born to be, or, at least, when we were baptised into Gods family. Our webbed feet, helping to control our wayward nature, are made up of the learning of obedience, of learning humility, of dedicated service, of filial love. All the times we fought to be obedient to Him and failed; all the times we fought and succeeded, all go into the taming of the silent and unseen "webbed feet" to make us more obedient. The wearing of the Habit is so much more than a garment, it is a "Living Way", it is a continuance and a consistency of learning in a school that teaches Truth. In the learning, we are taught how to deal with people who are sent to us in the House by quietly, unseen, suffering through, learning what it is to be a true follower of Jesus by our dying to self.

### ***Some facts about the significance of the grey habit in history***

*The habit, also known as a religious habit, is a traditional outfit worn by members of a religious order. The habit is meant to signify the wearer's devotion to their faith*



and their commitment to a life of service and prayer. The origins of the habit date back to the early Christian Church, where monks and nuns wore simple, practical clothing that allowed them to focus on their spiritual pursuits.

Over time, the design and colour of the habit evolved, reflecting the specific traditions and values of each order. For example, the Benedictine order, founded by Saint Benedict in the 6th century, wore a black habit to signify their commitment to humility and simplicity. The Franciscan order, founded by Saint Francis in the 13th century, wore a brown habit to reflect their emphasis on poverty and simplicity.

### **The Orders that Wear Grey Habits**

Several orders of nuns wear grey habits, each with their own unique history and tradition. Some of the most notable orders include:

#### **The Sisters of Charity**

The Sisters of Charity, founded by Saint Vincent de Paul in the 17th century, wear a grey habit with a white apron and a black veil. The grey habit represents the order's commitment to serving the poor and marginalized, while the white apron symbolizes their dedication to purity and simplicity.

#### **The Grey Nuns of the Sacred Heart**

The Grey Nuns of the Sacred Heart, founded in the 18th century, wear a grey habit with a white wimple and a black veil. The grey habit represents the order's commitment to balance

and moderation, while the white wimple symbolizes their dedication to purity and innocence.

### **The Franciscan Sisters of the Immaculate**

The Franciscan Sisters of the Immaculate, founded in the 20th century, wear a grey habit with a white cord and a black veil. The grey habit represents the order's commitment to poverty and simplicity, while the white cord symbolizes their dedication to purity and spiritual cleanliness.

### **The Symbolism of the Grey Habit**

The grey habit is imbued with rich symbolism, reflecting the values and traditions of the orders that wear it. Some of the key symbols associated with the grey habit include:

#### **Balance and Moderation**

The grey habit represents a commitment to balance and moderation in all aspects of life. It signifies a middle path between the extremes of black and white, reflecting the order's emphasis on finding a balance between spiritual and practical pursuits.

#### **Poverty and Simplicity**

The grey habit also represents a commitment to poverty and simplicity. It signifies a detachment from worldly desires and a focus on the essential aspects of life.

#### **Service and Humility**

The grey habit represents a commitment to service and humility. It signifies a willingness to serve others and to put the needs of others before one's own.

### **Conclusion**

The grey habit is a unique and meaningful part of the Catholic Church's heritage, reflecting the values and traditions of the orders that wear it. Whether it's the Sisters of Charity, the Grey Nuns of the Sacred Heart, or the Franciscan Sisters of the Immaculate, or the Way of the Sacred Heart, the grey habit is a powerful symbol of commitment, service, and humility. As we continue to explore the mysteries

of the Habit, we are reminded of the importance of simplicity, balance, and moderation in our own lives.

#### **Prayer**

Lord, help me to honour You in all areas of my life, including the way I dress. Give me the wisdom to choose clothing that glorifies You and reflects my identity as Your child. Let my appearance draw people closer to You, not away from You. In Jesus' Name, Amen.



## **The Sacred Heart -An Abyss of Love and Pain**

#### **The First edition of the "Abyss"**

Work was done to put it together in 1995, with it being printed, as was Book One of the Messages, at University Press in Belfast (which no longer exists). Little did we know that thirty years later we would have our own printing company, producing our own publications.

The First edition of the "Abyss" is sixty pages long and contains a forward by Fr Michael O'Carroll (RIP) and an introduction by Sister Monica Cavanagh (RIP). The preface by the Patricks explains what the book is about:

#### **Preface**

The Most Sacred Heart of Jesus has, in His Wisdom, dictated these Words to the whole world. This

#### **Celebrated thirty Years**

Last year we celebrated thirty years of the House of Prayer. This December we approach another anniversary, thirty years since the first book was released, "The Sacred Heart, An Abyss of Love and Pain."

communication is unique, as it spells out many things that have been long-suffered by Jesus at the hands of us, His created.

Many times He speaks in extreme Pain; the kind of Pain that we have never taken into consideration when thinking of Him, or meditating upon His Passion. Jesus expresses much of that Pain and Love in these Words.

The 'Abyss' that Jesus speaks of, is the Great Vessel of His Heart, that tenderly Loves us 'even to folly.' He is endeavouring, so passionately, to convey the secrets of His Heart. His Treasures are contained here, but He emphasises that all the languages of this world could not describe these Treasures. He tells us that we do not know these things because we have never taken the time to find out. As He speaks the Words Himself: "...My lambs, you never took the time to find out."

Jesus speaks about sin. He tells us that "...the smallest sin that is committed is like spitting in My Face. Do you know that the greatest sin is like Me being tied and gagged and thrown into a furnace? I have no way of defending Myself..." Need any more be said of this?

This passionate God stoops to our level and asks us to simply look at the truth, His Truth, to see the many lies that we tell ourselves. He complains that "...you blame Me...for the many disasters and much suffering that is wrought by mankind. It is simple. It is wealth and power that you seek, not

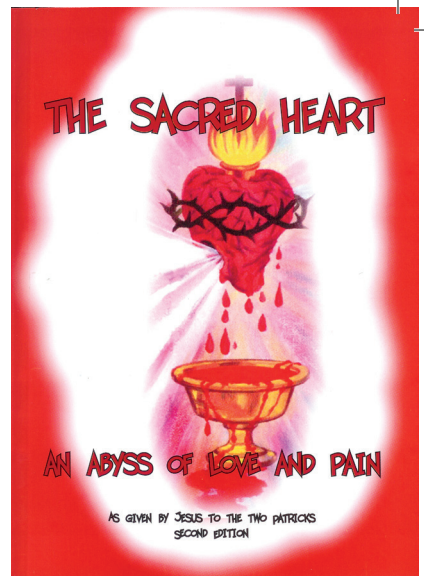
Love. You hold My children in bondage in your lust and your greed."

For the first time in these Messages of Love, Jesus speaks as the Triune

God. He sheds much Divine Light upon the inherent Mystery of the Trinitarian God, "...the Godhead...", "...a Constant Love..." He tells us that Forgiveness is the Trinity's Way of bringing Light into a place of darkness. This is expressed in the silent statement of the Crucifixion - the ultimate Sacrifice expounding this Forgiveness in its totality.

This book is for the whole world. It is a statement that makes us intimate with our God. Reading this book and marvelling at the beauty of its Words can only render them dead and of no consequence. They must be lived. The Two Patricks  
Feast of the Most Sacred Heart of Jesus, 23 June 1995

"The Sacred Heart, An Abyss of Love and Pain" is available from the Sacred Heart House of Prayer or from our website:  
thetwopatricks.org for £3.99 plus P&P





\*For full selection of cards please see order form\*

### Ticket sheet

We are fast approaching the Christmas Season and in this months Newsletter you will find a ticket raffle sheet. We do a Christmas draw each year and this goes some way towards helping with the bills or work needing done at the Houses of Prayer. We would ask that, if possible, you support our draw again, this year. If you cannot afford these or would have difficulty selling any of the raffle sheets, please do not worry. We thank you all in advance for your support and please remember to keep all in your prayers.

### Christmas cards

We have also enclosed an order form for our Christmas cards and Christmas Mass Bouquet cards. If you wish to receive any of the cards, then please try to order as early as possible. Again, your support will be most



This Newsletter has been published by:  
An Invitation to Love Jesus,  
The Sacred Heart House of Prayer,  
46 James Street,  
Cookstown, Co. Tyrone,  
BT80 8LT Northern Ireland.  
Tel: 0044 (0) 28 867 66377

Charity Registration Number: NIC 101422  
E-mail: [goodnews@thetwopatrick.org](mailto:goodnews@thetwopatrick.org)  
[newsletterteam@thetwopatrick.org](mailto:newsletterteam@thetwopatrick.org)  
Websites: [www.thetwopatrick.org](http://www.thetwopatrick.org)  
[www.youtube.com/user/invitationlovejesus](http://www.youtube.com/user/invitationlovejesus)  
[www.youtube.com/@prayersfromSHHOP](http://www.youtube.com/@prayersfromSHHOP)  
[www.sonlightmusic.org.uk](http://www.sonlightmusic.org.uk)




## ADORATION FOR ADVENT

*Fridays in Advent from 7pm to 9pm*  
Concluding with the Rosary and Night Prayer of the Church

# Sacred Heart House

46 James Street, Cookstown, Co. Tyrone, Northern Ireland BT80 8LT  
Tel: 028 867 66377 Fax: 028 867 62247 E-mail: [goodnews@thetwopatrickss.org](mailto:goodnews@thetwopatrickss.org)

## Events to Come



Sunday  
23  
November  
**FEAST OF  
CHRIST  
THE KING**  
AND  
**FEAST OF  
SAINT CECELIA**  
DAY OF PRAYER  
AND MUSIC  
Prayers begin at 3pm

**Sunday  
14 December  
FEAST OF  
SAINT JOHN  
OF THE CROSS**  
Prayers begin  
at 3pm

**Tuesday  
31 December  
NEW YEAR'S EVE**  
Vigil begins  
at 10pm and  
ends just after  
midnight to bring  
the new year in  
with Jesus

**SONLIGHT'S  
CHRISTMAS  
CONCERT**  
Sunday  
14 December  
beginning at 7pm

**Saturday  
3 January  
FEAST OF THE  
HOLY NAME**  
Prayers begin at 12pm

**Monday 8 December  
FEAST OF THE  
IMMACULATE  
CONCEPTION**  
Prayers begin at 12pm  
**WALK  
AGAINST  
ABORTION**  
On Saturday  
6 December,  
gathering at 2.45pm

**Wednesday  
24 December  
CHRISTMAS EVE**  
At 11.30pm we  
come together to  
put the Baby Jesus  
in the crib  
**Thursday  
25 December  
CHRISTMAS DAY**  
Birthday party  
for Jesus at 6pm



**FIRST FRIDAY  
VIGILS**  
from 10pm - 2am:  
5 December 2025  
and 2 January 2026

**DAYS OF LOVE 2026**  
FRIDAY 16 TO SUNDAY 18 JANUARY



# Sympathy with Jesus

Sometimes, the Sadness of Jesus  
Just filters through in me,  
And my heart feels His Pain  
As though He needed me, to see.

This Sadness brings me to Him  
As surely as the night comes in.  
He seeks My unworthy company,  
As though I were His kin.

His sadness is of the world,  
His Sorrow upon the Cross.  
The weight of many things,  
The Pain of so much loss.

His Eyes, they look at me  
To find some sympathy:  
In a world grown cold and dark  
Would you wait an hour with Me?

Would you bear, for a little while,  
The sorrow of a womb'd babe die?  
To hear the silent tears and cries

And, with Me, deeply cry?

Would you feed a hungry man  
Whose hunger causes pain?  
Would you feed him what you eat?  
Or, are My Words in vain?

All these things I must bear,  
As My children go about their time,  
Not caring much about another,  
While up the greedy ladder climb.

Feed the hungry, clothe the naked,  
I said, standing upon the hill.  
Love one another, to you I left a gift.  
To swallow, is it such a bitter pill?

To you, who follow Me in earnest,  
It's not nearly enough to pray.  
But to toil and give, without return,  
Is to do everything I say.

PR